

**Learning Framework** A framework has been developed to identify levels of understanding / training required at different levels of the workforce:  
[LEARNING FRAMEWORK Growing Resilient Children and Adults in Northumberland 2 \(2\).pdf](#)  
**Training available will be mapped**

**Member organisations** have agreed to  
-ensure team members have the appropriate level of training  
-audit their use of trauma informed practice  
[C.A.R.E organisation commitment - Copy.docx](#)

**A team audit** is available – that can be adapted for teams needs –to audit how team members feel an organisation is applying trauma informed practice – internally and with 'clients'

<https://forms.office.com/Pages/ShareFormPage.aspx?id=3qkTu5CC8EKpgNw73-cPQDLbpfcTYXplvrLKcaKBDqVUMFgwSE40R0xNTTFYU0NZTTVDNEo5SVFaMC4u&sharetoken=s9Bsrrnq5zbZRe6gAwlyZ>

## [20221014 CARE Video + Voiceover.mp4](#)

A short introductory video



A multi agency / organisation group seeking to promote across Northumberland:

- Understanding of the impact of early life experiences (including attachment/relationships, adversity / Adverse Childhood Experiences and positive childhood experiences)
- The importance of empowerment and developing resilience for children and adults
- the use of trauma-informed and relational practice, services and provision

Terms of Reference:

[C.A.R.E terms of reference FINAL.pdf](#)

## **Northumberland Schools C.A.R.E**

A pilot project with 10 Northumberland schools has been established for 23/24. Schools signed up will

- attend network meetings
- have whole school training
- review approach to behaviour policies
- complete wellbeing / mental health audit and action plan
- run a small scale research project

## **Promoting Key Messages**

**Leaflets** are being developed to explain CARE and promote positive approaches.

**A padlet** is being developed as an (initial) store for materials so they can be widely accessed.  
<https://padlet.com/nies1/c-a-r-e-northumberland-d71xycusn1dvg4sj>

**Conferences** such as 'The Relationships Summit' and 'Relationships Matter' have promoted linked messages across NCC and NHS teams

## **Next Steps?**

- **Sign up from more organisations across the county?**
- **Where should this project sit?**
- **What resource is available to support?**

**The group is currently chaired by Katinka Bryan, Senior Educational Psychologist**  
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