



**The UK number 1 provider of online and face to face training resources specific to the specialist online courses fostering care sector.**

Should you see a course you wish to book Please contact us via live chat. If you are a Leaving Care employee please contact your agency direct.

# 1 Active Listening Skills Fostering

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This course examines what is truly meant by listening and in particular, active listening. The signs of active listening are explored and there is advice and guidance on how to display you are actively listening to somebody else. The course also analyses what might prevent effective listening or make it difficult, and offers advice on how to overcome this.

The main learning objectives of the course are as follows:

- To know the difference between listening and hearing
- To know what active listening is
- To know the signs of active listening
- To know the key active listening techniques
- To be aware of barriers to effective listening

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 2 ADHD Fostering

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This course identifies the signs that a young person may have ADHD and gives advice on how to support and communicate with these young people.

The main learning objectives of the course are as follows:

- To understand what ADHD is and what causes ADHD
- To improve your understanding of the diagnosis of ADHD
- To explore additional problems and certain behaviours associated with ADHD
- To be aware of how you can help and what you can do
- To gain an understanding of treatment, medication, and strategies linked with ADHD

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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### 3 Adolescent Development Fostering

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Adolescence can be a difficult and challenging time in a young person's development. This course offers advice and guidance on how you can understand teenagers' emotions and behaviours and what you can do to foster a good relationship with them. The course also explores conflict management and how to build independence and self-esteem in young people.

The learning objectives are as follows:

- To understand the physical, emotional, and social development and nature of adolescence

- To be aware of crucial information about the importance of developing relationships through trust, communication, and listening

- To understand teenage emotions and behaviours

- To know how to deal with conflict

- To understand how to build identity and self-esteem in teenagers

- To know how to promote independence by establishing boundaries, expectations, and appropriate risk-taking

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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### 4 Adolescent To Parent Violence And Abuse

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This course is designed to increase the understanding of and professional responses to adolescent to parent violence and abuse (APVA). The course gives a comprehensive insight into APVA, its prevalence, and the legal response to it. The course will also inform you about the impact of APVA and what you can do to identify signs of APVA and respond accordingly.

The main learning objectives of the course are as follows:

- To know what Adolescent to Parent Violence (APVA) is
- To know the research and statistics around APVA
- To understand the Police and Criminal Justice Response to APVA
- To be aware of barriers, needs, and vulnerabilities
- To know the impact of domestic abuse and APVA on children
- To be aware of key risk factors and red flags
- To understand home interventions
- To understand risk and needs assessment
- To understand support and safety planning
- To know the importance of taking care of yourself
- To be aware of the national helplines and organisations

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 5 Adoption And Permanence

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This course explains the meaning of permanence in care planning and provides information about the legalities behind it. It also describes the different permanence options that exist and explains the methods that can be used with children, young people, and families in the adoption and permanence planning process.

The learning objectives are as follows:

To understand the concept of permanence in the context of care planning and promote the healthy emotional, cognitive, and physical development of children

To describe the legal framework for permanence planning

To describe the range of permanence options for children, including maintaining children safely within their own families

To explore methods of engaging children and their families in the planning process

To ensure plans for children and young people are based on their individual needs

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 6 Adoption Fostering

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This course aims to increase understanding of the role of permanence in children's lives and enable participants to make permanence plans geared to improving the outcomes for children and young people.

The main learning objectives of the course are as follows:

- To understand the concept of permanence in the context of care planning and promote the healthy emotional, cognitive, and physical development of children
- To describe the legal framework for permanence planning
- To describe the range of permanence options for children, including maintaining children safely within their own families
- To explore methods of engaging children and their families in the planning process
- To ensure plans for children and young people are based on their individual needs

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 7 Advanced Practitioner Fostering

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With a relentless pursuit of excellence and by making sure services provide a truly child-centred social work practice, this course will enable carers to understand how to effectively work with colleagues, teams, and other agencies to make sure children in need are at the heart of the work they do.

The learning objectives are as follows:

- To use and develop strengths that promote communication within social work teams
- To promote personal development
- To champion equality, diversity, and inclusion of all teams and networks of agencies
- To learn how to work in partnership with key partners and agencies
- To understand the assessment skills of social workers with children in need

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 8 Advanced Safer Caring And Risk Management Fostering

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In your line of work, you may care for children who have experienced trauma and adversity early on in life. It is important to care for traumatised children from a safer carer perspective to minimise risks and develop resiliency. There's always going to be risks. Because of this, carers need to be smart when it comes to managing those risks. This course enables carers to understand the nature of safer caring and to develop knowledge and confidence to assess and manage the risks that are an inevitable part of their work.

The learning objectives are as follows:

- To understand advanced safer caring
- To be aware of the recovery process after post-traumatic stress
- To be aware of vulnerability and resilience
- To know how to understand, prevent, and treat secondary traumatic stress disorders
- To be aware of the complaints and allegations process
- To understand risk
- To know how to assess and manage risks

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 9 Adverse Childhood Experiences Fostering

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This course explores the prevalence and impact of trauma in children. The course explains how trauma affects a child's developing brain and how this manifests itself in their behaviour. There is also advice and guidance on how to work with children who have been affected by trauma.

The main learning objectives of the course are as follows:

- To be aware of statistics about childhood trauma
- To learn about a child's developing brain
- To learn how stress can impact the brain and our responses
- To understand trauma and triggers
- To understand post-traumatic stress disorder
- To know how you can make a difference
- To learn some ideas to help keep the brain calm

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 10 Advocacy Training Fostering

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Young people do not always feel listened to or involved in care planning decisions. This is why an advocate can be so important. Advocacy is about representing the views, wishes, and needs of children and young people to decision-makers and helping them to navigate the system. Children have a right to an advocate to speak on their behalf in their dealings with the care system.

This course will explain advocacy and the roles and responsibilities of an independent advocate. It will also explain what makes a great advocate and the different kinds of advocacy available.

The main learning objectives of the course are as follows:

- To understand independent advocacy
- To understand the roles and responsibilities of an independent advocate
- To explain principles and values underpinning independent advocacy
- To understand advocacy standards
- To be able to explain different types of advocacy support and their purpose

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 11 Alcohol Awareness Foster Care

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This course will equip carers and staff with knowledge about alcohol to ensure that they know how to work with and support young people effectively.

The main learning objectives of the course are as follows:

To understand the different levels of drinking and what problem drinking is

To recognise how alcohol works on the body

To understand blood alcohol content and how to calculate alcohol units

To be aware of the potential health and social implications

To understand the treatment options available

To know about myths and facts

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 12 An Introduction To Child Sexual Exploitation And Child Abuse Fostering

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Whether you are a seasoned professional or brand new to this subject, this module is a great place to start. The course will take learners through the evolving definitions of child sexual exploitation, child sexual abuse, and the Sexual Offences Act (2003), giving examples of how the definitions and terminology are operationalised and employed in practice.

Serious case reviews focused on CSE are explored, compared, and used to provide examples of exploitation in the UK of children under the age of eighteen. At the end of this module, a discussion surrounding the safeguarding duties of professionals considers both best practice and how to improve our responses to concerns about a child.

The main learning objectives of the course are as follows:

- To understand the definitions and terminology used in child sexual exploitation and abuse
- To understand the history and context of child sexual exploitation in the UK
- To explore serious case reviews and inquiries to provide case examples
- To understand how to respond to concerns about a child

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 13 Analytical Report Writing Skills For Supervising Social Workers In Fostering

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This course is aimed towards supervising social workers or an equivalent position, where report writing is a regular necessity.

Supervising social workers will learn how to write clearly and incisively, using the page layout and sentence structure which would be expected from a professional report.

They will learn methods of writing to ensure that they use language which provokes the correct response from the audience and will understand what should and shouldn't be included in a report.

The learning objectives for this course are as follows:

- To understand the difference between report writing and analytical report writing

- To understand family history

- To understand skills development

- To be aware of the positive and negative skills of report writing

- To understand the significance of analytical report writing

- To know how to show competence in analytical report writing

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 14 Anti-Fraud, Bribery And Corruption Fostering

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Fraud, bribery, and corruption have damaging effects on individuals and organisations in the workplace. This course explains the risks and effects of fraud within an organisation, whilst also highlighting the importance of how a Counter Fraud Specialist can help your organisation. This course offers advice on The Bribery Act (2010), and outlines the steps you and your organisation can take to combat corruption.

The learning objectives are as followed:

To understand the terms counter fraud, bribery, and corruption

To be aware of the risk of fraud, bribery, and corruption that can occur within organisations

To have an awareness of the responsibilities of Counter Fraud Specialities

To understand your responsibilities under the Bribery Act

To be aware of what you should do if you have concerns regarding fraud, bribery, or corruption

To know what you should not do if you have concerns regarding fraud, bribery, or corruption

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 15 Anti-social Behaviour And Mental Health Fostering

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A significant proportion of anti-social behaviour (ASB) cases involve mental health to some degree. The need, however, may or may not be formally diagnosed, and this is one of the many issues that make dealing with ASB of this kind particularly complex.

Dealing with cases in which mental health plays a part, either for the victim or the perpetrator, is one of the greatest challenges for ASB practitioners.

In this course, learners can find out more about managing ASB.

The learning objectives are as follows:

- To understand perspectives around mental health
- To know the types of mental health conditions
- To identify mental health issues in anti-social behaviour cases
- To be aware of the various legislation
- To know how to identify risk and vulnerability
- To know how to communicate and support people with mental health issues and tackle anti-social behaviour
- To understand partnership working
- To understand information sharing

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 16 Anxiety And Depression Fostering

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Depression and anxiety affect young children, teenagers, and adults across the UK. This course explains what anxiety and depression are, including what causes them and what the symptoms are. This course also provides information on how you can spot depression and anxiety, whilst providing some steps you can take to manage them.

The learning objectives are as followed:

- To understand what stress and anxiety are
- To know what the symptoms of stress and anxiety are
- To know how to support someone with stress or anxiety
- To understand what depression is
- To know the clinical features of depression
- To be able to recognise the signs of depression
- To be aware of what causes depression
- To know how to manage depression

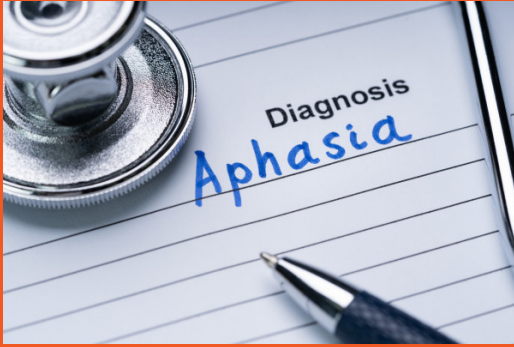
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## 17 Aphasia Fostering

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Aphasia is when a person has difficulty with their language or speech. It's usually caused by damage to the left side of the brain (for example, after a stroke).

Aphasia affects people of all ages, including children. But since strokes are the most common cause of aphasia, the majority of people with aphasia are middle-aged or older.

In this course, learners will find out more about aphasia and how to help those with aphasia.

The learning objectives are as follows:

- To understand aphasia and dysphasia
- To know the types, symptoms, and causes of aphasia
- To understand how it feels to have aphasia
- To be aware of the diagnosis and outlook for someone with aphasia
- To be aware of the treatments available
- To understand communication and other forms of communication
- To know how to prevent aphasia
- To understand the best advice for carers
- To be aware of the ongoing research

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 18 Appropriate Adult (Fostering)

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This course aims to ensure that professionals supporting children are able to represent the child and their agency in a professional and responsible manner and are able to ensure that the rights of the detained person are observed.

The main learning objectives of the course are as follows:

- To provide caregivers with a thorough knowledge of the role of an Appropriate Adult in respect of the Police and Criminal Evidence Act 1984

- To ensure carers are aware of the rights of young people whilst in police custody

- To assist carers to provide young people with the right level of support whilst in police custody

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 19 Asbestos Awareness - Fostering

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Asbestos is a term for a group of minerals made of microscopic fibres. It was widely used in construction and other industries until the late 1990s. When these materials are damaged or disturbed, tiny asbestos fibres can be released into the air and breathed into your lungs.

In this course, learners can find out more about asbestos, the various related diseases, the legislation, and the process of asbestos removal.

The learning objectives are as follows:

To know what asbestos is

To be aware of asbestos-related disorders

To know who is most at risk

To be aware of the history of asbestos

To know how to identify asbestos

To be aware of the legislation

To understand the process of asbestos removal

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations



## 20 Aspiration And Strengths-Based Approaches Fostering

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This course will allow practitioners and carers to explore aspiration and strengths-based approaches to improve the life outcomes of children and young people in their care. It also includes research about multiple intelligences, solution-focused therapy, and social pedagogy. This course focuses on promoting healthy aspirations for those in care that fit their goals and dreams.

The learning objectives are as follows:

- To understand aspirations for looked after children and young people

- To be aware of the strengths-based approach

- To understand solution-focused therapy

- To be aware of the multiple intelligences model

- To understand social pedagogical models

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 21 Assessing And Managing Risk Fostering

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This course enables carers to understand the nature of risk and to develop knowledge and confidence to assess and manage the risks that are an inevitable part of their work.

The learning objectives are as follows:

To understand the nature of risk

To gain an awareness of the need for safer working and how it is provided

To develop knowledge and confidence in assessing and managing risk

To be aware of issues in assessing and managing risk when working with children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

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## 22 Assessing The Needs Of Children In Situations Of Parental Learning Disabilities Fostering

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Although the same approach should be taken to protecting all children, where a parent has a learning disability, it is likely that the family's circumstances will be more complex and that the family will be receiving input from both adult social care and children's services.

In this course, we will find out more about how to assess the needs of children in situations of parental learning disabilities.

The learning objectives for this course are as follows:

- To understand what learning disabilities mean for parenting and safeguarding
- To be aware of the risk factors facing learning-disabled parents from a transactional perspective
- To know how to work effectively with learning-disabled parents to ensure safety for their children
- To be aware of current research knowledge in relation to learning-disabled parents and safeguarding
- To understand risk assessment frameworks where parents have a learning disability
- To know how to access assessment tools designed for work with parents with a learning disability
- To be aware of the roles of different professionals within the process of assessment and safeguarding

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

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## 23 Assessing The Needs Of Children Of Substance Or Alcohol Misusing Parents Fostering

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Substance misusers harm their own physical and mental health and well-being and undermine their ability to support themselves and contribute to the economy.

As a secondary effect, they harm their families' lives by damaging the health and well-being of their children, and they place a burden of care on other relatives (including their children).

The long-term effects on children and their well-being are very worrying indeed.

In this course, we will find out more about how to assess the needs of children who have been affected by their parents' substance and alcohol misuse.

The learning objectives for this course are as follows:

- To understand different drugs, their effects, and potential impact on parenting capacity

- To consider how attitudes and values may affect our responses where parents are using drugs and/or alcohol

- To be aware of research findings which identify the impact of parental substance use on children and to use this research to inform an assessment of need

- To know the factors to take into account when assessing parents who use drugs and/or alcohol and how this can be included in effective, child-focused plans

- To be aware of approaches more likely to engage parents in addressing drug/alcohol problems

- To know how to promote effective multi-agency networking to inform the assessment process

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 24 Assessment And Analysis For Social Workers Fostering

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This course explores the importance of analysis and critical thinking in assessment. It also explains what analytical assessment should look like and focuses on the different systems and structures that impact on social work practice.

The learning objectives are as follows:

To understand analysis and critical thinking in assessment

To know what analytical assessment looks like

To understand thinking and analysing in practice

To know the importance of supervision in the assessment process

To know how systems and structures impact on social work practice

To understand the role of leadership and management

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

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## 25 Assessment And Approval Of Foster Carers Fostering

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This course aims to give an overview of the process of assessing and approving carers to look after young people.

The process is broken down into parts and will look at the complexity of gathering information to assist in the recruitment of carers.

The learning objectives are as follows:

To know the process of responding to initial enquiries

To understand stage one of the assessment

To be aware of checks and references

To understand the importance of the training course

To understand stage two of the assessment

To understand the panel recommendation

To know what happens after the panel recommendation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 26 Asthma In Young People Fostering

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This course will help you stay up to date with the latest developments in asthma research, as well as discussing various strategies to manage asthma and offer support to young people with asthma.

The main learning objectives of the course are as follows:

To know what asthma is

To know what causes asthma

To know when asthma usually begins

To be able to recognise the signs of asthma

To know how to manage asthma

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

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## 27 Atheism Fostering

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### *What is atheism, and who are atheists?*

Lots of people today feel that religions are just based on stories from the past and that gods do not actually exist.

Atheists are described as people who do not need religious explanations or the promise of an afterlife to see value in the human experience.

There have been atheists for as long as there have been people who believe that God exists. Atheism is not a religion, and atheists come from all sorts of different backgrounds.

In this course, you can learn more about the different aspects of atheism.

