



Foster carer training

2018/19

Children & Young People's Services



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Training and Development 2018-2019

Training and development opportunities for foster carers are designed to encourage you to develop knowledge and skills in areas that you are interested in.

Attending training courses can help to increase your confidence and support you through the unique challenges you meet in your role.

One of the key benefits of training is that it provides excellent opportunities for foster carers to get together to share ideas and experiences and to learn from each other.

The 2018-2019 Training and Development Programme will be an important source of information for those of you working towards the Training, Support and Development Standards and the Level 2 Certificate in Child Care.

The courses available have been selected because they have been identified by foster carers, workers and managers in the Fostering Service as being useful to carers, or because there is a mandatory requirement for the courses to be offered. Please let us know if there are other courses that you would like to see in future programmes.

Each course will provide:

- ◆ Opportunity to meet other carers and professionals and increase your support network.
- ◆ Skills and knowledge to support you in your role.
- ◆ Experienced trainers who are experts in their field.
- ◆ A comfortable training venue.
- ◆ Free refreshments.
- ◆ Certificates of attendance.
- ◆ A platform for continuous future learning.
- ◆ Opportunities to give feedback and improve training.

In response to feedback from carers, we have tried to use venues in the districts where carers live and spread training over the county wherever possible.

Please bring a packed lunch to courses which last into the afternoon.

(See page 5 for details on how to book a place on a course).



Foster Carer training is split into three categories:

Mandatory Training must be completed by newly approved Foster Carers within 18 months. These courses should then be repeated every **five** years as a refresher. In this prospectus **mandatory** courses are indicated in **red**.

- Basic Food Hygiene (Worksheet)
- Care Planning and the Role of Professional Foster Carers
- Child Development (e-learning)
- Equality and Diversity (Available as an NCFE level 2 course or e-learning)
- First Aid
- Life Story
- Neglect
- Recording with Care
- Safe Care Practice
- Safeguarding children (e-learning)
- Safeguarding Children from Sexual Exploitation (e-learning)
- Sexual Exploitation Of Children and Young People

Choose one
or the other

Core Training

Core Training should be completed within three years of approval and should be refreshed every **five** years. In this prospectus **core** courses are indicated in **blue**.

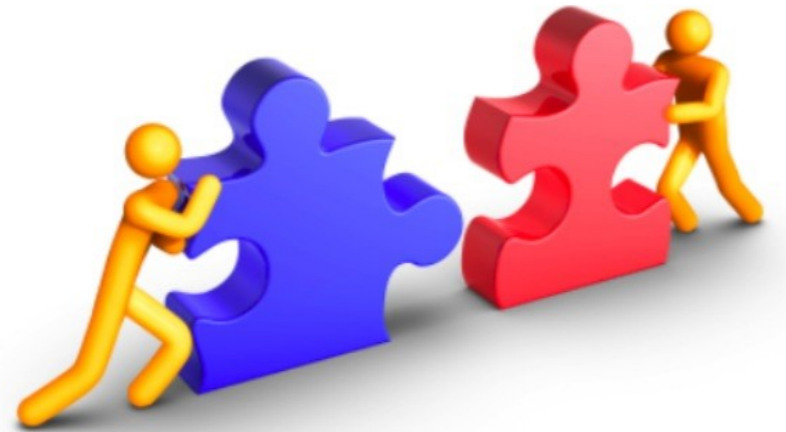
- Attachment
- Appropriate Behaviour Management Training*
- Child Abuse and the Internet
- Education Courses

Optional Training 2018-2019

Foster Carers may choose any of the **optional** courses, selecting those courses which best suit their particular circumstances or interests. **Optional** courses in this prospectus are indicated in **green**.

***Foster Carers should discuss these options with their Fostering Social Worker.**

How do you get onto a course?



You can tell your fostering social worker that you want to do a course and s/he will contact CYPS Development and Learning team and we will put you on the course.

OR you can contact:

fostercarertraining@durham.gov.uk and/or telephone 03000 267359 and ask to go on a course. The team at CYPS Development and Learning will allocate a place for you.

The team will send you an email before the course to confirm that you have a place. We will take last minute requests for courses as long as there are still places available.

Please let the team know if you need to cancel your place prior to the start of the course so that we can re-allocate your place.

**PLEASE DO NOT TURN UP TO COURSES WITHOUT PRE-BOOKING YOUR PLACE,
YOU WILL BE TURNED AWAY IF COURSE IS FULL.**



Attendance on courses

Foster Carer training is informed by government policy, legislation and input from carers and Fostering Social Workers. Most of the courses that are offered are appropriate for all carers but some courses are more specialist. Fostering Supervising Social Workers (FSW) will help to guide carers to choose the right courses for them and will produce a training plan for the year ahead following a review.

