



Preparing for and Responding to a Student Death by Suicide

A Buckinghamshire Suicide Prevention and
Postvention Guide for Schools and Colleges

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INTRODUCTION

“The legacy of suicide remains with family, friends, colleagues and many others long after the individual has gone. The impact of suicide is far-reaching - the trauma does not only affect those who were directly connected” Anj Handa (bereaved friend)

Suicide is one of the leading causes of mortality in young people¹ in the UK and for those affected by suicide, its impact is especially traumatic,² leaving parents, partners and families devastated and broken. Suicide is a very complex issue and often there isn't one main reason why someone decides to take their own life. Often it's a result of problems building up to the point where they can see no other way to cope with what they're experiencing. Suicidal feelings are common among young people and those actually contemplating suicide frequently give warning signs of their distress. Parents, teachers, and friends are therefore in a key position to pick up on these signs and get help. Schools have an important role in preventing youth suicide, and a school's commitment to the prevention of suicide will go a long way towards supporting young people before they engage in behaviour with irreversible consequences.

A suicide in a school community is devastating and often a time of great sadness and confusion for staff, students and families. For schools, it can be especially difficult, as school personnel need to balance the present grief and shock within the school community, with rumours, feelings of anger, and guilt, as well as the fear of additional students attempting suicide that may lead to a cluster.³

The role of schools and colleges in the aftermath of a suicide is therefore critical to addressing suicide risk and improving the mental wellbeing of people who have been bereaved by suicide. In addition, postvention⁴ interventions can promote community mental health awareness and resilience, and support wider initiatives to tackle health inequalities and social exclusion. Effective partnership working enables local teams to act quickly following a possible suicide and provide timely support to families and communities.⁵

This guide has been developed to assist schools and colleges in Buckinghamshire to reduce deaths by suicide and respond effectively to any death by suicide within the school or college community. This local guide has been developed based on the framework of the Papyrus Guide⁶ (Appendix 1) for building suicide-safer schools and colleges to prevent young suicides, and includes Buckinghamshire local information and support agencies available to support schools and colleges in preparing for and responding to a student death by suicide.

¹ Office for National Statistics (ONS) Suicide in the United Kingdom, 2014 Registrations. Statistical Bulletin 2016:1-33.

² Suicide by children and young people in England. National Confidential Inquiry into Suicide and Homicide by People with Mental Illness (NCISH). Manchester: University of Manchester, 2016

³ A cluster happens when multiple young people complete the act of suicide in the same geographical area and around the same time frame.

⁴ Postvention refers to activities and programmes provided to support those who have been bereaved by suicide. Suicide prevention and postvention are closely related in that postvention can also prevent further deaths.” – taken from Help when we Needed it Most (Samaritans, 2017)

⁵ Public Health England (2016) Support after a suicide: A guide to providing local services – a practice resource

⁶ PAPHYRUS: Building Suicide-Safer Schools and Colleges – A guide for teachers and staff

About this Guide

The Buckinghamshire Multi-Agency Suicide Prevention Group is a partnership of agencies, organisations and key stakeholders working together to reduce death by suicides across the county. Part of the work of this group is to develop, implement and monitor a county-wide suicide prevention plan and the development of this guide forms part of the delivery of the Suicide Prevention plan for Buckinghamshire.

The guide has been developed with the support of key agencies including Public Health England, Samaritans, Child and Adolescent Mental Health Services, Bucks County Council colleagues including Educational Psychology, Thames Valley Police, Bucks Healthcare Trust, Oxfordshire Health NHS Trust, Survivors of Bereavement by Suicide (SOBS). The help of these partners in developing this guide is acknowledged and appreciated.

This guide is also linked to current work in Buckinghamshire to promote the mental health and emotional wellbeing of children and young people. For further information about children and young people's mental health and emotional wellbeing work in Buckinghamshire please email publichealth@buckscc.gov.uk .

This guide aims to;

- ⇒ Contribute towards the action in the Suicide Prevention Action Plan on providing an effective local response to support those in a school/college community bereaved or affected by suicide.
- ⇒ Provide guidance to schools and colleges on the development of a school-wide approach to prevention of suicide
- ⇒ Provide guidance to schools and colleges to support children at risk of suicide
- ⇒ Provide advice and information to schools and colleges to enable an effective response in the aftermath of a suicide within the school community
- ⇒ Re-establish a healthy school climate in the aftermath of a suicide; provide support to students, administrative staff, teachers and counsellors and to prevent imitative suicides.

