

How to Refer to the VIG Service:

Talk to a worker/professional that you are working with about making a referral through the following route:

In order to make a referral for Non Looked After Children, you must complete the online form which can be accessed by typing the following link into your web browser, or contact us **01604 368861** to have the link emailed to you.

<https://northamptonshire.firmstep.com/default.aspx/RenderForm/?F.Name=LPyeVrdZPnK>

Referrals for **LAC** and **Adopted** children refer direct to the NHFT's CYP Community Health Services through the following link: www.nhft.nhs.uk/cyprmc and specify that you require VIG.

You can access further information about AVIG UK and the principles of Video Interaction Guidance by looking at the website below.

www.videointeractionguidance.net

Video Interaction Guidance (VIG) Service

Contact Details

01604 368861

Briar Hill Centre
Ashbrow Road
Coronation Court
Briar Hill
Northampton
NN4 8SZ

Produced January 2015



Northamptonshire
County Council

Nene Clinical Commissioning Group



Video Interaction Guidance (VIG) Service

A Parent / Carer's Guide



Who is VIG appropriate for?

The VIG service will work with you if your children are aged between 0-11 years old (Primary School Yr 6 and below).

You must be motivated to want to change things for you and your family.

You must already be working with another professional such as a family support worker from school, Health visitor, social worker, children's centre staff.

The type of difficulties VIG can help with include:

- Bonding with your baby or child
- Getting on better with your child
- Understanding and Managing children's behaviour
- Feeling and being more confident in parenting



How does it work?

VIG uses a video camera to film you and your child at home for 10 minutes. Your VIG guider will then edit your film and make 3-4 very small clips of some positive moments of you and your child together.

You will then watch these clips with your VIG guider and discuss all the things that you notice happening.

VIG is a very positive way of working to help you look at and notice the positive things that are happening between you and your child.

Your VIG guider will work together with you to decide what areas you would like to work on, you will be able to decide what your own goals are within the work.



Testimonials from Parents & Children

- *'I have become more confident of my parenting skills and also have become more aware of the special connection that I have with my son.'*
- *'I'm noticing differences in my partner's behaviour and my children'*
- *'It (VIG) has made me realise there are more good times than bad now. Made me a lot more positive.'*
- *'Understanding the importance of praise and self esteem, how vital it is for reassuring the confidence in my daughter'*
- *'I spend more time with the kids and enjoying it'*
- *'I hug my Mum more'*
- *'Our house has become a calmer and happier place to be.'*
- *'It was fun, and chatting is good for you'*
- *'It's like a pick me up, someone has tapped you on the shoulder and told you, you are doing a good job'*