Carers are welcome to source their own training courses which will count as part of their training requirement provided they are relevant to their fostering role. If you are unsure about the relevance of a course check it out with your FSW. A long course such as the 8 day Attachment course will count as 3 training occurrences. There is an expectation that participants on courses will behave in a professional manner at all times showing respect for other learners and trainers.

Working Together Ground Rules

Everyone should take responsibility for starting and finishing on time

One person should speak at a time

Allow expression of different points of view

Agree to disagree respectfully

Everyone has responsibility to challenge offensive language or prejudice

Personal information is confidential to the group

Mobile phones should be turned off or to silent

Challenge the idea not the person

All questions are valid – there are no stupid questions



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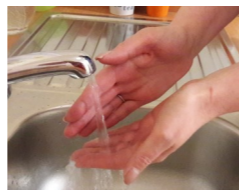
Mandatory Courses

Basic Food Hygiene

Course Details: This subject is available only as a **worksheet**. Participants will know how to minimise the risk of food poisoning and the spread of bacteria. They will be able to protect themselves, their families and the children that they care for through increased awareness of food safety practices.

Complete the worksheet and return it to Development and Learning . The worksheet will be marked by a member of the team and a certificate will be issued if you have passed.

To get your worksheet contact: fostercarertraining@durham.gov.uk or telephone 03000 267359



Care Planning and the Role of Professional Foster Carers

Course Details: This is short course and looks at the role of foster carers in Care Planning for Looked After Children. At the end of this course foster carers will have increased confidence in working effectively as a part of the care team and will have developed strategies for ensuring that the voice of the child is heard in the planning process.

Trainer: Aly Napier

Dates & Venues:

5th June 2018 at Spennymoor EDC

12th October 2018 at Seaham Children's Centre

12th December 2018 at the Glebe Centre

14th February 2019 at Stanley Education Development Centre

Courses run: 9:30-12:30



Equality and Diversity

Course Details: You can either do an e-learning course or a Level 2 NCFE course.

This is ideal for anyone who wishes to develop their knowledge of the issues and anti-discrimination laws that relate to equality and diversity. It is an introduction to the issues around stereotyping, prejudice and discrimination. It will also help you identify the basic rights that all people should enjoy and the shared values people have, whilst examining the responsibility each person and organisation has in ensuring that barriers to participation in society are removed.

Trainer: Virtual College or Bishop Auckland College

Please let Learning and Development team know if you'd like a place on either the e-learning or Level 2 course.



Life Story

Course Details: Life Story Work includes a collection of information about a child's history that will help them make sense of their past, take part in their present and move forward into their future.

This course will benefit foster carers by providing guidance and support in respect of their important role in collecting, providing and sharing information that will help a child or young person make sense of their journey.

PLEASE BRING AN ITEM OF SIGNIFICANCE WITH YOU TO THE COURSE.

Trainer: Ingrid Ford

Dates and Venues:

6th July 2018 at Spennymoor Education Development Centre

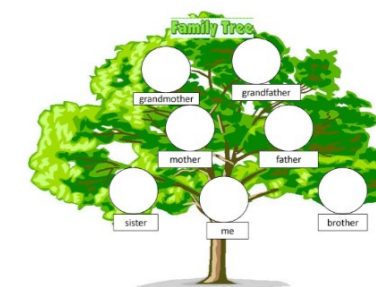
7th September 2018 The Glebe Centre

2nd November 2018 at Spennymoor Education Development Centre

18th January 2019 at Spennymoor Education Development Centre

15th March 2019 at Seaham Children's Centre

Courses run: 9:30-12:30



Neglect

Course Details: This half day course looks at neglect and how children are affected by it. By the end of this course participants will be able to identify signs and symptoms of neglect and will have increased confidence in working with and supporting children and young people who have experienced neglect and its long term effects.

Trainer: Deb Roxby

Dates and Venues:

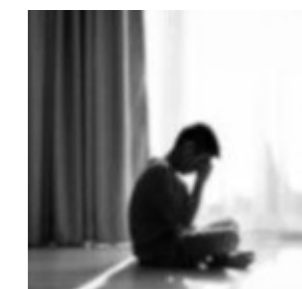
22nd June 2018 at Chester-le-Street One Point Hub

28th Sept 2018 at Spennymoor Education Development Centre

25th Jan 2019 at Stanley Education Development Centre

22nd March 2019 at Spennymoor Education Development Centre

Courses run: 09:30 - 12:30



First Aid: Infant and Child

Course Details: This course is delivered over two mornings and provides Foster Carers with theoretical and practical sessions on providing First Aid to infants, children and adults. The award is valid for **three years**. At the end of the course foster carers will have increased confidence in dealing with emergency situations involving both adults and children.

