**Transitions Guide and Resource Pack**

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 **Referral to adult services: consent form**

As you prepare for becoming an adult, and becoming more and more independent, it is important that the support you need as an adult is in place and you are able to become familiar with a new worker or team of people.

**To make sure that adult services understand important information about you, and that the support you receive is the right support for you and your needs, Children’s Services may share certain documents with adult services such as:**

\*Your Care Plan or other plans of support

\*Assessments of need

\*Information about your education such as EHCP Review documents or Your Education Plans (PEPs) or reports from your teachers or school staff

\*Your Health Plans (such as Initial or Review Health Assessments or other information from doctors, nurses, occupational therapists, CAMHS workers, psychologists or therapists, School Nurses or Cared for Children Nurses)

\*Information about your home and/or your placement

\*Risk assessments

**Other activities your social worker, support worker or family member might support you to complete as part of this referral:**

\*A one page profile of yourself, your likes and dislikes and information which is important to know about you. This might also include some information about your hopes, dreams and ambitions for the future and what you would like to achieve as an adult.

\*This might include some information about any health conditions you may have.

\*How you would like your parents and carers to be involved in your transition.

\*What you would like to happen if your needs become more challenging.

*I agree to a referral being made for me to adult services and understand that information about me, as outlined above, will be shared:*

*Signed:*

*Date:*

**One Page Profile**

**My health needs:**

**A little bit about me, my likes and my dislikes:**



**What do I want from my future?**

**How would I like my parents or carers involved in my transition?**

**Transitions Overview for Young People**

**What do we mean by preparing for adulthood?**

Supporting young people to achieve:



In Torbay, when young people move from childhood to adulthood, this is known as a ‘Transition’. We recognise this can be a daunting time for young people and their carers.

Our aims are:

* To ensure a smooth and seamless transition
* To engage in person-centred and restorative planning
* To empower young people to develop their own independence and to meet their aspirations for the future.
* To work jointly with partners from education, health and social care
* Ensure that young people, their parents and their carers are not left without support as the young person approaches their eighteenth birthday.
* Ensure that young people, their parents and their carers have access to appropriate and relevant information, support and guidance to help plan adulthood.
* Be a process in which young people and their families or carers feel listened to and respected.
* Reflect the learning from feedback of young people, their parents and carers.

**Transitions Information for Young People**

Preparing for adulthood: transitioning to adult community health and social care.

Referrals for young people are received from the age of sixteen years old. A plan will be agreed on the length of transition prior to eighteen, depending on the level of need of the young person.

Once an adult worker is allocated, they will support young person into adult services; once the support around the young person is deemed stable, they will be placed on the stable list and their support will be reviewed annually. If needs change, a new referral can be made prior to the arranged review.

The allocated adult worker will complete a Care Act assessment to determine any support needs in adulthood.

An assessment may result in a referral to:

* Occupation therapy.
* Physiotherapy.
* Intensive assessment and treatment team- for adults with a significant learning disability.
* Community Mental Health Team.
* SPACE - support planning and social groups for people with learning disability.
* Continuing Health Care assessment - to determined eligibility for health funding.
* Community assets/voluntary services.
* Advocacy.

All adults receiving paid services under the Care Act are subject to a financial means tested assessment via the FAB team who will also ensure they are receiving the correct benefits.

If there is a reason to doubt a young person’s capacity with regard to making a specific decision, for example being able to decide on how their care needs are met, a Mental Capacity assessment will be completed by the appropriate person.

If a person is deemed as lacking capacity with regard to their care needs and they are under twenty-four hour constant or continuous supervision, a Deprivation of Liberty assessment will be required.

***Detailed information on the above teams and assessments are available on the local offer via Torbay Council and TSDFT public websites.***

**Transitions Information-Sharing Checklist for Young Person’s Social Worker:**

Has the following information been shared as part of the adult services referral process?

The most recent single assessment or needs assessment.

Any specific risk assessment, including the most recent exploitation toolkit.

A Mental Capacity assessment, if there are any concerns about the

capacity of the young person to make decisions about their level of

support or care.

The most recent care and pathway plan, Child in Need plan or

Child Protection plan.

Any relevant reports from education, including EHCP plans

or Personal Education Plans.

The most recent Review Health Assessment, or the young person’s

Health Passport.

Placement information, including Needs and Outcomes if relevant.

One page profile if completed.

Young person’s signed consent.

**Have you also considered what help, support, guidance or signposting the young person’s parent carer may need as part of this transition?**

**Useful Links:**

NICE Guidance - Decision-making and mental capacity: <https://www.nice.org.uk/guidance/ng108>

NICE Guidance - Transition from children’s to adults’ services for young people using health or social care services: <https://www.nice.org.uk/guidance/ng43/chapter/Recommendations>

Adult Social Care in Torbay: <https://www.torbayandsouthdevon.nhs.uk/services/adult-social-care/>

MENCAP - Transition into adult services: <https://www.mencap.org.uk/advice-and-support/children-and-young-people/transition-adult-services#:~:text=The%20transition%20from%20children%E2%80%99s%20services%20to%20adults%E2%80%99%20services,their%20life%2C%20for%20example%20in%20their%20educational%20circumstances>

NHS - Moving from children's social care to adult's social care: <https://www.nhs.uk/conditions/social-care-and-support-guide/caring-for-children-and-young-people/moving-from-childrens-social-care-to-adults-social-care/>

SCIE - The Care Act: Transition from childhood to adulthood: <https://www.scie.org.uk/care-act-2014/transition-from-childhood-to-adulthood/>

Royal College of Nursing - Children and Young People: Transition to Adult Services: <https://www.rcn.org.uk/library/subject-guides/children-and-young-people-transition-to-adult-services>