1. PREVENTION – CREATING A SUICIDE-SAFER COMMUNITY

It is always more important to be better prepared and prevent any young deaths by suicide. Having a suicide prevention policy in place is the right step towards creating a suicide-safer community. The key concepts of creating a suicide-safer community include:

- ⇒ Improving connectedness
- ⇒ Reducing access to means
- ⇒ Developing a suicide prevention policy (Appendix 2)
- ⇒ Knowing helpful and unhelpful language around suicide
- ⇒ Seeking professional advice and support through knowing your useful contacts or support agencies (helpers) in your community (Appendix 5)
- For further details, please refer to the Papyrus Guide; pages 11-20 (Appendix 1)

2. IDENTIFICATION AND INTERVENTION OF THOSE AT RISK OF SUICIDE

It is also crucial to identify and support children and young people who have thoughts of suicide. Intervening⁷ by providing them with the opportunity to talk about feelings of suicide can save lives. Advice is available regarding the following actions of intervention:

- ⇒ What to do if you have concerns about a pupil or student
- ⇒ Things to look out for such as warning signs
- ⇒ Asking and talking about suicide safely
- ⇒ What to do if there is imminent risk of death or harm
- ⇒ Supporting a pupil or student to return to school
- ⇒ Sharing information with other professionals
- For further details, please refer to the Papyrus Guide; pages 22-30 (Appendix 1)
- Local agencies can provide training to schools to identify and intervene with students that are vulnerable and/or in crisis (Appendix 5). They can also provide interventions to support students

3. POSTVENTION - PUTTING A POSTVENTION PLAN IN PLACE

Suicide in a school community is often unexpected, and can leave a school with many uncertainties about what to do next. The role of the school in responding to young suicide will include the following actions coordinated by the Response Team (Table 1 - Appendix 4):

- ⇒ Informing members of the school community
- ⇒ Identifying and supporting members in the school community especially those that at risk
- ⇒ Communicating with and managing media coverage (Samaritans media guidelines - Appendix 1)
- ⇒ Remembering the student appropriately

Ideally any school or college setting should have a postvention plan in place that outlines actions and steps to be taken immediately following notification of a young suicide.

For further guidance to develop a postvention plan please refer to the Papyrus Guide (Appendix 1); pages 32-38 and the Samaritans' Help When we Needed it Most (2017) booklet.⁸ (Appendix 1)

⁷ Intervening refers to any effort used to prevent a person from taking their own life

⁸ http://www.samaritans.org/sites/default/files/kcfinder/files/HWWNIM_Feb17_Final_web.pdf

Appendix 1

Resources to support this guide

1. PAPYRUS Guide for Teachers and Staff – Building Suicide-Safer Schools and Colleges



PAPYRUS_Building
Suicide-Safer Schools

Also available at: <https://www.papyrus-uk.org/repository/documents/editorfiles/toolkitfinal.pdf>

2. SAMARITANS – Help When We Needed it Most



Samaritans_Help
when we needed it m

Also available at:

<https://www.samaritans.org/sites/default/files/kcfinder/files/Help%20When%20We%20Needed%20It%20Most%283%29.pdf>

3. HELP IS AT HAND – Support after someone may have died by suicide



Help is at
Hand_Support after s

Also available at: <https://www.nhs.uk/Livewell/Suicide/Documents/Help%20is%20at%20Hand.pdf>

4. Samaritans media guideline for reporting suspected suicide



Samaritans Media
Guidelines UK Apr17_

Also available at <https://www.samaritans.org/media-centre/media-guidelines-reporting-suicide>

Appendix 2

DRAFTING SUICIDE SAFETY/PREVENTION POLICY

This should be a policy statement (a series of statements) for the whole school community that evidences a strong commitment to prevention of suicide and it should include the following headers/sub-headers followed by statements (Papyrus Guide, pages 13-14)

1. Statement of Purpose :

- Statement to acknowledge what suicide is, supporting data, it's consequences and the role the school intends to play in preventing young suicide
- Statement to reassure the whole school, parents, other stakeholders of the school's commitment to being a suicide-safer school

2. Our Beliefs about suicide and its Antecedents

Statements to acknowledge the following:

- Suicidal thoughts are common
- Suicide is complex
- Stigma inhibits learning – it can kill
- Suicide is our business too
- Safety is very important
- It is difficult to talk about suicide
- Talking about suicide does to create or increase the risk

3. Our Team and its Responsibilities

Statements on the following:

- How the governors and leadership team will respond in the event of a suicide
- Clear roles and responsibilities for each member of a suicide response team (Table 1 – appendix 2)
- Statement indicating commitment to ensuring the appropriate level of suicide awareness skills is available within the school community
- Clear policy statement about how staff will work together to identify and support students who have thoughts of suicide or exhibiting suicidal behaviour(s)

4. Ongoing Support and Development of Policy and Practice

Statement indicating:

- That the Governors and Leadership team will maintain best practice and keep up-to-date with on-going training

SEE MODEL SUICIDE PREVENTION POLICY (Appendix 3)

Appendix 3

MODEL SUICIDE PREVENTION POLICY

Statement of Purpose

School/college (name) is aware that suicide is the leading cause of death in young people. When someone takes their own life, the effect on their family and friends is devastating. Many others involved in providing support and care will feel the impact. A suicide in a school community is also devastating and often a time of great sadness and confusion for staff, students and families and as a school, we have an ethical responsibility to take a proactive approach to prevent young suicide.

The purpose of this policy is to protect the health and well-being of all young people in *school/college* (name) by having procedures in place to prevent, assess the risk of, intervene in, and respond to suicide. *School/college* (name) recognises that physical, behavioural, and emotional health is an integral component of a student's educational outcomes. *School/college* (name) therefore acknowledges its role in ensuring a school ethos and environment that is sensitive to individual and societal factors that place young people at greater risk of suicide and one which helps to foster positive youth development.

To this end, this policy is meant to be paired with other policies (*please mention these policies, i.e. bullying*) supporting the emotional and behavioural health of students more broadly. Specifically, this policy is meant to be applied in accordance with the Government's suicide prevention strategy.⁹

Our Beliefs about suicide and its Antecedents

The *school/college* (name) acknowledges that suicidal thoughts are common among young people and while each suicide is a tragedy, it is also complex with varying contributing factors that are individual to that person. Lessons can be learned from each death that may prevent future deaths via suicide.

We recognise that the stigma surrounding suicide and mental illness can be both a barrier to help seeking and a barrier to offering help. This school/college is committed to tackling suicide stigma. In our language and in our working relationships, we will promote open, sensitive talk that does not stigmatise and perpetuate taboos. This will include avoiding the use of language which perpetuates unhelpful notions that suicide is criminal, sinful or selfish (see page 17 of the Papyrus guide for helpful language). We know that unhelpful myths and misconceptions surrounding suicide can inhibit young people in seeking and finding appropriate help when it is most needed. Here at *school/college* (name), we recognise that pupils may seek out someone whom they trust with their concerns and worries. We want to play our part in supporting any pupil who may have thoughts of suicide.

⁹ HM Government 2012: Suicide Prevention Strategy for England
<https://www.gov.uk/government/publications/suicide-prevention-strategy-for-england>

We know that pupils who are having thoughts of suicide may or may not also be behaving in a way that puts their life in danger (suicide behaviours). School children experiencing suicidal thoughts are potentially at risk of acting on these thoughts. Those who are already engaging in suicide behaviours are also clearly at risk of death or harm. This school/college will work with our pupils who may be thinking about suicide, or acting on their thoughts of suicide. We want to support them, sometimes working in partnership with family, caregivers and other professionals where this may enhance suicide safety.

We know that a child or young person who is suicidal may find it very difficult to make their feelings known and speak openly about suicide. We will equip the designated mental health lead (as per Green Paper proposals)¹⁰ with the skills through training to identify when a pupil may be struggling with thoughts of suicide. This member of staff will be trained to be alert and provide a safe response to any pupil struggling with thoughts of suicide.

We (clarify) will provide our pupils with opportunities to speak openly about their worries with people who are ready, willing and able to support them. *We (clarify)* want to make it possible for schoolchildren and young people, and those who support them at this school/college, to do so safely. This will be in a way that leads to support and help where this is needed. *We (clarify who)* *will do all we can* (clarify what) to ensure there is adequate support available to enable any pupil seeking help to know who to approach and talk to when they are struggling with thoughts of suicide.

