



Mandatory England Fostering

The UK number 1 provider of online and face to face training resources specific to the mandatory england fostering care sector.

Should you see a course you wish to book Please contact us via live chat. If you are a Leaving Care employee please contact your agency direct.

1 Anti-Bullying Fostering



This course provides an in-depth look at the different types of bullying and examples of each that can help you identify whether bullying is taking place. The course also examines the different policies, procedures, and laws concerning bullying so that you are informed when dealing with any issues of bullying.

The main learning objectives of the course are as follows:

- To work successfully at home and with your school in helping to eliminate looked-after-children-related bullying
- To understand the policies around bullying
- To be able to identify when looked-after children may be being bullied and how to help and support them
- To understand and identify different types of bullying

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

2 Child Sexual Exploitation (CSE) Foundation Level Fostering Mandatory



We have a duty to protect the young people in our care from all types of abuse and to help them overcome previous abuse. This course enables carers and professionals to gain knowledge and awareness of the issues that surround child sexual exploitation (CSE) and the impact of this type of abuse, as well as what can be done to help and support victims of sexual exploitation.

The learning objectives are as follows:

- To gain an understanding of what CSE is and the different models
- To identify the key signs and indicators of risk/vulnerability for CSE
- To understand trafficking, grooming, and CSE in gangs and groups
- To be aware of the long-term and short-term impacts of CSE
- To know how and where to get help and support for children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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3 COSHH Fostering



The potential consequences of improperly managed hazardous substances in the workplace or care environment range from bodily injury to death. Therefore, following COSHH guidance can, in some circumstances, be a matter of life or death. Its importance cannot be overstated.

This course will give you the tools you need to protect yourself and those around you from the dangers of hazardous substances in the workplace.

The learning objectives for this course are as follows:

- To know how to identify hazardous substances
- To know how to recognize the potential health effects
- To know the Control of Substances Hazardous to Health (COSHH) Regulations
- To understand COSHH assessments
- To be aware of how to control hazardous substances

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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4 Equality, Diversity And Cultural Competence Fostering



The children and families that you work with in your practice will come from a wide range of backgrounds; they will be from a variety of cultures and religions; they will speak different languages and will have different sexualities or disabilities. Every child that you work with deserves equality in their care and education. This course will help you understand your cultural competency so that you can foster a diverse and inclusive setting for all.

The learning objectives for this course are as follows:

- To understand what cultural competence is and its importance in a diverse society
- To understand the need to work with children in a culturally competent manner
- To understand what equality and diversity are
- To understand how to work with individual young people in a culturally competent fashion
- To understand diversity and how an individual understands their identity

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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5 Female Genital Mutilation Level 1 Fostering



Female genital mutilation (sometimes referred to as female circumcision or FGM) refers to procedures that intentionally alter or cause injury to the female genital organs for non-medical reasons. The practice is illegal in the UK.

This course will look at the reasons for FGM, the procedures related to it and signs of it.

The learning objectives for this course are as follows:

- To understand what FGM is

- To understand the social and cultural aspects of FGM

- To be able to recognise the indicators of FGM

- To know the health consequences of FGM

- To be aware of legislation relevant to FGM

- To understand managing FGM disclosure and safeguarding

- To know how to take appropriate action if you have concerns, including appropriately reporting concerns safely and seeking advice⁴⁴

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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6 Fire Safety Fostering



This course is a comprehensive guide to understanding fires and fire safety. The course explains the cost of fires on life, businesses, and firefighters themselves, highlighting just how devastating a serious fire can be. The course offers information on how fires are started and what factors can make them spread, giving you advice and guidance on how to take the necessary measures to prevent any fires from happening, and if they do, what steps to take to ensure the safety of you and those around you.

The learning objectives are as follows:

- To understand the cost of fire

- To know what the Fire Triangle is

- To know what causes fires to spread

- To learn how to use fire extinguishers and know the different types

- To learn how to use a fire blanket

- To learn how to prevent fires

- To understand fire safety legislation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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7 First Aid Emergency Fostering



Accidents and injuries can occur at any time. Emergency services may not be able to reach casualties in time to perform initial first aid. In these cases, it is important that there is always someone in the setting who is equipped to provide emergency first aid.