The learning objectives are as follows:

- To know what atheism is
- To understand atheism and humanism
- To understand the beliefs
- To be aware of the varieties of atheism
- To know the history of atheism
- To be aware of famous atheists
- To understand the rites and rituals

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 28 Attachment And Child Development Fostering

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This course is a comprehensive guide to understanding attachment and its impacts on child development. The course explains “Attachment Theory” and highlights academic theory from the 20th to the 21st century from academics across the globe. The course explores the impact of neglect and/or abuse on a child as they develop from birth up to young adulthood and shows how caregivers can negate the effects of this neglect and/or abuse with helpful techniques and skills. The role of the caregiver, the family, and the child’s surroundings are also brought to the forefront to show their impact and importance on a child’s development.

The learning objectives are as follows:

To understand the key principles of attachment and bonding critical for healthy development

To explore how experiences in earlier relationships create internal working models and attachment styles that systematically affect future relationships

To understand how healthy attachment is facilitated

To understand the impact of separation, loss, neglect, and abuse on children’s development and their capacity to form attachments

To explore the consequent challenging behaviours

To use an attachment perspective to enhance child-carer relationships

To understand the key developmental theories and milestones in childhood

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

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## 29 Attachment And Loss Fostering

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The immediate caregivers of babies and children play the most important role in helping them develop a sense of self. The quality of those relationships has a profound effect on children's socio-emotional development, personality formation, and social competence. This course is a comprehensive guide to attachment and knowing how to promote positive attachment relationships. It also explains how loss and trauma can impact child development and what you can do to intervene and help children and young people that have experienced trauma early on in life. The course includes advice on intervention methods such as teaching and modelling appropriate social behaviours, being consistent and predictable, and having realistic expectations.

The learning objectives are as follows:

- To understand the attachment process

- To know how to promote positive attachment relationships

- To be aware of the impact of trauma, separation, and loss on child development

- To understand how intervention can help children and young people who have been traumatised by early life experiences

- To know how to use an attachment perspective to enhance child-carer relationships

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 30 Attachment And Therapeutic Parenting Techniques Fostering

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The immediate caregivers of babies and children play the most important role in helping them develop a sense of self. The quality of those relationships has a profound effect on children's socio-emotional development, personality formation, and social competence. This course is a comprehensive guide to attachment and knowing how to promote positive attachment relationships. The course includes advice on therapeutic parenting techniques such as teaching and modelling appropriate social behaviours, being consistent and predictable, and having realistic expectations.

The learning objectives are as follows:

- To be aware of the key principles of attachment and bonding that are critical for healthy development

- To know how healthy attachment is facilitated

- To understand the various ways that neglect and abuse negatively influence attachment

- To know how you can help children with attachment difficulties

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 31 Autism Spectrum Disorder Fostering

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This training course is aimed at people who look after young people that have autism. They will gain a better understanding of what autism is and the effect it can have on young people. There is also advice and guidance on how to care for children with autism.

The main learning objectives of the course are as follows:

- To understand the term 'Autistic Spectrum Disorder' (ASD)
- To increase awareness of the challenges associated with ASD and the 'Triad of Impairments'
- To effectively understand the ASD perspective
- To gain a better understanding of triggers and behaviours
- To be able to "think and speak autistic" (Lawson)

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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## 32 Babies Withdrawing From Addictions Fostering

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This course explores the issues that arise when a mother consumes alcohol or drugs whilst pregnant. The course explains how and why babies are affected in the womb and the problems that are likely to develop for the child when it is born. The course also gives advice and guidance on how to best care for babies suffering from such issues.

The main learning objectives of the course are as follows:

- To understand how babies are affected in the womb
- To understand the effects on the nervous system
- To know what this means for those caring for a drug and alcohol-addicted baby
- To know how to support these babies
- To be aware of support for carers and staff

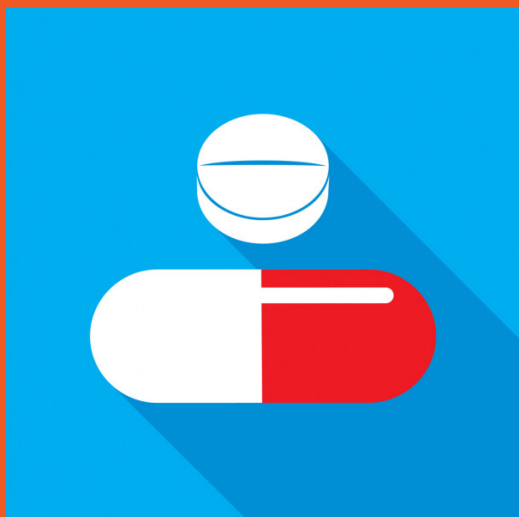
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 33 Basic Life Support Fostering

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First Aid is the initial treatment given to someone who is injured or sick, prior to professional medical assistance.

The course will help carers to understand essential first aid techniques in more detail.

The learning objectives are as follows:

- To understand the role and responsibilities of a first aider

- To be able to assess an incident

- To be able to manage an unresponsive casualty who is breathing normally

- To be able to recognise a casualty with seizures

- To be able to manage an unresponsive casualty who is not breathing normally

- To know correct AED placement

- To be able to recognise and assist a casualty who is choking

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 34 Becoming Independent And Childrens Rights Fostering

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This course aims to provide learners with essential information about children's rights (particularly at each age) and the steps young people will need to take to find a job or training after the age of 16.

The learning objectives are as follows:

- To know what agencies exist for advice and guidance and to explore each of them
- To gain knowledge of job centres and training providers
- To understand age-appropriate rights and responsibilities
- To have a basic understanding of the law

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 35 Birth Children Fostering

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This course explores the issues that may arise for the birth children of foster parents. The course also offers advice to foster parents on the difference between managing the behaviour of their birth children and foster children and how best to support their birth children through the fostering experience.

The main learning objectives of the course are as follows:

To know the challenges and dilemmas faced by birth children and the possible change in culture

To know how managing looked-after children's behaviour is different to managing birth children's

To be aware of the relationships with fostered children

To look at the issues surrounding placement endings

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 36 Biting Fostering

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Biting is not abnormal, but it can be upsetting for parents.

Biting is a very common behaviour among toddlers, which means there are a lot of concerned parents out there. You are not alone. The good news is that there is a lot that parents and caregivers can do to reduce and, ultimately, eliminate biting. We will cover the types of biter and strategies in this course.

The learning objectives are as follows:

- To explore the relationship between child development, aggressive behaviour, and biting
- To know the 'types' of biters
- To know what to do when a child bites
- To be aware of strategies to effectively prevent biting

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 37 Black Lives Matter Fostering

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This course takes an in-depth look into the history of race relations and racism in Britain and provides a context for the current tensions and inequalities that exist. Relevant legislation and enquiries are also explained, including the Equality Act and the Lammy Review. The origin and actions of Black Lives Matters are also explored, alongside major events in British race relations including the murder of Stephen Lawrence and the Grenfell Fire.

The learning objectives are as follows:

To be aware of the evolvement of race relations in Britain

To know about the UK Equality Act

To understand what led to the issues associated with Black Lives Matter

To be aware of government failures, legal reviews, and enquiries

To know what Black Lives Matters means

To understand what remedial action can be taken to address racial issues in the UK

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 38 Body Language And Eye Contact Fostering

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This course explains what is meant by body language and gives information and advice about the best body language to use when communicating with others. Eye contact and its importance is also explored, as well as what is meant by personal space and why it is important to respect it.

The main learning objectives of the course are as follows:

- To know what body language is
- To understand gestures
- To understand closed and open postures
- To understand the importance of facial expressions
- To understand the importance of eye contact
- To understand personal space

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 39 Breast Ironing Fostering

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This course explains what breast ironing is, what cultures it is prominent in, its existence in the UK, and the implications it has on young girls. The course also provides helpful advice for how you can identify whether a girl is a victim of breast ironing and the best actions to take to ensure that they are supported.

The main learning objectives of the course are as follows:

- To understand what breast ironing is
- To understand who practises breast ironing
- To understand the health consequences of breast ironing
- To learn how to spot the signs and symptoms of breast ironing
- To learn how to support a child survivor of breast ironing
- To learn how to safeguard and report any concerns

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 40 Building Body Confidence Fostering

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This course is a comprehensive guide to helping children and young people build body confidence. The course explains what is meant by body confidence and other related issues such as self-esteem. There are useful tips and pieces of advice for how to help young people build their self-confidence and cope with bullying.

The learning objectives are as follows:

To know what body confidence is

To understand body confidence, self-esteem, and mental health

To understand the importance of learning to love yourself

To understand the power of words

To be aware of the difficulties of living in a world obsessed with the media and the distortion of beauty

To understand the concept of 'the real me' and inner beauty

To address sexuality, gender, and disabilities

To be aware of bullying about appearance

To be aware of teasing at home - from banter to bullying



## 41 Building Resilience Fostering

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Whatever has gone wrong in the lives of young people in the past, in order to develop as successful adults, they need help to overcome the adversity they have experienced. Some young people will require expert therapy to help them deal with what has happened in their lives. Carers play an important part in helping children make use of the qualities of resilience - the strengths or protective factors which can help a child overcome adversity and enhance self-esteem. In this course, learners will find out more about building resilience.

The learning objectives are as follows:

To look at resilience in relation to recovery from childhood trauma

To examine resilience in the context of the child's various social networks

To identify factors that contribute to resilience

To plan ways of building on the child's strengths and increasing resilience

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 42 Care Act 2014 Fostering

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This course provides a comprehensive insight into the Care Act 2014. This course will help increase your understanding of the duties the Act places on children's services and explains how to put the principles of the Act into practice. Assessments and their timings are also explained.

The main learning objectives of the course are as follows:

- To understand the duty the Care Act places on services
- To identify the key principles of the Care Act
- To gain an understanding of what these principles mean in practice
- To understand the timings of assessments

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 43 Care Planning And Permanence Fostering

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This course is a comprehensive guide to care planning and permanence. The course examines the legislation and guidance for the care planning process and the different permanency options that exist. The course also explains the impact of different permanency options and how best to plan for the children and young people in your care.

The learning objectives are as follows:

- To understand how legislation and guidance inform the care planning process for children within the Public Law Outline (PLO) process

- To know the implications of the various permanency options and factors to consider when developing child-centred plans

- To be aware of the relevant research

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 44 Caring For & Working With Teenager Part 1 Fostering

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This course equips those that care for teenagers with the knowledge and skills to understand how attachment forms during adolescence. You'll learn about the impact that adverse childhood experiences have on individuals mentally, physically, and the brain structuring that takes place. The content also covers the different ways that you can assist adolescents with attachment difficulties.

The main learning objectives of the course are as follows:

- To be aware of the challenges and strengths of adolescence

- To know what happens to the brain during adolescence, including “synaptic pruning” and the impact this has

- To understand attachment in adolescence

- To be aware of the impact of adverse childhood experiences

- To know how to help adolescents with attachment difficulties

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 45 Caring for Asylum-Seeking and Refugee Children Fostering

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Young refugees and asylum seekers are amongst the most vulnerable groups of children and young people in care. This is largely due to their experience of war and conflict, as well as adapting to a new environment, usually unable to speak English. This course will enable participants to make a distinction between refugees and asylum seekers, and address the misconceptions that are prevalent.

The main learning objectives of the course are as follows:

- To improve your understanding of the experiences and meaning of being an unaccompanied asylum-seeking or refugee child
- To explore the UK asylum-seeking process and legal framework
- To increase your awareness of the needs of asylum-seeking and refugee children
- To examine how to meet the needs of unaccompanied asylum-seeking and refugee children more effectively

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 46 Caring For Black And Ethnic Minority Children In Care Fostering

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In the UK there is a high number of children from black and minority ethnic origins in care and the numbers are increasing over time. This course is a guide to understanding race, ethnicity, and identity. The course will look at how carers can meet their children's needs, so that they can go on to grow into healthy adults who are confident and proud of who they are. Additionally, this course will discuss what to do should a child in care experience racism.

The learning objectives are as follows:

- To understand race, ethnicity, and identity
- To know how to help a young person develop a positive racial identity
- To know how to create a more positive environment
- To know how to find commonality and acknowledge positive differences
- To understand practical advice

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 47 Caring For Children With Specific Needs - Learning Disabilities, Autism & ADHD Fostering

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Learning disabilities affect the way children and young people develop, as their understanding of information and how they communicate will be very different to a child who does not have a learning disability. This course is a comprehensive guide to caring for the children and young people in your care who have learning disabilities, specifically focussing on autism and attention deficit hyperactivity disorder (ADHD). This course explores what a learning disability is, how it will affect a child's development, and most importantly, what practical support you can give the child or young person in your care.

The learning objectives are as follows:

To understand what learning disabilities are

To know the types of learning disabilities

To know how to support children with a learning disability

To understand what autism is

To understand what attention deficit hyperactivity disorder (ADHD) is

To understand social understanding and behaviour in children and young people with learning disabilities

To understand verbal and non-verbal communication

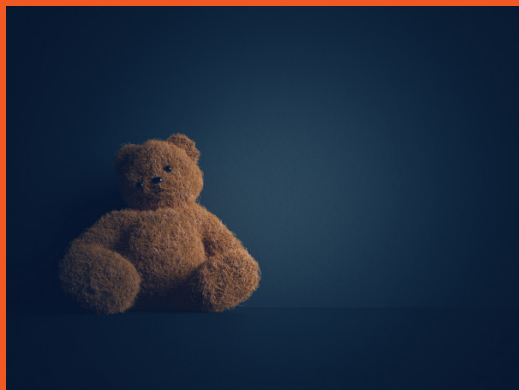
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 48 Caring For Sexually Abused Children Fostering

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Caring for children who have been sexually abused is demanding and challenging, and carers cannot be left to manage this alone. This course will enable carers to establish effective partnerships with young people, providing them with information they can understand and use and arranging for practical parenting support that directly relates to the needs of these children.

The main learning objectives of the course are as follows:

- To gain greater awareness of up-to-date definitions of sexual abuse in an electronic age

- To develop a greater understanding of a sexually abused child's experience in the context of their wider life

- To identify the continuing care needs of children

- To plan ways of building on the child's strengths and increasing self-esteem in light of abuse

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 49 Caring For The Carers Fostering

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A carer is anyone who cares (unpaid) for a friend or family member who due to illness, disability, a mental health problem, or an addiction cannot cope without their support. Anyone can be a carer, and supporting others can be mentally and physically exhausting.

This course will look at who these informal carers are and the importance of them getting support. Caring for someone else can affect your mental health, and this course will examine how carers can look after themselves and where they can find support. Finally, the course will look at bereavement and life after caring.

The learning objectives for this course are as follows:

- To recognise informal carers in our society
- To understand the importance of ongoing support and education
- To know how supporting someone else can affect mental health
- To know how to look after yourself
- To know how to offer carer-to-carer support
- To understand the effects of bereavement and adjusting to life following the end of a caring role

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 50 Caring For Traumatised Children Fostering

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Children in the care system may have experienced traumatic experiences. In this course, learners can find out more about caring for traumatised children.

The learning objectives are as follows:

- To understand the key principles of trauma

- To know the impact of overwhelming stress and trauma on child development

- To be aware of strategies which support the healing of children who have suffered traumatic experiences

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 51 Caring For Young People With Sexualised Behaviour Fostering

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This course is a comprehensive guide to understanding sexualised behaviour in young people and children. The course will highlight specific sexualised behaviours within children and how to identify the risks these might present. The course also explores the different therapeutic interventions that will help children and young people develop healthy attitudes and beliefs around sexuality.

The learning objectives are as follows:

To understand the term “sexualised behaviour” and to explore the range of behaviours that can be demonstrated by individual children and young people

To recognise problematic, dangerous, and age-appropriate behaviours

To develop the understanding and skills needed to provide a therapeutic caring environment, therapeutic care, and/or intervention to address problematic sexualised behaviour whilst protecting the young person, other young people, and ourselves

To prioritise the welfare and safety of the child (underpinned by the Children Act 1989) and review our responsibilities and appropriate child safeguarding procedure

To develop an understanding of the role social and environmental influences have on the behaviour of vulnerable children and young people, their understanding of sex and relationships, and what children and young people deem to be age-appropriate behaviour or aspirational behaviours

To identify best practice and provide therapeutic intervention and care depending on the professional role and responsibilities to the child/young person

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 52 Case Recording, QA And Benchmarking Social Workers Fostering

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Social workers are required to evidence their work with children and families and use the information gathered to improve and monitor best practice.

By the end of the course, participants will be able:

- To appreciate the need to keep clear and accurate records, in compliance with the updated data protection act (GDPR)

- To understand the use of auditing and how this can assist you in gaining a holistic picture of what is happening with the children on your caseload and how to make the best use of regular monitoring

- To take into consideration evidenced best practice as a benchmark for good and outstanding standards

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 53 Catfishing Fostering

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In today's digital age, it is very easy to assume a different identity online to gain someone's trust. This is known as catfishing. Catfishing can have negative consequences, so it's very important that carers protect the children and young people in their care from those with malicious purposes.