Please note there are only 12 places available for each course and if you turn up without booking your place you will be turned away.

Trainer: HSF Tutors

Dates & Venues:

9th, 10th May 2018: at Spennymoor EDC

27th, 28th June 2018: at HSF Training in Sunderland

18th, 19th July 2018: Chester-le-Street One Point Hub

20th, 21st September 2018: Stanley Education Centre

October 2018: 18th, 19th, Chester-le-Street One Point Hub

5th, 6th December 2018: The Glebe Centre

28th, 29th January 2019 Chester-le-Street One Point Hub

27th, 28th March 2019 at Spennymoor EDC

Courses run 9:30-13:00



HSF TRAINING LTD

Recording with Care

Course Details: This is a course that looks at developing skills for effective recording and record keeping in the context of Foster Care. Issues covered include the importance of keeping records for children and young people, policy, legislation and the use of fact, opinion and third party information. At the end of this course foster carers will have identified ways of improving the quality of their recordings and will have increased confidence around this important aspect of their role.

Trainer: Aly Napier

Dates & Venues:

23rd May 2018 at The Glebe Centre

14th September 2018 at Seaham Children's Centre

25th September 2018 at Spennymoor Education Development Centre

27th November 2018 at Chester-le-Street One Point Hub

6th February 2019 at Spennymoor Education Development Centre

Courses run: 09:30 - 12:30



Safe Care Practice

Course Details: This course that looks at the meaning and importance of safe care and encourages Foster Carers to identify strategies for keeping children, young people and themselves safe. At the end of this course participants will have identified how the Head, Heart and Hands model of social pedagogy is at the centre of caring for children and young people.

Trainer: Aly Napier

Dates & Venues:

2nd May 2018 at Spennymoor EDC

5th July 2018 at The Glebe Centre

31st October 2018 at Spennymoor EDC

18th December 2018 at Chester-le-Street One Point Hub

6th March 2019 at Spennymoor EDC

Courses run 9:30-12:30



Sexual Exploitation of Children and Young People

Course Details: This course will cover the following areas:

Localised grooming of children and young people, trafficking of children and young people, how carers can spot signs and symptoms of exploitation, the support available to carers and their Looked After Children and Young People.

Trainer: Aly Napier

Dates and Venues:

26th June 2018 at Spectrum 8

17th October 2018 at Chester-le-Street One Point Hub

17th January 2019 at The Glebe Centre

Courses run 9:30-12:30



Cut them free from sexual exploitation

End of Mandatory Courses

Core Courses

Attachment: An eight week course for foster carers

The course takes place over 8 weeks, 1 morning per week and is run by Dr Joyce Powell and her team. The aims of the course are:

1. To provide support to carers and parents who can feel very isolated caring for children with attachment difficulties.
2. To increase understanding of the children and their behavioural and emotional needs through an increased understanding of attachment theory and its application to the parenting of children.
3. To increase the skill and confidence of the carers and parents.

The courses are split into categories to allow carers the chance to learn about attachment with others in a similar situation. Courses run throughout the year as part of a rolling programme:

- Adopters and Permanent Carers
- Short-term 0-5 carers
- Short-term and Teenage placement carers.

Participants will be informed of course dates and venue when they are invited onto the course.



the

*NB: To book a place on this course you need to let your **Fostering Social Worker** know you would like a place.*

To get on this course you need to be nominated by either: Dr Powell or your Fostering Social Worker.

All requests now go to **James Murdoch** Administrative Officer for Full Circle 03000 264731

james.murdoch@durham.gov.uk

This course counts as 3 training occurrences

Attachment Awareness

Course Details: This course is for new carers or existing carers who have not yet attended any other attachment course. It is a simple awareness raising course covering attachment theory and provides a stop-gap until carers can get onto the 8 day course run by Dr. Joyce Powell.

Trainer: Aly Napier

Dates and Venues:

19th June 2018 at Spennymoor Education Development Centre

12th March 2019 at Chester-le-Street One Point Hub

Courses run 9:30-12:00



Child Abuse and the Internet

Course Details: This course will provide participants with information about technologies and the dangers that they can present to children and young people. This is a useful course for all foster carers as it raises awareness of risks to children both within and away from the home.

At the end of the course participants will have identified a number of strategies for keeping young people and themselves safe.

