

When a young person is 13 and able to access their file, they will see everything that you have written about them.

This could be many years after you wrote it, and there is no opportunity for them to go back and speak to you about it. All too often, the language used in children's files is cold, negative and impersonal.

Do you ever think how a young person will feel when they read what you have written?

By taking a moment to think about the words you are using, you can show you care and make what can be a difficult experience, more positive.

Show you care, by using language that cares.

Show you care,
**use language
that cares**

THINK
before you write



THINK before you write

**use language
that cares**

Don't use

Use

#language that cares

Placement



Where I live

Case



Child or children

Restrained



Physically held to stay safe

Drop out



No longer at school because

Respite



Time away / break

In care



Being cared for

Siblings



Brothers and sisters

Contact



Time with family / friends