This course has been designed to educate carers on the dangers of catfishing and offers suggestions on preventing a young person from being catfished.

The learning objectives are as follows:

To understand catfishing

To know why people catfish and the dangers associated with it

To understand how to spot a catfish online

To know how to prevent catfishing

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 54 Child Abuse And Neglect Fostering

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This course is a comprehensive guide to child abuse and neglect. The course goes into detail about the different types of abuse, including physical and emotional abuse, and explains what the possible indicators and effects of these types of abuse are. There is also practical advice on what you should do if a child or young person discloses abuse to you.

The learning objectives are as follows:

- To know what child abuse is
- To be aware of the different types of abuse
- To understand the signs and effects of different types of abuse
- To know how to respond to a disclosure

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 55 Child Development Advanced Level Fostering

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This course aims to help learners understand the nature of child development, the impact of adverse circumstances, and ways in which to improve outcomes for children and young people.

This course is suitable for those caring for or working with vulnerable young children, who want to develop their knowledge of child development and understand how this links to the young person's personal life.

The learning objectives are as follows:

- To understand what child development is

- To identify the stages of development

- To explore theories of child development

- To explore behavioural and social learning theory

- To identify red flags

- To consider brain development and what impacts it

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 56 Child Development Fostering

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This course aims to help participants to understand the nature of child development, the impact of adverse circumstances on children, and ways in which to improve the outcomes for children and young people.

The main learning objectives of the course are as follows:

To understand the key areas of development from birth to three

To identify the basics of brain development and the impact that adults can have

To identify developmental milestones

To observe, plan for, and track developmental stages

To understand the importance of attachment

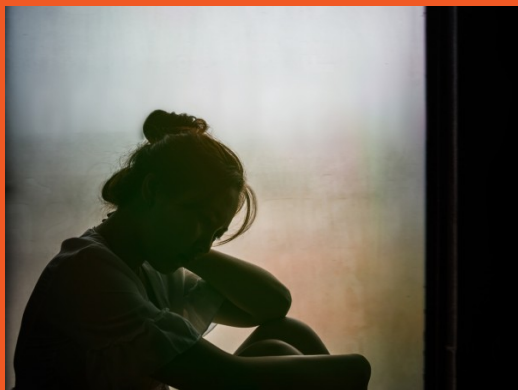
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 57 Child Exploitation Fostering

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This course enables carers to gain knowledge and awareness of the issues that surround this topic and the impact of this type of abuse, as well as what can be done to help and support victims of sexual exploitation.

The main learning objectives of the course are as follows:

- To gain an understanding of what child sexual exploitation is and the different models
- To identify the key signs and indicators of risk/vulnerability for child sexual exploitation
- To gain an understanding of trafficking, grooming, and child sexual exploitation in gangs and groups
- To gain an understanding of the long and short-term impacts of child sexual exploitation
- To gain knowledge of how and where to get help and support for children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 58 Child Law And Court Skills Fostering

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This course will provide carers with an understanding of what is required of them if they are expected to attend court with young people.

The main learning objectives of the course are as follows:

- To demonstrate an understanding of “significant harm” and the “threshold criteria”
- To identify the range of orders available in child protection and their application within the court
- To demonstrate an understanding of the law relating to adoption and permanency planning, particularly the Adoption and Children Act 2002
- To explain the significance of case law and its importance for the legal process
- To describe how to prepare for a hearing
- To recognise how to conduct yourself around the courtroom
- To demonstrate skills in giving evidence in a confident manner, using clear and simple language
- To understand how to avoid pitfalls and withstand cross-examination

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 59 Child Mental Health Fostering

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The crisis in children and young people's mental health is real, and it is urgent. More children and young people than ever before are reaching out for help with their mental health. But for those who take that brave step, help is much too hard to find.

This course aims to help participants to understand the nature of child mental health, the impact of this on children, and ways in which to improve the outcomes for children and young people.

The main learning objectives of the course are as follows:

- To understand the term 'mental health' as it relates to children and young people
- To identify risk factors that may impact on children and young people's mental health
- To identify resilience factors that may promote children and young people's mental health
- To recognise the thoughts, feelings, behaviours, and physical signs of a child/young person requiring mental health intervention
- To understand common mental health problems and personality disorders
- To outline the tiered process with regard to CAMHS

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 60 Child Poverty Fostering

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Poverty has a devastating impact on children's lives, leading to children missing out on decent meals, sleeping in cold bedrooms, and being bullied at school, as well as drastically reducing their future life chances.

This course is a guide to understanding child poverty and the effects it can have on children. The course will consider the factors that are contributing towards the rise in cases of child poverty throughout the UK, whilst also examining the relationship between poverty, child abuse, and neglect.

The learning objectives are as follows:

- To know what child poverty means

- To understand the difference between relative poverty and absolute poverty

- To be aware of how poverty can affect children

- To be aware of the factors leading to the increase of child poverty in the UK

- To know of the safeguarding implications of child poverty

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 61 Child Protection (Managers) Level 3 Fostering

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This course is an extensive guide to child protection and seeks to explain abuse, its impacts on children, and how to handle a case of abuse. The course takes a deep look at the legislation that exists to safeguard children and explains each of them, before tackling NSPCC statistics and advice on how to help someone you may suspect of being abused. The course also highlights the importance of record keeping and explains the dos and don'ts in this scenario.

The learning objectives are as follows:

- To understand what is meant by abuse and neglect
- To be aware of safeguarding legislation and guidance
- To understand how to manage safeguarding concerns
- To learn about support mechanisms for carers

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 62 Child Protection And Safeguarding (for Social Workers) Fostering

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This course is a comprehensive guide for social workers to understand child protection and safeguarding. The course explains the role and responsibilities of designated safeguarding leads, as well as the duties of other agencies when inter-agency working is at play. There is also information and advice about how to share information with other professionals involved in a young person's care and what techniques to use when making decisions.

The learning objectives are as follows:

To be aware of the responsibilities and duties of the designated lead within your organisation

To understand reflection in child protection

To know the barriers to intervention

To be aware of the roles of personnel within other agencies

To understand inter-agency working

To know how to extend skills of working with children

To understand improved communication and information sharing between professionals

To be aware of sound child-focused assessments and decision making

To know how to learn from Serious Case Reviews (SCRs) and reviews of child deaths

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 63 Child Protection For Advocates Fostering

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This course is a comprehensive guide to understanding child protection for advocates, including timelines, current legislation, and court procedures. The course also details the definitions of abuse, the services on offer for families, and how care processes function. The course further explains the different types of Orders, including Supervision Orders and Emergency Protection Orders, which will be aligned during the court proceedings. The course also explains how parenting assessments are carried out and the role of parents in care planning, including the support parents are entitled to.

The learning objectives are as follows:

- To understand the main pieces of legislation that are affecting children and families
- To understand the role of statutory services
- To understand the child protection system
- To understand how parenting assessments are carried out
- To understand the range of services available to children in need and their families
- To understand the family court and the decision-making process
- To be aware of the various orders available to the family court
- To understand the looked after children system
- To know the role of parents in care planning
- To know how advocates may support parents in child protection and care processes

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 64 Child Protection Fostering

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Safeguarding prevents the maltreatment of children. Child protection is a part of the safeguarding programme, protecting children from violence, abuse, and neglect.

In this course, learners can find out more about child protection, the types of abuse, and how to help young people in need.

The learning objectives are as follows:

To understand the forms of child abuse and their effects

To be aware of the signs of child abuse

To know how to respond if a child or young person confides in you

To be aware of child protection systems and procedures

To understand good practice guidelines

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 65 Child Sexual Exploitation And Child Exploitation Fostering

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This course enables carers to gain knowledge and awareness of the issues that surround this topic and the impact of this type of abuse, as well as what can be done to help and support victims of sexual exploitation.

The learning objectives are as follows:

- To gain an understanding of what child sexual exploitation is and the different models
- To identify the key signs and indicators of risk/vulnerability for child sexual exploitation
- To gain an understanding of trafficking, grooming, and child sexual exploitation in gangs and groups
- To gain an understanding of the long and short-term impacts of child sexual exploitation
- To gain knowledge of how and where to get help and support for children and young people
- To understand the issues in child exploitation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 66 Child Sexual Exploitation Fostering

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We have a duty to protect the young people in our care from all types of abuse and to help them overcome previous abuse. This course enables carers and professionals to gain knowledge and awareness of the issues that surround child sexual exploitation (CSE) and the impact of this type of abuse, as well as what can be done to help and support victims of sexual exploitation.

The learning objectives are as follows:

- To gain an understanding of what CSE is and the different models
- To identify the key signs and indicators of risk/vulnerability for CSE
- To understand trafficking, grooming, and CSE in gangs and groups
- To be aware of the long-term and short-term impacts of CSE
- To know how and where to get help and support for children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 67 Child Sexual Exploitation In Sport Fostering

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This course explores child sexual exploitation in sport and analyses recent news items and headlines which have come to light in the last couple of years. The course also explains what sexual abuse and exploitation is and gives advice on appropriate behaviour towards children in sports settings.

The main learning objectives of the course are as follows:

To be aware of The Offside Trust and The Child Protection in Sport Unit

To understand physical contact and young people in sport

To know about inappropriate or concerning behaviour

To recognise and respond to abuse

To learn about current initiatives

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 68 Child Trafficking Fostering

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Child trafficking is still a very real issue in today's society, and it all too often gets swept under the rug or is not discussed openly. This course will provide carers with a better understanding of what child trafficking is. It will examine the different categories of trafficking and will enable practitioners to know the different agencies that can support them and the child.

Learners will also gain knowledge on the impact that child trafficking can have on a young person and how to support those that have been trafficked.

The main learning objectives of the course are as follows:

- To raise awareness of trafficking
- To understand what child trafficking is and the different categories of trafficking
- To understand how to support young people who have been trafficked
- To gain an awareness of the different agencies that can support you

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 69 Child-Centred Approaches Fostering

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This course provides a comprehensive look into what is meant by child-centred care and relevant statutory guidance. The course also explores a number of child-centred models, including different social pedagogy models. Reflective practice, positive risk, and child-centred values are also analysed.

The main learning objectives of the course are as follows:

- To know what child-centred care is
- To understand the statutory guidance 'Working Together to Safeguard Children'
- To understand child-centred models
- To be aware of child-centred values in practice
- To understand positive risk
- To understand reflective practice

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 70 Childhood Trauma - What You Need To Know Fostering

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Childhood trauma has an adverse effect on children and young people as they progress through their lives. This course will teach you about the impact trauma has on a child's development, and how trauma can develop into conditions such as Post Traumatic Stress Disorder (PTSD) and Adverse Childhood Experiences (ACEs). This course will also help you to identify the symptoms of trauma and stress in children and young people.

The learning objectives are as followed:

- To be aware of statistics about childhood trauma
- To learn about a child's developing brain
- To know how stress can impact the brain and our responses
- To understand trauma and triggers
- To understand Post-Traumatic Stress Disorder (PTSD)
- To learn about Adverse Childhood Experiences (ACEs)

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 71 Children And Domestic Violence Fostering

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Domestic violence is defined as any incident of threatening behaviour or abuse (psychological, physical, sexual, financial, and emotional) between adults who have been intimate partners or family members, regardless of gender or sexuality.

This course enables carers to understand the key issues facing children who have experienced domestic violence and abuse and how to help them develop resilience and become more able to grow towards being healthy and positive adults.

The main learning objectives of the course are as follows:

- To increase our understanding of the impact of domestic violence on children and to develop strategies to enable them to overcome it
- To explore the relationship between domestic violence and abuse on child protection and safeguarding procedures
- To explore the history and context of law, marriage, and civil partnership
- To explore the history and context of domestic violence
- To understand the impact of domestic violence on children and young people
- To help carers develop strategies and procedures to support children and young people who have experienced domestic violence

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 72 Children And Parental Mental Health Issues Fostering

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This course provides a comprehensive look into mental health issues and how parents with mental health issues can impact on their children or children in their care. The course also gives practical advice on how to accurately carry out risk assessments for children with parents with mental health issues and on what you can do to help children who are impacted by this issue.

The main learning objectives of the course are as follows:

- To know what mental health issues are

- To understand the impact of mental health issues on parenting abilities

- To understand the impact of parental mental health issues on children and young people

- To be able to assess the risk of parental mental health problems

- To know how to help children exposed to parental mental health issues to recover from trauma and develop resilience

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 73 Children And Parental Substance Misuse Fostering

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This course provides a comprehensive insight into parental substance misuse and the impact it has on children and young people. The course will increase your understanding of how substance misuse impacts parenting abilities and how to successfully assess the risk of substance misuse on children. The course also offers advice on how you can effectively help children who have been affected by this issue.

The main learning objectives of the course are as follows:

- To know what substance misuse is
- To understand the impact of substance misuse on parenting abilities
- To understand the impact of parental substance misuse on children and young people
- To be able to assess the risk of parental substance misuse problems
- To know how to help children and young people exposed to parental substance misuse to recover from trauma and develop resilience

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 74 Children Who Experience Domestic Abuse Fostering

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Domestic violence is defined as any incident of threatening behaviour or abuse (psychological, physical, sexual, financial, and emotional) between adults who have been intimate partners or family members, regardless of gender or sexuality.

In this course, carers and staff can learn more about the impact of domestic violence on children and how to help support them.

The main learning objectives of the course are as follows:

- To increase our understanding of the impact of domestic violence on children

- To explore the history and scale of domestic violence

- To understand the impact of domestic violence on children and young people

- To help carers develop strategies and procedures to support children and young people who have experienced domestic violence

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 75 Children's Rights Fostering

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Children need special rights because of their unique needs - they need additional protection that adults do not. *What are these rights, and what do they involve?*

This training course is aimed at learners who look after young people in care. It explores the rights of children in terms of a human rights perspective.

The learning objectives are as follows:

- To gain knowledge of the laws and conventions protecting human rights and the rights of children
- To gain awareness of the principles and values essential for working with children, young people, and their families
- To understand the relevance of children's rights for your organisation and work
- To be able to use a children's rights framework to improve the care of children
- To gain an understanding of how the rights of children are promoted and protected in practice
- To encourage debate on the importance of children's rights

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 76 Christianity Fostering

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Christianity is the world's biggest religion, with about 2.2 billion followers worldwide.

It is based on the teachings of Jesus Christ, who lived in the Holy Land 2,000 years ago.

This course will provide carers with a better understanding of what Christianity is, the teachings, and its celebrations.

The main learning objectives of the course are as follows:

- To know what Christianity is

- To know the beliefs and principles of Christianity

- To understand Christianity in relation to other religions

- To know the different branches of Christianity

- To consider the future of Christianity

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 77 Chronologies, Genograms & Eco Maps Fostering

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Social workers are required to make effective use of tools that give a holistic picture of the child's family and note significant events in the child's life. This requires appropriate logging of the relevant information and mapping of the child's life journey, with the inclusion of the key people in that child's life, in order to formulate assessments and undertake risk management for each case.

The course will look at the similarities and differences of ecomaps and genograms, their practical application, and their relevance in the child's journey, utilising the principles of the signs of safety model.

The main learning objectives of the course are as follows:

- To understand the need to keep accurate and up-to-date chronologies

- To know how to use chronologies as a live tool to formulate assessment

- To understand patterns and risk in the life of the child with a view to making a constructive adjustment to the child's life journey plans

- To know the difference between genograms and ecomaps

- To know what genograms are and how they are used in social work

- To know how to work with genograms in a systemic way

- To know what ecomaps are

- To know how to use ecomaps in a systemic way

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 78 Climate Change Fostering

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Climate change is the long-term changes in climate, including average temperature and precipitation. This has many negative effects, and everyone has a part in helping stop harmful climate change.

In this course, learners can find out more about climate change, the science behind it, and the strategies to combat extreme climate change.

The learning objectives are as follows:

- To understand the meaning of climate change
- To know why climate change is happening
- To understand the differences between climate change, global warming, and the greenhouse effect
- To be aware of the evidence
- To understand how we can stop climate change

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 79 Cognitive Behaviour Therapy Fostering

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This course will provide carers with a better understanding of Cognitive Behaviour Therapy (CBT) for children.

Please be aware that this training will not result in you being a qualified therapist, but instead, gives valuable insight into what CBT is and some of the tools used.

The main learning objectives of the course are as follows:

- To know what CBT is

- To understand how what we think affects how we feel and what we do

- To understand how some CBT techniques can be useful for carers

- To know how to encourage children and young people to look at problems from a different perspective

- To understand how to use some specific CBT techniques and exercises with children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 80 Communicable Diseases Fostering

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Communicable (infectious) diseases can spread easily from person to person. While some people show no symptoms at all, such diseases can be harmful. This course outlines the causes of infection, so you can better understand how to protect yourself and the young people in your care.

The learning objectives are as follows:

- To understand communicable (infectious) diseases
- To know what causes an infectious disease
- To be aware of the common causes of the spread of infection
- To know the chain of infection
- To understand the main routes of infection
- To know how you can stop infections

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 81 Communicating With Children Fostering

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This course enables residential carers to understand how general principles of effective communication can be applied specifically to work with children and young people. The course aims to improve the competence and confidence of carers in communicating with children.

