










<p><b>Keep me safe</b></p> 	<p><b>Speak to the professionals</b></p> 	<p><b>Make a doctor's appointment</b></p> 
<p><b>Keep the fridge clean</b></p> 	<p><b>Buy clothes</b></p> 	<p><b>Boil the kettle</b></p> 
<p><b>Use the microwave</b></p> 	<p><b>Bake a birthday cake</b></p> 	<p><b>Order a takeaway</b></p> 
<p><b>Lock the door at night</b></p> 	<p><b>Watch the baby</b></p> 	<p><b>Help me get to clubs and activities</b></p> 
<p><b>Decide who visits</b></p> 	<p><b>Give cuddles</b></p> 	<p><b>Tell me when to have a bath or shower</b></p> 

<p><b>Make sure I have soap and toothpaste</b></p> 	<p><b>Help me when I hurt myself</b></p> 	<p><b>Look after me when I'm ill</b></p> 
<p><b>Open the mail</b></p> 	<p><b>Make tea/coffee</b></p> 	<p><b>Wash clothes</b></p> 
<p><b>Keep things safe</b></p> 	<p><b>Collect medicine</b></p> 	<p><b>Wash dishes</b></p> 
<p><b>Buy food</b></p> 	<p><b>Give out money</b></p> 	<p><b>Make breakfast</b></p> 
<p><b>Get to school</b></p> 	<p><b>Help with worries</b></p> 	<p><b>Help with homework</b></p> 
<p><b>Provide treats</b></p> 	<p><b>Buy presents</b></p> 	<p><b>Look after pets</b></p> 

<p><b>Keep the noise down</b></p> 	<p><b>Make the beds</b></p> 	<p><b>Decide what to watch on TV</b></p> 
<p><b>Read me a story</b></p> 	<p><b>Put me to bed</b></p> 	<p><b>Make me laugh</b></p> 
<p><b>Clean the house</b></p> 	<p><b>Cook dinner</b></p> 	<p><b>Play with me</b></p> 
<p><b>Help me get me ready for school</b></p> 