

Professionals Toolkit

Version 3 (October 2014)

identifying and responding to

Child Sexual Exploitation



Welcome

to the

Professionals Toolkit



To access the on-line version of the assessment tool, please visit

<http://surveys.havering.gov.uk/s/CSEmonitoringassessment>

For information about CSE and a copy of this toolkit, visit the LSCB website at

http://www.havering-lscb.org.uk/prof_sexual_exploitation.html

This toolkit should be used
by **anyone** who works
with children and young
people in Havering

You should use this toolkit when:

- You want to know more about how to identify and respond to sexual exploitation
- You need advice to make decisions about responding to suspected exploitation
- You need advice to take action to get specialist help for a young person

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Section One

Introducing Sexual Exploitation

1. What is child sexual exploitation?

Sexual exploitation is a form of sexual abuse and should be responded to by professionals with the same seriousness when dealing with other forms of sexual abuse. This means that where there is harm or a concern of harm to a child or young person resulting from sexual exploitation child protection procedures must be followed to make a referral to Children's Services.

The Government's definition of sexual exploitation is as follows:

“Sexual exploitation of children and young people under 18 involves exploitative situations, contexts and relationships where young people (or a third person or persons) receive ‘something’ (e.g. food, accommodation, drugs, alcohol, cigarettes, affection, gifts, money) as a result of them performing, and/or another or others performing on them, sexual activities. Child sexual exploitation can occur through the use of technology without the child's immediate recognition; for example being persuaded to post sexual images on the internet/mobile phones without immediate payment or gain. In all cases, those exploiting the child/young person have power over them by virtue of their age, gender, intellect, physical strength and/or economic or other resources. Violence, coercion and intimidation are common, involvement in exploitative relationships being characterised in the main by the child or young

person's limited availability of choice resulting from their social/economic and/or emotional vulnerability”. (DfE, 2012)

1.2 What does sexual exploitation look like?

Hidden

The majority of sexually exploited children and young people will be hidden from public view. They are unlikely to be loitering or soliciting on the streets of red light areas. Sexual exploitation is also more likely to take place in private premises than the more 'visible' saunas or massage parlours. Young people are groomed to be secretive about their meetings, which are usually arranged over mobile phones or the Internet, and the places and people they are meeting, so the activities are concealed from parents or carers.

Grooming

The perpetrators of sexual exploitation are often well organised and use sophisticated tactics. They are known to target areas where children and young people might gather without much adult supervision, such as shopping centres, cafes, takeaways, pubs, sports centres, cinemas, bus or train stations,

local parks, playgrounds and taxi ranks, or sites on the internet used by children and young people. The process of grooming may also take place in adult venues such as pubs and clubs. In some cases perpetrators are known to use younger men, women, boys or girls to build initial relationships and introduce them to others in their networks. Children and young people can then be groomed into 'party' lifestyles where they go to houses/flats with numerous men and other young women. These 'parties' often introduce children and young people to alcohol and drugs and offer a space to 'chill'.

Forms of Exploitation

Sexual exploitation can take many forms from where sex is exchanged for attention, affection, accommodation or gifts, to serious organised crime and child trafficking. Some young people are engaged in informal economies that incorporate the exchange of sex for rewards such as drugs, alcohol, money or gifts. Some exchange sex for accommodation or money as a result of homelessness or poverty. Other young people may be bullied and threatened into sexual activities by peers or gangs that may then be used against them as a form of extortion and to maintain their compliance.

Power-Control Relationship

Children and young people are often sexually exploited by 'boyfriends' or people with whom they feel they have a relationship, however they can also

be sexually exploited by those they do not know. Whether they are boyfriend or not, the perpetrator will always hold some kind of power over the victim. This power increases the dependence of the victim as the exploitative relationship develops. Other perpetrators will include friends, peers and friends of older siblings. In some cases, perpetrators may target young people through their parents or carers, by providing drugs, alcohol or money to the parents or carers. This can often mean that the parents or carers approve of the perpetrator as a potential boyfriend or girlfriend as they are trusted and needed by the family.

Levels of Coercion

Sexual exploitation involves varying degrees of coercion, intimidation or enticement, including unwanted pressure from peers to have sex, sexual bullying (including cyber bullying), and grooming for sexual activity. This may lead to the young person believing that they have consented to sexual activity whereas a genuine consensual relationship should be built on mutual respect and trust between young people of a similar age and a similar physical and emotional maturity.

Use of Technology

Technology is likely to play a part in sexual exploitation. This could involve the victim being deceived into sharing moving or still sexual images which are

then used to intimidate, threaten and coerce the victim further to share more images or to meet face-to-face for sexual purposes.

Boys & Young Men

Professionals should be aware that both men and women have been known to be perpetrators of sexually exploitation. Young men may be groomed through 'casual' social relationships formed at common meeting places with perpetrators introducing them to a 'macho' lifestyle of cafes/bars/arcades, etc. This may develop into socialising and making money from criminal activities such as shoplifting or car theft and be linked to other risky behaviours such as drinking and smoking. Many young men and boys who are being exploited will be secretive or ambiguous about their actual sexual orientation.

