

HEAT Tool

OBSERVATIONS OF INTERIOR AND EXTERIOR OF HOME

1. Is the home free from pet/animal hazards, including faeces/vermin?
2. Is the home free from rubbish/clutter/hoarding which is likely to pose a safety risk to children?
3. Is the home in a state of good repair?
4. Are there adequate home furnishings?
5. Are there adequate basic amenities including services to kitchen and bathroom?
6. Are there basic kitchen items and provisions appropriate to children and family? (e.g. weaning)?

HEALTH & SAFETY ISSUES

1. Safe home environment clear of hazards and age appropriate safety equipment present?
2. Home is warm, well ventilated and pleasant odour?
3. No evidence of exposed needles/drug paraphernalia/medicines/alcohol in sight or reach of children?
4. Evidence of animals in the home being well cared for and supervised around the children. The dog is not considered dangerous and/or there is not a history of dog bites?
5. Smoke alarms and carbon monoxide alarms present and in working order?

SLEEPING ARRANGEMENTS

Safe sleeping environment?

2. Beds and furnishings clean and in good state of repair?
3. Mattress and bedclothes on children's bed?
4. No evidence of locks/bolts on outside of bedroom door?

CARE OF BABIES/YOUNG CHILDREN

1. Evidence of sterilizing equipment, baby milk/nappies?
2. Evidence of age appropriate toys?
3. Evidence of babies/young children being offered space and freedom to play?
4. Evidence of age appropriate supervision? (also consider age appropriate babysitters)

CHILD APPEARANCE/DEMEANOUR/HEALTH

1. Child displays happy/sociable/active behaviour appropriate to age?
2. Child seen to have clean skin/nails/hair/clothes?
3. No evidence of head lice/other infestation?
4. No evidence of bald patches/cold extremities?
5. Has the child access to a toothbrush and visits a dentist regularly. Child has no dental pain/toothache?
6. No evidence the child is underweight/overweight?
7. Child appropriately dressed for weather in well-fitting clothes?
8. Child exhibits social behaviour appropriate to age?

PARENTAL BEHAVIOUR

1. Parents responsive to children's needs?
2. Parents responsive to child's requests for attention/affection/help?

3. parents have realistic expectations of the child?

4. family budgeting meets child's needs?

ANY OTHER ISSUES OBSERVATIONS

Any other observations the practitioner or family member wishes to raise?

ACTION PLAN

Action Plan

Home conditions conclusion

- home conditions adequate
- requires support/advice/intervention

If any action is required during or following the Home Environment Assessment, then please select 'requires support/advice/intervention'.