Trainer: Aly Napier

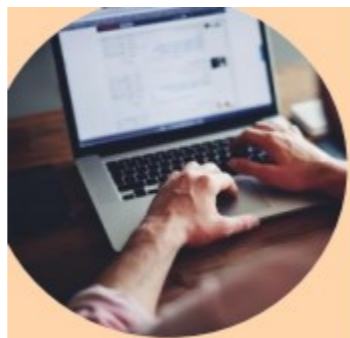
Dates & Venues:

7th June 2018 at Spennymoor Education Development Centre

11th October 2018 Stanley Education Development Centre

26th February 2019 at Spennymoor Education Development Centre

Courses run: 09:30-12:30



www.thinkuknow.co.uk



Safe Handling of Medicines

Course Details: This NCFE Level 2 qualification is run by tutors from Bishop Auckland College. It covers different types of medication, how to store and dispose of them, recording keeping and administration. The course is done in your own time at home - see page 33 for an explanation.

It is a rolling programme so you can start at any time of the year, just let the Learning and Development team know you'd like a place.

Trainer: Bishop Auckland College



Data Protection Awareness Workbook.

Details: Foster carers handle a lot of data mostly about the children and young people they care for. This is a workbook designed to be completed in your own home. After you have completed the workbook there is a short assessment to do. To receive the workbook and assessment booklet please contact one of the admin team in Learning and Development on 03000 267359 or email fostercarertraining@durham.gov.uk

When you have finished the assessment you need to send it back to the Development and Learning team either electronically or by post to:

Room 3/114-116

Floor 2

County Hall

Durham

DH1 5UG

We will mark the workbook and issue a certificate if you pass.



Choose **one** of the following **Behaviour Management** courses on pages 17-18 which best meets your needs.

Breakaway

Course Details:

This **two day** course will equip carers with practical strategies to keep themselves safe during physical confrontations with children and young people. It looks at de-escalation techniques and how to create safe environments.

Please wear comfortable clothes as this course is mostly physical (flat shoes/trainers/tee-shirts/ tracksuit bottoms are recommended).

Trainer: Sean Rusk

Dates and Venue:

14th & 15th May 2018 at Proudfoot Centre, Bishop Auckland.

18th & 19th June 2018 at Proudfoot Centre, Bishop Auckland.

16th & 17th July 2018 at Proudfoot Centre, Bishop Auckland.

26th & 27th September 2018 at Proudfoot Centre, Bishop Auckland.

5th & 6th November 2018 at Proudfoot Centre, Bishop Auckland.

17th & 18th December 2018 at Proudfoot Centre, Bishop Auckland.

Courses run 9:30-2:30



Managing Behaviour: Challenges Facing Foster Carers (Teenagers)

Course Details: This short course looks at the reasons why young people might behave in a challenging way towards their care givers. Concentrating on the practicalities of living with traumatised young people, this course will offer strategies and possible solutions for carers to try at home.

Trainer: Lynne Ackland

Dates and Venues:

3rd July at Stanley Education Development Centre

5th February 2019 at Stanley Education Development Centre

Courses run 9:30-12:30



Managing Behaviour: Young Children (under 10)

Course Details: This half day course looks at how our own attitudes can influence behaviour, it also provides foster carers with insights into communication, behaviour management strategies and tools to help cope with challenging situations.

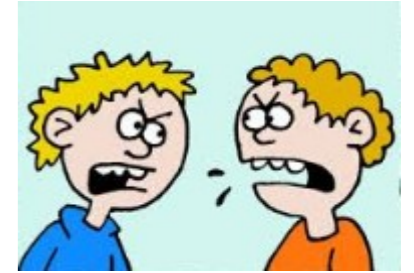
Trainer: Aly Napier

Dates and Venues:

23rd November 2018 at Seaham Children's Centre

1st February 2019 at Spennymoor Education Development Centre

Courses run 9:30-12:30



Positive Techniques for Behaviour Management

Course Details: This two day course takes a holistic approach to managing challenging behaviour. It is aimed at carers with **pre-teen children**. Topics on the course cover: How children thrive; self-awareness; communication; positive discipline; attachment styles; praise; supportive fostering. By the end of the course carers should feel able to try the techniques at home and see improvements in family dynamics.

Trainer: Aly Napier

Dates & Venue:

23rd and 27th April 2018 at Spennymoor Education Development Centre

27th and 28th March 2019 at Spennymoor Education Development Centre

9:30-2:30

Courses run: 9:30-2:30



Education Courses

Choose the course which best reflects your needs and the stage your child is at in their education. These short education courses are designed to give carers the most up to date information available from the experts in education at the Virtual School.



- 9th October 2018 The Virtual School – Promoting the Education of Looked After Children
- 5th November 2018 Supporting Reading for Primary Aged Looked After Children
- 26th February 2019 Post-16 Transition: Promoting Apprenticeships and University Education
- 15th May 2019 Supporting looked after children moving from Yr6 to Yr7

Courses run: 10:00-12:00 *Venues to be confirmed.*



Optional Training Courses

Alcohol Awareness

Course Details: This half-day course covers alcohol laws, strategy and why young people may use alcohol. It includes ways to communicate with young people about the risks associated with alcohol use. A useful course for carers who look after teenagers.

