

Where we can see you



At home



Your day service



In hospital



At college



Bernard Weatherill House



In the community

How to contact us



Zone B, Floor 2
Bernard Weatherill House
8 Mint Walk
Croydon
CR0 1EA



020 8726 6500



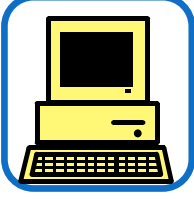
For information about the service contact:



Parul Shah



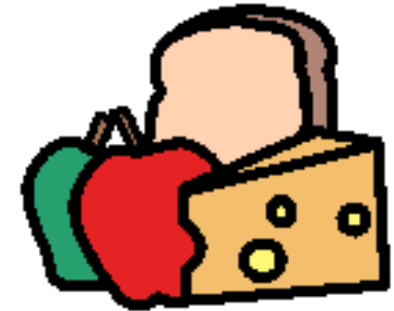
020 8726 6500
Ext. 86769



parul.shah1@nhs.net

Community Learning Disability Team

Dietetics



What we can do



Give you some help to lose weight if you need to



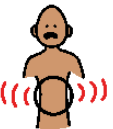
Help you to gain weight if you are too thin



Help with your diet if you have a health problems



Help with your diet if some food makes you ill



Help with your diet if you are allergic to some food



Give you advice on healthy eating



Help you to keep a check on your weight



Help you get weighed if you are in a wheelchair



Give you some advice on exercise and keeping active



Prescribe some supplements if you have trouble eating



Help you if you cannot eat or drink



Talk to other people to make sure that they give you the right food

How we will do this



Talk to you and your family or staff—find out what you are having problems with



We will talk about the food that you eat



We will find out how much you weigh



Agree on some things that will help you

Who we are



Parul Shah
Dietician