Victims of Exploitation

Children and young people, who are themselves the victims of exploitation, may introduce other young people to their abusers. This may not be a deliberate attempt to groom others into sexual exploitation, but rather a way of ensuring that their abuser's attention is deflected away from themselves. These children and young people are themselves victims and should not be prosecuted except as a last resort when other interventions have failed and there is an absolute need to protect others.

Professionals should be alert to organised familial abuse or abuse within closed community groups. This may include trafficking of children into, within and out of the UK.

1.3 Which young people are most at risk of sexual exploitation?

Any child or young person may be at risk of sexual exploitation, regardless of their family background or other circumstances. This includes boys and young men as well as girls and young women. However, research shows us that some groups are particularly vulnerable, these include children and young people;

- Who have a history of running away or of going missing from home (It is known that 90% of children who are subject to sexual grooming go missing from their home or care placement at some point)
- With special educational needs
- Leaving residential and foster care
- Who are migrants
- Who are unaccompanied asylum seekers, who may be particularly vulnerable to being coerced / trafficked into prostitution
- With persistent school absence
- Who have disengaged from education, or have been excluded

- Who are abusing drugs and alcohol, and those involved in gangs;
- Who have previously been sexually abused at home, and/or are living with domestic violence
- Who are being looked after by the local authority or are care leavers
- Who are homeless
- Who are isolated from peers and/or are being bullied at school;
- Who are estranged from their families
- Who lack self-esteem
- Who self harm
- Who have no financial support
- Who have a past history of sexual or physical abuse
- Who may have attempted suicide
- Who are young men unsure of their sexuality

Practice and research have identified that children, particularly girls who are involved in sexual exploitation or prostitution, have frequently been coerced into this by an older man, who poses as, and who they view as their boyfriend. They are, therefore, physically and emotionally dependent upon him and this may be reinforced by the use of alcohol and drugs.

Children and young people do not make informed choices to enter or remain in situations in which they are sexually exploited. They do so from coercion, enticement, manipulation or desperation, because they can see no alternatives.

1.4 What are the potential signs of Sexual Exploitation for me to look out for?

Anyone who has regular contact with children and young people is well placed to notice changes in behaviour and physical signs which may indicate involvement in sexual exploitation. They should also be able to recognise where children and young people are vulnerable to being sexually exploited.

The indicators below are recognised as factors linked to child sexual exploitation, many of which feature in the CSE Assessment Tool (see Section 2). This is not an exhaustive list and the presence of any of the indicators should not be taken as proof of involvement or as predictive of future involvement in sexual exploitation.

The presence of any of these indicators should give rise to considering whether an assessment of the child is required to determine their needs and whether they are or are likely to be suffering harm. All assessments and referrals should be carried out in line with local Child Protection and Safeguarding Procedures.

- **Physical symptoms:** for example, sexually transmitted infections, or bruising suggestive of physical or sexual assault

- **Prostitution:** Reports from reliable sources, suggesting involvement in prostitution
- **Crime;** involved in petty theft from shops
- **Multiple older partners:** Repeatedly consorting with unknown adults by phone or internet outside of the usual range of social or family contacts and/or other children known to be involved in prostitution
- **Unexplained income:** Accounts of social activities with no plausible explanation of the source of necessary income
- **Acquisition of expensive items:** clothes/mobile phones/other expensive possessions without plausible explanation
- **Money:** Possession of large amounts of money without plausible explanation
- **Poor family relationships:** hostility in relationship with parents/carers and other family members
- **Staying Out all night:** Frequent reports of staying out overnight
- **Missing:** Episodes of running away/going missing
- **Persistent absconding:** from placement, or late return without plausible explanation
- **Returning from running away/going missing:** looking well cared for, despite having no known base
- **Unusually long absconding:** from placement with no known base
- **Pattern of street homelessness**
- **Having keys to other premises** other than those known about
- **Absence from school:** Persistent unexplained absence from school

- **History of sexual abuse**
- **History of neglectful and/or emotionally abusive care**
- **Substance misuse:** regular drug or alcohol misuse affecting the young person's ability to function
- **Despair/self-harm:** including statements of intent to harm self, severe sleep disturbance, self-harming through cutting or overdose, eating disorder, intensive acting out, including promiscuity
- **Volatile, aggressive behaviour:** risk taking behaviour that makes the young person vulnerable and puts others at risk

Sexual exploitation is often linked to other issues in the life of a child or young person, or in the wider community context. For this reason, it should not be regarded as an isolated issue. Sexual exploitation also has links to other types of crime. These include:

- Child trafficking (into, out of and within the UK)
- Domestic violence
- Sexual violence in intimate relationships
- Grooming (both online and offline)
- Abusive images of children and their distribution (organised abuse)
- Organised sexual abuse of children
- Drugs-related offences (dealing, consuming and cultivating)
- Gang-related activity
- Immigration-related offences

- Domestic servitude

Sexual exploitation also has links to other factors likely to affect the welfare of children and young people including:

- Running away from home and going missing
- Drug and alcohol misuse
- Sexual health
- Sexually risky behaviour
- Bullying
- Domestic servitude, neglect and violence
- Teenage pregnancy
- Long-term sexual, physical and psychological harm
- Forced marriage
- Self-harm and suicide

1.5 What are the issues facing professionals working with suspected/actual victims of CSE?

Resistance

You should provide prompt, decisive and effective responses when you identify that a child or young person could be at risk of sexual exploitation. However, it is the experience of projects across the country that it can be very difficult to engage children and young people in this situation. It can take six months or longer for a child or young person to become engaged. In some case it never happens, but children should not be labelled as hard to reach; efforts must be made to reach out to these children and young people, rather than expecting them to voluntarily come to services. For example, their resistance may arise from thinking that they do not want or need protection from sexual exploitation as perpetrators groom their victims so that they are compliant to being sexually exploited and are frightened to report their abuse.

Challenging

Children and young people who are at risk of sexual exploitation or who are being sexually exploited may display highly complex and challenging behaviours. They may appear abusive and anti-social and may become involved in bullying and exploitative activities towards others. These behaviours may mean that professionals experience difficulty in recognising the young people's vulnerability and in responding to it.

Anxiety

Many things can get in the way of raising the issue with both boys and girls we are working with. Not least, our own anxiety about how this will affect the client/ worker relationship; particularly if the young person reacts badly to any suggestion of sexual exploitation (whether this is or isn't an issue for them). Workers may also feel that, if disclosure is made, then they do not have the awareness or knowledge about the subject to be able to support a young person after disclosure is made.

1.6 How can I be effective in supporting suspected/actual victims of CSE?

Research by The University of Bedfordshire highlights that children and young people found the following approach most effective in the relationship with professionals:

Respect for a young person

Research found that the core of good practice is recognising that a child or young person needs and deserves help and support to safeguard them from abuse, and to move on from that abuse. Children and young people need to be recognised as an individual and not as a sexual exploitation 'case' coupled with a strong belief that the young person can and should have a better life.

Gaining Trust & Confidence

Gaining the child or young person's trust and confidence is important if he or she is to be safeguarded from harm and enabled to escape from sexual exploitation. Often the process of engaging with children who are being sexually exploited can be difficult and lengthy and it can take time for professionals to build up trust and overcome their resistance to being helped and supported to exit the abusive situation.

Recording Information

Follow internal reporting and recording procedures to record information about young people at risk of sexual exploitation, raise concerns in your supervision, and in accordance with information sharing guidelines contact other agencies that may be working with the young person.

Sharing Information

The early sharing of information is seen as key to providing effective early help where there are emerging problems. At times, other agencies may be holding information that's crucial to determining the level of risk a young person is facing.

Multi-agency approach

All professionals working with children and young people have a responsibility to identify the symptoms and triggers of sexual exploitation, to share that information and work together to provide children and young people with the help they need. A coordinated multi-agency response is seen as crucial to effectively identify, assess and safeguard a young person being sexually exploited. There are also a number of national organisations that will support you – please see Section 3 of this toolkit for further information.

Pace & Space

For young people this means professionals investing in the time required to allow them to work at their own pace. It also means providing a space to work in which they feel both comfortable and safe. Ensuring that services are accessible is particularly important for those groups that, at present, are not widely accessing specialist services including boys and young men, young people from BME communities and young people with disabilities;

Judging the response to wider issues

For young people there may be any number of practical issues that need to be addressed if the sexual exploitation is to be tackled. But there is a balance to be struck between addressing their needs and over-burdening young people

with services. It is important to assess what is of most concern, what is at the crux of their problems, and to focus on those issues.

Communication

Consider barriers to effective communication e.g. language, learning disabilities, sight or hearing impairments. When talking about sex, consider the language/ terms used; are they age appropriate and clear? Check out your own understandings rather than make assumptions about what you are hearing. Our body language can also give away any feelings of awkwardness, embarrassment etc. that we may feel. Also, we may believe that we are taking a non-judgemental and supportive stance but our body language can communicate the opposite. Give positive cues that we are interested and listening—good eye contact, nodding etc.

Looking After Yourself

Working with young people at risk of sexual exploitation can be tough and challenging. You should therefore always ensure that you get the right level of guidance and supervision from your line manager so that you feel supported and confident that you are working effectively and doing your best to support the young person.



Section Two

Assessing Risk

2.1 How do I go about using the assessment tool?

When to use this assessment tool

The UK Government 's Tackling Child Sexual Exploitation: Action Plan (2011), along with the local CSE action Plan 2013-14 emphasizes the need and importance for continued data monitoring to assess the nature and prevalence of Child Sexual Exploitation in Havering.

It is hoped that the tool will be useful to all agencies, both statutory and voluntary, who are engaged in work with vulnerable young people at risk of child sexual exploitation. This tool should therefore be used regularly in response to:

- a) Whenever there is reason to suspect that a child is being, or is vulnerable to being, sexually exploited (please see Appendix for Checklist).
- b) When the Havering Safeguarding Board requests an audit of suspected or actual cases of CSE in your service.