This course gives an overview of emergency first aid. The course covers a range of different injuries and illnesses and provides details on how to treat them before a professional arrives. Some of these treatments can be life-saving. In the case of an emergency, always dial 999 or 112 for the emergency services.

The learning objectives for this course are as follows:

- To understand the roles and responsibilities of the first aider

- To understand how to assess the situation and circumstances in order to act safely, promptly and effectively in an emergency

- To know how to administer cardiopulmonary resuscitation (CPR) and how to use an automated external defibrillator (AED)

- To know how to administer first aid to a casualty who is unconscious including seizures

- To know how to administer first aid to a casualty who is choking

- To know how to administer first aid to a casualty who is bleeding

- To know how to administer first aid to a casualty who is suffering from shock

- To understand how to provide appropriate first aid for burns and minor injuries

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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8 First Aid Paediatric Fostering



Paediatric first aid is the immediate care given to a child or infant who has been injured or who has become ill prior to the arrival of qualified medical assistance.

In this course, we will look at paediatric first aid in more detail.

The learning objectives for this course are as follows:

- To be aware of the roles and responsibilities of the first aider

- To understand the situation and circumstances in order to act safely, promptly and effectively in an emergency

- To know how to administer cardiopulmonary resuscitation (CPR) and the use of an automated external defibrillator (AED) for an infant and child

- To know how to administer first aid to an infant or child who is unconscious, choking, suffering from head injuries, etc.

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

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9 Food Safety And Hygiene Advanced Fostering



This advanced Food Safety and Hygiene course contains essential information on all aspects of food hygiene. The course will help carers to understand the importance of correct food handling and storage, personal hygiene, preventative measures, and effective controls and procedures.

The learning objectives are as follows:

- To know what food safety and food hygiene is
- To be aware of the legislation
- To understand the role of Enforcement Officers
- To know what happens if something goes wrong
- To be aware of effective safety techniques - washing hands, protective clothing, etc.
- To know about food hazards and food poisoning
- To be aware of sources of bacteria
- To know what “cross-contamination” is
- To understand the correct temperatures
- To be aware of the process of cleaning
- To understand the various food pests
- To know the meaning of HACCP (hazard analysis and critical control points)

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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10 Food Safety And Hygiene Foundation Fostering



This Food Safety and Hygiene course contains essential information on all aspects of food hygiene. The course will help carers to understand the importance of correct food handling and storage, personal hygiene, preventative measures, and effective controls and procedures.

The learning objectives are as follows:

- To understand food safety
- To be aware of contamination
- To know about personal hygiene, cleaning, and storage
- To understand temperature control, the different types of food bacteria, and food poisoning
- To look at legislation surrounding this subject
- To be aware of correct food storage
- To be aware of food additives, allergies, and the use of EpiPens

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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11 GDPR For Foster Carers Fostering



The General Data Protection Regulation (GDPR) is a regulation in EU law on data protection and privacy. While the UK is no longer an EU member state, UK data protection laws still apply. This course will explain both GDPR and UK data protection laws. This course will explain what is covered under data protection law and how this should be applied when working with children and young people. The course also provides example case studies of GDPR breaches.

The learning objectives for this course are as follows:

- To understand the legislation and policy surrounding General Data Protection Regulation (GDPR)
- To understand GDPR in a post-Brexit sense
- To know the basic terms and principles relating to GDPR
- To know how to identify who or where the weakest link is
- To know who will be policing the GDPR
- To know what a DPO is
- To know which policies are required in relation to GDPR
- To know the first steps a carer should take

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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12 General Data Protection Regulation (GDPR) Office Based Employee Fostering



The General Data Protection Regulation (GDPR) is a regulation in EU law on data protection and privacy. While the UK is no longer an EU member state, UK data protection laws still apply. This course will explain both GDPR and UK data protection laws. This course will explain what is covered under data protection law and how this should be applied when working with children and young people. The course also provides example case studies of GDPR breaches.

