|  |
| --- |
| **Personal and Case Supervision pro-forma** |
| Name: |
| Review actions from previous supervision: |
| What would you like to discuss within supervision today? |
| **Health and Wellbeing (How are you doing?)** |
| You the person/ You in your role |
| Annual Leave/TOIL: |
| Out of 10, how does work feel right now? (10 being high stress and 0 low level and relaxed state)  See the source image  000 |
| **Reflective Practice – thinking about relationships** |
| What has gone well since the last supervision? Anything you want to discuss that’s not gone so well? |
| **Learning & Development (CPD, training needs, career progression)** |
|  |

|  |
| --- |
| What has gone well since the last supervision? Anything you want to discuss that’s not gone so well? |
| **Case Discussion (This section needs to be recorded on Mosaic)** |
| I. What is Happening/What Happened (Experience)   1. Update on Previous Actions (if relevant) 2. Case Update since allocation/last supervision 3. Experience of the child/children      II. Summary of Reflections and Analysis |

|  |  |  |
| --- | --- | --- |
| **Agreed SMART Actions from supervision discussions** | **By Whom** | **By When** |
|  |  |  |
|  |  |  |
|  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Supervisee**  **Signature** |  | **Supervisors Signature** |  |
| **Today’s Date:** |  | | |
| **Date of next Supervision:** |  | | |