Trainer: Lisa Waite

Date and Venue:

9th May 2018 at Chester-le-Street One Point Hub

Course runs 9:30-12:30



Allegations workshop

Course Details: There are many reasons why children and young people will make an allegation against a foster carer and the impact on a carer's life can be huge. This course will offer sensible guidance and explain why children make allegations.

Trainer: Carole Taylor from the Fostering Network.

Date and Venue:

13th June 2018 at Spectrum 8 Seaham.

Course runs 10:00-12:00



Anti-Bullying

Course details: At the end of this session participants will have an awareness of the signs and symptoms of bullying, the relationship between technology and bullying and how to support children and young people who are experiencing bullying.

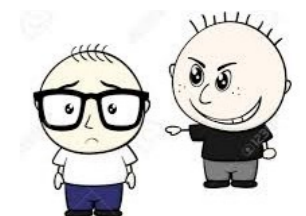
Trainer: Judi Hewitt

Dates and Venues:

8th November 2018 Conference Room 1, Spennymoor Council Offices

15th February 2019 at Seaham Children's Centre

Courses run 9:30-12:30



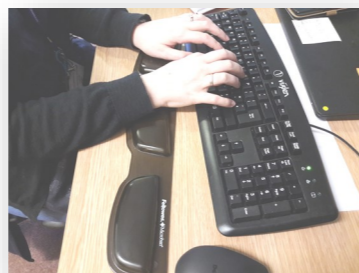
Basic Information Technology for Foster Carers

Course Details:

This half-day course covers everything a beginner to computing needs to know.

You will learn things such as:

- Switch on your device
- Emails
- Accessing the Internet
- Using a document to record
- How to save documents
- How to attach a document to an email



The sessions will be small groups to allow participants plenty of time for 1-1 tutoring and practice

Trainer: Francesca Jones

23rd May 2018

11th September 2018

7th March 2019

Dates and Venue: Courses will take place at Spennymoor Education Development Centre

Courses run: 10:00-12:30

Building Babies Brains

Brain development 0-2 years.

Building of trust cycle and how that influences emotional stability and self regulation as well as attachment. Responsive, sensitive parenting and baby states of awareness and baby

cues. Learning through the senses including effect of over stimulation.

Trainer: Karen Fatkin

25th June 2018 at Spennymoor Education Development Centre

7th September 2018 at Willington Children's Centre

5th November 2018 at Bishop Auckland Children's Centre

15th February 2019 at Willington Children's Centre



Cannabis Awareness

Course Details: This half day course will look at the effects cannabis has on the body, how popular it is as a recreational drug, the law and regulations around its use and the harmful effects on young people.

Trainer: Lisa Waite

Date and Venue:

7th September 2018 at County Hall Farnham Room 9:30-12:30



Caring for Children who Exhibit Sexualised Behaviour

Course Details: This course will focus on issues faced by those carers who look after children and young people who display sexualised behaviour. Practical advice and information will be useful for carers who need support with these behaviours.

Trainer: Diane Eagleton and Lindsey Craig

Date and Venue:

5th December 2018 at Stanley Education Development Centre

Course runs 9.30-2.30



Car Seat Training

Course Details: This 2-hour course will give delegates a greater understanding of the use and fitting of child seats and restraints and the underpinning legislation, including:

Understanding the Law – ensures that delegates understand the legal framework that governs the use of child seats and restraints and their responsibilities as the driver.

Understanding the Vehicle – Not all car seats fit all cars (despite many seats being called 'universal'). Child car seats and restraints are designed to be compatible with the vehicles they travel in and not the other way round.

Understanding the Children – Children require different child seats at different points in their early lives and development. Delegates will gain a greater understanding of the importance of using the correct seats for the age/weight/height of the child.

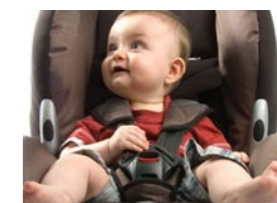
Understanding the Variety – there are a large variety of seats on the market and this course will give delegates a greater understanding of how to choose the right seat for the child and will include information in respect of the new I-Size fitting requirements.

Understanding the common fitting faults – this element gives delegates a greater understanding and knowledge of the common faults associated with fitting and using child seats.

Trainers: Gillian Pace, Judith Forster

Dates and Venues:

11th July 2018 Committee Room 1b County Hall 10-12:00



Court Appearances

Course Details: This informal talk explains why a foster carer might need to give a statement in court overview about care proceedings

Trainer: Kelsey Clayton

Dates and Venue:

19th June 2018 at Committee Room 2 County Hall

5th March 2019 at Committee Room 1a County Hall

Talk runs: 10:00-11:30



Communicating With Looked After Children

Course Details: This half day course uses the PACE model to consider ways in which foster carers can effectively communicate with children and young people who are in the looked after system.

