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# Practice Guidance

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Training, tools and guidance  
about Domestic Abuse

April 2024



Hull Social Work Academy  
**Grow and thrive together**



**Hull**  
City Council

## Introduction

This guidance will help practitioners who are supporting children, young people and their families, who are experiencing the effects of domestic abuse.

## Training

Learning and development provide training for people who work with victims of domestic violence and abuse. The training and briefings include:

**We Can Talk About Domestic Abuse Working with Families Specialist Training for the Social Care Workforce** (Delivered over 4 sessions (4hrs)– Mandatory to attend all sessions)

**Target Group:** All Social Workers working within Children & Young Peoples and family Services Directorate.

**Course Aims:** To raise awareness and understanding of domestic abuse and coercive and controlling behaviour. The impact this has on victims, their children, and the family as a whole and the importance of a Co-ordinated Community Response for the whole family.

**Domestic Abuse Policy Guidance for Managers and Supervisor**  
(Virtual Training access via HCC Learning)

**Target Group:** Team Managers and Supervisors

**Course Aim:** Knowing how to respond to an employee who discloses abuse, identifying support and enabling employee to talk about this and share options in a safe way.

**Domestic Abuse Awareness: Impact on Adults, Children and the Community**  
(Classroom 2 Day access via HCC Learning)

**Target Group:** Anyone working with children, young people, adults and their families)

**Course Aim:** **Day 1** Examine attitudes and understanding of domestic abuse, explore forms, context and myths. Look at local support services and practice issues. Examine agencies responsibilities to risk, assessment and management.

**Day 2** Develop an understanding of the effects of domestic abuse, impact on child adult relationship and gain a knowledge of how to offer support.

## **Supporting Young People affected by domestic abuse**

(Class Room (3hrs) on demand request via [LearningandDevelopment@hullcc.gov.uk](mailto:LearningandDevelopment@hullcc.gov.uk)

**Target Group:** Anyone supporting children and young people

**Course Aims:** Develop an understanding of the dynamics of domestic abuse and how this is different for young people. Explore the key risk factors for serious harm for young people and how to safety plan with them in a multi-agency context.

## **Understanding and identifying risk in the context of domestic abuse – DASH**

**Target Group:** Anyone supporting children and young people

**Course Aims:** The session aims to offer a common tool for practitioners to use and to provide a shared understanding of risk in relation to domestic abuse, stalking, and honour based abuse in domestic abuse relationships.

## **Domestic Abuse and the Impact on Those with Care and Support Needs**

(Access Via HCC Learning [LearningandDevelopment@hullcc.gov.uk](mailto:LearningandDevelopment@hullcc.gov.uk) Class room 1 day)

**Target Group:** (Those working with adults – relevant for Personal Assistants roles)

**Course Aims:** To raise awareness of the impact of domestic abuse on those with care and support needs and support options available

## **Lesson Learned from Domestic Homicide Reviews (DHR)**

(Request via Safer Hull or the Social Work Academy)

### **Working with Men**

We have developed a workshop via the Academy with the support of Strength to Change that can be delivered via Stop the Clock Sessions. Contact [SocialWorkAcademy@hullcc.gov.uk](mailto:SocialWorkAcademy@hullcc.gov.uk) for more information, this covers:

- engaging with abusive men
- assessing and motivating men to change
- how mental health, alcohol and drugs play a role in abuse
- how men's attitudes and beliefs about relationships can affect their behaviour
- helping men manage their emotions

- helping men with their relationship skills

### **Hull Safeguarding Children Partnership (HSCP)**

HSCP consists of three statutory partners. Through an equal and effective partnership, are responsible for safeguarding children in Hull. A key priority is domestic abuse. Access key messages from HSCP here [Hull Safeguarding Children Partnership – Hull Collaborative Partnership](#)

You can also get domestic violence training from these national organisations:

- <https://safelives.org.uk/training>
- <https://www.respect.org.uk/pages/training>
- [Karma Nirvana – supporting victims of honour-based abuse and forced marriage](#)
- [Respect – working with perpetrators, male victims and young people](#)
- [NSPCC](#)
- [Women’s Aid](#)
- <https://rockpool.life/>
- <https://www.eida.org.uk/>
- <https://www.whiteribbon.org.uk/children-and-youth>
- [RiP Supporting evidence-informed practice with children and families, young people and adults | Research in Practice](#)

## **Referrals**

### **Making a MARAC referral**

You can refer a client or service user who is a high-risk victim of domestic Abuse by completing a MARAC referral form and emailing to Hull MARAC Referrals [HullDAPMARACReferrals@hullcc.gov.uk](mailto:HullDAPMARACReferrals@hullcc.gov.uk)

## **Signs Posting**

All support services and organisations are captured here :[Domestic Abuse | Hull](#)

## **Domestic Abuse Strategy 2021 to 2024**

Kingston-Upon Hull has a strategy setting out how we are all going to play our part in making our city a place where domestic abuse is not tolerated and one where the impact of domestic abuse across all generations but particularly the children and

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young people living with domestic abuse is fully recognised and responded to. How you support us in the delivery of the strategy is critical to making long term and positive impact, because it is only as a collective that we can truly improve the lives of people living with domestic abuse. Access the Strategy here: [Domestic Abuse Strategy 2021 to 2024 \(hull.gov.uk\)](#)

### **Domestic Abuse Locality Practitioners (DALPs)** (Based in Locality Teams and Family Hubs)

North	West	East
Lois King (Friday in each locality or Family Hub)	Anna Pike (Thursday in each locality or Family Hub)	Josie Atkin (Friday Am East & Pm Little Stars)

The DALPs role is to be a point of contact for CYPFS Practitioners. They can discuss and explore safe and supportive engagement and safety planning with victims of domestic abuse taking into account the full impact of coercive controlling behaviour on the non-abusive parent's ability to parent and support their children.

## Social Work Tool Kit

The Social Work Tool Kit is currently available on the local shared drives.

## Signs of Safety

Hull City Council have a number of licences for the SofS knowledge Bank, this has a wealth of tools and journals that can support practitioners. Each Practitioners also has the Signs of Safety Work Book, with examples of danger statements, safety goals and words and pictures- the electronical version can be accessed here:

[Signs-of-Safety-Workbook-v5.pdf \(dscp.org.uk\)](#)

The knowledge bank can be accessed here :

[Home - Signs of Safety Knowledge Bank](#)

If you do not have a license please contact the Social Work Academy and they can send you the information

## Migrants Effectd by domestic abuse

Here is guide for migrants affected by domestic abuse: Right to Remain have updated *The Right to Remain Toolkit: A guide to the UK immigration and asylum system*, following significant changes to the UK asylum immigration system outlined in the [Illegal Migration Act 2023](#).

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The guide outlines the defining characteristics of domestic abuse and offers guidance on applying for [Domestic Violence Indefinite Leave to Remain](#).

To read it in full, click [here](#)

### Statutory Guidance Home Office

Domestic abuse is cruel and complex, and can affect anyone, leaving physical and emotional scars that can last a lifetime. The 2019 to 2020 Crime Survey for England and Wales (CSEW) estimates that 2.3 million adults aged 16 to 74 in England and Wales experienced domestic abuse in the previous year, the majority of whom were female (2022) They have published the following statutory guidance :

[Domestic Abuse Statutory Guidance \(publishing.service.gov.uk\)](#)