The main learning objectives of the course are as follows:

- To understand the role of effective communication in working with children and young people
- To know the conditions, communication skills, and styles which are necessary for effective communication
- To be aware of the context and required outcomes when considering which communication skill and style to use

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 82 Complaints And Allegations Fostering

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Complaints and allegations can come directly from a child or parent. They can be made by a partner, family member, or member of staff.

Often information comes from the police or local authority, from a third party, or the general public.

In this course, carers and staff can learn more about complaints and allegations, why they occur, the process to investigate them, and how we can minimise the risk.

The main learning objectives of the course are as follows:

- To understand the types of complaints and how they can be resolved

- To explore allegations and understand the legal framework and practice procedures that underpin them

- To gain an understanding of some of the behaviours, actions, and conduct that could lead to an official allegation and subsequent investigation

- To develop practical ways of improving safe caring and therefore minimise the risk of allegations being made

- To gain an understanding of how your agency supports carers through the process of an allegation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 83 Complaints Training Fostering

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A complaint is a grievance or dissatisfaction communicated to the children's service by the child or anyone connected to them about any aspect of the care provided. Whilst this will undoubtedly be a distressing time for carers and staff, it is important to understand why these situations can arise. This course is a guide to understanding just that, as well as the reasons for complaints and allegations and how to respond to them.

The learning objectives are as follows:

- To know about where complaints and allegations come from and why are they made
- To be aware of allegations and understand the legal framework and practice procedures that underpin them
- To know how to respond to an allegation
- To understand practical ways of improving safe caring and therefore minimise the risk of allegations being made
- To understand how an organisation/agency supports carers through the process of an allegation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 84 Complex Trauma Fostering

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This course is a comprehensive study of trauma in children and its impacts on child development. The course looks at the physiological and mental impacts of trauma on a child, and how it can alter depending on their age, circumstance, and type of trauma. The course also aims to provide skills and training for caregivers/guardians to help children with their trauma, and shows the caregivers/guardians how to parent a traumatised child.

The learning objectives are as follows:

- To understand the different types of trauma and how they vary

- To know how different traumas affect children

- To know the symptoms of trauma

- To learn the physiological and psychological effects of trauma on the brain and body

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 85 Complex Trauma PTSD Fostering

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This course is a comprehensive study of trauma and PTSD in children and its impacts on child development. The course looks at the physiological and mental impacts of trauma on a child, and how it can alter depending on their age, circumstance, and type of trauma. The course also aims to provide skills and training for caregivers/guardians to help children with their trauma, and shows the caregivers/guardians how to parent a traumatised child.

The learning objectives are as follows:

- To understand the different types of trauma and how they vary

- To know how different traumas affect children

- To know the symptoms of trauma and PTSD

- To learn the physiological and psychological effects of trauma on the brain and body

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 86 Conduct Disorders Part 1 Fostering

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This conduct disorder training course is aimed at carers who look after young people that have ADHD and autism. Candidates will gain a better understanding of what ADHD and autism is and the effect it has on young people.

The main learning objectives of the course are as follows:

To gain better understanding and tolerance of the often challenging behaviours associated with children and young people affected with conduct disorders

To gain confidence and skills to positively assist children and young people to change antisocial behaviours to pro-social behaviours

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 87 Conduct Disorders Part 2 Fostering

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This conduct disorder training course is aimed at carers who look after young people that have ADHD and autism. Carers will gain a better understanding of what ADHD and autism is and the effect it has on young people.

The main learning objectives of the course are as follows:

- To gain a basic understanding of Attention Deficit Hyperactivity Disorder (ADHD) and Oppositional Defiance Disorder

- To help carers to develop insight and skills necessary to deal with these behavioural difficulties and modify them at the earliest possible age

- To learn appropriate management techniques know to improve behavioural difficulties of children and young people with Conduct Disorders

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 88 Confidentiality In Social Care Fostering

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This course is a comprehensive guide to understanding confidentiality and privacy in both legal and moral terms. The course explains the laws surrounding confidentiality and the difference between personal, sensitive, and general data. The course also provides case studies to test your own understanding of confidentiality, and teaches how to deal with privacy in difficult situations. General Data Protection Regulations (GDPR) is also covered extensively along with computer and personal privacy.

The learning objectives are as follows:

- To understand what handling sensitive information and confidentiality in social care is
- To understand what legislation covers confidentiality in social care
- To be aware of the key principles of the Data Protection Act 1998 and General Data Protection Regulations 2018- (GDPR)
- To know your role and responsibilities
- To understand privacy and confidentiality
- To be aware of the limitations in the use of personal information

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 89 Contact And Birth Families Fostering

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Under the 1989 Children Act, the local authority has a duty to promote contact for both children in need and those who are looked after. It is important to note that when the court is asked to determine any question with respect to the child's upbringing "the child's welfare shall be the court's paramount consideration."

In any court proceedings, contact must be in the best interests of the child and should not be harmful or detrimental to the child. The child's own wishes and feelings must be taken into account, having regard to their age and degree of understanding. The court is required to consider the issue of contact prior to making an order.

This course will look at how to facilitate contact with birth families effectively.

The learning objectives for this course are as follows:

- To examine the aims of contact for looked-after children
- To explore how carers can develop skills in relation to contact
- To understand how to problem solve and support others
- To be aware of effective strategies for dealing with contact difficulties
- To understand contact within an anti-discriminatory framework

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 90 Coronavirus - Back To Work Fostering

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This course is a comprehensive guide to understanding the easing of lockdown rules in England after changes were made for the 4th July 2020. The course explains what you can and can't do and what venues are allowed to open. There is also helpful advice and information about returning to work and how you can voice any concerns and check that your workplace is following the correct procedures.

The learning objectives are as follows:

- To be aware of what you can and can't do after 4th July 2020

- To know how to stay safe outside your home

- To understand what will need to remain closed by law

- To know what businesses can reopen

- To be aware of who is allowed to go to work

- To understand how to work safely during coronavirus (COVID-19)

- To know about workers' rights

- To be aware of flexible furlough

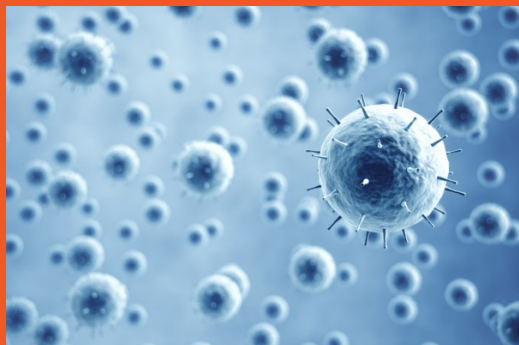
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 91 Coronavirus Outbreak Fostering

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Widespread media coverage of the coronavirus is growing concerns amongst the general public. With thousands of new cases reported each day, it's important to know what the virus is and how to prevent it from further spreading. This course covers symptoms, when to call 111, and what to do if you come into contact with somebody who has the virus.

The main learning objectives of the course are as follows:

- To be aware of what the coronavirus is
- To be aware of the coronavirus symptoms
- To understand how to protect yourself
- To know how the coronavirus spreads
- To understand when to call 111
- To be aware of how fast the coronavirus is spreading
- To understand how the coronavirus started
- To know about the coronavirus and public places
- To understand the situation in the UK
- To be aware of how serious the coronavirus is

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 92 Counselling for Foster Carers Fostering

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This course provides carers with a basic understanding of the counselling skills they may already be using, and it will demonstrate how to use these skills effectively. It is designed for people who wish to develop an understanding of the principles and practice of counselling in relation to a range of counselling situations.

The main learning objectives of the course are as follows:

- To describe the role of a counsellor and what counsellors do

- To gain a better understanding of counselling and its benefits

- To gain a better understanding of, and be able to identify, a number of counselling strategies

- To understand the role of counselling in crisis

- To gain a better understanding of how some basic counselling techniques can support you in your role as a support worker

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 93 Counselling Skills Fostering

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Most young people who are in your care will have experienced deep and profound loss; and very often deep and profound shame. They need help on their journey to self-respect and self-compassion.

In this course, carers and staff can learn more about counselling skills and strategies.

The main learning objectives of the course are as follows:

- To have a better understanding of counselling and its benefits

- To have a better understanding of and be able to identify a number of counselling strategies

- To have a better understanding of how some basic counselling techniques can support you in your role as a carer

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 94 County Lines Fostering

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The term “county lines” is becoming more widely recognised and is used to describe situations where young people may be internally trafficked for the purpose of criminal exploitation. What is often less understood is the experiences a young person faces and the potential for them to be harmed through various forms of abuse and exploitation as a result.

This course hopes to address some gaps in knowledge and offer suggestions for supporting young people who are at risk of (or are being) trafficked for the purpose of criminal exploitation.

The main learning objectives of the course are as follows:

- To know the context of criminal exploitation
- To understand vulnerabilities and indicators
- To know the barriers to engagement
- To understand the importance of language
- To be aware of the services available nationally

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 95 Court Skills Fostering

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This course will provide carers with an understanding of what is required of them if they are expected to attend court with young people.

The main learning objectives of the course are as follows:

- To demonstrate an understanding of 'significant harm' and the 'threshold criteria'

- To identify the range of Orders available in child protection and their application within the court

- To demonstrate an understanding of the law relating to adoption and permanency planning, particularly the Adoption and Children Act 2002

- To explain the significance of case law and its importance for the legal process

- To describe how to prepare for a hearing

- To recognise how to conduct yourself around the courtroom

- To demonstrate skills in giving evidence in a confident manner, using clear and simple language

- To learn how to avoid pitfalls and withstand cross-examination

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 96 Criminal Exploitation And County Lines Fostering

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This course will give an understanding of the methodology and modus operandi of drug distribution along county lines. This spread of serious criminality into new rural markets represents a difference in patterns of criminal behaviour and of an expansion of drug use into previously minimally affected areas.

This course will explore the different County Line models and of the behaviour of the offenders as they spread their markets. It will also look at victims and how they can be coerced into assisting the offenders to develop their business outside of their traditional urban marketplace.

The main learning objectives of the course are as follows:

- To know the context of criminal exploitation
- To understand vulnerabilities and indicators
- To know the barriers to engagement
- To understand the importance of language
- To be aware of the services available nationally

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 97 CSE - The Myths, The Headlines, And The Misconceptions Fostering

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CSE has featured in the press and wider media throughout the UK since issues were uncovered in Rotherham - however, the way CSE has been reported and described has been consistently stereotypical. This course utilises real media examples and research from forensic psychology to present evidence showing just how biased the media is when it comes to reporting sexual violence - and the impact this has had on the field of CSE. This course will challenge the commonly held assumptions, myths, and beliefs about CSE victims, perpetrators, methodology, and context.

The main learning objectives of the course are as follows:

To break down and challenge the most common myths about child sexual abuse and child sexual exploitation victims, perpetrators, methodology, and grooming approaches

To explore where myths and misconceptions come from

To understand why misinformation is used and the impact it has on understanding CSE

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 98 Cultural Awareness Fostering

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In your work, you may care for young people from a variety of backgrounds and, therefore, cultural awareness is paramount. In this course, you can find out more about culture and its related facets of ethnicity, race, and diversity.

The learning objectives are as follows:

- To gain an understanding of the issues in equality and diversity

- To explore how issues of equality and diversity are addressed professionally

- To gain an understanding of the different types of prejudice and discrimination that can affect children and young people

- To develop a better understanding of the cultural challenges facing multicultural societies

- To provide an opportunity to enhance cultural sensitivity and competence

- To develop practical tools to reduce cross-cultural misunderstanding and encourage positive cross-cultural relationships

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 99 Cultural Awareness In Safeguarding Fostering

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The course will help carers to understand cultural issues in more detail, including those of diversity, race, and identity.

The learning objectives are as follows:

- To gain an understanding of the issues in equality and diversity

- To explore how issues of equality and diversity are addressed professionally

- To gain an understanding of the different types of prejudice and discrimination that can affect children and young people

- To develop a better understanding of the cultural challenges facing multicultural societies

- To provide an opportunity to enhance cultural sensitivity and competence

- To develop practical tools to reduce cross-cultural misunderstanding and encourage positive cross-cultural relationships

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 100 Customer Service Fostering

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Customer service skills are important because they fulfil customer needs - they are those essential capabilities that make you well-equipped to handle one-on-one interactions.

It means that you are doing your best to fulfil the needs of the people you work with and support.

This course will look at vital customer service skills, the importance of adapting your communication skills, and how to handle complaints.

The learning objectives are as follows:

- To understand the importance and benefits of having excellent customer service skills

- To know what good customer service skills are

- To be able to communicate successfully

- To be able to adapt your communication style to the individual service user and their needs

- To understand how to deal with complaints effectively and safely

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 101 Cyber Security Fostering

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Computer security, cyber security, or information technology security is the protection of computer systems and networks from the theft of or damage to hardware, software, or electronic data, as well as from the disruption or misdirection of the services they provide.

The overall aim of this course is to first explain why and how cyber crime happens and, secondly, give you actionable advice about how to defend yourself.

The learning objectives are as follows:

- To understand what cyber security is
- To know the risks posed and who can be affected
- To learn how to deal with common cyber problems
- To be aware of the legislation around cyber security
- To know ways of tackling cyber security

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 102 De-Escalation And Young People Non-Physical Fostering

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This course has been designed for people who work with children and young people and want to learn about, or refresh their understanding of, de-escalation techniques. You will definitely experience anger and challenging behaviour in your practice, and this course offers insight and practical advice on how to manage this and de-escalate the situation.

The learning objectives are as follows:

- To understand what challenging behaviour is
- To be aware of the common triggers for anger
- To know the different stages and levels of anger
- To understand what appropriate interventions are for each level of anger
- To be aware of the impact your behaviour has on young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 103 De-Escalation, Physical Intervention, And Breakaway Fostering

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This course should be used as a refresher for people that have already undertaken de-escalation training. The course covers the different RPI and breakaway techniques that can be used and includes videos that show you how to carry out these techniques.

The learning objectives are as follows:

- To be aware of the value base and training principles behind the application of restrictive physical interventions (RPI) and breakaway techniques
- To understand the legal framework for the use of RPI and breakaway techniques
- To know the risks related to restraint
- To be aware of ABC charts
- To understand the application of selected RPI and breakaway techniques

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 104 Dealing With Bereavement And Loss Fostering

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This course aims to provide information and guidance into what young people have said they need when experiencing loss and grief, and what support mechanisms need to be in place.

The main learning objectives of the course are as follows:

- To understand grieving in a healthy, more open, and child-centred context
- To understand what death and bereavement means to a child
- To be able to contextualise death in relation to a child's age, ability, and experience
- To be able to respond more effectively to children's grief
- To understand what makes grief and stigma such a challenging experience for a child in care

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 105 Delusional Paranoid Schizophrenia Fostering

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This course explains what schizophrenia is, its causes, and how it is treated. It also offers practical suggestions for self-help and further information.

The main learning objectives of the course are as follows:

- To understand what schizophrenia is
- To understand early warning signs of schizophrenia
- To understand the signs and symptoms of schizophrenia
- To understand the causes of schizophrenia
- To understand the effects of schizophrenia
- To understand how schizophrenia is diagnosed
- To understand what conditions are like schizophrenia
- To understand the treatments of schizophrenia

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 106 Depression And Suicide Fostering

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This course has been specifically designed to increase your understanding of depression and what might push a young person to suicide. It will look at the causes of depression and possible methods to manage the condition.

The learning objectives are as follows:

- To learn the meaning of depression
- To know the clinical features and signs of depression
- To understand what causes depression
- To know how to manage depression
- To learn about suicide and young people
- To be aware of how you can help

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 107 Depression In Children And Young People: Identification And Management Fostering

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This course has been designed to look at the identification of children and young people with depression and effective professional responses. It will look at the four tiers of responses from children's mental health services and what services can be expected in each tier.

There will also be an appreciation of how children and young people will access services and the difficulties that were inherent in the system - even before the advent of the pandemic. There will be an appreciation of therapeutic and medicinal responses for young people.

The course objectives are as follows:

To understand what depression is

To understand the impact of COVID-19

To know the identification of depression in children and young people

To be aware of the professional responses to depression in children and young people

To know of medicinal treatments available for children and young people

To understand talking therapies for children and young people

To understand access to mental health services for children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.



## 108 Designated Safeguarding Officer Training Fostering

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The aim of this course is to enable participants to become familiar with the role and responsibilities of the designated Safeguarding Lead Professional and develop competence and confidence in carrying out this role.