Playfulness - Acceptance - Curiosity - Empathy

Trainer: Diane Eagleton

Date and Venue: 18th September 2018 at Stanley Education Development Centre

Course runs 9:30-12:30



Drugs Awareness

Course Details: This half day course will look at the effects drugs have on the body, how popular they are, the law and regulations around their use and the harmful effects on young people.

Trainer: Lisa Waite

Date and Venue:

10th July Chester-le-Street One Point Hub

Course runs 9:30-12:30



Health and Safety

Course Details: This half day course will help carers to identify potential hazards in their home and will look at ways that they can keep themselves and children and young people safe. The course will focus on hazardous substances, fire, electricity, violence and aggression as well as transporting children safely. At the end of this course participants will be able to identify which hazards and risks exist in their homes, strategies for ensuring their own safety and the safety of others living in the home.

Trainer: Claire Browning, Health & Safety Team.

6th December 2018 at The Farnham Room, County Hall.

Course runs 9:30-12:30



Legal Processes

Course Details: This short course considers the different ways children come into care. It covers relevant legislation, policies and procedures connected to the care system and how foster carers play a vital role in the process.

Trainer: Deb Roxby

Dates and Venues:

13th July 2018 at The Glebe Centre

9th November 2018 at Chester-le-Street One Point Hub

8th February 2019 at The Coulson Street Centre

Courses run 9:30-12:30



Lets Talk Some More

Course Details: This excellent two day course aims to: Develop carer's skills and confidence in talking to children and young people about relationships and sexual health. A fantastic course for carers of older children.

"Research has shown that the earlier we talk to children about sex and relationships and the more open and honest we are, the more likely young people are to have first sex at a later age" Liz Wilson

Trainer: Liz Kippax

Dates & Venues:

2nd/3rd October 2018 The Glebe Centre

28th/29th January 2019 Stanley Education Development Centre

Courses run 9:30-2:30



Mindfulness for Foster Carers

Course Details: This awareness raising workshop introduces carers to the calming self-awareness of mindfulness. Participants will get the opportunity to try guided instruction in mindfulness meditation practices, experience gentle stretching and mindful movement and discussions aimed at enhancing awareness in everyday life

"Mindfulness allows us to become more aware of the stream of thoughts and feelings that we experience and to see how we can become entangled in that stream in ways that are not helpful. Mindfulness lets us stand back from our thoughts and start to see their patterns." Professor Mark Williams.

Trainer: Aly Napier

Date & Venue:

25th May 2018 at Spectrum 8

14th December 2018 at Seaham Children's Centre

Courses run 9:30-2:00



Moving Children On

Course Details: This course is aimed specifically at new foster carers caring for children who will be moving on to adoption. The course aims to give carers a positive view of the moving on process and will explain the skills and knowledge required to manage your role in the process and your emotional reaction to this extremely important transition.

Trainer: Joanne Kenny

Dates and Venues:

19th Sept 2018 at Chester- le- Street One Point Hub

20th March 2019 at Chester- le- Street One Point Hub

Courses run 9:30-12:00



Neurodevelopmental Issues and the Looked After Child

Course Details: This short course looks at developmental issues of the brain such as ADHD and ASD. It will offer carers insight and awareness of these conditions which can affect some of the children and young people in the looked after system.

Trainer: Diane Eagleton

Date and Venue: 14th June 2018 at Stanley EDC

Course runs 9:30-12:30



Opiates and Depressant Drugs Awareness

Course Details: This short course looks at how opiates affect the user and the problems they create, it is ideally suited to carers with older children.

Trainer: Lisa Waite

Date and Venue: 13th November 2018 at Spectrum 8 Seaham.

Course runs 9:30-12:30



Promoting Contact

Course Details: This short workshop looks at how carers can help children and young people to maintain family relationships and thus foster positive identity and links with culture and heritage.

Trainer: Aly Napier

Date & Venue:

28th June 2018 Chester-le-Street One Point Hub

Course runs 9:30-12:00



Promoting Resilience

Course Details: This short workshop will provide foster carers with tools for measuring resilience and strategies for promoting resilience in children and young people.

Trainer: Aly Napier

Dates & Venues:

9th October 2018 Chester-le-Street One Point Hub

30th January 2019 Committee Room 1a County Hall

Course runs 9:30-12:00



Smart Phones, Social Media and the Risks to Young People.

Course Details: This short course looks at how far technology has progressed and how the world has changed in our lifetime. We will explore digital natives, digital immigrants, mental health and safety.

