The Therapeutic Pathway

A Looked After Child's journey

Developmental Trauma

Emotional regulation

Behavioural issues

Attachment issues

Sexual harm or problematic sexualised behaviours

Presenting behaviours of child Concerns around Mental Health – (i.e depression, anxiety, PTSD, suicidal ideation, eating disorders)

Significant/complex emotional/behavioural

- Neurodevelopmental / hyperkinetic disorders i.e. ADHD & Autism assessment / Diagnostic Pathway



Referral to
Therapeutic Social Workers

Or consultation discussion with TSW's



Referral to CAMHS



Complete a referral form for the Therapeutic Social Work Team and email Sandra Brown or TSW@darlington.gov.uk





Referral to CAMHS Single Point of Access for a 45 minute telephone or face – to –face consultation slot with a duty worker.

To contact the team please email tewv.camhscountydurhamdarlington@nhs.net or call 0300 123 9296.



TSW's discuss referral. Consultation held with social worker and carers.

Consultation report completed and decision taken whether child requires therapeutic service with agreement from service manager.

Consultation with management and clinical supervisor.

TSW's step up case to CAMHS. Or CAMHS step down case to TSW's.



Report /Feedback given to Social Worker

Consultation closed

Re-referral process discussed



Introductory visit of child to the Box.

Assessment of therapeutic needs over 4-6 sessions

Assessment report completed with feedback and sign off by Service Manager.

Multiagency review held.

Intervention over 10 week blocks then review.

If not required, case closed after assessment and re-referral process discussed. Sign off by Service Manager.

Alternatively, if you would just like some Thinking Space. please contact the Therapeutic Social Work Team direct to book a slot. No referral required.