The learning objectives for this course are as follows:

- To understand the legislation and policy surrounding General Data Protection Regulation (GDPR)

- To understand GDPR in a post-Brexit sense

- To know the basic terms and principles relating to GDPR

- To know how to identify who or where the weakest link is

- To know who will be policing the GDPR

- To know what a DPO is

- To know which policies are required in relation to GDPR

- To know the first steps a carer should take

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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13 General Data Protection Regulations Fostering



This course will inform you about the legislation surrounding confidentiality and privacy, most notably the Data Protection Act 2018 and the UK General Data Protection Regulations (GDPR). As someone in the foster care sector, you should be completely aware of this legislation and how it affects you and the children you are caring for. Each individual has a right to privacy and confidentiality, so it is vital that you have the most up-to-date information on these topics.

The learning objectives are as follows:

- To know the basic terms and principles involved in data protection and GDPR

- To understand UK GDPR and The Data Protection Act 2018

- To be able to identify who or where the weakest link is

- To know who will be policing the GDPR

- To know what a Data Protection Officer is

- To know which policies are required

- To know the first steps a member of staff or carer should take

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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14 Health And Nutrition Fostering



This course is a comprehensive guide to health and nutrition. The course explains the importance of having a healthy, balanced diet and gives in-depth information about the different types of food that are important to include in your diet. The course also gives advice on how to promote healthy eating and exercise in the children and young people in your care.

The learning objectives are as follows:

- To know why health and nutrition is important

- To understand health and nutrition in children and young people

- To explore the ways that settings currently promote good health and nutrition

- To know how to promote health, nutrition, and exercise in children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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15 Health And Safety Advanced Level Fostering



The aim of health and safety is to foster a safe working environment. Health and safety deals with protection mainly in safety, health, and indeed the welfare of people. However, young children are not able to assess risks properly themselves, therefore, it is vital that we know how to keep them safe. This course is a comprehensive guide to understanding health and safety. It will highlight important legislation regarding it and examine the ways in which you can ensure children are always within a safe environment so as to minimise risks.

The learning objectives are as follows:

- To know what health and safety is
- To understand health and safety legislation
- To be aware of the benefits of health and safety
- To know who enforces health and safety
- To understand risk assessment, reporting, and recording
- To be aware of hazards around the home and how to keep children safe from them

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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16 Health And Safety Fostering



The aim of health and safety is to foster a safe working environment. Health and safety deals with protection mainly in safety, health, and indeed the welfare of people. However, young children are not able to assess risks properly themselves, therefore, it is vital that we know how to keep them safe. This course will create an understanding of health and safety. It will highlight important legislation and examine the ways in which you can ensure children are always within a safe environment so as to minimise risks.

The learning objectives are as follows:

- To know what health and safety is
- To understand health and safety legislation
- To be aware of the benefits of health and safety
- To know who enforces health and safety
- To understand risk assessment, reporting, and recording

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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17 Infection Control Fostering



This course aims to provide an understanding of the obligations you have to manage the risk of infections, methods to keep you free from infections, and also the various control measures you can put into place.

The main learning objectives of the course are as follows:

- To understand what causes infections

- To know what can be done to help prevent infections

- To know how to protect yourself from infections

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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19 Manual Handling Fostering



Manual handling might be an element of your role that you do not pay much attention to. You might lift, push, pull, hold, or carry things without thinking twice about your technique. But you must understand the importance of correct manual handling. Poor manual handling practice is one of the most common causes of injury, and the injuries can be disabling and costly.

The learning objectives for this course are as follows:

- To gain an understanding of ergonomics
- To discuss the law relating to moving and handling
- To understand risk assessment in relation to moving and handling
- To know the essential considerations relating to manual handling
- To be aware of the practical skills involved in manual handling

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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20 Medication Advanced Fostering



Administering medication is often one of the most important roles of a carer, and it can be more complicated than you might first realise. This course will break down the different aspects of medication, including how to safely administer medication, store it, record it, and review labels. The course will also cover the common side effects to look out for and what to do if someone in your care has a severe reaction.