Trainer: Aly Napier

Dates & Venues:

16th October 2018 at Willington Children's Centre

4th February 2018 at Seaham Children's Centre

Course runs 9:30-12:00



Stimulant Drug Awareness

A stimulant is a drug which speeds up the central nervous system to increase neural activity in the brain. Examples include amphetamines, cocaine and crack, caffeine, nicotine and ecstasy. Stimulant drugs tend to make people feel more alert and focused and are sometimes called 'uppers'. This half day course will help carers identify signs and symptoms of use.

Date & Venue:

10th January 2019 at Chester-le-street One Point Hub

Course runs 9:30-12:30



What are Psychoactive Substances?

Find out about new psychoactive substances, often incorrectly called legal highs which produce similar effects to illegal drugs such as cocaine, cannabis and ecstasy.

Date & Venue:

4th March 2019 at Conference Room 2, Green Lane Council Offices,

Spennymoor.

Course runs 9:30-12:30



End of taught courses.

E-Learning

E-learning allows you to access training using a computer in your own home or in a library, community centre, school or college where IT support may be available. On-line learning is not an alternative to face to face training but should help you to develop skills that will assist you in your role.

Our e-learning programme allows you to learn flexibly. The courses last 1 - 3 hours and can be broken down into smaller sessions allowing you to do short tasks as and when you have the time.

To access E-learning you will need to register your own details.

To create your account/log onto the system, please go to <https://durhamscb.virtual-college.co.uk/>

(If you already have a user account (login name) please login using your existing username)

What is available on-line?

Awareness of Domestic Violence and Abuse

Child Development

Safeguarding Children (Awareness of Child Abuse and Neglect - Core (level 1))

Safeguarding Children from Abuse by Sexual Exploitation

Safeguarding Children with Disabilities

Safeguarding Refresher

Plus many more!

Please email: fostercarertraining@durham.gov.uk when you have completed a module so we can update your training record or if you have any queries do not hesitate to call us on 03000 267359.



See page 29 for

information.

further

Here is some helpful information which you may need to complete your self-registration. Please contact our admin team if you have any questions 03000 267375

E-Learning Registration

31 March 2016

New User Registration

If you are already a registered user, please logon [here](#)

Fields with a star (*) are mandatory.

Title	-Please select your Title-
Forename*	Your First Name
Surname*	Your Last Name
Date of Birth (DD/MM/YYYY)*	Your Date of Birth
Job Title*	Foster Carer
Organisation Name*	Durham County Council
Employer's Address*	Durham Resource Centre, Littleburn Industrial Estate, Mill Rd, Langley Moor, Durham
Employer's Postcode*	DH7 8ET
Office Contact Number*	03000269291

Please take care when entering your email address, this will be used to send you your username and password which you will need in order to access your training material. If you do not have a work e-mail address please contact Durham LSCB

Work E-mail*	Your own email
Confirm Email*	Your own email
Manager's Name*	The name of your Fostering Social Worker
Manager's Job Role*	Fostering Social Worker
Manager's Contact Number*	Your Fostering Social Worker's Telephone Number
Manager's Email Address*	Your Fostering Social Worker's Email Address

Now, please choose a username which must be at least six characters long

Username*

Register

Qualification: Level 2 Certificate For The Children and Young People's

Workforce

The certificate is a work based qualification and is available for a range of occupations. It proves that holders are competent in their roles. The certificate is based on performance in a job role rather than academic ability.

Level 2 Certificate for the CYPW in Child Care

- ◆ Covers the age range from birth to 19 years
- ◆ Has a minimum credit value of 35 credits which must be achieved to claim the full certification at Level 2
- ◆ There are 13 mandatory units and a selection of optional units to complete in order to achieve the full qualification
- ◆ Requires time to be spent for practical experience in the real working environment

Organisation of the programme

- ◆ The programme will run over duration of 1 year
- ◆ The qualification has been designed to provide knowledge and understanding which supports competent practice
- ◆ Work will be assessed by on-going assessment in training and placement

There are lots of **free** courses about if you know where to look



For example, try the Open University

<http://www.open.edu/openlearn/free-courses/full-catalogue>

They have a wide range of topics, including:

Attachment

Autism

Child Development

Childhood in the Digital Age

Child Psychology

Early Years

Family Health

Parenting

And many many more!

It is easy to use Open University Free Courses - just go to their website, create an account & choose the subject that interests you most.

Good luck!

NCFE level 2 Certificate

NCFE is a national Awarding Organisation and offers a wide range of qualifications that Ofqual regulate. These include qualifications on the Qualifications and Credit Framework (QCF) and the National Qualifications Framework (NQF). These qualifications develop the workplace-related skills and knowledge a learner needs to progress in their chosen area of employment.