The main learning objectives of the course are as follows:

- To know the role of the designated lead
- To be aware of key legislation and guidance that underpins the role
- To know the key areas of responsibility
- To be able to identify the steps that must be taken to ensure the safety of children
- To understand the barriers to staff reporting concerns about children, and how to overcome them
- To make appropriate decisions about action to be taken
- To understand the importance of recording, storing, and sharing information
- To understand the emotional wellbeing of staff

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 109 Diabetes Fostering

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This course aims to increase understanding of diabetes in terms of the young people in your care. Diabetes describes a group of metabolic diseases in which the person has high blood glucose (blood sugar), either because insulin production is inadequate, or because the body's cells do not respond properly to insulin or both.

The learning objectives for this course are as follows:

To understand the condition better

To learn how to support children who suffer from this condition

To learn how to support parents as partners

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 110 Digital Resilience Fostering

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The digital world is complicated. It is risky and challenging and has little respect for age. The technology that allows a child to watch elephants in their native habitat streamed live as part of a geography project is the same technology that delivers pornography to tablets and computers. The social network that allows classmates to help each other with their homework is the same network that facilitates bullying and trolling.

This course explores the importance of digital resilience and vital safety strategies to effectively help the young people in your care to cope with inappropriate digital content or behaviours.

The main learning objectives of the course are as follows:

- To learn the meaning of digital resilience
- To know how to promote digital resilience
- To understand living in a digital world
- To be aware of government policies

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 111 Dignity In The Workplace Fostering

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Care workers are involved directly with young people. The care they provide and the way they provide it both uphold the standard by which young people will measure whether they have been treated with dignity and respect.

In this course, care workers can find out more about dignity in a care setting.

The learning objectives are as follows:

- To know what dignity is and its definitions
- To know the relevant legislation
- To be aware of poor practice and the barriers to providing dignified care
- To know how to avoid discrimination
- To understand the importance of Specific Care Needs
- To know what best practice looks like in relation to dignity

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 112 Direct Work Tools Creative Ways To Work With Children (EY To Adolescence) Social Workers Fostering

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This course is intended to equip social workers with tips and practical advice for working with children and young people. The course provides you with clear methods, tools, and advice that can be adopted in your practice. Similarly, the history and theories behind these tools are also explored, giving you a deeper understanding of why and how they can be applied.

The main learning objectives of the course are as follows:

To be aware of the range of practical tools that will assist with interacting effectively with children of all ages

To take into consideration knowledge from child development, attachment theory, and tools to build resilience

To understand the impact of trauma and distress, and how these play a part in the world of a child

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 113 Display Screen Equipment Fostering

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This course is a comprehensive guide to ensuring that your workstation is set up correctly so that health and safety risks are avoided. The course explains how your monitor, mouse, keyboard, and chair should be used when working.

The learning objectives are as follows:

- To understand the Display Screen Equipment (DSE) assessment process

- To be aware of the risks of computer use

- To know how to correctly use your chair, monitor, keyboard, and mouse

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 114 Dissociative Disorders Fostering

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In your work, you may care for individuals with dissociative disorders. Dissociation is one way the mind copes with too much stress, such as during a traumatic event. The word dissociation can be used in different ways, but it usually describes an experience where you feel disconnected in some way from the world around you or from yourself. You can find out more about dissociative disorders and the various coping mechanisms in this course.

The learning objectives are as follows:

- To know what dissociation is
- To know what dissociative disorders are
- To know what the causes are
- To understand how a child will be diagnosed
- To be aware of coping mechanisms
- To know what treatments can help
- To know what a Non-Epileptic Attack Disorder is (NEAD)
- To know what you can do as a carer

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 115 Diversity And Inclusion Fostering

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More often than not, diversity and inclusion are often described as one and the same thing. However, this really isn't the case. This course will highlight the differences between the definitions of diversity and inclusion. It will also discuss the ways in which learners can create diverse and inclusive environments for children and young people.

The learning objectives are as follows:

To understand what diversity and inclusion means

To be aware of both appropriate and inappropriate behaviours and languages and how to challenge these

To know how to respect others and their needs

To be aware of equality legislation

To know of strategies for embedding diversity and inclusion

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 116 DoLS - Deprivation Of Liberty Safeguards Fostering

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This course is a comprehensive guide to understanding Deprivation of Liberty Safeguards (DoLS). The course explains what DoLS is, where it originated from, and how it is interlinked to the Mental Capacity Act. The course further explores some potential problems with DoLS, but ultimately highlights that DoLS is the law, and must be followed. Finally, the course offers advice on how to make an assessment under the Mental Capacity Act, whilst ensuring that any decisions are in best interest with the person falling under a DoLS.

The learning objectives are as follows:

- To understand what DoLS is
- To understand the origins of DoLS
- To understand where is it going
- To know what DoLS means for you as an advocate
- To understand the Mental Capacity Act

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 117 Domestic Abuse: Children And Young People Fostering

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Domestic violence is defined as any incident of threatening behaviour or abuse (psychological, physical, sexual, financial, and emotional) between adults who have been intimate partners or family members, regardless of gender or sexuality.

In this course, carers and staff can learn more about the impact of domestic violence on children and how to help support them.

The main learning objectives of the course are as follows:

- To increase our understanding of the impact of domestic violence on children

- To explore the history and scale of domestic violence

- To understand the impact of domestic violence on children and young people

- To help carers develop strategies and procedures to support children and young people who have experienced domestic violence

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 118 Drugs and Alcohol Awareness Fostering

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This course is intended to equip foster carers with knowledge about specific drugs and alcohol to ensure they know how to work and support young people effectively.

The main learning objectives of the course are as follows:

- To identify and name the most commonly used drugs, their effects, and methods of use
- To understand why children are vulnerable to substance misuse
- To understand where the laws and agency policy and procedure fit when caring for children who are using substances
- To understand the role that a foster carer plays in minimising the risks associated with drug use/misuse
- To be able to help and support young people to access appropriate drug and alcohol services

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 119 Duty Of Care - For Health And Social Care Fostering

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The duty of care is your responsibility to service users you work with and should be at the centre of all your actions while at work.

It is about treating someone how you would want to be treated yourself - with dignity and respect, as an equal.

This course will educate carers on the importance of the duty of care.

The learning objectives are as follows:

- To know what 'duty of care' is and how it affects your work role

- To understand duty of care and individuals' rights: dilemmas, conflict, difficult situations

- To know what to do when someone makes a comment or a complaint

- To understand incidents, errors, and near misses

- To be aware of the relevant health and safety legislation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 120 Dysfunctional Sexual Abuse Fostering

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Most child abuse takes place within the family with people the victims know. In this course, learners can find out more about intrafamilial abuse.

The learning objectives are as follows:

- To know the definitions around sexual abuse and dysfunctional familial dynamics
- To know what the law and guidance says
- To know what the research shows us
- To know how the practice responds - risk assessing child sexual abuse in the family
- To know how we develop best practice models for our work with families and children

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 121 Dyslexia Fostering

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Dyslexia is a specific learning difficulty that primarily affects the skills involved in accurate and fluent word reading and spelling. This can impact on literacy development, mathematics, memory, organisation, and sequencing skills to varying degrees. This course is designed to provide an awareness and understanding of dyslexia, along with an overview of relevant practices.

The main learning objectives of the course are as follows:

- To understand Special Learning Disorders (SLD)

- To address the question - "What is dyslexia?"

- To know the signs and symptoms of dyslexia

- To gain an understanding of its effects

- To explore where dyslexia comes from

- To be able to identify the signs of dyslexia

- To explore what strategies can be implemented

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 122 Dysphagia Fostering

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This course provides a comprehensive look at the condition of dysphagia. The course explains what carers of children with dysphagia should look out for, when they should seek help, and what they can do to support the child, with strategies like messy play and positioning.

The learning objectives are as follows:

- To know what dysphagia is
- To understand the causes of dysphagia
- To be aware of the signs and symptoms of dysphagia
- To know what issues to look out for and when to visit a GP
- To understand the impact of dysphagia
- To be aware of the ways you can help a child with dysphagia

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 123 Early Help Assessment Fostering

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The Early Help Assessment, replacing the Common Assessment Framework (CAF), is an early assessment and planning tool to facilitate coordinated multi-agency support.

It is a tool designed to efficiently identify the emerging needs of children and young people at risk of poor outcomes.

In this course, learners can find out more about this assessment.

The learning objectives are as follows:

To know what the Early Help Assessment is

To understand the assessment

To understand critical reflection

To understand the role of the team around the family

To know the importance of information sharing

To know the steps to open and complete an Early Help Assessment

To know the process of closing an Early Help Assessment

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 124 Eating Disorders Fostering

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This course outlines the various types of eating disorders that young people may suffer from, how to recognise these conditions, and how to support young people.

The main learning objectives of the course are as follows:

- To understand the different types of eating disorders

- To be able to describe the different types of eating disorders and know how to spot the signs

- To outline the assessment and management of eating disorders, particularly anorexia and bulimia nervosa, in Child Adolescent Mental Health Services (CAMHS)

- To discuss the role of Tier 1 professionals and how to refer to CAMHS

- To explore the various support tools for young people in relation to eating disorders

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please go via our live chat.

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 125 Education, Health And Care Plans Fostering

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Planning for the education and health care of looked after children is a big part of our work, especially when children and young people have complex needs.

This course will cover the basics of planning for education, health, and care and will help you to tackle specific issues you may have.

The learning objectives are as follows:

- To know what the 'special educational needs and disabilities' (SEND) of children and young people in our care are
- To know what an Education, Health and Care Plan is and who it is for
- To understand how an EHCP differs from an SEN Statement
- To know who can request an assessment for an EHCP
- To know the different stages of the EHCP process, and what to include in an EHC Plan
- To know how to support children to achieve EHC outcomes

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 126 Effective Communication For Health And Social Care Fostering

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This course is intended to help develop effective communication for health and social care. The course provides advice for how to communicate with clients with different difficulties and disabilities. The history and theories behind different communication models are also explored.

The main learning objectives of the course are as follows:

- To know how to work with clients with sensory impairments, difficulties with communication, dementia, and learning disabilities
- To know the various models of communication and how they can impact on practice
- To know how appropriate communication can assist in the dissemination of complex and difficult information
- To understand the UCLA model and the importance of non-verbal communication
- To understand how models such as the Four-Sided Communication model can assist learner's understanding of service users' needs and wishes
- To know the importance of good interpreters and the appropriate understanding of diversity within communication
- To understand communication struggles with advanced dementia service users
- To know how to engage with hard to reach service users, e.g. clients with addictions

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 127 Effective Communication With Families Fostering

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Effective communication with families is important for child protection. This course enables learners to understand the various communication strategies and models and the importance of communication.

The learning objectives are as follows:

To know how to communicate with families

To understand the various models of communication and how they can impact on practice

To know how appropriate communication can assist in the dissemination of complex and difficult information

To know how to say “no”

To understand the UCLA model and the importance of non-verbal communication

To know how models such as the Four-Sided Communication model can assist learner’s understanding of service users’ needs and wishes

To understand the importance of good interpreters and the appropriate understanding of diversity within communication

To know how to work with service users with sensory impairments and difficulties with communication and clients with dementia and learning disabilities

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 128 Effective Home Working Fostering

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This course is designed for adults who are working from home. This course provides tip and advice on how best to work at home, especially due to the exceptional circumstances of the coronavirus outbreak.

The learning objectives are as follows:

- To know how to set up a workspace at home
- To understand the reality of working from home
- To be aware of different working styles
- To know how to manage distractions
- To be aware of the issue of social isolation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 129 Effective Time Management Fostering

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This course is a comprehensive guide to understanding how to improve your time management with tips and tricks from businessmen and entrepreneurs. The course takes a look at problem areas people typically face in work, and breaks them down into manageable chunks and teaches how to deal with such things as procrastination, and learning how to say “no”. This course also teaches you how to maintain good habits and encourages you to partake in daily activities to ensure they stick.

The learning objectives are as follows:

To understand time management

To organise ourselves to make the best use of the time available

To be more effective at work

To learn how to say no

To be aware of sources and resources to support effective time management

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 130 Effects Of Trauma And Caring For Traumatised Children Fostering

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This course is a comprehensive guide to understanding what trauma is and the effects such trauma can have on a child. The course will consider various theories of attachment and how certain attachment styles can impact a child's development. The course will also explore treatment and therapy options available to children suffering from trauma.

The learning objectives are as follows:

- To understand the key principles of trauma
- To be aware of the impact of overwhelming stress and trauma on child development
- To identify the potential behavioural outcomes of suffering from trauma particularly attachment
- To explore strategies which support the healing of children who have suffered traumatic experiences
- To understand the need for truth telling and reframing
- To recognise and understand the Signs of Safety approach

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 131 Elimination Disorders Specialist Fostering

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Elimination disorders occur in children who have problems going to the bathroom - both defecating and urinating. Elimination disorders can be a difficult and sensitive subject for everyone involved, the carer and the child or young person. This course will look at both 'encopresis' and 'enuresis', what is normal and what isn't, and how to support looked-after children suffering with elimination disorders.

The main learning objectives of the course are as follows:

- To know what an elimination disorder is
- To understand what normal development in children looks like
- To know what encopresis is
- To know what enuresis is
- To be aware of elimination disorders in looked-after children
- To know how to support looked-after children

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 132 Emerging Personality Disorder Fostering

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People with a personality disorder can be seen as troublesome patients in medical terms or as troublesome people in society. This is because they do not improve rapidly, offer few rewards to those treating them, and can make people feel impotent, guilty, and angry.

All of this can be improved if more effort was put into understanding and addressing the nature of the difficulty. Attention to how services are delivered is required.

In this course, learners can find out more personality disorders and how they can be managed.

The learning objectives are as follows:

- To be aware of the stigmas surrounding personality disorders
- To understand key definitions that are linked to personality disorders
- To understand how prevalent personality disorders are
- To know the different types of personality disorders
- To understand what causes personality disorders
- To know how personality disorders can be treated and managed

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 133 Emotion Coaching Fostering

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Emotion coaching is a technique that helps children understand their feelings. During the last few decades, researchers have increasingly come to understand how important it is to understand our emotions and handle them in a healthy way.

This course will cover the basics before looking at what emotion coaching is and how you can use it.

The learning objectives for this course are as follows:

- To be aware of emotional responses
- To understand the relevance of attachment theory
- To understand empathy and compassion
- To know what emotion coaching is
- To know the different relationship styles
- To know the five steps of emotion coaching
- To understand problem-solving together
- To know how to introduce emotion coaching in care

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 134 Ending Of Foster Placements Fostering

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This course aims to provide foster carers with an understanding of how to manage potential placement breakdowns and the support available through this process.

The learning objectives are as follows:

- To understand why placements end
- To know how to manage placements ending
- To know how to assist a young person before and after placement has ended
- To know how to manage your emotions
- To know how to respond to the young person's emotions
- To be able to move on to your next placement

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 135 Engaging And Building Rapport With Children Affected By Child Sexual Exploitation Fostering

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Young people who have been affected by CSE, or targeted for grooming by a sex offender, are often expected to disclose a lot of information about their lives, histories, friends, sexual health - and the abuse they have experienced.

It should be understood as completely rational for a child to close down and refuse to tell a professional anything about themselves - and yet it leaves many wondering what they could have done differently or why the child doesn't trust them. This course will take professionals through the experiences of children, the experiences of professionals, and the evidence surrounding disclosure, rapport-building, and the barriers to relationship-building.

Professionals will learn the most common barriers to rapport-building, why children should not be expected to disclose, and how to avoid strategies that mirror the behaviours and techniques of the sex offender.

The learning objectives are as follows:

- To understand the barriers children face in disclosure, trusting adults, and engaging with services after CSE

- To know the reasons why children cannot disclose or engage

- To be aware of child-centred techniques, participation, and basic counselling skills to help children to feel comfortable talking about their exploitation and trauma

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 136 Engaging People In Education Fostering

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This course explores how to engage young people in education, with helpful tips for educators and carers for what to do if students do become disengaged. The course also describes the signs that a young person may be disengaged from education and the reasons behind this.

The main learning objectives of the course are as follows:

- To understand engagement and disengagement
- To know the risk factors for engagement
- To be aware of the indicators that a student may be at risk of disengaging
- To know how to re-engage pupils
- To know ways to deliver effective classroom management
- To understand how to empower students
- To understand the importance of the parent or carer's involvement
- To know the alternative and additional options

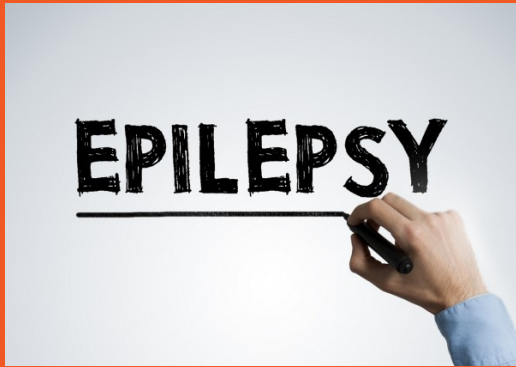
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 137 Epilepsy And Seizure Management Fostering

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Through this course, learners will gain knowledge on the primary effects of epilepsy and the importance of supporting young people to take medication as directed by their doctor.

