

Individual presents with 'actual' self-harm

Individual presents with ideas of self-harm, suicidal thoughts or behaviours

GAIN CONSENT

If there are safeguarding concerns consent need not be obtained

- Clear expression of plan and intent to end life - A & E
- Immediate or imminent risk - A & E
- Baseline Risk Assessment Stage (page 3 of procedure)
- Further Risk Assessment
- Further risk assessments may be undertaken by:
 - ▶ School Nurse / Community Paediatrician / GP / Social Worker / Primary Mental Health Worker / Community Psychiatric Nurse / Prison worker

Level of risk to be established (if further risk assessment is undertaken)

CYPS = Children & Young Peoples Service - 01670 502700
24/7 Onecall (CSC/EDT) - 01670 536400

LOW RISK

- Superficial harm
- ensure ongoing support

MODERATE RISK

- Ongoing self-harm/suicidal thoughts
- discuss with EDT (out of hours) or contact PMHW or CYPS for advice
- Consider referral to children's social care or Early Help
- Ensure ongoing support

HIGH RISK

- If injured or serious imminent risk - A&E
- Refer to children's social care
- ensure ongoing support
- Universal Crisis Team - 0303 123 1140 (24hrs)

Potential sources of targeted or ongoing support

- Locality CYPS team/outpatient support for families/carers
- School Nurse
- Family Hubs
- Social Worker
- In-school mentoring
- Youth Service
- Mental Health Champions
- Designated Safeguarding Leads
- SORTED
- Northumberland Adolescent Services
- Talking Matters
- Primary Mental Health Worker

REFER TO CYPS / PMHW TO DISCUSS

- ▶ CYPS - 01670 502700
- ▶ PMHW - 01661 864588

09:00 - 17:00 weekdays

ON CALL PATHWAY

IF NOT INJURED
CYPS referral will discuss details and establish level of assessment urgency