





## Why am I here?

Some mental health professionals think:

- You might be mentally unwell
  - And you need urgent help

This may be because:

- You are unable to care for yourself
  - You are being badly treated
  - You are not being looked after

The police have brought you here because this is a **Place of Safety** 

It is somewhere you can be kept safe until you get the help you need.



You can be kept here for 24 hours (1 day)

	If you try to leave before the doctor says you may, you will be brought back If a doctor has not seen you and 24 hours is up, you may leave. Please tell a member of staff before you go.
	What happens next?
	You will be seen by:
	<ul> <li>A doctor</li> </ul>
	• An Approved Mental Health Professional
	An <b>Approved Mental Health Professional</b> is a person with special training in mental health
	They may decide:
	<ul> <li>You need to stay in hospital for</li> </ul>
	longer. This might be even if you want to go home
	Or
	<ul> <li>You can go home</li> </ul>



