**Recording of a visit example**

On the 3rd October I visited Ms Twig with the purpose of completing direct work to help her think about how our current concerns about her unhealth relationship with Mr Branch, might impact her son Leaf.

To record this visit in the workbook I would complete 3 steps.

1. In the workbook in the summary section, I would add a visit to Leaf because he was present during my visit.
2. Also, in the summary section in the work undertaken box I would add.

03.10.23 Home visit to see Ms Twig and Leaf. Home conditions had improved on this visit and Ms Twig was keen to show me the sorting out she had done in the kitchen cupboards- Work on Ace's completed, see module 3 Parents understanding for detail.

1. In module 3 Parent's understanding I would then record the following

03.10.23 ACE's intervention completed with Ms Twig to help her understand how Leaf's health and development, might be impacted, by seeing unhealthy relationship behaviours. Video on ACE's watched together and followed by discussion.

Ms Twig was prepared to engage today and talked openly. She recognised how her own childhood had impact her and she does not want this for Leaf. Ms Twig identified that the impacts for her had been long-term, entering unhealthy relationships herself and her often experiencing low mood. Ms Twig did minimise some of the impact on Leaf and I felt one of the difficulties for her is, that because the unhealthy relationship behaviours Ms Twig was exposed to in her childhood were more serious than those in her current relationship, her ability to recognise what an unhealthy relationship is has been impacted. Thought the discussion we were able to establish that Ms Twig wants Leaf's childhood to be better than her own and Ms Twig was able to recognise that some change is required to ensure Leaf has this.

Ms Twig is currently in contemplation stage of the cycle of change and will benefit from future intervention focusing on developing her understanding of all unhealthy relationship behaviours.