

### Who is VIG appropriate for?

The VIG Service will accept referrals for children aged between 0-11 Years (Primary School Year 6 and below).

The family must have at least an EHA in place. Priority is given to LAC and Adopted Children and then down through risk levels from Child Protection to EHA's.

The parent/Carer must be motivated to engage in the process of change.

The range of difficulties VIG can help with include:

- Early Infant attachment
- Attachment and relationship difficulties and breakdown
- Social, Emotional and Behavioural difficulties
- Challenges in Parenting



### Contact Details & Referrals

For further information and all general enquiries about Video Interaction Guidance (VIG) and information about training please contact:

Carole Moore  
[cmoore@northamptonshire.gov.uk](mailto:cmoore@northamptonshire.gov.uk)

**01604 368861**

In order to make a referral for Non Looked After Children, you must complete the online form which can be accessed by typing the following link into your web browser, or contact as above to have an electronic version emailed to you.

<https://northamptonshire.firmstep.com/default.aspx/RenderForm/?F.Name=LPyeVrdZPnK>

Referrals for **LAC** and **Adopted** children refer direct to the NHFT's CYP Community Health Services through the following link: [www.nhft.nhs.uk/cyprmc](http://www.nhft.nhs.uk/cyprmc) and specify that you require VIG.

You can access further information about AVIG UK and the principles of Video Interaction Guidance by looking at the website below.

[www.videointeractionguidance.net](http://www.videointeractionguidance.net)

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# Video Interaction Guidance (VIG) Service

*Promoting Healthy and  
Attuned Interactions*



## The Service

The VIG Service consists of a small team commissioned jointly by Northamptonshire County Council and Nene Clinical Commissioning Group.

The team offers a County wide service delivering direct work with children and families as an outreach intervention; we also offer the training and supervision of professionals across Northamptonshire and externally in utilising VIG as an intervention.

The service prioritises work with Looked After (LAC) and Adopted children and works with children and families that are subject to Child Protection plans, Child in Need plans, Early Help and Prevention teams and EHA's. The direct work can be offered for up to 6 months or 6 Cycles of intervention, whichever comes first.



Initial Training courses are offered to professionals twice a year for up to 12 participants at a time. Initial training takes 2 days, followed by ongoing supervision both of which are provided by the teams' AVIG UK accredited Advanced Trainers and Supervisors. Whole Team Initial trainings can also be offered after consultation.

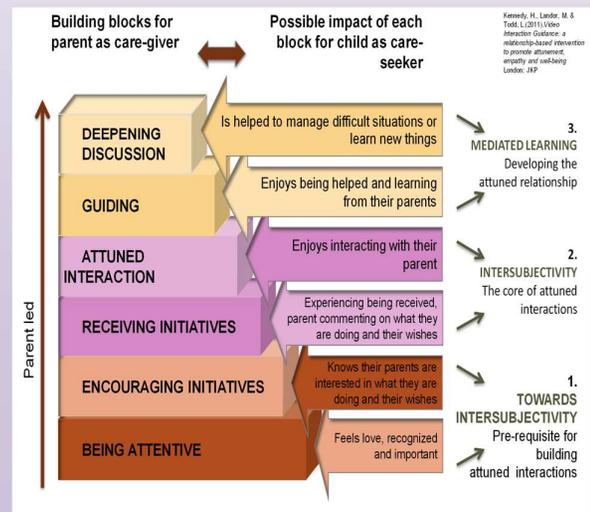
## What is VIG?

Video Interaction Guidance is an intervention for changing behaviour and enhancing communication skills and relationships. It is not an assessment tool but an intervention which increases parental /carer /teacher /support worker sensitivity, encouraging empathy, building self esteem and developing attachment and positive relationships through heightened awareness of verbal and non-verbal communication.

It does require the parent/carer to have a degree of reflective functioning and motivation for change.

The intervention draws from many psychological theories but significantly from Trevarthen's (1979) work on "Intersubjectivity". It also integrates a number of mediated learning theories such as Scaffolding - Bruner (1977) and Zone of Proximal Development - Vygotsky (1978)

Diagram 1:



## How does it work?

The intervention uses a video camera to film participants in naturally occurring situations for brief periods of time, usually 10 minutes. The film is then edited by the guider / worker to produce 3- 4 very small clips. Editing is based on a set of "Contact Principles" which are at the heart of attuned responses and therefore positive communication patterns (**Diagram 1**).

Participants are supported and guided to reflect on their own successful interactions with others in order to build a more positive relationship.



Video Interaction Guidance is strengths based, it looks at what is working well and aims to build on it. Whilst it refrains from showing negative aspects of communication, the shared review discussion that takes place when watching the clips together, allows the space for participants to discuss what they are finding difficult within the relationship, and wider family functioning.

VIG adopts a partnership philosophy and the client is encouraged throughout the work to set their own objectives as to the areas of communication/relationship that they would like to focus on.