

Sexual Assault Post Abuse Pathway

Background

*'The total number of recorded sexual offences against under 16s has risen sharply by 38 per cent in the past year (from 22,294 in 2013/14 to 30,698 offences in 2014/15). It has increased by 85 per cent over a five-year period (from 16,627 in 2010/11 to 30,698 recorded sexual offences in 2014/15).'*¹

This post abuse pathway provides information to help practitioners understand the different services available to support children young people who have experience sexual assault/abuse.

The Shores (SARC- Sexual Assault Referral Centre)

The Shores provides services to people of all ages who live or have been raped or sexually assaulted within Dorset. These include access to forensic examination carried out by qualified and experienced doctors and nurses, advice and support from experience crisis support workers and the opportunity to speak with police should the victim wish to.

The Shores can be contacted 24 hours a day, seven days a week and accepts referrals from any service including the Police, Health and Social care as well as self-referrals. All refers of children and young people under the age of 18 will be shared with children's social care.

Contact Details

Tel: 01202 552056 (24 hours)

In an emergency, if a crime is in progress or life is in danger, please call 999.

Email: info@the-shores.org.uk (monitored during office hours)

Website: www.the-shores.org.uk

Address: 5 Madeira Road, Bournemouth, Dorset, BH1 1QQ

Dorset Rape Crisis (DRC)

Young People's Independent Sexual Violence Advisor (CYP ISVA)

This service is 'open access' and accepts referrals from any source. All new referrals are screened to ensure that they meet the criteria for support and that the Children and Young People's ISVA support is the correct pathway.

❖ Referral received & reviewed by the Service Manager.

¹ How Safe Our Our Children NSPCC 2016

- ❖ Referral meets criteria and allocated to CYP ISVA.
- ❖ Referral does not meet criteria; referrer contacted and signposted to appropriate support service e.g. CAMHS, GP, School/College Student Welfare/Counsellor.

DRC operates a holistic approach where a child or young person can access both ISVA and counselling support at the same time or if the CYP ISVA closes a young person's case a referral can be completed for the CYP Counselling Service. The CYP Counsellor may finish therapeutic work and refer on to targeted play therapy

CYP ISVA – provides ongoing emotional and practical support whether the young person has reported and there is an investigation and pending court case or not. If there is no investigation or court case average length of support is 3-6 months, if there is an investigation or pending court case support can be ongoing (CYP sexual offences have taken up to 12 months for a trial date).

CYP Counsellor – initially the young person is offered up to 10 sessions, this is reviewed at session 8 and where appropriate and in agreement with the young person extended.

Play Therapy – targeted 10-12 sessions (less for younger children 6-8 sessions).

All CYP services provide signposting and onward referrals where appropriate.

Contact Details:

Address: PO Box 7697, Poole, Dorset, BH15 9GN

Helpline: 01202 308855

General Enquiries: 01202 308840

<http://www.dorsetrapecrisis.org/contact-us/>

Barnardos

The Barnardo's Pan Dorset CSE and Missing service covers Bournemouth, Poole and Dorset. The service provides effective, person-centered support and interventions to children and young people affected by, or at risk of, CSE or going missing. The service will work alongside partners and professionals around the child to pro-actively raise awareness, reduce risk and prevent incidences of CSE and missing episodes. We focus on those children at greatest risk, responding quickly and prioritising assertive outreach and advocacy actions

Their approach has three main stages:

1. Initial engagement and assessment with a focus on relationship building whilst safety planning, harm reduction and practical support.

2. Evidence based interventions with young people including structured sessions around grooming, consent, online safety and healthy relationships; in practice we do a lot of repetition of key messages in a range of ways.
3. Exit planning

Contact Details:

Tel: 07786734347

Website: <http://www.barnardos.org.uk/dorset-cse-and-missing-children/service-view.htm?id=232055419>

Dorset Action on Abuse

Dorset Action on Abuse is a charity working with young people and adults over the age of 16 who have experience childhood sexual abuse. Their trained and experienced volunteer counsellors offer a range of talking and creative interventions including weekly individual and group therapy sessions. Referrals are accepted from professionals as well as self-referral.

Contact details:

Address: Seaforth House, 176 Bournemouth Road, Parkstone, BH14 9HY

Tel: 01202 732424

Email: daacharity@gmail.com

Website: <http://www.dorsetactiononabuse.org.uk/>

Acts Fast - Abused Children's Trauma Support, Family Advice & Strategy Team

Provide post abuse support to children and their non-abusing parent. They run a variety of support groups.

They aim to:

- Relieve the distress of the non-abusive families, parents, carers and children who have been affected by sexual abuse.
- Shorten the road to recovery by preventing long-term damage to the holistic well-being of the individuals themselves and collectively within their family unit.
- Help and empower parents, carers and families within Dorset whose child has been sexually abused.

Contact Details:

Address: Acts Fast, PO Box 9079,, Ringwood,, Hampshire,, BH24 9FQ

Email: support@www.actsfast.org.uk

Tel: 01202 797217 *Not monitored 24/7,*

Alternatives:

Text: 07468 694 068

Website: <http://www.actsfast.org.uk/about-acts-fast/>

Relate

Relate offer counselling services to children and young people who are experiencing a range of difficulties including post abuse issues.

Contact details

Tel: 01305 262 285.

Email: <https://www.relate.org.uk/dorset-south-wiltshire/make-enquiry>

Website: <https://www.relate.org.uk/dorset-south-wiltshire/children-and-young-peoples-counselling>

CAMHS

CAMHS accept referrals for children and young people across Dorset who are experiencing significant mental health difficulties as a result of post abuse and trauma. The service accepts referrals from any professional. On assessment, CAMHS can provide a variety of intervention and treatments options to help children young people and their families deal with the impact of the abuse.

Contact Details

Referrals are made to:

Poole - 01202 584600

East Dorset (based at Delphwood, Poole) - 01202 605882

North Dorset (based in Blandford) - 01258 394149

Weymouth and Portland - 01305 762810

Bournemouth and Christchurch (Shelley Clinic) - 01202 646300

West Dorset (Dorchester's Children's Centre) - 01305 255705

Website: <http://www.wheresyourheadat.co.uk/professionals/services/view/referrals-to-children-and-young-peoples-emotional-health-and-wellbeing-service-camhs-in-dorset>

Children's Social Care

All children and young people referred to children's social care will receive an assessment and appropriate services where their need reaches the agreed level for services as set out in the particular Local Authority threshold document. These can be found at:

Dorset:

<http://www.dorsetlscb.co.uk/site/wp-content/uploads/2009/12/Dorset-Threshold-Tool-August-2015.pdf>

Bournemouth and Poole:

http://www.proceduresonline.com/pandorset_scb/user_controlled_lcms_area/uploaded_files/LSCB%20Levels%20of%20Need%20%20Continuum%20of%20Support%20-%20July%202016%20-%20updated%20September.pdf

To make a referral:.

Bournemouth – mash@bournemouth.gov.uk Tel: 01202 458101

Poole – mash@poole.gov.uk Tel: 01202 735046

Dorset – mash@dorsetcc.gov.uk Tel: 01202 228866