

Transition to Adulthood (TTA)

New Ways of Working

What is Transition to Adulthood?

As any child gets older and becomes a young adult, it is important they are encouraged to develop increased independence; that they are provided with opportunities to take more control over their lives, become directly involved with choices and supported to make decisions for themselves, wherever possible. However, for those with those with additional needs such as, learning needs, a disability or health issues, additional services and support may be needed to ensure they achieve the best outcomes for them as they become adults. The five primary outcomes transitions work should focus on are:-

- Identity and Aspirations
- Education/Employment/Training
- Day-to-Day Living (Money, accommodation, self-care etc)
- Family and Social Relationships
- Health and Emotional Wellbeing

Why do we undertake TTA support?

Under the Care Act the local authority has a duty to carry out a transition assessment for a young person or carer, in order to help them plan, if they are likely to have needs once they (or the child they care for) turn 18. To fulfil Derbyshire County Council's vision to working creatively together to inspire and empower children, young people and their families and communities to be the best they can be safe, healthy, happy, learning and working.

How do we promote a positive Transition to Adulthood?

- Good preparation for adult life needs to start with early planning, when the child is 14 or even earlier, and requires services to work collaboratively.
- A person-centred approach to transition is key to ensure the young person and their family are part of decision making, to ensure they achieve better outcomes.
- The focus of any support should be on the young person's strengths and capabilities and the outcomes they want to achieve.
- Promoting choice and control for the young person as they move into adulthood.
- Knowledge and availability of realistic options for support packages that best match the young person's post-18 needs

What are the New Ways of Working?

Transition Plan Reviews

- Transition Plan Reviews are multi-disciplinary discussions to focus on planning for an individual young person's post-18 life, drawing on knowledge, expertise, and tools from relevant professionals to help them achieve their aspirations and promote choice and control.
- All young people who are 14 years old and above, who are likely to require additional support post 18 years will require a multi-disciplinary discussion from the time they turn 14 (by 16 at the latest) and every 6 months thereafter.

- SMART actions that help the young person achieve their most fulfilling and independent post-18 outcomes, agreed and recorded in the Transitions Plan.

Transitions Plan

- If Children's Services are working with a child 14 years old or above, whether they might need support after they are 18 needs to be considered. Prompts to remind you to do this are now in all Children's Plans. If they are likely to need continued support, a Transition Plan should be completed and updated every 6 months (if that support is still likely to be needed).
- The Transition Plan includes questions to prompt thinking around the individual's potential and aspirations post 18 that can be worked towards as part of their child's plan and adult assessment.
- If Adult services are likely to be needed post 18 years a Preparation for Adulthood Referral to Adult Care should be completed by their children's worker by the time the child is 16 years (at the latest), or 14 earlier if they have particularly complex needs and passed to the appropriate Adult Care Team
- Each locality has identified leads in both Children's and Adult Care Services whose role it is to offer support, guidance. They will have an overview of the young people in their locality, helping staff to identify who will, won't or might need an adult discussion and or assessment; share their locality information within wider meetings and highlighting concerns if required. Additionally, share local information and identify training needs; strengthening local partnership working. Find out who your locality leads are and use them to discuss potential cases.

Transition Locality Meetings

- Transition Locality Meetings build on relationships in localities to open lines of communication amongst those key professionals who are involved in young people's planning for a timely transition to adulthood.
- The cycle of meetings focuses on young people with disabilities in the Disabled Children's Service aged 14+, ensuring we are planning for the maximum level of independence for that young person. Any difficulties in that transition are identified at the earliest point to explore resolutions for that young person's plan.
- Transition locality meetings take place for each of the six localities every 2 months with links from children's disability service, adults, SEND, leaving care and health.