**Toileting Signs of Readiness Questionnaire**

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| **Signs of Readiness** |  |
| Is the child dry/clean for long periods of time during the day (between 1-2 hours) and throughout small sleeps/naps? |  |
| Is the child having larger amounts of bowel movements, fewer times a day (rather than a little bit all throughout the day) and urinating larger volumes at a time? |  |
| Does he/she have regular bowel movements? |  |
| Never poos when sleeping? |  |
| Has any interest or change in behaviour been shown in response to seeing other people involved in toileting activities? |  |
| Does the child seem to act differently when his nappy or clothes are wet/soiled? For example: does the child tell an adult, stop playing or communicate that he/she would like to be changed or attempts to change himself/herself? |  |
| Does the child display outward signs that let you know he has to go to the toilet? Such as facial expressions, different body positions, squatting, dancing, holding crotch, verbal indications or holding back? |  |
| Does the child have the physical ability to independently get to the toilet, get on and off the toilet and sit upright for 5 minutes? |  |
| Does the child co-operate with undressing/able to undress him/herself? |  |
| Does your child understand cause and effect? For example, is the child able to understand that if he/she urinates in the potty/toilet he/she will get a reward? |  |
| Is the child able to comprehend and follow simple toilet training instructions and is he/she agreeable/motivated/willing to comply with instructions. Does the child understand verbal or visual cues? |  |
| Does the child understand what a toilet is for? |  |
| Multiple ✓’s indicates readiness  Adapted from Toilet Training for Individuals with Autism & Related Disorders (2004) by Maria Wheeler, M.Ed. |  | |