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My Journey





**My one page profile**



**Things that are important to me?**

**What I like about my life.**

**What do people like about me?**

**If I had one wish, I would change:**

**What upsets me or makes me worried in my life:**



**People helping me**

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Who is going to help and when?

What needs to happen?

What needs to change?



**My Journey**



**People that are important to me**

**What has changed?**



What didn’t help?

What helped?