The main learning objectives of the course are as follows:

- To understand the underpinning legislation surrounding medication
- To know the six rights of medication
- To understand the types of medication and how they are used
- To be aware of medication labelling
- To know how to administer and record medication
- To understand side effects
- To know about consent and the Gillick and Fraser competency
- To understand self-administration

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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21 Medication Foundation Fostering



Administering medication is often one of the most important roles of a carer, and it can be more complicated than you might first realise.

This course will break down the different aspects of medication, including how to safely administer it, store it, record it, and review labels. The course will also cover the common side effects to look out for and what to do if someone in your care has a severe reaction.

The learning objectives are as follows:

- To know how to comply with good practice to safely administer medication
- To be aware of a range of medications, their form, and route of administration
- To be able to identify the six rights of medication
- To review a label for an over the counter medication
- To know how to safely administer and store medication
- To understand the common side effects
- To understand the action to be taken if a severe reaction is suspected
- To understand consent
- To be able to complete a Medication Administered Record (MAR)

This course provides you with the theory of safe handling of medication; practical training around how to administer medication must be provided to you by your employer to make sure you are competent.

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

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22 Psychological First Aid: Supporting Children And Young People Fostering



Psychological first aid (PFA) is used to support people during emergencies and assesses the concerns and needs of an individual by providing support when they are suffering. We have all been affected by the COVID-19 pandemic, and many of us will have noticed the effects it has had upon our mental health.

This course will explore how mental health has been affected due to COVID and how you can help children and young people who are in need of support.

The course will explain what PFA is and how it can be used effectively. Additionally, it will also consider how to communicate with children effectively whilst using an active listening approach.

The learning objectives are as follows:

- To understand what psychological first aid (PFA) is

- To be aware of the four stages of PFA

- To understand children's cognitive development and responses to stressful situations over the years

- To know how to assess and identify additional needs in children and young people

- To know how to engage in effective conversations and use an active listening approach

- To be aware of grounding techniques that children and young people can use to help them feel more safe and calm

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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23 Radicalisation And Extremism Fostering



It is important to understand what the radicalisation process looks like in order for families, friends, and communities to help prevent acts of violent extremism. This course aims to provide an understanding of what causes people to be vulnerable to radicalisation or influenced by extremism, some skills to help recognise those potentially vulnerable to radicalisation, and information on what to do if concerned about individuals.

The main learning objectives of the course are as follows:

- To understand what radicalisation is and violent extremism is
- To understand the radicalisation process
- To understand radicalisation and the internet
- To learn about the “Prevent” strand of the government’s CONTEST strategy

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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24 Reporting And Recording Advanced Level Fostering



Reporting and recording are a necessity, and the accurate recording of information in a child or young person's life is one of the most important elements of a carer's role.

This advanced course will look at exactly why keeping records and writing reports is so important. It will help the learners to understand how to record precisely and accurately.

The main learning objectives of the course are as follows:

- To understand the purpose of recording
- To know the stakeholders in recording
- To be aware of ethical recording issues
- To understand the difference between fact, opinion and judgement
- To understand the records lifecycle
- To understand key recording principles

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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25 Reporting And Recording Fostering



The importance of keeping records in foster care cannot be overstated. Each child has arrived in the care system with unique circumstances that are complex and may involve neglect and abuse, and to keep the young person safe and to promote their wellbeing requires good communication by everyone involved in the care of the child. This means that good recording and report writing is a must.

This course will look at the requirements of record-keeping, how to meet those requirements and how to use those records and reports to help improve your day-to-day practice.

The learning objectives for this course are as follows:

- To understand the importance of good recording
- To be aware of national minimum standards
- To know how to record with integrity
- To know report writing skills
- To understand reflective practice and analytical skills
- To know about confidentiality and data protection
- To understand the relationship between safeguarding and recording

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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26 Risk Management And Safer Caring Fostering



There's always going to be risks. It's impossible to be completely risk-averse. Because of this, carers need to be smart when it comes to managing that risk. This course enables carers to understand the nature of risk and to develop knowledge and confidence to assess and manage the risks that are an inevitable part of their work.

