



Centre for Professional Practice

Practice Briefing Note 97

Title:	My Safety Plan – Contextual Safeguarding
Effective From:	19 th April 2021
Practice Note:	<p>The My Safety Plan is a framework developed to support those young people who are vulnerable or experiencing harm <i>outside of the home</i> within extra familial contexts, for example online, in schools, neighborhoods etc. If a child is vulnerable or suffering / likely to suffer significant harm, however the context of risk sits outside of the family home, and parents/carers are doing everything they can to care for their child, then a My Safety Plan may be a more effective approach than a Child in Need Plan / Child Protection Plan.</p> <p>The My Safety Plan Framework ultimately follows similar processes as those within Child in Need / Child Protection intervention, for example initial meetings, visits, and reviews, but it recognises the context of the risk for the young person.</p> <p>The My Safety Plan Framework is being adopted in Dudley and will be overseen by the Contextual Safeguarding Hub. In terms of the process, following referral, a Child and Young Person’s Assessment should be completed alongside a Contextual Safeguarding Screening Tool. If a My Safety Plan is recommended, then an Initial My Safety Plan Meeting should take place, followed by My Safety Plan Progress Checks and My Safety Plan Reviews.</p> <p>The My Safety Plan – Safeguarding Young People in Vulnerable Circumstances (April 2021) guidance has been developed to clearly set out the processes involved, timescales, and the roles and responsibilities of practitioners, including the Social Worker and the Key Professional. Also included are the templates for the My Safety Plans and the My Safety Plan Meetings.</p> <p>Please do take the time to read the guidance. If you have any questions, please contact the Contextual Safeguarding Hub or Dudley’s Centre for Professional Practice.</p>
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