**Preparing for change & thinking about independent skills**

This tool should be completed every six months as part of the pathway planning process for young people to support the transition to adulthood. Please attach this document to the young person’s pathway plan.

**On a scale of 1 to 10 how confident do you feel about the idea of managing a household?**

**Household Prompts:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **You** | **Carer** | **Personal adviser** | **Social worker** | **Other** |
|  |  |  |  |  |

|  |
| --- |
| **Summary of our scores** |
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| --- |
| **What would we need to help you with to increase your score by 1 or 2 points?** |
|  |

**On a scale of 1 to 10 how well do you think you can manage your money?**

**Money Prompts:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **You** | **Carer** | **Personal adviser** | **Social worker** | **Other** |
|  |  |  |  |  |

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| **Summary of our scores** |
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| **What would we need to help you with to increase your score by 1 or 2 points?** |
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**On a scale of 1 to 10 how well do you think you use public transport?**

**Transport Prompts:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **You** | **Carer** | **Personal adviser** | **Social worker** | **Other** |
|  |  |  |  |  |

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| --- |
| **Summary of our scores** |
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| **What would we need to help you with to increase your score by 1 or 2 points?** |
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**On a scale of 1 to 10 how well do you think you are prepared to live on your own?**

**Social network Prompts:**

**Tenancy Prompts:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **You** | **Carer** | **Personal adviser** | **Social worker** | **Other** |
|  |  |  |  |  |

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| --- |
| **Summary of our scores** |
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| **What would we need to help you with to increase your score by 1 or 2 points?** |
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**On a scale of 1 to 10 how confident do you feel about looking after you own wellbeing and practicing self-care when you live on your own?**

**Wellbeing Prompts:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **You** | **Carer** | **Personal adviser** | **Social worker** | **Other** |
|  |  |  |  |  |

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| --- |
| **Summary of our scores** |
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| --- |
| **What would we need to help you with to increase your score by 1 or 2 points?** |
|  |

**On a scale of 1 to 10 how prepared for education, employment and/or training post 18 are you?**

**EET Prompts:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **You** | **Carer** | **Personal adviser** | **Social worker** | **Other** |
|  |  |  |  |  |

|  |
| --- |
| **Summary of our scores** |
|  |
| **What would we need to help you with to increase your score by 1 or 2 points?** |
|  |

**Budget Planner**

**Your income:**

|  |  |
| --- | --- |
| Weekly income | Amount in £ |
| Wages |  |
| Bursary |  |
| Universal credit |  |
| Other |  |
| **Total** |  |

**Your expenditure:**

|  |  |  |  |
| --- | --- | --- | --- |
| Weekly income | Weekly | Monthly | Annual |
| Rent |  |  |  |
| Service Charge |  |  |  |
| Water |  |  |  |
| Gas |  |  |  |
| Electricity |  |  |  |
| Council tax |  |  |  |
| Phone |  |  |  |
| Internet |  |  |  |
| Tv package |  |  |  |
| Tv Licence |  |  |  |
| Travel |  |  |  |
| Food |  |  |  |
| Toiletries |  |  |  |
| Going out |  |  |  |
| Clubs or activities |  |  |  |
| Outstanding debts or fines |  |  |  |
| Other |  |  |  |
| **Total** |  |  |  |

**Summary:**

|  |  |
| --- | --- |
| Total weekly income | £ |
| Total weekly outcome | £ |
| Difference | £ |

**Personal ID**

**Which of the following do you have?**

* Birth certificate
* Passport
* Driving Licence
* Bank Statement
* Letter from social worker, solicitor, doctor
* Recent gas/water/electricity bill
* National Insurance Card
* Letter from department of work and pensions
* P45 or P60
* Proof of rent
* Proof of earnings/income
* Proof of savings

**Any additional comments or information:**

**RAG rating**

|  |  |  |
| --- | --- | --- |
| **GREEN**  Scores consistently 8 or above on scaling questions  &  Young person will have a post 18 support network | **AMBER**  Scores mainly 5-8 in the scaling questions  &  Young person will have a small post 18 support network | **RED**  Scores mainly 1-4 in the scaling questions  &  Young person will have little or no post 18 support network |
| Young person has a support network around them that is going to stay with them 18+  They have a secure plan with contingency options  They budget well and have good independence skills for living independently. | Young person has a small network around them, has some independence skills but may still need to learn more through courses or more support | Young person has no or little support network around them whilst turning 18.  They have few independence skills and still require a high level of support  Young person is NEET with no plan |

|  |  |
| --- | --- |
| **Overall RAG RATING:** |  |