



BIRMINGHAM  
CHILDREN'S TRUST

## Forensic Child and Adolescent Mental Health Service (FCAMHS) for High Risk Young People with Complex Needs (Community F:CAMHS)

Future in Mind (2015) emphasised the need for 'improved care for children and young people in crisis so they are treated in the right place, at the right time and as close to home as possible'. This includes 'implementing clear evidence-based pathways for community-based care, including intensive home treatment where appropriate, to avoid unnecessary admissions to inpatient care.

One of the cohorts of young people that sit within this need for improved care are in contact with the youth justice system and secure mental health settings and those that have severe complex mental health needs. 'Working Together to Safeguard Children 2018' was revised in December 2020 to stress the important role that schools can also play in identifying the need for mental health support for children. School staff are well placed to identify mental health problems, which can often be an indicator that a child has suffered or is at risk of suffering abuse, neglect or exploitation.

The needs of high risk young people with complex mental health and other needs have been at the forefront of the development of a meaningful service model, in the form of Community Forensic CAMHS. Under the referral process, where a child or young person is admitted to a mental health facility, practitioners should consider whether a referral to the Trust is necessary.

Central to this has been the awareness that these young people have high rates of previous traumatic experience and experience of adversity and that whilst such services are highly specialist they must at the same time be easily accessed and skilled at engagement with young people in challenging circumstances.

In order to support these young people NHS England has developed a national service specification for Specialist Child and Adolescent Mental Health Services for High Risk Young People with Complex Needs (Community F:CAMHS).

<https://www.england.nhs.uk/wp-content/uploads/2017/08/service-specification-community-forensic-child-and-adolescent.pdf>.

The national FCAMHS service specification focuses on the functions required of a specialist community mental health outreach service to mediate transitions into and out of secure in-patient care. It is recognised that such a function requires a broad remit comprising full

understanding of all forms of formal and less formal secure care in which young people from a given geographical catchment may be located. Such a service should support the prevention of admission to all secure settings when a meaningful alternative is feasible.

NHS England Specialised Commissioning has commissioned 13 services across the country to deliver services against the national specification. The services are based in the specialised commissioning regions:

	Lead Provider	Service Name	Referral Contact	Clinical Lead	Service Manager / Lead	Service Commencement Date
North East	Northumberland, Tyne and Wear NHS Foundation Trust (NTWFT)	The North East and North Cumbria Community Forensic Child & Adolescent Mental Health Service	<a href="mailto:NTAWNT.FCAMHS@NHS.NET">NTAWNT.FCAMHS@NHS.NET</a> 0191 245 6629	Dr Jack Kennedy <a href="mailto:jack.kennedy@ntw.nhs.uk">jack.kennedy@ntw.nhs.uk</a>	John Padgett <a href="mailto:John.Padget@ntw.nhs.uk">John.Padget@ntw.nhs.uk</a>	April 2018 – Full Service with North Cumbria coming on line in July 18
North West	Greater Manchester Mental Health NHS Foundation Trust	FCAMHS North West	<a href="mailto:gmmh-ft.fcamhsnw@nhs.nhs.uk">gmmh-ft.fcamhsnw@nhs.nhs.uk</a> 0161 358 0586	Dr Kenny Ross <a href="mailto:Kenny.Ross@gmmh.nhs.uk">Kenny.Ross@gmmh.nhs.uk</a>	Shelley Bunting <a href="mailto:Shelley.Bunting@gmmh.nhs.uk">Shelley.Bunting@gmmh.nhs.uk</a>	October 2017 – Full Service
Yorkshire & the Humber	South West Yorkshire Partnership Trust (SWYPFT)	Yorkshire and Humber FCAMHS	<a href="mailto:swy-tr.yhfcamhs@nhs.net">swy-tr.yhfcamhs@nhs.net</a> 01924 316071	Dr Abdullah Kraam <a href="mailto:a.kraam@nhs.net">a.kraam@nhs.net</a>	Joanne Barber <a href="mailto:Joanne.Barber@swyt.nhs.uk">Joanne.Barber@swyt.nhs.uk</a>	February 2018 – Limited Clinical Service June 2018 – Full Service
East Midlands	Nottinghamshire Healthcare NHS Foundation Trust	East Midlands Community Forensic Child & Adolescent Mental Health Service	<a href="mailto:not-tr.eastmidlandsfcamhs@nhs.net">not-tr.eastmidlandsfcamhs@nhs.net</a> 0115 9560842 0115 9529487 – 4 <sup>th</sup> June	Samantha Sykes <a href="mailto:Samantha.Sykes@notts.hc.nhs.uk">Samantha.Sykes@notts.hc.nhs.uk</a>	Samantha Sykes <a href="mailto:Samantha.Sykes@notts.hc.nhs.uk">Samantha.Sykes@notts.hc.nhs.uk</a>	December 2017 – Full Service
West Midlands	Birmingham & Solihull Mental Health NHS Foundation Trust	Youth First ( West Midlands )	<a href="mailto:bsm-tr.youthfirst@nhs.net">bsm-tr.youthfirst@nhs.net</a> 01213014622	Dr Tina Irani <a href="mailto:tina.irani@nhs.net">tina.irani@nhs.net</a>	Paula Ward <a href="mailto:Paula.ward8@nhs.net">Paula.ward8@nhs.net</a>	April 2018 – Limited Clinical Service June 2018 – Full Clinical Service

