**What is a One Page Profile?**

A One Page Profile captures all the important information about a person on a single sheet of paper under three simple headings: what people appreciate about me, what’s important to me and how best to support me.

**How can they help us to support people better?**

One Page Profiles are deceptively simple, and in this simplicity lies their strength. They help us to support people better by:

* Helping us build better relationships by truly understanding what really matters to the person in their life and the way they are supported to live it
* Providing a record that can move with the person as they transition from service to service, age, change role or are introduced to a new person.
* Being regularly updated to reflect people’s changing circumstances and aspirations
* When staff have One Page Profiles, the people being supported feel like they get to know the person, rather than just the job title
* When used at work, they can contribute to more person-centred teams, where individual strengths are recognised and different ways of working are taken into account
* Way of communication, for some young people there is nothing worse than having to repeat information to different people, a one page profile can reduce this.

**Who should have a one page profile?**

Its good for everyone to have a one page profile from professionals to the children and young people we work with.

You can have one as a professionals to share with the children and families who you are working with and you could also have one to share with you manager or peers, they may contain different information depending on who you are sharing them with.

Anyone who comes into contact with children and families in Children First Northamptonshire should have a one page profile.

**Things to think about or remember when doing one page profiles?**

Make sure they are up to date

Remember to store them in carestore for children and families

YP’s feedback is that they like natural photos rather than passport style, they feel a natural photo is more personable.

They hold private information about Young People and children so ask who you can share them with.

Teams, Services and providers can all have one page profiles, these are very helpful to share with children and families. For example if you are placing a child in a residential home a one page profile can give them some key information prior to placement.

Be creative and make them personable.