The main learning objectives of the course are as follows:

- To know what epilepsy is and be able to recognise the different seizure types
- To understand the importance of observing and recognising a seizure
- To be aware of possible trigger factors
- To know how to support service users who are experiencing seizures, ensuring their safety and dignity
- To understand why and how emergency rescue medication is administered

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 138 Equality And Diversity Office Based Employee Fostering

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This course requires professionals to look deeply at the attachments, experiences, and cultural influences that make up who they are so that they can build authentic relationships with children, young people, and families - fully appreciating and celebrating the diversity and uniqueness of each individual. It will also look at the different types of bias and how these might affect your day-to-day working.

The main learning objectives of the course are as follows:

- To learn how to manage diversity and promote equality

- To know the different types of prejudice and discrimination that can affect colleagues

- To know why it is important to provide care which respects and preserves each colleague's protected characteristics as defined by the Equality Act 2010

- To understand the equality of opportunity and anti-discriminatory practice

- To know how individuality, difference, and diversity are valued and celebrated

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 139 Equality And Diversity Specialist Fostering

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This course requires professionals to look deeply at the attachments, experiences, and cultural influences that make up who they are so that they can build authentic relationships with children, young people, and families - fully appreciating and celebrating the diversity and uniqueness of each individual. It will also look at the different types of bias and how these might affect your day-to-day working.

The main learning objectives of the course are as follows:

- To learn how to manage diversity and promote equality

- To know the different types of prejudice and discrimination that can affect colleagues

- To know why it is important to provide care which respects and preserves each colleague's protected characteristics as defined by the Equality Act 2010

- To understand the equality of opportunity and anti-discriminatory practice

- To know how individuality, difference, and diversity are valued and celebrated

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 140 Every Disabled Child Matters Fostering

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Every Disabled Child Matters (EDCM) is the campaign for rights and resources for disabled children and their families.

In this course, learners can find out more about the campaign to provide better care for disabled children.

The learning objectives are as follows:

- To know what Every Disabled Child Matters (EDCM) is and why it is important

- To know what EDCM means

- To be aware of the EDCM aims and objectives

- To know who is involved and how these will be achieved

- To understand what this means for carers

- To know how we can support disabled people in the future

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 141 Exploring The Experience Of Being Groomed In Sexual Exploitation And Abuse Fostering

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Sadly, grooming is an issue in our society that affects both adults and children. This course discusses child sexual abuse and gives examples of sexual abuse from real children. Some of the content may be distressing. Please practise good self-care during this course, take regular breaks, and take a break if you feel upset.

The learning objectives for this course are as follows:

- To identify the grooming process in different real scenarios
- To understand the experience of being groomed from the perspective of real children
- To challenge the simple, linear grooming models

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 142 Fabricated And Induced Illness In Children Fostering

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Fabricated or induced illnesses are a highly contentious form of child abuse.

The guidance is clear that while this type of child abuse can be challenging, there is a need for a calm and objective assessment of the needs of the child and the ability of the carer to protect them.

In this course, learners can find out more about the causes of such “illnesses”, the law and guidance surrounding them, and what good practice looks like.

The learning objectives are as follows:

- To understand what constitutes fabricated and induced illness in children

- To know what the causes are

- To know what the law and guidance says in relation to safeguarding children in this situation

- To know what research says about the condition and the impact

- To know what good practice looks like

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 143 Facilitation Skills Fostering

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Facilitation is a way of working with people. Facilitation enables and empowers people to carry out a task or perform an action. The facilitator does not perform the task, but uses certain skills in a process which allows the individuals/group to reach their decision/set their goal/learn a skill. Facilitation is a developmental educational method that encourages people to think critically and share ideas, resources, and opinions, to identify needs and find effective ways of satisfying those needs.

The main learning objectives of the course are as follows:

- To know what facilitation is
- To be aware of various styles of facilitation
- To know the principles and values of facilitation
- To understand the limitations of facilitation
- To know the individual needs within a group
- To understand effective communication

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 144 Family-Centred Working Fostering

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This course is intended to help participants to identify and explore the rationale of working with families, and the characteristics of family-centred practice. The course will help you explore the opportunities and strategies that strengthen the application of family-centred working.

The main learning objectives of the course are as follows:

- To know what family-centred care is
- To understand The Care Act and family-centred care
- To know family-centred values in practice
- To know the 6 Cs
- To know the key features of family-centred planning
- To know how to work in a family-centred way
- To understand risk enablement

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 145 Female Genital Mutilation Awareness Fostering

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This course aims to enable carers to identify girls at risk of female genital mutilation. Once a girl at risk has been identified, the course will cover what steps you can take to assist those at risk. The course material deals with issues posed by FGM at all stages of a girl or woman's life.

The key areas of the course are as follows:

- To know what FGM is
- To understand the legal and safeguarding issues regarding FGM in the UK
- To know how FGM may present in girls and young women
- To be aware of the various strategies to manage FGM in girls and young women
- To be aware of the emotional impact of FGM

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 146 Fighting Fraud In Local Government Fostering

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**Fraud is any intentional false representation, including failure to declare information or abuse of position that is carried out to make a gain, cause loss, or expose another to the risk of loss.**

**This course will cover the basics of fraud and how it affects each and every one of us.**

**The learning objectives are as follows:**

- To know what fraud is**
- To be aware of significant and emerging fraud risks**
- To understand the impacts of fraud**
- To know the critical elements of an anti-fraud culture**
- To know how to spot the signs of fraud and how to respond**
- To understand how some local authorities are tackling fraud**
- To know the importance of internal and national collaboration**

**This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.**

**Should you have 5 or more learners requiring this training please consider the face to face option we offer.**

**Should you wish to discuss your needs before making a booking, please go via our live chat.**

## 147 Financial Abuse Fostering

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This course is an extensive look at financial abuse and what it means in a child looked after context. The course begins by detailing and defining financial abuse, and how it can be spotted i.e. some common signs that a child or young person is being financially abused. This course then explains different guidelines to helping someone who is being financially abused and the legislation in place to help them, such as the The Public Interest Disclosure Act 1998, or “Whistleblowers Act”.

The learning objectives for this course are as follows:

- To understand what financial abuse is
- To learn about the different types of financial abuse
- To be aware of the signs of financial abuse
- To be aware of how to protect a child from being financially abused
- To learn about capacity and competence
- To know how to respond to a disclosure of abuse and how to report and record any concerns or allegations

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 148 Foetal Alcohol Syndrome Fostering

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The course is designed to give learners an understanding of the impact of alcohol during pregnancy. To help understand the permanent damage that is caused and how to detect possible FASD conditions and support children who may be affected.

To understand the history of “Foetal Alcohol Syndrome” (FAS)

To know the primary and secondary impacts of FAS

To understand and work with FAS-related behaviours

To know and appreciate the needs of someone with FAS

To be aware of the consequences of alcohol intake during pregnancy

To understand the advice to give to a young person if they become pregnant

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 149 Food Safety And Hygiene Fostering

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This Food Safety and Hygiene course contains essential information on all aspects of food hygiene. The course will help carers to understand the importance of correct food handling and storage, personal hygiene, preventative measures, and effective controls and procedures.

The learning objectives are as follows:

- To understand food safety
- To be aware of contamination
- To know about personal hygiene, cleaning, and storage
- To understand temperature control, the different types of food bacteria, and food poisoning
- To look at legislation surrounding this subject
- To be aware of correct food storage
- To be aware of food additives, allergies, and the use of EpiPens

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 150 Form F Assessment And Analysis Training Fostering

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This course provides a comprehensive look at the Form F Assessment, and analysis training. The course explains the application process for fostering and each stage is covered in detail. The different sections of the Form F Assessment are analysed and guidance on how to carry out the assessment is given.

The main learning objectives of the course are as follows:

- To understand the assessment journey

- To be able to critically reflect on and manage your own personal and professional values during the assessment process

- To gain the skills and knowledge base required to undertake robust, evidence-based, analytical assessments using the BAAF Form F in the context of the two-stage fostering assessment process

- To familiarise yourself with the relevant policy, regulatory, and legal frameworks that inform assessments of prospective foster carers

- To recognise that fostering assessments are risk assessments which identify and assess risk factors

- To identify assessment tools that aid information gathering, reflection, and analysis

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 151 Form F Supervision Fostering

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The research underpinning this course has reaffirmed the importance of relationships within supervision and of developing an effective style of supervision. This course is a comprehensive guide to understanding how social work supervision works and the various components it is made up of. The course will also highlight the role of the Form F Assessor, as well as the skills required to carry out their tasks, and how to supervise them effectively.

The learning objectives are as follows:

- To understand what social work supervision is and the variety of components it is made up of

- To know what a task assistance will look like in supervision

- To be aware of the role of the Form F Assessor

- To know what a Form F assessment requires

- To understand the importance of critical thinking and reflection in supervision

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 152 Fostering Legislation Training For Social Workers And Professionals Working With Looked-After Children Fostering

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This course explores the different legislation and policies that are relevant to fostering. Key elements and responsibilities highlighted in the legislation are explained so that you have a good understanding of the role of the carer according to the law.

The main learning objectives of the course are as follows:

To gain a better understanding of the Children Act 1998 and the legal implications for fostering

To gain a better understanding of the other legislation relevant to children and fostering

To gain a good understanding of your role as a social worker and how this is linked to the National Minimum Standards and Fostering Services Regulations 2011

To learn key places to look for additional resources should you wish to learn more about this area of fostering

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 153 Fostering Regulations Fostering

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This course aims to provide foster carers with a greater understanding of the standards and regulations and the ways in which these will guide and inform the care they provide to children and young people.

The main learning objectives of the course are as follows:

To identify how the standards affect your practice

To understand your professional responsibilities in respect to the regulations and standards

To identify accountability for key responsibilities under these standards

To explore how to explain and evidence your practice

To ensure that systems used are effective and meet the necessary requirements

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 154 Fostering Skills Fostering

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Many of the children or young people who need to live with foster carers have been through traumatic experiences. As a result, they may feel lonely, afraid, or confused which may result in challenging behaviour. When young people are placed in foster care, the skills that foster carers possess are important in terms of building and working with young people.

The main learning objectives of the course are as follows:

To be able to provide a good standard of care to other people's children to promote their health, education, and leisure interests

To be able to listen and communicate with children/young people in a way that is appropriate for their age and understanding

To be willing to learn new skills

To be able to help the child/young person keep in contact with their family, friends, and local community activities as appropriate

To be able to put boundaries in place to manage behaviour in an effective and positive way to enable children/young people to grow up to be responsible and well-balanced adults

To have the energy and motivation to remain committed to a child/young person through more challenging times

To be able to work with, and understand, the role of all the professionals involved in the child/young person's life

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 155 Foundations For Attachment Fostering

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This course is a comprehensive guide to understanding what attachment means, and how to navigate forming attachments when a child or young person has experienced trauma. This course looks extensively at different parenting models, including the PACE model, and explains how to broach behavioural difficulties with a traumatised child. The course also explains the impacts of trauma on child development, including physiologically, mentally, physically, emotionally, socially, and more. This course concludes with how to look after yourself as a guardian/carer and how to practice self care.

The learning objectives are as follows:

To understand the importance of exploring a child's experiences

To understand the challenges to parenting and care

To learn about different parenting and care models

To learn about the PACE model

To know about self awareness, reflective practice, and self care

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 156 Framework For The Assessment Of Children And Their Families Fostering

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A consistent message from cases involving harm to children is the importance of identifying problems early and taking rapid action to address them before they get worse.

It's important to remember also that no single professional can have a full picture of a child's needs and circumstances. If children and families are to receive the right help, everyone who comes in contact with them - midwives, health visitors, GPs, early years' professionals, teachers, youth workers, police, volunteers, and social workers - has to play a role by identifying concerns, sharing information, and taking prompt action.

Concerns about a child's welfare may arise in many different contexts, and the nature of these concerns will vary greatly from case to case. What is important is that action is taken quickly so that a problem does not escalate.

In this course, caregivers can find out more about the framework for the assessment of children and their families.

The learning objectives are as follows:

To know the important principles that underpin the framework

To understand who should use the framework and why

To know what is required to properly assess children's needs

To understand the nature of reflective practice and its role in assessment

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 157 Future of Adoption Fostering

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Legally, adoption refers to an official transfer of parental rights from the biological parents to the adoptive parent via court process. This course will examine what exactly adoption is, the process and the legislation behind it, and it will offer information on resources and support for all involved in the process.

The main learning objectives of the course are as follows:

- To develop a thorough understanding of the meaning of adoption from the perspectives of all involved
- To understand the adoption process and the role of adoption agencies, local authorities, and panel members
- To know adoption legislation and the Prospective Adopters Report including 2013 updates
- To know what to expect as a prospective adopter of the assessment process
- To be aware of the support resources for adopters, birth parents, and foster carers

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 158 Gaming And Social Media Addiction Fostering

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4.6 million Britons, of all ages, may be addicted to internet use in some way, shape, or form. Gaming and social media account for the lion's share of the problems. This course aims to look at this growing issue in more detail, to help generate a better understanding of the problem and identify solutions to implement.

The main learning objectives of the course are as follows:

To learn about the rise of gaming and social media and the effects, both positive and negative, it generates for young people

To identify how gaming and social media has become a problem

To understand what addiction is, how addiction occurs, and the effect of addiction on the brain

To understand how addiction to gaming and social media can affect a person and the impacts it can cause

To look at how gaming and social media can affect a young person's mental health

To be able to identify warning signs of addiction in your child/children in your care

To be able to implement strategies and guidelines to help support your child

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 159 Gangs And County Lines Fostering

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This course is a comprehensive guide to gangs and county lines. The course explains what county lines are and how they are different from the traditional drug markets. There are also explanations about frequently used terminology used by gangs, and the impact county lines are having.

The learning objectives are as follows:

- To know what 'county lines' are
- To understand traditional drug markets
- To understand vulnerabilities and indicators
- To know the context of criminal exploitation
- To know the barriers to engagement
- To understand the importance of language
- To identify how major drug dealers control the lines into rural drug markets
- To understand how major drug dealers organise and supply these markets
- To look at how vulnerable individuals are groomed, coerced, and forced into assisting them
- To be aware of the impact these county lines have on local communities

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 160 Gangs And Group Offenders Specialist Fostering

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Gangs are a very real risk in today's world, and they may seem like an attractive prospect to a lot of children and young people. So, it's important that you know the dangers of gangs, and how to recognise the signs if your child or young person has joined one.

This course will look at the different kinds of gangs and what you as a carer can do in the event that your child or young people become involved in a gang.

The learning objectives for this course are as follows:

- To know the definition of a gang
- To understand prevention and intervention strategies
- To be aware of the indicators and risk factors of gangs in your community
- To explore tips that carers can implement to prevent gang activity

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 161 Global Development Delay Fostering

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**Global Developmental Delay (GDD)** is the general term used to describe a condition that occurs during the developmental period of a child between birth and 18 years. It is usually defined by the child being diagnosed with having a lower intellectual functioning than what is perceived as 'normal'.

The main learning objectives of the course are as follows:

- To look at the prevalence of developmental delay
- To identify the types of developmental delay
- To understand the causes
- To look at the signs
- To explore diagnosis
- To consider management of global developmental delay

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 162 Grief And Bereavement Fostering

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This course aims to provide information and guidance into what young people have said they need when experiencing loss and grief, and what support mechanisms need to be in place.

The main learning objectives of the course are as follows:

- To understand grieving in a healthy, more open, and child-centred context
- To understand what death and bereavement means to a child
- To be able to contextualise death in relation to a child's age, ability, and experience
- To be able to respond more effectively to children's grief
- To understand what makes grief and stigma such a challenging experience for a child in care

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 163 Handling Information - For Health And Social Care Fostering

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Information about service users or patients should be treated confidentially and respectfully. Members of a care team should share confidential information when it is needed for the safe and effective care of an individual. How should you handle such information, and what are the rules and regulations?

This course enables learners to understand the various rules of handling sensitive information in more detail and the rules of confidentiality.

The learning objectives are as follows:

- To understand confidentiality and when to share information
- To be aware of the relevant legislation
- To understand The Caldicott Principles
- To understand the secure storage of information
- To know the importance of clear recording in care plans
- To know how to report concerns about the recording, storage, or sharing of information

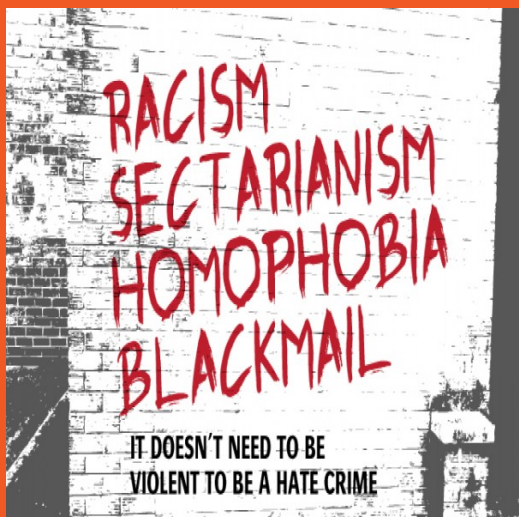
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 164 Hate Crime Fostering

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When someone is hostile to another person because of their disability, nationality, race, religion, sexual orientation, or transgender identity, and they show their hostility through intimidation, harassment, damaging property, and/or violence - it is a hate crime.