East of England	Cambridgeshire & Peterborough NHS Foundation Trust	East of England Community FCAMHS Team	TBC	Dr Suzanne Coghlan <a href="mailto:Suzanne.Coghlan@cpft.nhs.uk">Suzanne.Coghlan@cpft.nhs.uk</a>	Dr Venkat Reddy	July 2018 – Limited Clinical Service TBC – Full Service
South East	Sussex Partnership NHS Foundation Trust	Sussex, Surrey, Kent FCAMHS	TBC	Dr Alison Wallis <a href="mailto:alisonwallis@nhs.net">alisonwallis@nhs.net</a>	Karen Burch <a href="mailto:Karen.burch@sussexpartnership.nhs.uk">Karen.burch@sussexpartnership.nhs.uk</a>	July 2018 – Limited Clinical Service September 2018 – Full Service
South West - South	Somerset Partnership NHS Foundation Trust	South West FCAMHS	<a href="mailto:camhsspa@sompar.nhs.uk">camhsspa@sompar.nhs.uk</a>  0300 124 5012	TBC	Kerry Allen <a href="mailto:Kerry.Allen@sompar.nhs.uk">Kerry.Allen@sompar.nhs.uk</a>	July 2018 – Limited Clinical Service TBC – Full Service
South West - North	Oxford Health NHS Foundation Trust	South West (North) Community Forensic CAMHS Team	TBC	Oliver White <a href="mailto:Oliver.White@oxfordhealth.nhs.uk">Oliver.White@oxfordhealth.nhs.uk</a>	Michelle Maguire <a href="mailto:Michelle.Maguire@oxfordhealth.nhs.uk">Michelle.Maguire@oxfordhealth.nhs.uk</a>	June / July 2018 – Limited Clinical Service August 2018 – Full Service
South Central	Oxford Health NHS Foundation Trust	South Central Community Forensic CAMHS Team	01865 902613	Dr Nick Hindley <a href="mailto:Nick.Hindley@oxfordhealth.nhs.uk">Nick.Hindley@oxfordhealth.nhs.uk</a>	Vicky Norman <a href="mailto:vicky.norman@oxfordhealth.nhs.uk">vicky.norman@oxfordhealth.nhs.uk</a>	April 2018 – Full Service in majority of area with Dorset coming on line later once recruitment completed.
North West London	West London Mental Health Trust	North West London Forensic Child and Adolescent Mental Health Service		Dr Heidi Hales <a href="mailto:heidi.hales@wlmht.nhs.uk">heidi.hales@wlmht.nhs.uk</a>	Dr Satinder Sahota <a href="mailto:satindersahota@nhs.uk">satindersahota@nhs.uk</a>	June 2018 (TBC) – Limited Clinical Service July 2018 – Full Service
North Central London & North East London	Tavistock & Portman NHS Foundation Trust	Tavistock and Portman NHS Foundation Trust Forensic CAMHS		TBC	TBC	July 2018 – Limited Clinical Service September – Full Service

South London	South London and Maudsley NHS Foundation Trust	South London Community Forensic CAMHS		Dr Sarah Bernard <a href="mailto:sarah.bernard@slam.nhs.uk">sarah.bernard@slam.nhs.uk</a>	Donna Underwood <a href="mailto:donna.underwood@slam.nhs.uk">donna.underwood@slam.nhs.uk</a>	June 2018 – Limited Clinical Service September – Full Service

### Aims and Objectives of Community FCAMHS

- Develop England-wide specialist child and adolescent mental health services for high risk young people with complex needs.
- Improve pathways and transfers between local services and secure inpatient services.
- Liaise with the Integrated Care Framework workstream to ensure good mental health provision to local secure welfare or custodial settings.
- Work with Integrated Care Framework workstream to develop a secure outreach provision to support and compliment the work already provided by mental health providers within secure settings to continue such work after discharge.
- Focus on children with complex high risk presentations in a range of settings who are giving cause for professional concern and are beyond traditional Tier 3 CAMHS remit
- Improve mental health and wellbeing for the cohort in question.
- Develop evidence base to demonstrate performance, to secure recurrent funding.