**Reflective Questions to assist with supervision**

**RISK**

Where would you plot the risks for this child on the safe/uncertainty grid? Why there?

What are the key things you need to know/ understand better in order to be more certain about the risk to that child?

What would need to happen in order for this child to move to the safe side of the grid?

What would be the first thing you would expect to see/notice if things were getting better / getting worse?

Who within the family and/or network of professionals working with this child do you think would notice first if things were improving / deteriorating? How are you making sure you’re listing to them?

**GRACES**

Which of the graces are most important for this family? Which are the least important?

How do they influence their behaviours / relationships/ functioning? How do they inform the plan? How do they impact on their ability to engage with you and/or the plan?

Which of the graces do all members of this family share alike?

Which do they differ most about?

How do the difference / similarities impact their relationships?

How do they resolve those differences / issues?

How do those differences / similarities affect the plan?

Which of the graces do you share with this family?

How does that help you understand this family better and work with them? How does that hinder you understand in the family and working with them? What can you do to minimise any negative impact this might have?

Which of the graces do you find yourself most different from this family?

How does that help you understand this family better and work with them? How does that hinder you understand in the family and working with them? What can you do to minimise any negative impact this might have?

If the perpetrator was female not male / 6 not 16 would you do anything different?

If it was mum that was the absent parent might you do anything different to involve her in this assessment process?

**EMOTIONS**

What is the predominant emotion that you feel when you think about this family?

Why do you think that is?

What other emotions do you feel about this family?

If overall you felt more X and less Y what difference do you think that would make to how you worked with this family?

What are the key emotions you think mum (or any member of the family) feels when she thinks about the changes that need to happen within her family?

What is it that you think influences that emotion?

If she/he was able to feel more hopeful about the change what difference do you think that might make?

Do you think all members of this family feel the same way about the risks and or changes that need to happen or are there differences?

How does that affect the plan?

Which of all the families you work with do you feel most hopeful /confident / positive about?

What is it with the work you're doing with that family that makes you feel that way?

Have you always felt this way about this family?

What was it that enabled your feelings to change?

Are there things you can take from your work with this family and apply them to others that might change the way you feel about them and the work you do with them?

**GENERAL**

If you were to stop visiting or undertaking any work with this family what difference would it make? Why?

If you visited more frequently what difference would it make? Why?

Of things identified that need to change which do you think is the most important to the family?

Would the family say the same? Would it be the same thing for every family member?

If you were to help the family to make a change in that area how do you think that would impact the whole situation?

If you consider the whole journey for the child what sustainable change has happened in their life?

Why do you think that was?

Since you've been involved what change have you helped the family to make? What has been the impact of the change on the child?

Are you confident that if the case was closed tomorrow that change would last?

If not what do you think would need to happen to make you that confident?

Lee Gregory – July 2021