

# SAFER PLANNING GUIDANCE

## Change around the child

*Measures that can be implemented by others that increase safety*

<p><b>Monitoring and Reporting</b></p> <ul style="list-style-type: none"> <li>- Increased supervision by professionals, carers/parents</li> <li>- Increased visiting and contacts</li> <li>- Responses to missing episodes including reporting to police</li> <li>- Required reporting to Police station</li> <li>- Withdrawn access to knives, substances, flammable materials or identified risks</li> <li>- Reducing permanent exclusion, suspensions and missing from education and persistent absence</li> </ul>	<p><b>Deprivation of Liberty</b></p> <ul style="list-style-type: none"> <li>- Custody</li> <li>- Local Authority Care</li> <li>- limited access to phone/social media/internet</li> <li>- controls on money</li> <li>- phone tracking, surveillance, or investigation</li> <li>- no/limited unsupervised activity</li> <li>- photo/surveillance from agencies such as British Transport Police</li> <li>- Curfew (electronic tag)</li> <li>- Curfew (agreed care planning)</li> <li>- Exclusion zones/areas</li> <li>- Non-associations</li> </ul>	<p><b>Orders</b></p> <ul style="list-style-type: none"> <li>- CAWN (Child Abduction Warning Notice)</li> <li>- ROSH (Risk of Sexual Harm)</li> <li>- STPO/STRO (Slavery Trafficking Prevention/Risk Order)</li> <li>- Parenting (YJS)</li> <li>- CBO (Criminal Behaviour Order)</li> </ul> <p>Bail Conditions (including steps to protect victims)</p>
<p><b>Collaborative Working with child, parent/carer and partners</b></p>		

## Change for the child

*Measures taken by child that can increase and influence safety*

<p><b>Thinking &amp; Behaviour</b></p> <ul style="list-style-type: none"> <li>- Recognising triggers and patterns to behaviour</li> <li>- Strategies to enhance self-control/regulate</li> <li>- Strategies to enhance self-esteem/worth</li> <li>- Managing emotional responses (inc. Anger)</li> <li>- Distinguishing care from exploitation</li> <li>- Exploring 'risk', 'vulnerability' and 'need' and testing this against child's view</li> <li>- Child and Family's understanding of exploitation</li> <li>- Understanding what the relationships a child has mean for them</li> <li>- Developing exit planning from unsafe situations</li> </ul>	<p><b>Identity</b></p> <ul style="list-style-type: none"> <li>- Motivational Interviewing</li> <li>- Therapeutic and Family Based intervention</li> <li>- Life Story and supporting exploration of experience</li> <li>- Understanding barriers to change and working to reduce these</li> <li>- Recognising intrinsic strength, ability and qualities</li> <li>- Understanding what makes the child feel safe</li> <li>- Intervention to support Social, Emotional and Mental Health</li> <li>- Community based activity/support</li> </ul>	<p><b>Collaboration</b></p> <ul style="list-style-type: none"> <li>- Building relationships</li> <li>- Safety planning and mapping with child</li> <li>- Identifying, supporting and strengthening protective factors</li> <li>- Increasing inclusion and strength in the structures around child (family, peers, school, community)</li> <li>- Developing a child's agency</li> <li>- Identify what 'safer' looks like</li> <li>- Demonstrate that we believe in the capacity for change</li> </ul>
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