The main learning objectives of the course are as follows:

- To know the meaning of safer caring
- To explore safer caring scenarios
- To be aware of delegated authority
- To know how to minimise the risk of allegations

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27 Safeguarding Adults Level 1 Fostering



In this course, learners can find out more about safeguarding adults, the law, and best practice.

The learning objectives are as follows:

- To understand what safeguarding is and be able to recognise it
- To understand abuse, neglect, harm, and vulnerability
- To be aware of safeguarding law and legislation
- To know how to deal with safeguarding concerns
- To gain a good understanding of modern slavery and trafficking and the Prevent Strategy
- To be aware of the honour-based abuse practices

We also have an advanced version of the course available intended for senior carers.

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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28 Safeguarding Adults Level 2 Fostering



In this course, learners can find out more about safeguarding adults, the law, and best practice. This course provides an in-depth understanding of abuse, the role of the Prevent Strategy, and managing concerns and risks relating to honour-based abuse and modern slavery.

The learning objectives are as follows:

- To understand safeguarding requirements

- To gain an in-depth understanding of abuse, neglect, harm, and vulnerability

- To know how to manage safeguarding law/legislation and its application

- To know how to manage capacity and consent

- To know how to manage and risk assess safeguarding concerns

- To understand the role of the Prevent Strategy

- To know how to safeguard concerns and manage concerns and risks associated with honour-based abuse

- To know how to safeguard concerns and manage concerns and risks associated with modern slavery and trafficking

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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29 Safeguarding Children Advanced Level Fostering



This is the advanced version of the Safeguarding Children course. This course takes a comprehensive look at the different types of abuse and neglect children and young people face, and the relevant safeguarding legislation and guidance that you have to follow. There is also advice on how you should manage and record any safeguarding concerns.

The learning objectives are as follows:

- To refresh your understanding of abuse and neglect
- To be aware of safeguarding legislation and guidance
- To understand the management of safeguarding concerns
- To be aware of support mechanisms

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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30 Safeguarding Children Foundation Fostering



Children may be vulnerable to neglect and abuse or exploitation from within their family and from individuals they come across in their day-to-day lives.

In this course, learners can find out more about safeguarding children, the law, and best practice.

The learning objectives are as follows:

To know the different types of abuse

To know the symptoms associated with abuse

To know what to do if a child discloses that they are being, or have been, abused

To understand the process of recording, reporting, and recordkeeping

To be able to recognise the signs of abuse

To understand the duty of care for carers

To understand the whistle-blowing process

To know the groups and agencies involved in the protection of the child

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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31 Safeguarding Children With Learning Disabilities Fostering



This course covers the various types of learning difficulties, as well as their different causes. By understanding all you can about learning disabilities, you can ensure the child or young person gets the right help to overcome challenges and succeed in life. The course also explores the different forms of abuse children with learning disabilities experience, and it gives advice and guidance for how professionals should respond to such abuse.

The main learning objectives of the course are as follows:

- To understand what a learning disability is
- To know the different types of learning disabilities
- To understand the domains of abuse
- To know about the prevalence of the abuse of learning-disabled children
- To understand the implications of abuse for a learning-disabled child
- To know about the responses required from professionals and others involved with learning-disabled children in order to adequately protect them
- To know about the barriers to both detection and disclosure, of the abuse of learning-disabled children

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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32 Self-Harming Behaviours Fostering



This course, which is suitable for anyone working with young people, will look at the stereotypes, myths, and reality of self-harm. It will also examine young people's experiences, the assessment and management of risk, and building resilience in practice.

The learning objectives are as follows:

- To know what self-harm is

- To know who self-harm affects

- To recognise what might cause children to self-harm

- To be aware of what can be done to help and support people who self-harm

- To be able to manage the impact of self-harm as an individual and as a care environment

- To be aware of useful interventions for working with young people who self-harm, and promoting empowerment

- To be able to manage and assess risk

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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