How to use this assessment tool

- 1) This assessment tool can be completed using either the paper version in this toolkit or alternatively, it can be completed using the on-line version. To access the on-line version, please visit;
<http://surveys.havering.gov.uk/s/CSEmonitoringassessment>
- 2) This tool is not intended to be used directly with the child who is the subject of concern. It is for use by those working with children who should answer the questions based on information known to them or acquired from other relevant workers.
- 3) Where a question cannot be answered directly by the worker completing the tool, consideration should be given to contacting other workers involved with the child.
- 4) Questions can be left unanswered when the information is not known to the worker completing the tool and where they feel it inappropriate to contact another worker. It should be noted,

however, that the tool is less reliable when questions are left unanswered.

- 5) In Section 2, this assessment categorises the risk of CSE in three levels – low, medium and high. To assess the level of risk, where a risk factor is present the corresponding box should be ticked. Once all the risk factors have been completed please add up the score next to each risk factor and type this into the Final Score box. Based on the score, please follow the guidance in the response section.

2.2 Do I need the consent of the young person to make an assessment?

You do not need to have the agreement of the young person to complete the assessment form.

2.3 Do I need the consent of the young person to share the assessment?

In deciding whether there is a need to share information, professionals need to consider their legal obligations, including whether they have a duty of confidentiality to the child. Where there is such a duty, the professional may

lawfully share information if the child consents or if there is a public interest of sufficient force. This must be judged by the professional on the facts of each case. Where there is a clear risk of significant harm to a child, or serious harm to adults, the public interest test will almost certainly be satisfied. However, there will be other cases where practitioners will be justified in sharing some confidential information in order to make decisions on sharing further information or taking action – the information shared should be proportionate.

2.4 Do I need to involve parents and carers in this assessment?

It is vital that professionals recognise the key role that parents and carers can play; Parents and carers are most likely to be the first to be aware of a change in a young person which may give cause for concern and generally know the young person better than anyone else, being a crucial source of understanding of the exploitative situation and the young person's needs. It is equally important to recognise that sexual exploitation can be very difficult for parents and carers to deal with, and places enormous strain on the family or carers. They need help to support their children and to keep them safe, and to enable them to cope. In all cases parents should be encouraged to access specialist support services (see Section 3: Useful Contacts for further information).

Havering Safeguarding Children's Board

Child Sexual Exploitation (CSE) Monitoring & Assessment Tool

Section 1: Child (Victim), Perpetrator & Agency Information

A. Personal Information	
Client	
Client's Name	
Gender	
Date of Birth	
Address	
Postcode	
Ethnicity (see adjacent table for codes)	
Disability (if known, please specify)	
Perpetrator	
Perpetrators' Name/s (if known)	
Ethnicity (if known)	
Age/s of Perpetrators (actual/estimate)	
Agency	
Worker's Name	
Agency Name	
Address	
Phone / Email	
Does the client have a social worker?	
Date form completed	

CODE	DESCRIPTION
W2	White British
W9	White Irish
M1	Any other white background
M2	White and Black Caribbean
M3	White and Black African
M9	White and Asian
A1	Any other mixed background
A2	Indian
A3	Pakistani
A9	Bangladeshi
B1	Chinese
B2	Any other Asian background
B9	Caribbean
01	African
02	Any other black background
03	Arab
04	Any other ethnic background
05	Not Known / Prefer not to say

B. Looked After Status			
Lives with family, no experience of care		Young person is looked after: foster family	
Lives with family members, previous experience or care		Young person is looked after: residential unit	
Care Leaver		Young person is in Secure/Custody	
Supported Accommodation		Independent/Co-habiting	
Hostel/Bed & Breakfast		Other (please state)	

C. Education/Training/Employment Status			
At school (full-time)		Temporary Exclusion	
At School (part-time table)		Permanent Exclusion	
At College (full-time)		Not on school roll	
At College (part-time table)		Vocational Training	
Pupil Referral Unit		No longer in education	
Other (please state)		In employment	

D. Basis of CSE Concerns			
Disclosure of exploitation		Going missing	
Incident or suspected incident of sexual exploitation		Breakdown in communication with carers	
Concerns about relationship with older male/female		Unexplained money or items	

Alcohol/drug use		Changed behaviour	
Peers involved in prostitution		Other (please state)	

E. Actual/Suspected Perpetrator of CSE

Older boyfriend/girlfriend		Group of young people	
Peer boyfriend/girlfriend		Relative/s	
Single Adult		Unknown	
Group of Adults		Other (please state)	
Single young person			

F. Actual/Suspected Method of Coercion (please tick those that apply)

Grooming by an individual		Use of indecent pictures to force / coerce child	
Pressure from exploited peer		Gifts (e.g. phone top ups)	
Gang or group related		Through social networking sites	
Unknown		Other (please state)	
Drugs or Alcohol			

Section 2: Risk Assessment

1) Missing Episodes	
1) No missing episodes.	
2) Stays out late, no missing	
3) Occasionally truants, goes missing, prolonged episodes or Occasionally goes missing, short episodes.	
4) Frequent truanting or short missing episodes.	
5) Frequent and prolonged truanting or missing episodes.	