Our Team and its Responsibilities

Our governors and leadership team will be clear about how we will respond in the event of a suicide. Each member of our named response team (Table 1 - Appendix 4) will have a defined responsibility within our plan including leadership, family liaison and any communications with external agencies, including the media.

We (clarify whose responsibility) will have a clear picture of who has received general suicide awareness education and commit to this being refreshed periodically (*at least every three years*). *We (clarify whose responsibility)* will identify a team of people who are trained in suicide awareness and prevention training. This team will be drawn from across the whole school community, not just from one department. *Would be good to include mental health first aid/awareness training, stating when it will be refreshed.*

We will have a clear *policy* (state and include the policy as an appendix) about how staff should work together where thoughts of suicide or suicide behaviours are known among our young people. We will manage the sharing of information in a way that enhances safety.

Ongoing Support and Development of Policy and Practice

Our Governors and Leadership Team will keep our practice up to date by maintaining contact with best practice *in accordance with e.g. government strategy*

****Italics should be amended to reflect school specific information**

¹⁰ Green Paper (2017) – Transforming Mental Health Services for Children and Young People

Appendix 4

Table 1 – Example table showing roles and responsibilities of a school suicide response team

Team member	Role	Responsibility
x	Team lead	<ul style="list-style-type: none"> - Regular communication with school leadership team - Oversight for all actions of the response team - Assign all roles and responsibilities
x	Safety	<ul style="list-style-type: none"> - Keeping to regular school hours and procedures
x	Operations (postvention support)	<ul style="list-style-type: none"> - Identify vulnerable students - Coordinate crisis counselling - Coordinate other external support (Liaison with Educational Psychology Service, Education Safeguarding Advisory Service, Samaritans, CAMHS etc.)
x	School liaison	<ul style="list-style-type: none"> - Notifying students and - Staff
x	Family/community liaison	<ul style="list-style-type: none"> - Liaison with family - Police/coroner
x	Funeral	<ul style="list-style-type: none"> - Responsible for coordinating school representation
x	External Communications	<ul style="list-style-type: none"> - Parents - Media - Social media

Appendix 5

Useful Contacts – National organisations providing professional advice and support

SUICIDE PREVENTION

PAPYRUS HOPELineUK

HOPELineUK is a service run by PAPYRUS with professional advisors trained in suicide intervention skills. HOPELineUK offers support and advice to:

- Children and young people under the age of 35 having thoughts of suicide;
- Anyone who is concerned about a child or young person.

Telephone: 0800 068 41 41 (*this does not show up on the telephone bill*)

Text: 07786 209 697

Email: pat@papyrus-uk.org

National Suicide Prevention Alliance

PAPYRUS is a member of the National Suicide Prevention Alliance (NSPA). The NSPA is an alliance of public, private, voluntary and community organisations in England who care about suicide prevention and are willing to take action to reduce suicide and support those affected by suicide.

Search the NSPA directory of support services in your area or more organisations which can help in relation to suicide and its prevention via <http://www.nspa.org.uk/directories/>

POSTVENTION SUPPORT

Support after Suicide Partnership

The Support after Suicide Partnership is a network of organisations, including PAPYRUS, that support people who have been bereaved or affected by suicide. For any information on support and guidance please follow the link: <http://supportaftersuicide.org.uk/>

Samaritans (UK)

A confidential listening ear is available via phone, text, email or face to face, for all ages. The service is available, 24 hours a day, 365 days a year. Contact via telephone for an immediate response. You don't have to be suicidal to call

Telephone: 116 123 (UK, free to call)

Email: jo@samaritans.org

For further details and support visit www.samaritans.org.uk

Cruse Bereavement Care

Telephone: 0844 477 9400 (Mon-Fri, 9am-5pm)

Website for further details: www.crusebereavementcare.org.uk

Winston's Wish

Support for children and young people following the death of a parent or sibling

Website: <https://www.winstonswish.org/>

Survivors of Bereavement by Suicide (SoBS)

This is a network of national peer support groups for adults over 18 years

Website: <https://uksobs.org/>

Appendix 5 (continued)

Useful Contacts – Support agencies local to Buckinghamshire

SUICIDE PREVENTION - TRAINING/IDENTIFICATION/INTERVENTION

TRAINING AND IDENTIFICATION

Buckinghamshire Child and Adolescent Mental Health Service (Bucks CAMHS)

FREE training available through Bucks CAMHS on Psychological Perspectives in Education and Primary (PPEP) Care sessions have been designed to help staff in primary care and education to recognise and understand mental health difficulties in children and young people and offer appropriate support and guidance to children, young people and their families. To book or for further details please email: trainingatbucksCAMHS@oxfordhealth.nhs.uk

Y-MHFA training for School Staff

Youth Mental Health First Aid (MHFA) is the help given to a young person experiencing a mental health issue before professional help is obtained.

