

Where we can see you



At home



Your day service



At work



At college



Bernard Weatherill
House



In the community

How to contact us



Zone B, Floor 2
Bernard Weatherill House
8 Mint Walk
Croydon
CR0 1EA



020 8726 6500



For information about the
Speech & Language
Therapy service contact:



Sam Hadlow
Clinical Lead Speech &
Language Therapist



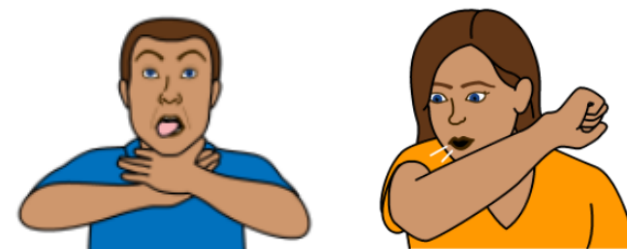
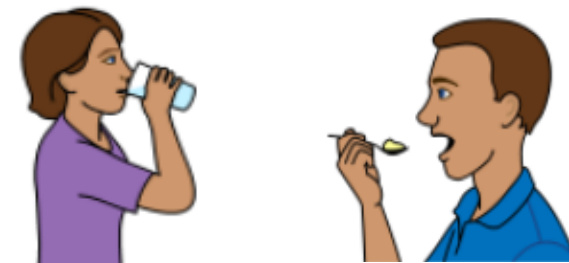
020 8726 6500
Ext. 84386



samhadlow@nhs.net

Community Learning Disability Team

Eating and Drinking difficulties



What is swallowing?



Swallowing allows us to manage our saliva as well as eat and drink



To swallow, the muscles of the mouth, tongue and neck are used



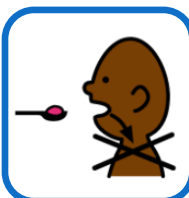
Medical conditions may cause problems with eating and drinking



Food and drink may go “the wrong way” into or towards the lungs



This can cause a chest infection



Swallowing problems are called “dysphagia”

Signs of difficulties



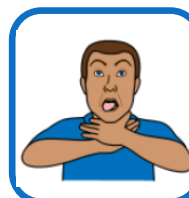
Difficulty biting and chewing



Difficulty keeping food in your mouth



Difficulty swallowing



Coughing or choking when you eat or drink



Eye-watering or changes in breath rate when eating or drinking



Changes in behaviour around mealtimes

How we will help



Talk to you, family and/or staff—find out the difficulties or changes that are happening



Do some observations and assessment of eating and drinking



Agree on some things that will help you

Who we are



Sam Hadlow—Lead Speech & Language Therapist



Jonathan Fagan
Speech & Language Therapist



Catherine Jarvis
Speech & Language Therapist