3) Drug use	
1) No concerns.	
2) Some concern about use of drugs.	
3) Problematic drug use, of concern.	
4) Suspected drug use or dependency.	
5) Drug use known-disclosure. Appears dependent on drugs.	

2) Education	
1) Engaged in full time education, training or employment	
2) Registered in full time education, irregular attendance or Young person is attending PRU/receiving private tuition (full time equivalent). or Young person is attending college or a training scheme (part time or irregular attendance) or is employed on a part time basis	
3) Young person excluded from school, no provision being made or Young person undertaking some education or training (part time). Poor attendance. or Young person is attending PRU/receiving private tuition (not full time)	
4) Not engaged in full time education, training or employment BUT shows an interest in accessing opportunities.	
5) Not engaged in education, training or employment. Shows no interest in accessing educational or training opportunities.	

4) Relationship with carers	
1) Significant understanding and good communication.	
2) Some mutual understanding and positive communication.	
3) Some mutual understanding. Poor communication.	
4) Poor and negative communication, some warmth.	
5) Poor communication, low warmth, attachment or trust.	

5) Accommodation	
1) Young person is satisfied with accommodation. Meets the young person's needs.	
2) Young person is generally satisfied with accommodation. Accommodation meets most of the needs of young person. Some concerns about longer term stability.	
3) Unstable or unsuitable accommodation. Young person is not satisfied where they are living.	
4) In temporary accommodation.	
5) Homeless	

6) Alcohol Use	
1) No concerns	
2) Some concerns about use of alcohol.	
3) Moderate alcohol use, increasing concerns.	
4) Alcohol dependency suspected.	
5) Young person is dependent on alcohol	

7) Risk to others	
1) No concerns about placing others at risk.	
2) Reduced concerns about influence on other young people	
3) Some concerns raised about influence on other young people.	
4) Concerns raised that young person may be exposing other young people to risk	
5) Places other young people at risk.	

8) Rights and Risk awareness (relating to consent)	
1) Asserts own rights, recognises risk and exploitation.	
2) Knows rights and risk in self and others.	
3) Some sense of own and others' rights.	
4) No awareness of own, some sense of others.	
5) No awareness or assertion of rights.	

9) Engagement with your service	
1) Good engagement,	
2) Reasonable engagement, regular contact.	
3) Some engagement with service, occasional contact.	
4) Brief engagement with service: early stages or sporadic contact.	
5) Not engaging with service/no contact	

10) Sexual health awareness	
1) Good engagement with sexual health issues / no longer at risk	
2) Engaging with sexual health issues / reduced risks to health	
3) Young person is beginning to engage with sexual health issues / decreasing risk to health	
4) Minimal engagement with sexual health issues / health is at risk	
5) No engagement with sexual health issues / health is at risk	

11) Do you know if the perpetrator/s has been involved in similar behaviour before?	
1) Not known	
4) Suspected to have been involved	
5) Yes	

Final Score If your score is low as a result of not being able to complete the risk assessment, you are strongly advised to collect additional information and return to complete this form	<i>Insert score here</i>
Risk Category	<i>Insert risk category here</i>
Risk Category	Response Guidance
Low 0-11 No longer at risk Or minimal risk.	Young person has exited sexual exploitation and no longer places self at risk or concerns may relate to 'normal teenage behaviour'. Monitor the young person's situation and complete another assessment when concerns are raised again sharing your findings with your child protection lead and/or line manager. Also, consider completing an Early Help Assessment if not already completed.
Medium 12-33 Concerns are not immediate, but some behaviour in the young person's life puts them at risk.	Young person remains vulnerable to exploitation but not at immediate risk but some behaviour in young person's life put them at risk, e.g. young person has exited exploitation and has new set of peers, though still goes missing. Monitor the young person's situation and complete this assessment tool when concerns are raised again and discuss the case with your child protection lead and/or line manager. Also, consider completing an Early Help Assessment. In addition, if the young person is sexually active and is putting him/herself at risk, please contact Youngaddaction's Targeted Sexual Health Support Service (open Mon-Thurs) on 07717 356 773 to discuss your concerns or email carla.smith@havering.gov.uk .
High risk 34-44 Urgent and immediate concerns about risk	Young person's lifestyle places them at a high risk e.g. associating with peers involved in prostitution or sexually exploited, multiple risk taking e.g. missing frequently and concerns about drug taking/alcohol use. Consult your child protection lead and/or manager to discuss making a referral to the MASH team (see details below) as an assessment under section 17 of the Children Act 1989 must be undertaken in all cases where the likelihood of CSE is suspected. Attach this CSE assessment form to the referral form. With the consent and agreement of the child, please consider contacting the Phoenix Counselling Service on 07780 332 240 (Paula - Mondays and Fridays) or 07780 333 364 (Kim - Tuesdays) to discuss your concerns or email phoenix@relatelondonnortheast.org.uk .
High Risk 45+ Experiencing current exploitation	Young person's lifestyle places them at a high risk e.g. associating with peers involved in prostitution or sexually exploited, multiple risk taking e.g. missing frequently and concerns about drug taking/ alcohol use. Take action now- consult with your child protection lead and/or line manager and discuss making an immediate referral to Havering's Children's Social Care Triage MASH & Assessment Team on 01708 433222 (out of office times, contact the Emergency Duty Team on 01708 433999). Attach this CSE assessment form to the referral form. In an emergency, contact the Police on 999. With the consent and agreement of the child, please consider contacting the Phoenix Counselling Service on 07780 332 240 (Paula - Mondays and Fridays) or 07780 333 364 (Kim - Tuesdays) to discuss your concerns or email phoenix@relatelondonnortheast.org.uk .



