

## Commissioned Research Project.

- Middlesex University carried out a qualitative and quantitative piece of research — published June 2016
- Commissioned by the NSPCC and the Children's Commissioner for England
- 1001 11-16 year clds participated in study

# Accessing pornography on the internet.

- 53% of young people shared they had seen some form of pornography.
- A lot of children will have come access pornography by accident.
- By the age of 14 most young people will have seen some form of pornography.
- Mixture of emotions.

#### What some young people think...

- A high proportion of girls thought that the images were realistic.
- 3 out 4 young woman feel that pornography pressures them to act in a certain way.

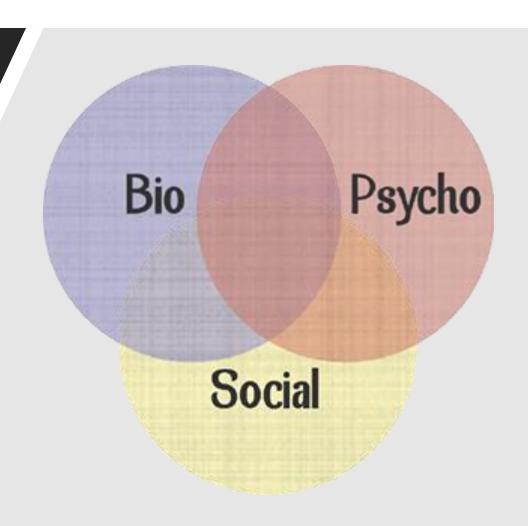
 A higher proportion of boys thought that pornography is a accurate portrayal of sex.





### Biopsychological Model.

- Biological the impact on the brain.
- Psychological the impact on sense of self
- Social the impact on relationships





#### Psychological

- Impact on Self-Esteem
- · Young people are becoming desensitised.
- "Because young people are now open to seeing this kind of stuff you get used to it so it's not as shocking but I still think it's disgusting and degrading" (Female, 13-14)



#### Social Aspect

- A few of my friends have used it for guidance about sex and are getting the wrong idea of relationships' girl aged 13
- There is a fear that young people not knowing what is real and what is not.
- "yes bous it can become a addiction so I worry about some of my friends spending too long online watching porn than going out being social" (Female, 13)







- 74% of 11–18 year olds say they want pornography discussed in relationship and sex education — NSPCC survey 2013.
- Young people who identify themselves as LGBTQ+ want to feel included within these discussions.
- For teachers and professionals to co-create learning material with them.



- · Share our practice and experience with each other.
- Encourage and be prepared for open discussions and questions with young people.
- Support young people to understand that pornography is not real.
- · Educate young people about healthy relationships.
- Advocate Education within schools.
- Guidance for parents



