#### How will you be involved?

We will seek your signed agreement before we start working with you and offering any support. This allows us to work more closely with others who may be able to support you. Your key worker will come and meet your family; listen to the problems you are having individually and discuss how these are affecting you and your family as a whole. They will then assist you in putting together a family plan to enable you to achieve your goals, co-ordinating support with other agencies or organisations as required.





Today you were visited by:
Please contact me on:

Requests for Early Help Support should be made using the online form.

https://childrensportallive.hullcc.gov.uk/web/portal/pages/help

https://childrensportallive.hullcc.gov.uk/web/portal/pages/professional

For more information please visit www.hullcc.gov.uk/earlyhelp Telephone 01482 300 300





www.familyhubshull.org.uk

This document can be made available in other formats (large print, audio and Braille) and different community languages.

Please telephone 01482 300 300.

P&S 937







# Targeted Pregnancy Support



Targeted Pregnancy Support (TPS) is an Early Help service aimed at supporting vulnerable families during pregnancy.

It works where possible to prevent families entering the social care system.

TPS undertake a holistic assessment with families, providing and coordinating appropriate support and services to meet identified needs.

## **Early Help Targeted Pregnancy Support**

Our main aim is to offer practical support to vulnerable families during pregnancy.

This may include:

- birth preparation
- parenting
- housing
- homelessness
- finance/budgeting/benefits
- mental health
- physical health
- sexual health, contraception
- smoking cessation
- substance and alcohol misuse
- education and employment
- fathers support
- relationships
- parenting groups

### Why are we doing this?

- to give every child a great start in life
- to build a strong family where parents are positive role models for their children
- so families can live free of domestic abuse and violence
- to support families to take responsibility for their health needs
- so families in financial need are supported to make the necessary changes
- to improve the situation in your family to the point where you no longer need our help.

### **Targeted Pregnancy Support Workers**

The Targeted Pregnancy Support Workers are based in the Family Hubs across Hull, where families can access a range of groups, activities and services under one roof.

#### How does the service work?

Your family will be working with one Targeted Pregnancy Support Early Help worker who will support the whole family through one to one sessions. They will provide practical hands on support on a range of issues this can include birth preparation, parenting, housing, access to health benefit and welfare services.

This is a partnership approach working with a range of other agencies such as Social Care, Midwifery, Health Visiting, Housing, the voluntary Sector and Children's Centres.

The Targeted Pregnancy Support Early Help worker will be open, honest and respectful towards you and your family and will provide support and challenge when required. They will be available for you to contact directly. They are there to support you to improve your skills to cope with life challenges.