This course will look at both hate crimes and hate incidents and will look in detail at the different kind each. It will examine the impact of these crimes and will point the learners in the direction of support services.

The main learning objectives of the course are as follows:

- To understand hate crimes and hate incidents
- To know the types of hate crimes and hate incidents
- To understand disability hate crime
- To understand racist and religious hate crime
- To understand sexual orientation and transgender identity hate crime
- To be aware of the important legislation
- To know how to report hate crime
- To understand hate crime and the CPS
- To understand the impact of hate crime on the people who experience or witness it
- To be aware of the range of support services available

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 165 Have A Happy Covid-Christmas Fostering

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This course will explore the latest guidelines around COVID-19, the proposed changes over the Christmas period, and the new tiers that will follow the lifting of the national lockdown.

It will focus on the formation of Christmas bubbles and the rights and responsibilities that go alongside these. It will encourage learners to reflect on the best options for themselves and the family as well as a recap on maintaining correct behaviours. The course will then explore what is and is not permitted within the new tiers going forward.

The course will continue with advice for adults who work away from the home as well as for adults working at home. Finally, the course will look at how to keep young people safe and occupied, finishing with resources to keep them active and entertained in the coming weeks.

The course objectives are as follows:

To understand each tier

To know of advice for adults at home and at work

To know how to keep young people safe and occupied

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 166 Healing Environments Fostering

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This course aims to help learners understand the interaction between human beings and the physical environment, and to develop the knowledge and skills they need to create a healing environment within their own setting and surroundings.

The main learning objectives of the course are as follows:

- To understand the impact of trauma on children's social and emotional functioning

- To understand the role of play in creating emotionally safe and healing environments for looked after children who have been abused

- To know the basic components of a healing environment

- To be aware of tools and strategies to help abused and neglected children develop self-awareness and self-regulation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 167 Health And Nutrition Fostering

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This course is a comprehensive guide to health and nutrition. The course explains the importance of having a healthy, balanced diet and gives in-depth information about the different types of food that are important to include in your diet. The course also gives advice on how to promote healthy eating and exercise in the children and young people in your care.

The learning objectives are as follows:

- To know why health and nutrition is important

- To understand health and nutrition in children and young people

- To explore the ways that settings currently promote good health and nutrition

- To know how to promote health, nutrition, and exercise in children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 168 Health And Safety In Education Management Fostering

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Health and safety risks in schools typically include on-site transport movements, falls from a height, slips and trips, stress management, work-related violence, asbestos management, the legionella bacteria, construction and maintenance activities, and manual handling.

In this course, learners can find out more about managing risk in their school or college.

The learning objectives are as follows:

- To learn about the risks of fires in schools
- To know what is not covered by health and safety legislation
- To understand the role of school leaders
- To be aware of the health and safety checklist for classrooms

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 169 Health And Safety In Education Staff Awareness Fostering

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Health refers to the overall state of the body or mind. Safety is the state of being safe, free from the risk of injury or harm. Health and safety applies to all aspects of the work, activities, and elements of a working environment. The purpose of health and safety at work is to identify, reduce, and respond to risks that affect everyone in the workplace.

In this course, learners can find out more about managing risk and health and safety.

The learning objectives are as follows:

- To understand what we mean by health and safety and key terms
- To be aware of potential hazards
- To know how legislation, policy, and procedures promote health, safety, and security
- To understand risk assessments
- To be aware of priorities and responses in dealing with incidents and emergencies

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 170 Health Awareness Fostering

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This course explores the importance of health and nutrition. It aims to provide learners with an understanding of a balanced diet, the nutrients that are involved, the importance of exercise, and sleep.

The main learning objectives of the course are as follows:

- To know why health and nutrition is important

- To understand health and nutrition in children and young people

- To explore the ways that early years settings currently promote good health and nutrition

- To know how to promote health, nutrition, and exercise in children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 171 Hidden Harm Fostering

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This course explores the common problems that vulnerable children may face and how these issues impact their development. Risk assessments and methods to work with children and families are also explained.

The main learning objectives of the course are as follows:

- To know the important definitions
- To understand common problems and how a child's development might be impacted by the toxic trio
- To understand risk assessment
- To know what works with children and families
- To be aware of family assessment and support services

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 172 Honour-Based Abuse And Forced Marriage Fostering

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The concept of honour is, for some communities deemed, to be extremely important. To compromise a family's honour is to bring dishonour and shame, and this can have severe consequences. The punishment for bringing dishonour can be emotional abuse, physical abuse, family disownment, and, in some cases, even murder.

This course will break down the different aspects of honour-based abuse and forced marriage to understand why families perpetrate this crime.

The learning objectives are as follows:

- To gain an insight into honour-based abuse and forced marriage
- To understand why families perpetrate this crime
- To be able to recognise the signs to be aware of
- To understand the impact on children and young people
- To gain an awareness of the law surrounding honour-based abuse and forced marriage
- To know where to access available support

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 173 How To Be An Effective Fire Warden Or Fire Marshal Fostering

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Once a fire starts, it can spread, destroy, and kill very quickly - so it's crucial that you know how to deal with it promptly if you ever face this situation in your own setting.

This course will look at the causes of fire, how to deal with fire, and your duties as a fire marshal.

The learning objectives for this course are as follows:

- To learn the cost of fire

- To understand what can cause fires

- To be aware of The Fire Triangle

- To know how to use fire extinguishers and the different types

- To understand how to use a fire blanket

- To know how to prevent fires

- To understand your duties - what should you do when a fire occurs?

- To understand your building design and any fire safety facilities

- To know a brief overview of fire safety legislation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 174 How To Deal With Knife Wounds Fostering

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Attending to a stab wound requires quick action and a level head in order to effectively provide the first aid needed to control the bleeding and potentially save the victim's life.

This course will advise you on how to deal with knife wounds, how to assess situations, and how to provide first aid.

The learning objectives are as follows:

- To know the most effective way to deal with a knife

- To know how to deal with a knife wound

- To know how to assess the situation

- To know how to attend to a stab wound

- To understand the airway, breathing, and circulation

- To know the recovery position

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 175 How To Support Mental Health At Work Fostering

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This course is a complete guide to understanding mental health in the workplace and how the impact of Covid-19 may impact on employees and their colleagues. It will focus on the different aspects of an organisation, from individual self-care to designing healthy workplaces.

The course will allow participants at every level of organisations to promote their own, and their colleague's, mental health. The learning objectives are as follows:

- To understand what mental health is

- To explore the importance of looking after your health at work

- To discuss the implications of Covid 19

- To understand how to support a colleague at work

- To explore management responsibilities

- To explore making a healthy workplace

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 176 How To Talk To Your GP About Mental Health Fostering

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This course will explore the impact of asking for and attending a GP's appointment during the Covid-19 epidemic and how that will impact on young people and adults with a mental health condition. It will look at the impact of Covid-19 on the attendance at GP surgeries considering the epidemic and the use of virtual appointments and telephone appointments.

It will also look at how people can prepare for their appointments and understand what might happen during them. Finally, it will look at what might happen after the appointment, and explore options if the outcome didn't go as planned.

The learning objectives are as follows:

- To consider whether you need to see a GP

- To understand the impact of Covid-19

- To explore how to prepare for an appointment

- To understand what happens during your appointment

- To explore what happens next

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 177 Human Rights in Social Care Fostering

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The Human Rights Act exists to protect everyone from abuse of power, disrespect, or neglect. This course will help you to understand how human rights laws apply to your work and will show the learner how human rights principles should be used within their own environments.

The main learning objectives of the course are as follows:

- To understand what is meant by human rights and the laws and conventions protecting them
- To understand the responsibilities of both public authorities and individuals regarding human rights
- To understand the personalisation and how the rights of people are protected within national standards
- To identify the benefits of a human rights approach
- To improve outcomes and experiences for both carers and children
- To identify strategies to apply human rights principles and standards to your existing work

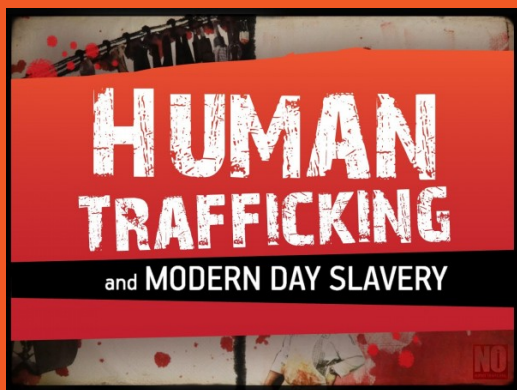
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 178 Human Trafficking And Modern Slavery Fostering

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The Human Trafficking and Modern Slavery course aims to provide carers with an initial overview of the issues of human trafficking and human slavery. The course will help learners develop greater knowledge of human trafficking and slavery. It will explore the issues facing individuals who have been trafficked, how to correctly identify and spot the signs of potential exploitation, and learn about what is available to support those who have been trafficked.

The main learning objectives of the course are as follows:

- To know what human trafficking is
- To be aware of the elements of trafficking
- To know the difference between human trafficking and people smuggling
- To know the different types of trafficking
- To be aware of relevant legislation
- To understand the concept of modern slavery
- To know the best practice for first contact with a trafficking victim
- To understand the National Referral Mechanism

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 179 Impulsive Behaviour Fostering

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Impulsive behaviour is related to a child's inability to put on the "mental brakes" before acting.

It has been variously defined as behaviour without adequate thought, the tendency to act with less forethought than most individuals of equal ability and knowledge, or a predisposition toward rapid, unplanned reactions to internal or external stimuli without regard to the negative consequences of these reactions.

This course will cover the basics of impulsive behaviour and issues of identity and self-worth.

The learning objectives are as follows:

- To know what impulsive behaviour is

- To recognise cause and effect in the behaviour of traumatised children and young people

- To be able to identify the reasons why the children you look after act on impulses and struggle to control or regulate them

- To gain knowledge of techniques for positively responding to challenging situations

- To understand the importance of taking account of the experiences, preferences, wishes, and needs of individual children and young people and their families to help them manage their behaviour

- To explore issues of identity and self-worth

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 180 Introduction To Working In Health And Social Care Fostering

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Social care is about providing physical, emotional, and social support to help people live their lives. For various reasons and at different stages in their lives, some people need support to develop and maintain their independence, dignity, and control.

Many staff now work in roles that cover both health and social care, and the values and qualities needed are very similar.

This course aims to ensure that professionals new to health and social care are able to understand their role in more detail.

The learning objectives are as follows:

- To understand working in health and social care

- To know the skills to care - 'The 6Cs'

- To understand The Care Certificate

- To understand the Code of Conduct for Healthcare Support Workers and Adult Social Care Workers in England

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 181 Isolation Fostering

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*How can you look after yourself and the children in your care during a lockdown?* Find out more about the issues that could arise during self-isolation and how to support yourself and the child(ren) in your care by taking this inspiring course.

The learning objectives are as follows:

- To understand the emotional, psychological, and physical impact of isolation
- To know how to use children's strengths to help them get through
- To understand learning, creative spaces, and using art and crafts
- To be aware of exercising indoors and resources for keeping fit
- To discover new ways of helping each other and living together
- To understand making time for everyone and emotional support using digital technology
- To know how to deal with anxiety and fear in troubling times

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 182 Keeping And Sharing Information Fostering

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Protecting data and personal information is becoming more and more of a concern in the modern, digital age. This course will help you to understand what data is, what the Data Protection Principles are, and how you can implement this information to keep the children in your care's information safe. This course will also show you how you can share information in a safe and lawful way, giving you an understanding of who can have access to personal information.

The learning objectives are as follows:

To understand the Data Protection Principles

To learn about the risks and penalties that come with protecting data

To know how to keep a record safely

To understand your personal data protection rights

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 183 Keeping Children Safe In Education Fostering

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This course will run through the document, *Keeping Children Safe in Education* (Department for Education 2019). Please familiarise yourself with the document. This is included in the handouts section of the course (which you can access once you have completed this course).

The learning objectives for the course are as follows:

To understand relevant safeguarding information for all staff (Part 1)

To be aware of the key changes and issues to keeping children safe in education (Part 1 and Annex A)

To understand forced and arranged marriages (Annex A)

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 184 Kinship Assessments Fostering

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This course is a comprehensive guide to kinship assessments. The course explains special guardianship and kinship fostering, and their impact on permanency planning for children and young people. The course also examines the issues that exist in the assessment process and how you can overcome them.

The learning objectives are as follows:

- To be aware of special guardianship as a permanence option for looked after children and its advantages and disadvantages

- To know the implications of both special guardianship and kinship fostering for permanency planning for children and young people

- To understand personal and professional values and thresholds in respect of family and friends care

- To know the current dilemmas in the assessment process of family and connected persons

- To understand the importance of identifying strengths and risk

- To know the implications for policy, practice, and process in your agency

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 185 Kinship Care Fostering

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Kinship care is the care given to a child whose parents are unable to provide the care and support for a child, and this responsibility is taken on by a family member such as a grandparent, aunt, uncle, sibling, or other connected adults to the child such as godparents or close friends of the family.

This course will cover what kinship care is - including who kinship carers usually are and why it is necessary - and the benefits of kinship care. The course will also look at kinship care concerning education and the issues that both children and carers might face.

The learning objectives for this course are as follows:

- To know what kinship care is
- To know the benefits of kinship care
- To understand kinship care and education
- To know the key issues affecting children growing up in kinship care
- To understand the issues that kinship carers may face

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 186 Kinship Placements And Contact Fostering

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This course is a comprehensive guide to understanding kinship care. The course explains what kinship placements are and why they are an important alternative to a child or young person going into foster care. The impact and implications on families, the carer, and the child are also explored, including the complexities of managing contact with the birth parents.

The learning objectives are as follows:

- To understand what kinship care is

- To know the legal requirements and use of kinship care

- To be aware of the impact and implications of kinship care on children and carers

- To understand the role of social workers

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 187 Knife Crime Prevention Adult Well-being

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Are you worried that your child may be at risk from being affected or involved in knife crime? It's important that you understand what you can do to promote your child's welfare and safeguard them from potential harm.

This course aims to help increase your knowledge of the subject so that you feel confident in recognising the dangers, reporting your concerns, and promoting good personal safety to your child..

The learning objectives for this course are as follows:

- To define knife crime and serious youth violence
- To know the myths and facts surrounding knife crime
- To know the UK-wide statistics and the hot spot areas
- To know why knife crime has become a problem
- To know the type of young people and circumstances that present the greatest risk
- To explore the dangers to others and to oneself of carrying knives (the health implications and risks to personal safety)
- To look at a knife crime case study
- To understand the cycle of revenge and reprisals
- To be aware of the Criminal Justice Response: the legal implications of carrying a knife (such as possession, stop and search, and joint enterprise)
- To be able to recognise the victims and the impact on family and community
- To know how to identify risk and the signs and indicators that your child may be putting themselves at risk
- To know how to effectively talk to a young person when you have concerns
- To understand building resilience (empowering the child to keep themselves safe, making critical decisions, dealing with conflict and managing risk)
- To understand safeguarding and reporting your concerns - how a concern may come to your attention, how to respond to a disclosure, why young people often don't disclose information, and what to do next
- To know who to go to if you have a concern
- To know the essential and specialist services available
- To know what happens after a referral - how to follow up, what to do if you don't agree with the decision, strategy

discussions, and further support

As part of The Big Initiative, you're able to access free well-being online courses that have been created by leading practitioners. This online course is designed to provide you with support and knowledge on the subject. Please always reach out to a professional if you feel that you need further support.

A healthy, happy workforce is good for business. It reduces absences, increases productivity, and grows your bottom line. Bringing your best team to work is about teaching them healthy habits and lifestyle changes that they can make out of work, as well as in.

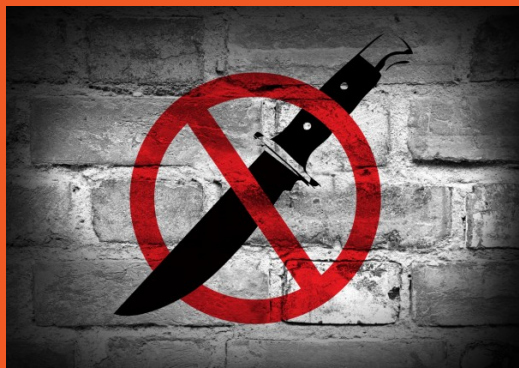
Our health and wellness experts have been making a difference in a wide variety of sectors for a number of years.

Please speak to a professional should you need further support after completing this online course.