Section Three

Useful Contacts

A wide range of local national services, resources and websites are featured in this section. Providing you with this information will help you provide information to both young people and parents who are in need of support, advice and information.

Youngaddaction (Under 18s Drugs & Alcohol Service)

10 Hedley Close, Romford
Mob: 07717 52 72 46 or 07717 76 88 01
Email: youngaddaction@havering.gov.uk
Refer on-line: www.havering.gov.uk/youngaddaction

The young people's service is open Monday to Friday 9am-5pm but is flexible in meeting young people anywhere in Havering. The service offers evening or weekend appointments. In brief, the service provides drug education to young people out-of-school and in community settings, prevention and early intervention work with young people excluded from or at risk of exclusion from school, comprehensive assessment of substance misuse, advice and information to young people and support to young people whose parents have substance misuse problems.

Phoenix Service - Teenage Relationship Counselling Service

Phoenix Service
St Kilda's Centre, 90 Eastern Road, Romford

Tel: 07780 332 240 (Paula - Mondays and Fridays)
07780 333 364 (Kim - Tuesdays)

Email: phoenix@relatelondonnortheast.org.uk

Website: <http://www.havering.gov.uk/Pages/ServiceChild/Phoenix-Teenage-Pregnancy-and-Sexual-Health-Counselling-and-Advisory-Service.aspx>

The experienced counsellors see young women (under 20) who are victims of sexual exploitation, are experiencing abuse in their relationships as well as young women are pregnant, considering abortion or have miscarried. Clients can either refer themselves or can be referred by other agencies in Havering such as schools, colleges and social workers (see above webpage for referral form).

Police

Tel: 101 (for situations that do not require an immediate response)

Tel: 999 (for situations when a crime is happening, someone suspected of a crime is nearby, someone is injured, being threatened or in danger)

Website: www.met.police.uk

Integrated Sexual Health Services

Queen's Hospital
Outpatients Team 5
Rom Valley Way
Romford

RM7 0AG

Tel: 020 8924 6400

www.bhrhospitals.nhs.uk/sexualhealth/

Barking, Havering and Redbridge NHS Hospitals Trust (BHR) offers a range of free and confidential services for contraception and the diagnosis and treatment of all sexually transmitted infections, including HIV testing. Clinics are also run in the community – please visit this page for details of a clinic near your area <http://www.havering.gov.uk/Pages/Services/Schools-teenage-pregnancy.aspx>

NSPCC

Report your concern or get advice and support on the free 24/7 helpline by phone, text or online:

Tel 0808 800 5000

Text 88858

Email help@nspcc.org.uk

Online nspcc.org.uk/reportconcern

Don't wait until you're certain if you are worried about a child. If you have any concerns, contact our free helpline service to speak to an NSPCC advisor 24 hours a day, 365 days a year. The advisor will listen to and assess your concerns, offer advice and support and can take action on your behalf. You can remain anonymous if you wish. All communications will be recorded and we keep records for 15 years.

Children's Society

Tel: 020 7474 7222/07714 412351

Email: claudia.masini@childrenssociety.org.uk

RISE is a project supporting young men aged 11 - 25 who have been trafficked from abroad and who are at risk of sexual exploitation. It provides intensive one-to-one casework and advocacy as well as advice surgeries in a safe setting. The project also delivers workshops to increase young men's awareness of their rights and entitlements and social activities to reduce isolation, build confidence and self-esteem. It also provides awareness raising workshops for professionals and community groups to help identify and support potentially trafficked young men at risk of sexual exploitation.

Department for Education

Working together to safeguard children, 2013

<http://www.education.gov.uk/aboutdfe/statutory/g00213160/working-together-to-safeguard-children>

Safeguarding Children and Young People from Sexual Exploitation:

Supplementary guidance to Working Together to Safeguard Children, 2009

www.education.gov.uk/publications/standard/publicationDetail/Page1/DCSF-00689-2009

Statutory guidance on children who run away and go missing from home or care, 2009

www.education.gov.uk/childrenandyoungpeople/safeguarding/a0066653/young-runaways

www.education.gov.uk/publications/standard/publicationDetail/Page1/CM%208078

Safeguarding children who may have been trafficked - Practice guidance 2011

www.education.gov.uk/publications/standard/publicationDetail/Page1/DFE-00084-2011

Department for Health

Resources and publications related to violence against women and children

www.dh.gov.uk/en/PublicHealth/ViolenceagainstWomenandChildren/Resources/index.htm

