

Social Workers Digital Library



Redcar & Cleveland Virtual School team is making interactive resources available to support new and experienced social workers with information and guidance written by experienced colleagues from Virtual Schools across the country.

What will you gain?

- Specific insights and strategies on supporting vulnerable children.
- Specialised information on attachment theory, trauma, inclusion and more.
- Digital certificates and badges upon completing courses as a record recognising the time and effort dedicated.



How to access the library

Get the app

- If you are using a computer go to learn.anspear.com/ansp/register
- If you are using a smartphone or tablet download the **free Anspear app** from the App Store or Google Play



Register your account

- Enter your name, email and password
- Enter the following product code **bnb226x4t**

Thriving children,
fulfilling their
dreams



Interactive digital resources for new and experienced **social workers**



Alternative Provision

An introduction to AP, why we need it and how to choose an alternative educational programme.



Attachment

Covering the history of attachment theory and its role in relationships and professional practice, with practical advice.



Being Resilient

Guidance to help rejuvenate staff and build resilience through focusing on achievable changes.



Designated Teachers

Helping designated teachers to support children in care, covering attachment and trauma, the care system and school funding.



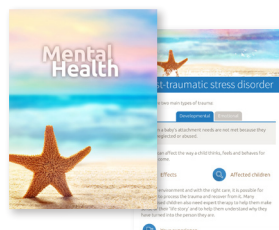
Equality and Diversity

A course aimed at increasing awareness of equality and diversity issues in schools, helping staff identify and deal with discrimination.



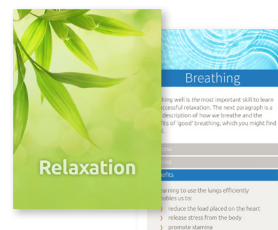
Learning Needs

Covering learning needs such as Gifted & Talented, learning difficulties, and behavioural and communication needs.



Mental Health

A guide to common mental health issues and how they affect pupils.



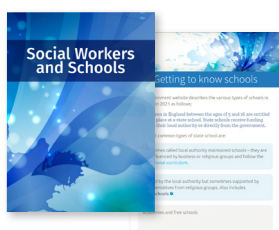
Relaxation

Features everyday exercises, visualisation tools breathing techniques and to help you relax and feel more in control.



Social Needs

Covering a range of social and wellbeing issues, including staying safe, friendships, relationships and resilience.



Social Workers and Schools

Provides guidance on aspects of education important for both schools and social workers, highlighting opportunities to share practices to support vulnerable children.



Stress and Wellbeing

A short course promoting greater staff wellbeing through identifying and managing causes of stress.



Trauma and ACEs

An introduction to the effects of trauma and adverse childhood experiences, with ideas for supporting young people and increasing their resilience.

See overleaf for more titles >

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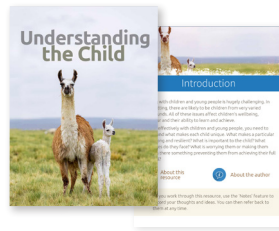
Understanding ADHD

This short course introduces teachers to ADHD and the challenges faced by pupils with ADHD.



Understanding Autism

A course intended to help deepen understanding of autism, leading to acceptance and inclusion.



Understanding the Child

Detailed information on the medical, social, cultural and developmental needs that children may have.



Understanding CSE

Promotes understanding and awareness of what child sexual exploitation is, how to spot it and how to deal with concerns.



Understanding Dyslexia

Helping school practitioners, parents and carers understand dyslexia and develop a dyslexia-friendly atmosphere.



Understanding Street Gangs

Helping school staff and adults working with children understand gang culture and support young people at risk.



Year 7 Transitions

Helping teachers and form tutors support their students through the primary-secondary transition process.

