

# SAFETY PLANNING ROADMAP

## WHAT

### DANGER STATEMENTS

**What** Children's Services is worried will happen to the child if nothing changes (the problem that has to be solved)

Safety planning always involves engaging the family and their support network in a focused action learning process enabling them to decide on, practice and refine the actions that will create lasting safety.

This is the **how** of safety planning; the trajectory that creates the final safety plan.

### SAFETY GOALS

**What** Children's Services needs to see to know the child is safe and they can close the case (not services)

## HOW (STEPS)

1. Preparations with Professionals
2. Develop Paired Danger Statements and Safety Goals with Matched Safety Scale  
Simple language, understandable to family.
3. Identify everything constructive in direct parenting
4. Develop Professional bottom-line requirements
5. Develop Professional trajectory including timeline
6. Build vision of process for family
7. Build informed network with family
8. Create explanation for children (and everyone else)
9. Build Safety Plan with parents and network  
Successive process where family **demonstrate** over time they can make children safe, regular review – honouring success and utilising struggles. All participants should rate safety at each meeting using the safety scales.  
Need to dig into critical issues – dynamics, triggers and stressful times that make abuse/neglect more likely. The family **must** either come up with or fully own all rules. 'Denial' issues must be dealt with throughout.
10. Involve child
11. Monitoring by Professionals and network
12. Create final child-centred Safety Plan

## Ongoing Processes



## TOOLS (METHODS)

Harm Matrix  
Signs of Safety Mapping  
My Three Houses or equivalent

Signs of Safety Trajectory & Timeline  
Safety Journal

Family Safety Circles, Network-finding Matrix

Words and Pictures

**Regular Review Meetings**  
Family and network must be given the opportunity to fail so they can demonstrate success, usually through an increasing process of contact. Professionals must be mindful of the risk and manage this together with the family.

Safety Journal, Safety Object  
Practice Rehearsals of Rules

Child-focused Safety Plan