Taskforce on the Health Aspects of Sexual Violence Against Women and Children - consultation with children, 2009

www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/@dh/@en/@ps/documents/digitalasset/dh_113821.pdf

Letting Children be Children - Report of an Independent Review of the Commercialisation and Sexualisation of Childhood, 2011

Crown Prosecution Service

Resources to support children and young people who are victims and witnesses

www.cps.gov.uk/victims_witnesses/young_victims/index.html

Home Office

Effective practice in responding to prostitution, 2011

www.homeoffice.gov.uk/publications/crime/responding-to-prostitution

Teenage relationship abuse resources

www.homeoffice.gov.uk/crime/violence-against-women-girls/teenage-relationship-abuse

Ministry of Justice

Achieving Best Evidence in Criminal Proceedings - Guidance on interviewing victims and witnesses, and guidance on using special measures, 2011

www.justice.gov.uk/guidance/docs/achieving-best-evidence-criminal-proceedings.pdf

Vulnerable and Intimidated Witnesses - A Police Service Guide, 2011

www.justice.gov.uk/guidance/docs/vulnerable-intimidated-witnesses.pdf

Child Exploitation and Online Protection Centre (CEOP)

CEOP thematic assessment 'Out of Sight, Out of Mind – breaking down the barriers to child sexual exploitation', 2011

www.ceop.police.uk/Publications

Child Trafficking Update, 2011

www.ceop.police.uk/Documents/ceopdocs/child_trafficking_update_2011.pdf

Thinkuknow - Guide to internet safety and safe surfing for young people

www.thinkuknow.co.uk

UK Council for Child Internet Safety (UKCCIS)

'Click Clever, Click Safe Code'. It's just three simple things to remember that can help keep you safe when you visit your favourite websites.

www.direct.gov.uk/en/YoungPeople/HealthAndRelationships/Bullying/DG_184893

Barnardo's

Puppet On A String - the urgent need to cut children free from sexual exploitation, 2011

www.barnardos.org.uk/what_we_do/policy_research_unit/research_and_publications/puppet-on-a-string-reveals-the-urgent-need-to-cut-children-free-from-sexual-exploitation/publication-view.jsp?pid=PUB-1454

Spot the signs – New advice for parents, professionals and young people on the signs of sexual exploitation and how to keep safe

www.barnardos.org.uk/get_involved/campaign/cutthemfree/aboutcutthemfree/spotthesigns.htm

'Whose Child Now?' report, 2009

www.barnardos.org.uk/resources/research_and_publications/whose-child-now/publication-view.jsp?pid=PUB-1466

Office of the Children's Commissioner

Call for evidence in phase one of the inquiry into Child Sexual Exploitation in Gangs and Groups

www.childrenscommissioner.gov.uk/content/publications/content_536

Useful Websites

The London Borough of Havering

For details of teenage pregnancy, sexual health and contraception services, please visit the London Borough of Havering website

<http://www.havering.gov.uk/Pages/Services/Schools-teenage-pregnancy.aspx?l1=100010&l2=200300>

The Department for Education

www.education.gov.uk

The Department for Health

www.dh.gov.uk

The Home Office

www.homeoffice.gov.uk

The Ministry of Justice

www.justice.gov.uk

All Party Parliamentary Group on runaway and missing children and adults

<http://www.missingpeople.org.uk/missing-people/professionals/all-party-parliamentary-group-for-runaway-and-missing-children-and-adults>

Association of Chief Police Officers

www.acpo.police.uk

Barnardo's

www.barnardos.org.uk

Brook (Sexual Health Service for young people)

www.brook.org.uk

The Child Exploitation and Online Protection Centre (CEOP)

www.ceop.police.uk

The Children's Commissioner for England

www.childrenscommissioner.gov.uk

The Children's Society

www.childrensociety.org.uk

The College of Social Work

www.collegeofsocialwork.org

The Crown Prosecution Service

www.cps.gov.uk

Lucy Faithful Foundation

www.lucyfaithfull.org

Missing People

www.missingpeople.org.uk

The NHS Choices website

www.nhs.uk

The National Working Group for Sexually Exploited Children and Young People

www.nationalworkinggroup.org

NSPCC Child Trafficking Advice and Information Line (CTAIL)

www.nspcc.org.uk/Inform/research/ctail/ctail_wda84866.html

PACE (Parents Against Child Sexual Exploitation)

www.pace.org.uk

The Railway Children

www.railwaychildren.org.uk

Rape Crisis

www.rapecrisis.org.uk

The Safe Network (safeguarding information on activities outside the home)

www.safenetwork.org.uk

The United Kingdom Human Trafficking Centre (UKHTC)

www.soca.gov.uk/about-soca/about-the-ukhtc

The UK Council for Child Internet Safety (UKCCIS)

www.education.gov.uk/ukccis



Section Four

Appendix

"In Havering, 1 in 6 young people report knowing someone who is being sexually exploited"

(Source: Havering Council, Annual Young People's sexual health and relationships survey, Oct-Dec 2012; sample population 278)