These certificates are home based qualifications offered by Bishop Auckland College. They help to prove that holders are competent in their roles. The Certificates are based on performance in a job role rather than academic ability.

There are several subjects offered but the ones which are most suited to fostering are:

Autism

Equality and Diversity

Mental Health

Safe Handling of Medicines

Courses start all year round, please let Learning and Development know if you'd like to be nominated.

Here's what one participant has to say about it:

"I have completed a number of the NCFE level 2 courses through Bishop Auckland College over the past

couple of years, including Safe Handling of Medication, Mental Health Awareness, End of Life Care and

Caring for A Person with a Disability. I find these courses suit my fostering needs and I can do them in my own time at home.

With each course you are allocated a tutor whom you see throughout the length of the course, she/he is

always at the end of the phone or Email to offer advice and support.

You are given a pack which contains the course details, work books for you to read through and booklets for you to answer questions. (All the answers are in the work book).

This year I am looking forward to doing ADHD Awareness and/ or Nutrition."

Ann Owen, Foster Carer, pictured.

Congratulations Ann!



Training, Support & Development Standards for Foster Carers

The Training, Support and Development (TSD) standards form part of a foster carer's induction in the role. They provide a national minimum benchmark that sets out what foster carers should know, understand and be able to do within the first 12 months after being approved. These standards were developed by the sector and were introduced in 2007 and apply to all approved foster carers in England. They form part of a national strategy, supported by the Department for Education, to raise the profile of foster carers as valued professionals and to improve and standardise service provision for looked after children.

There are seven standards to complete:

1. Understand the principles and values essential for fostering children & young people.
2. Understand your role as a foster carer.
3. Understand health and safety and healthy caring.
4. Know how to communicate effectively.
5. Understand the development of children and young people.
6. Safeguard children and young people (keep them safe from harm).
7. Develop yourself.

Kinship carers

Kinship carers must complete the six Family and Friends standards within 18 months following approval.

The six standards are:

1. Understand your role as a family and friends carer
2. Know how to provide a safe environment and healthy care
3. Know how to communicate effectively
4. Understand the development of children and young people
5. Keep children and young people safe from harm
6. Develop yourself

Your Fostering Social Worker will work with you to complete the standards. Advice and guidance on

*completion of the standards is available at the **Launch Pad** Support Group and Kinship Carers Support Group.*

1-1 support is available for those carers who require it, please ask your Fostering Social Worker to refer you to Aly Napier.



Launch Pad Dates

All dates are at Chester-le-Street One Point Hub, Chester le Street
DH3 3QH.

There is no free parking and the charge is: £1.10



The launch pad is a support group for newly approved carers. It is expected that carers will attend this group for the first year following approval. The group offers support to achieve the Training Support and Development Standards (TSD), guest speakers, advice, guidance and the opportunity to do some basic training.

21st June 2018: 10:00-12:00
12th July 2018: 12:00-14:00
20th September 2018: 10:00-12:00
11th October 2018: 12:00-14:00
22nd November 2018: 10:00-12:00
6th December 2018: 10:00-12:00
24th January 2019: 12:00-14:00
14th February 2019: 10:00-12:00
14th March 2019: 12:00-14:00

The group facilitators are

Amy Kelly: amy.kelly@durham.gov.uk

Christine Pace-Rowntree:

Christine.Pace-rowntree@durham.gov.uk.



Maps can be provided on request.



Venues

County Hall
Aykley Heads
Durham
DH1 5UG

Stanley Education Centre
King Edward Terrace
Shield Row
Stanley
DH9 0HQ

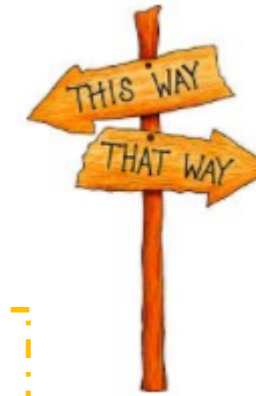
Willington Children's Centre
Chapel Street
Willington
DL15 0EQ

The Glebe Centre
Church Street
Murton
Seaham
SR7 9BX

Durham Leadership Centre (Education Development Centre)
Enterprise Way
Spennymoor
County Durham
DL16 6YP

Proudfoot Centre
75 Proudfoot Drive
Woodhouse Estate
Bishop Auckland
County Durham
DL14 6PD

Seaham Children's Centre
North Terrace
Seaham
County Durham
SR7 7EU



Spectrum 8,
Spectrum Business Park,
Seaham,
County Durham.
SR7 7TT

Learning and Development Team

Learning and Development Team for Fostering and Adoption are based at County Hall in Durham



Aly Napier
Learning and Development
Officer

aly.napier@durham.gov.uk

03000 262194



Development and Learning

Admin support

fostercarertraining@durham.gov.uk

03000 267359