

CPVA Toolkit Training: Impact Evaluation 2022

Two levels of CPVA training are offered as part of the Early Help and Prevention Multi Agency Training Programme. Delegates are asked to attend the 2-hour CPVA Briefing before undertaking the 2.5-hour CPVA Toolkit course.

The CPVA Briefing focuses on the nature and prevalence of CPVA, the underpinning principles of working with CPVA and the referral pathway/sources of support and advice. It includes a brief explanation of the RESPECT and NVR models of practice.

The CPVA Toolkit course provides more detail about the most helpful approach for working with both the child/young person and the parent/carer. It also addresses some of the challenges specific to working with each 'party' in CPVA situations. The training then introduces delegates to 11 tools for direct work with both the adults and the children involved:

1. Triangles
2. Entitlement vs Responsibility
3. Influences on Behaviour
4. The Ripple Effect
5. Gains and Losses of Anger
6. Sore Points
7. Family Agreement
8. De-escalation Techniques
9. The Basket Exercise
10. Reconciliation Gestures
11. Signs of Safety

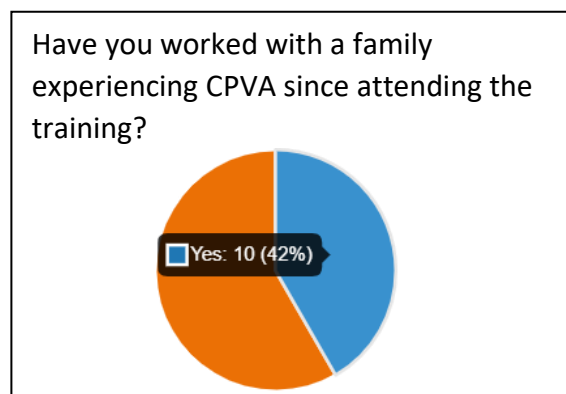
Tools 1-8 are RESPECT tools which we have permission to share across the workforce. Tools 9 & 10 are linked to the NVR approach. Signs of Safety is included to highlight how this approach is applicable to working with CPVA.

Impact Evaluation

Delegates who attended CPVA Toolkit training in 2022 were sent a questionnaire between 1-3 months after the course, to gauge the extent to which these professionals had:

- Used the tools in direct work with families
- Accessed advice and support on a specific situation of CPVA
- Assess which tools were used most

Identify impact on practice and impact on families

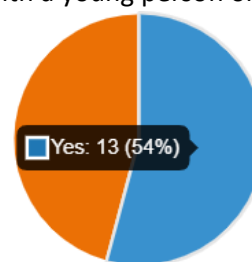


Have you discussed any CPVA situations with any of the following? Please tick all that apply



Respect Trained Practitioner 15 (47%)
 CPVA Gatekeeper 12 (37%)
 CSE/CPVA staff in NAS 5 (16%)

Have you used any of the Respect tools from the training with a young person or parent/carer?



If you have used any of Respect tools promoted on the training, which ones? Please tick all that apply

- Family Agreement = 10
- De-escalation = 8
- Triangles = 5
- Ripple Effect = 5
- Influences on Behaviour = 4
- Sore Points = 3
- Entitlement vs Responsibility = 3
- Gains and Losses of Anger = 1
- Signs of Safety = 7

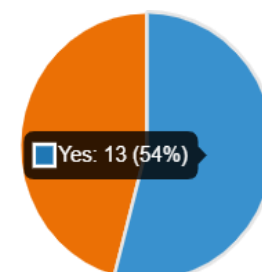
If you have used any of the tools, please scale the impact it had on the outcome of your work for the child and/or parent (1= no impact, 10 = very positive impact)

Average score = 7 (range from 1-10 with the 1 being because use of tools led to identification that CPVA was not an issue and a 2 scored because parent refused to accept any need to change her own behaviour)

How confident are you in use of all or any of the CPVA tools?
 (1 = not at all confident, 10 = very confident)

Average Score = 6 (range from 4-9 – the lower scores were because the worker didn't use the tools often enough to become fully confident. Most common scores were 6-9)

Have you discussed use of any of the tools in supervision?



If you have used any of the tools, please provide an example of child or parent feedback or response to this work:

- The family thought the agreement was good to use and allowed them to see the clear expectations.
- It helped them to see that their behaviour was being modelled by the child, in order to change their child's behaviour they thought about their own!
- The feedback from the triangles was really positive. Especially from mum, she totally understood the change in family dynamic when using a visual tool.
- They are pleased it has help give boundaries in the home and improved the family dynamic
- Parent said she felt more confident in responding to behaviour.
- I have recommended and supported the use of them through supervision. I have also used them on my own cases with young person. I especially like the ripple effect as this helps a young person to understand the impact on everyone around them.
- The young people responded positively and engaged with the tools.