CSE: WARNING SIGNS AND VULNERABILITIES CHECKLIST

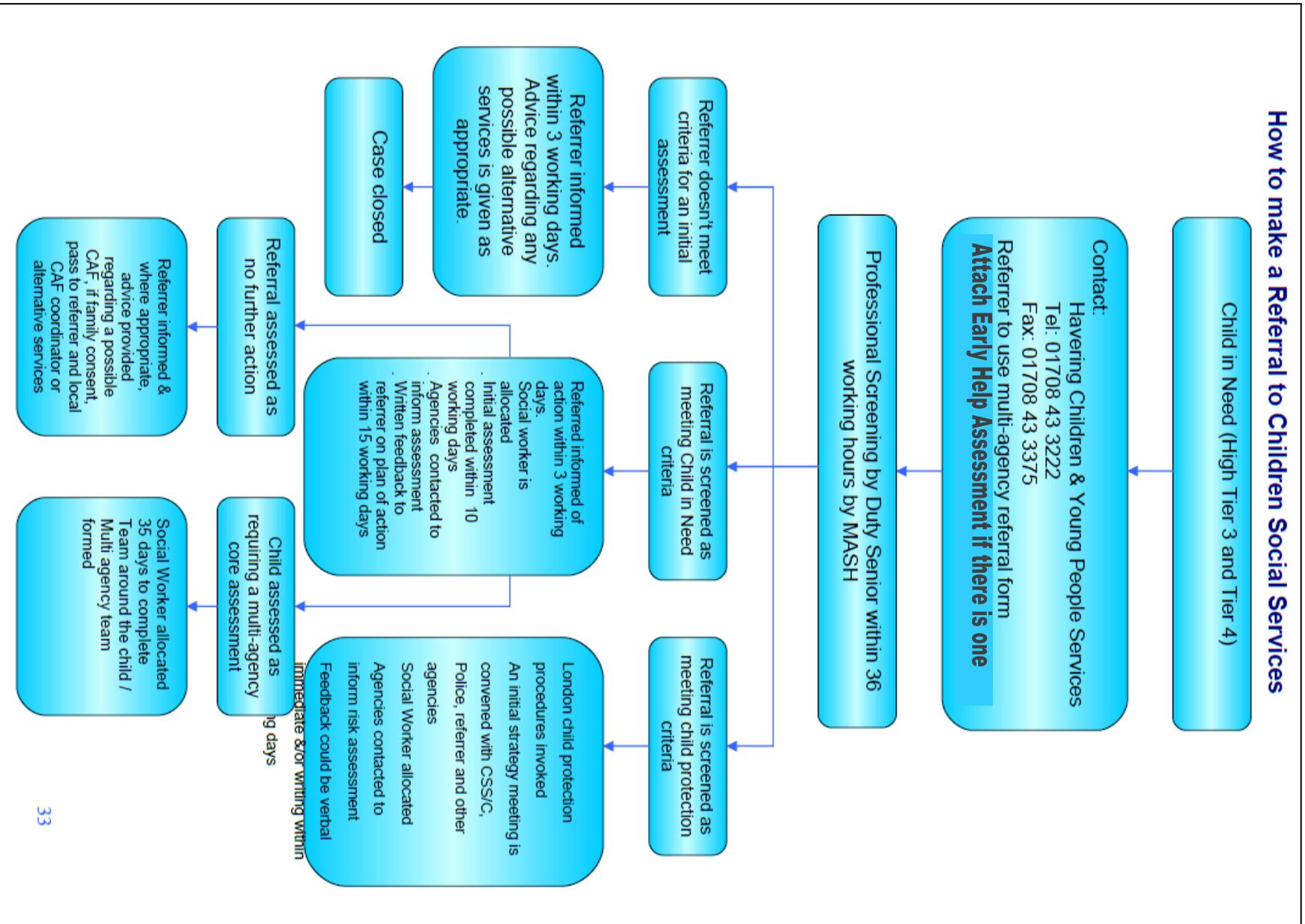
Sexual exploitation (CSE) is when young people under 18 are involved in situations and relationships where young people receive 'something' such as: food, drugs, alcohol, cigarettes, affection, gifts, money as a result of performing, and/or others performing sexual activities on them.

The following signs and behaviour are generally seen in children who are being sexually exploited (taken from attached report; Appendix A, page 110):

- Missing from home or care.
- Physical injuries.
- Drug or alcohol misuse.
- Involvement in offending.
- Repeat sexually-transmitted infections, pregnancy and terminations.
- Absent from school.
- Change in physical appearance.
- Evidence of sexual bullying and/or vulnerability through the internet and/or social networking sites.
- Estranged from their family.
- Receipt of gifts from unknown sources.
- Recruiting others into exploitative situations.
- Poor mental health.
- Self-harm.
- Thoughts of or attempts at suicide.

Evidence shows that any child displaying several vulnerabilities from the above list should be considered to be at high risk of sexual exploitation. Professionals should immediately start an investigation to determine the risk, along with preventative and protective action as required.

How to make a Referral to Children Social Services



Professionals Toolkit 2014

Havering Safeguarding Children's Board

For support, more information or feedback about this toolkit,
please contact Maria Laver at maria.laver@haverling.gov.uk