Education Safeguarding Advisory Service (ESAS)

This is a service for school and colleges to assist with effective delivery on all aspects of their safeguarding responsibilities. The service provides practical support and guidance and a range of training packages to enable staff in schools to feel confident to exercise their safeguarding responsibilities, in accordance with local and national guidance.

Contact Name: Therese McAlorum (Education Safeguarding Adviser)

Telephone: [01296 382912](tel:01296382912) and [01296 382732](tel:01296382732)

E-mail: tmcalorum@buckscc.gov.uk

INTERVENTION – Prevention (SEE TRAINING ALSO)

Penn Resilience programme for secondary schools

Telephone: 01296 387589

Contact: Anita Hazel

Email: ahazel@buckscc.gov.uk

Buckinghamshire Mind Peer-mentoring Programme

Buckinghamshire Minds Peer Support in Schools Service is implemented to help young people start the conversation about mental health, raise awareness reduce stigma and normalise talking about mental health.

Telephone: 01494 463364

Email: Sharron.harrison@bucksmind.org.uk and Zoe.sole@bucksmind.org.uk

Website: <https://www.bucksmind.org.uk/>

Bucks CAMHS - Referral for Support/Intervention

Bucks CAMHS are specialist mental health services for children and young people provided by the NHS. Schools can contact CAMHS directly via their 'single point of access' telephone number. Other professionals working with young people can also contact the Buckinghamshire CAMHS 'single point of access' to find out what help is available.

Single point of access: **01865 901951**

Buckinghamshire Educational Psychology Service (BEPS)

The service works with schools to promote inclusion, psychological well-being and raise standards for children and young people aged 0 to 19 years, across the full range of abilities. They also offer a consultation service to Buckinghamshire Maintained schools, academies and specialist settings, for example, where learning and/or development is giving significant cause for concern despite early intervention.

Telephone: 01296 383219 (Aylesbury office)

Telephone: 01494 732187 (Wycombe office)

Useful links /resources: <https://www.buckscc.gov.uk/services/education/educational-psychology/>

Time to Talk counselling

Provision of free confidential counselling services for children and young people aged 11 to 19 or up to 25 if they have a statement of special needs

Telephone(s): 01296 329903 / 07764 210398

Website: <https://timetotalk.adviza.org.uk/>

POSTVENTION SUPPORT

Samaritans

Amersham

- **Telephone:** 01494 432000 (local call charges apply)
- **Address:** 149 Station Road, Amersham, Buckinghamshire, HP6 5DJ

Milton Keynes

- **Telephone:** 01908 66 77 77 (local call charges apply)
- **Address:** 161 Fishermead Boulevard, Fishermead, Milton Keynes, MK6 2AB

Cruse Bereavement Care

Bereavement support/support groups

Amersham

- **Telephone:** 01494 766 455
- **Address:** C/o 62 Whielden Street, Amersham, HP7 0JB.

Aylesbury

- **Telephone:** 01296 425 757
- **Address:** C/o The Methodist Church, Buckingham Street, Aylesbury, HP20 2NQ.

High Wycombe

- **Telephone:** 01494 511 117
- **Address:** Oakley Hall, 8 Castle Street, High Wycombe HP13 6RF.

Email: support@crusebucks.org.uk

The Coroner's Court Support Service

Bereavement support as well as practical and emotional support to families and witnesses attending Coroner's Inquest

Helpline: 0300 111 2141 Mon to Fri 09.00-19.00 Sat 09.00-14.00

Helpline email: helpline@ccs.s.org.uk

Website: www.coronerscourtsupportservice.org.uk

Buckinghamshire MIND

Counselling and support groups

Telephone: 01494 463364 (Aylesbury/Chesham/High Wycombe)

Survivors of Bereavement by Suicide (SoBS)

Telephone: 07562 336 649 (Aylesbury)

Telephone: 0795 843 4082 (Henley-on-Thames)

Email: sobs.aylesbury@gmail.com / henleyonthamesbeaconsfieldsobs@gmail.com

Website: <https://uksobs.org/>

Hectors House

A charity that helps to prevent suicide, by making it easier to recognise the symptoms which may lead to suicide, and help people find the appropriate resources to improve their mental wellbeing.

Telephone: 07397 155562

Email: hihector@hectorshouse.org.uk

Website: <http://www.hectorshouse.org.uk/>

Bucks Educational Psychology Service (BEPS) (See local suicide prevention contacts)

Bucks Education Safeguarding Advisory Service (ESAS) (see local suicide prevention contacts)

Appendix 6

OTHER USEFUL LOCAL INFORMATION

Buckinghamshire MIND

Signposting and information - The Buckinghamshire Mind information line can provide you with more information about the services we offer or will be able to signpost you to an appropriate service. Our line is open Mondays to Fridays; 9.00am to 4.30pm (not open Bank Holidays):

- Telephone: 01296 437328
- Email: info@bucksmind.org.uk

The Buckinghamshire Well-being Services Guide

The Bucks well-being services guide has information on services and support in Buckinghamshire.

- Website: <http://www.bucksservices.co.uk/>

Buckinghamshire Children's Safeguarding Board

The Buckinghamshire Safeguarding Children Board (BSCB) is a statutory body established under the Children Act 2004. It is independently chaired and consists of senior representatives from the key agencies and bodies which have regular contact with children and young people or responsibility for services to them.

- Telephone: 01296 383485
- Website: <http://www.bucks-lscb.org.uk/>

Buckinghamshire Sexual Health and Wellbeing Service (B-SHAW)

Sexual health services in Buckinghamshire are provided by a number of different organisations.

- Telephone: 0300 303 2880
- Website: <http://www.sexualhealthbucks.nhs.uk/>

Buckinghamshire Women's Aid

Aylesbury

Aylesbury Women's Aid offers support, information, advice, access to temporary safe accommodation and aftercare to all women and their children who are or have experienced physical, mental, emotional, financial or sexual abuse in their relationships and to

- Telephone: 01296 436827
- Outreach: 01296 437777 (independent domestic violence adviser - IDVA)

Wycombe

Wycombe Women's Aid is a registered charity working in the **Wycombe, South Bucks** and **Chiltern Districts** of Buckinghamshire with women and children experiencing or trying to escape domestic violence and who are dealing with its effects and consequences.

- Telephone: 01494 461367 (Wycombe)
- Outreach: 07890 456907
- IDVA: 07483 159153

NHS 111 – for urgent medical concerns

NHS 111 is much more than a helpline – if you're worried about an urgent medical concern, you can call 111 to speak to a fully trained adviser. For less urgent health needs, contact your GP or local pharmacist.

ChildLine

ChildLine is a free, private and confidential service for children (18 years old and under) whatever their worry, whenever they need help and however they want to get in touch. ChildLine is available online, on the phone, anytime.

- Telephone: 0800 1111
- Email/online: via <https://www.childline.org.uk/about/about-childline/>

National Society for the Prevention of Cruelty to Children (NSPCC)

NSPCC are the leading children's charity fighting to end child abuse in the UK, Channel Islands and Isle of Man.

- Telephone: 0808 800 5000
- Email: help@nspcc.org.uk.
- Website: <https://www.nspcc.org.uk/>

Sexual Assault Referral Centre (SARC) – Bletchley

Services provided include sexual health support and/or screening.

- Address: Sherwood Drive, Bletchley, MK3 6TP
- Telephone: 0300 130 3036
- Website: <http://www.sexualhealthbucks.nhs.uk/service-finder/?service=sexual-assault-referral-centres>

Switch Bucks

Switch Bucks delivers a holistic service to children and young people and their families/carers impacted by substance misuse across Buckinghamshire.

Address: **Mondays and Thursdays:** Wycombe Mind Recovery Centre, 16-18 Easton Street, High Wycombe HP11 1NR. **Tuesdays and Fridays:** Youth Concern, The Uptown Coffee Bar, Whitehill Lane, Aylesbury HP19 8FL

Telephone: 01494 527000

Email: switchbucks@cranstoun.org.uk

Website: <https://www.cranstoun.org/service/switch-bucks/>