## 188 Knife Crime Prevention Fostering

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It's important that we, as professionals, understand what we can do to promote the welfare of children and young people and safeguard them from potential harm. This course aims to help increase your knowledge of the subject so that you feel confident in recognising abuse, reporting your concerns, and promoting a good quality of life for all the vulnerable adults in your care.

This course is suitable for anyone whose job role involves working with young people at risk of being affected or involved in knife crime, whether it's on a full-time, part-time, or voluntary basis.

The course is suitable for workers at all levels, including managers, supervisors, full-time staff, and volunteers and requires no pre-requisite knowledge.

The main learning objectives of the course are as follows:

- To define knife crime and serious youth violence

- To know the myths and facts surrounding knife crime

- To know the UK-wide statistics and the hot spot areas

- To know why knife crime has become a problem

- To know the type of young people and circumstances that present the greatest risk

- To explore the dangers to others and to oneself of carrying knives (the health implications and risks to personal safety)

- To look at a knife crime case study

- To understand the cycle of revenge and reprisals

- To be aware of the Criminal Justice Response: the legal implications of carrying a knife (such as possession, stop and search, and joint enterprise)

- To be able to recognise the victims and the impact on family and community

- To know how to identify risk and the signs and indicators that a young person may be putting themselves at risk

- To know how to effectively talk to a young person when you have concerns

- To understand building resilience (empowering young people to keep themselves safe, making critical decisions, dealing with conflict, and managing risk)

- To understand safeguarding and reporting your concerns - how a concern may come to your attention, how to respond to a disclosure, why young people often don't disclose information, and what to do next

**To know who to go to if you have a concern**

**To know the essential and specialist services available**

**To know what happens after a referral - how to follow up, what to do if you don't agree with the decision, strategy discussions, and further support**

**This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.**

**Should you have 5 or more learners requiring this training please consider the face to face option we offer.**

**Should you wish to discuss your needs before making a booking, please go via our live chat.**



## 190 Learning Together - Early Years And Infants (Key Stage 1) Fostering

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This course has been designed to support parents, carers, and others who are home-schooling children temporarily. This course covers the basics of learning at this stage in terms of all areas of development and provides a wealth of resources and ideas to support your home-schooling.

The learning objectives are as follows:

To understand early years learning in terms of different areas of development:

To understand infant learning

To know how to keep safe and well

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 191 Learning Together - Junior (Key Stage 2) Fostering

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This course has been designed to support parents and carers who are home-schooling their children temporarily. This course covers the basics of learning at this stage (including all stages and topics) and provides a wealth of resources and ideas to support your home-schooling.

The learning objectives are as follows:

- To understand the stages of junior learning
- To be aware of topic-based learning
- To know how to keep safe and well during home learning

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 192 Learning Together - Lower Secondary Learning (Key Stage 3) Fostering

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This course has been designed for parents or carers who want to learn more about how to support Key Stage 3 children's (ages 11-14 or year 7 to year 9) home learning. The course is full of advice and links to activities for different subjects that are relevant to the national curriculum.

The learning objectives are as follows:

- To understand the meaning of Key Stage 3

- To know the curriculum requirements for Key Stage 3 students

- To be aware of a range of online resources that will aid home learning for Key Stage 3 children

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 193 Learning Together - Upper Secondary Learning (Key Stage 4 And Key Stage 5) Fostering

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This course has been designed for parents or carers who want to learn more about how to support Key Stage 4 and 5 students' (ages 14-19 or year 10 to year 13) home learning. The course is full of advice and links to activities for different subjects that are relevant to the national curriculum.

The learning objectives are as follows:

To understand the meanings of Key Stages 4 and 5

To know the curriculum requirements for Key Stages 4 and 5

To be aware of a range of online resources that will aid home learning for Key Stage 4 and 5 students

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 194 Legal and Care Systems Fostering

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This course aims to provide foster carers with a better understanding of various legislation within children's services, and explore how their role is linked into the legislation and National Minimum Standards.

The main learning objectives of the course are as follows:

- To gain a better understanding of the Children Act 1989 and the legal implications for fostering

- To gain a better understanding of the other legislation relevant to children and fostering

- To develop a good understanding of your role as a carer and how this is linked to the National Minimum Standards for fostering

- To develop a good understanding of the Every Child Matters Green Paper and be able to apply this to your day-to-day foster care practice

- To identify key places to look for additional resources should you wish to learn more about this area of fostering

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 195 Legionnaires' Disease Awareness Fostering

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Legionnaires' disease is a severe form of pneumonia — lung inflammation usually caused by infection. It got its name from an infamous breakout of the disease in America in the 1970s. Though quite rare in the UK, Legionnaires' disease can lead to a number of life-threatening complications.

This course will look at where the disease comes from, the symptoms, and the common complications that can result from it. It will also look at the legal responsibilities and the process of risk assessment.

The main learning objectives of the course are as follows:

- To understand where Legionella bacteria come from, how people develop Legionnaires' disease, and how it affects their health

- To have knowledge of the environments where Legionella bacteria are commonly found

- To understand legal responsibilities in regard to preventing and monitoring Legionella

- To know how to carry out a risk assessment to identify and control the hazards

- To have an awareness of how to manage the risk and the control/prevention measures that can be used to reduce the risks from Legionella

- To understand the importance of continually monitoring, reviewing, and updating the Legionella control measures

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 196 LGBTQIA+ Fostering

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This course is an introduction to the LGBTQIA+ community, the challenges that the young people in this community face and what you can do to support them. During this course you will gain knowledge and understanding of the current definitions and terminology within the LGBTQIA+ community and how to create safe spaces for the young people in your care.

The learning objectives are as follows:

- To understand what LGBTQIA+ means

- To know what gender identity and gender expression is

- To understand non-binary genders in more detail

- To be aware of the issues that LGBTQIA+ people face

- To be aware of the extra issues that LGBTQIA+ children and young people in care may face

- To know what you can do to provide care and support

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 197 Life Story Work Fostering

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Discussing life stories in care can be an emotive topic, bringing up difficult experiences for some young people as well as more positive memories. This course, around life stories, is focused on achieving the best results.

The learning objectives are as follows:

To understand the definition of and theory supporting life story work

To be able to identify why it may be a significant part of the care plan for children who are looked after

To learn how to assess the most appropriate way of working with individual children with their life stories, taking into account diverse family backgrounds

To learn to work effectively with the child's network throughout the process, with professional principles, and within an ethical framework

To use a range of methods to communicate effectively with children during the life story process

To comprehend the importance for a child in permanence to have a later life letter

To be able to assess which children would benefit from other types of intervention

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 198 Lifting Lockdown Fostering

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The course has been designed to assist people in managing the impacts of the easing and lifting of lockdowns during the Covid-19 pandemic.

It will allow participants to explore feelings around the lockdown and particularly around lockdown being lifted. It will explore the emotional triggers and their implications for emotional wellbeing, and how that will impact on individuals.

The course will look at the benefits of Dialectical Behavioural Therapy and the benefits for individuals. This will lead to individuals understanding the importance of mindfulness and self-reflection to ensure better outcomes for participants.

The learning objectives are as follows:

- To explore feelings around lockdown being lifted

- To understand triggers and their implications

- To explore Dialectical Behavioural Therapy

- To understand the importance of mindfulness

- To understand the importance of self-reflection

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 199 Ligature Fostering

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This course has been designed for staff and carers to increase their knowledge of ligature, a method used in suicide. A ligature is something which could potentially be used or has been used for self-strangulation. This course offers practical tips on what to do if you find a young person has attempted suicide by strangulation.

The learning objectives are as follows:

To understand the meaning of ligature

To be aware of ligature points

To know what happens when a ligature is used

To be aware of the causes of asphyxia

To know the standard operational procedures

To be aware of first aid and help

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 200 Living With Teenagers Fostering

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Looking after teenagers can often be stressful. This course will help carers to understand the “normal” challenging behaviours teenagers exhibit and how to manage these behaviours. It will cover such issues as self-esteem, conflict, and discipline. Please note that this course does not delve into the underlying issues a looked after child might have experienced, such as trauma or abuse.

The learning objectives of this course are as follows:

To understand relationships between teens and their carers and how to cultivate them

To know how to promote self-esteem in teens

To be aware of how to communicate effectively with teens

To know how to discipline teens

To understand how to resolve conflict with teens

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 201 Lone Working Fostering

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The lone working training course is aimed at candidates who work alone. This course will enable candidates to gain a better understanding of the lone working regulations and guidance.

The main learning objectives of the course are as follows:

- To know the laws around lone working
- To understand what lone workers are
- To know the employer and employee's responsibilities
- To be aware of ways to stay safe
- To know the benefits for employee and employer

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 202 Looking After Children With Complex Needs Fostering

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While caring for a child with complex needs won't be right for everyone, there are a lot of misconceptions about how hard it is. Every child is different, and some children will always need some form of support. As a carer, you can offer them crucial life skills and help them learn to manage their own behaviour, as well as offering a loving, supportive, and understanding home.

Through this course, learners will receive an understanding of children with complex care needs, multi-agency working, and the challenges of complex care.

The main learning objectives of the course are as follows:

- To understand the concept of children with complex needs
- To look at how to work together in a multi-agency way to promote better outcomes
- To look at the different models of disability
- To understand the meaning of “complex care needs”
- To know solutions to the challenges of complex care for children
- To look at transitions into adulthood

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 203 Making Sense of Adolescence Fostering

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Working with adolescents can be challenging. This course enables learners to understand the challenges of being an adolescent in the twenty first century and the particular challenges facing vulnerable children in adolescence. The course is specific for delegates within fostering.

The main learning objectives of the course are as follows:

- To understand what it means to be an adolescent in the modern world
- To develop an awareness of the skills needed to work effectively with adolescents
- To explore adolescent development through the ages
- To explore the movement towards independence
- To gain an understanding of risk-taking behaviour in adolescents

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 204 Managing Allegations Fostering

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Discussing safer caring and allegations in care can be an emotive topic, bringing up difficult experiences for some people. All training around safer caring and allegations is focused on achieving the best and safest of standards.

The main learning objectives of the course are as follows:

- To understand the boundaries of personal competence and responsibility, when to involve others, and where to seek advice and support
- To understand when carers are required to consult with a manager/designated person
- To understand what will happen once they have informed someone about those concerns
- To gain basic information and background about the legislative framework, within which children's welfare is safeguarded and promoted
- To know where to get help and support during an investigation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 205 Managing Behaviours Of Manipulation In Looked After Children Fostering

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Because staff and carers often encounter young people who use self-serving manipulative tactics, it is vital that they discern such tactics and manage them skillfully. Otherwise, carers may unwittingly respond counterproductively to these manoeuvres, thereby permitting young people to impair the helping relationship and undermine progress.

This course looks at how carers can eliminate these behaviours and why young people might display manipulative behaviours in the first place.

The main learning objectives of the course are as follows:

- To understand the concept of manipulative behaviour
- To know why young people display manipulative behaviours
- To understand how this links in with challenging behaviour
- To be aware of ways to eliminate manipulative behaviours
- To know how to support young people with manipulative behaviours

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 206 Managing Challenging Behaviour Fostering

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This course will help foster carers to understand the complexities of challenging behaviours, and will enable them to assess and understand the underlying needs, which can then be addressed through the promotion of alternative constructive behaviours.

The main learning objectives of the course are as follows:

- To understand and define challenging behaviour
- To know the various types of challenging behaviour
- To know the triggers that lead to challenging behaviour
- To know how to effectively deal with challenging situations
- To understand challenging behaviour
- To be aware of strategies to manage challenging behaviour

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 207 Managing Placement Breakdowns Fostering

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We all begin a new foster placement with high hopes that a “forever” family has been created. Yet, a large number of fostering families find their dreams are shattered as they realise that despite everyone’s best efforts, the fostering placement isn’t going to work, and the placement breaks down.

A fostering breakdown is heartbreaking for all involved - the social workers who placed the child, the therapist who tried to resolve the issues with the family, the foster carers who thought they were up to the task of caring and supporting this young person, and most of all, for the young person who is once again embraced by rejection and loss.

In this course, learners can find out more about placement breakdowns and what we can do to support all those involved.

The learning objectives are as follows:

- To explore the causes of placement breakdown
- To recognise the underlying factors of placement breakdown
- To look at the events and behaviours leading up to placement breakdown
- To identify the actions they can take to minimise placement breakdown and its impact

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 208 Mediation And Restorative Approaches Fostering

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This course is a comprehensive guide to understanding how to resolve conflicts and disputes through the use of mediation and the use of a restorative approach. The course takes a look at anger, its chemical causes, and the impact of anger on the body. This course explains what a restorative approach is and how to use it in practice, such as de-escalating a situation in a school or a work environment.

The learning objectives are as follows:

To understand what mediation is

To learn about restorative approaches

To understand what we can achieve using this model

To understand anger

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 209 Men Who Foster

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The role of a foster carer can be both extremely rewarding and, at the same time, extremely challenging. Being a male foster carer has, arguably, even more challenges. Women are traditionally seen as the care-givers. Often, a man who devotes his life to caring for children is viewed with suspicion. This course explores the roles men play in care as main carers. It explores the idea of the 'positive male role model', as well as expectations and stereotypes in care.

The main learning objectives of the course are as follows:

- To provide carers with confidence in all aspects of supporting children who are in placement
- To highlight that you are in a unique position to support children in gaining positive attachments, and with building healthy relationships with men
- To consider the role of men in fostering
- To explore the struggles that men face within their care role
- To explore the attributes that constitute a positive male role model for foster children
- To provide an insight into the allegation procedure and make the whole process less intimidating
- To understand the importance of the Safer Care Policy
- To learn how to support children in a safe manner that doesn't restrict you as a carer

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 210 Mental Capacity Act Fostering

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The Mental Capacity Act is intended to assist and support people who may lack capacity, and to discourage anyone who is involved in caring for someone who lacks capacity from being overly restrictive or controlling.

The Act also aims to balance an individual's right to be protected from harm if they lack capacity to make decisions to protect themselves. This course aims to help care workers look at how the Act will affect them, and to help them to develop best practice to include in the new legislation.

The main learning objectives of the course are as follows:

- To list and understand the basic principles of the Act and why we need them
- To identify the decisions that people need to make and how they make them
- To demonstrate knowledge of how to assess/judge if someone has the capacity to make a particular decision
- To demonstrate an understanding of how to make a 'best interest decision' for someone who lacks capacity
- To apply the above to their place of work
- To list the other key features of the Act
- To identify where they may need to adapt the way that they document assessments and the decisions made on behalf of service users

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 211 Mental Health & Debt Fostering

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This course has been designed to assist carers to give practical advice to adults and young people who experience issues with debt and mental health issues.

The rise of mental health issues during the pandemic has made this type of intervention vital, and the course explores the cycle of debt and practical advice for both carers and individuals. It will also explore practical advice to manage money and working with the banks and their responsibility to individuals.

The learning objectives are as follows:

To explore mental health and the cycle of debt

To understand the impact of COVID-19

To look at analysing problems with debt

To explore working with the banks

To understand how carers, friends, and family can help

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 212 Mental Health Fostering

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Most children grow up mentally healthy, but these days it has become more common for children and young people to have problems with their mental health - especially for those who are in care. This course will help create an awareness of mental health and how we can help children and young people who have mental health problems. The course will identify the most common types of mental health issues, and the types of treatment and interventions that are available to young people who need them.

The learning objectives are as follows:

- To be able to define mental health
- To understand the experiences of looked-after children
- To explore reasons for mental illness
- To explore mental health issues
- To identify assessments for children
- To explore treatment and interventions

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 213 Mental Health Suite Module 1-The Prevalence Of Mental Health Problems In Children And Young People Fostering

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This course explores the prevalence of mental health problems in children and young people, including statistics that show a vast increase in children suffering with ill mental health. The course also explains the steps that have been and are being taken by the government to improve provisions of mental healthcare for children and young people.

The main learning objectives of the course are as follows:

- To explore the prevalence rates and statistics related to children and young people's mental health
- To discuss the rise in the number of children and young people experiencing mental health problems
- To evaluate policy initiatives and legislation concerning children and young people's mental health
- To review recent policy developments and the impact of these: *Future in Mind* and *Five Years Forward for Mental Health*
- To illustrate the role of the Children and Young People's Mental Health Coalition

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 214 Mental Health Suite Module 10 - Peer Mentoring And School-Based Counselling Fostering

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Given the emphasis on schools in supporting children and young people's mental health, increased interest has focused on the benefits of peer support in schools, as well as school-based counselling.

These forms of intervention are in line with policy initiatives by focusing on the role of early intervention and prevention of the development of mental health problems. Both of these forms of intervention will be discussed in more details throughout this module.

The main learning objectives of the course are as follows:

- To evaluate peer mentoring and school-based counselling when working with children and young people

- To explain the different peer mentoring programmes available in schools

- To know the positive outcomes to peer mentoring

- To understand how school-based counselling can help children and young people

- To know how students in need can be identified for school-based counselling

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 215 Mental Health Suite Module 2-Common Mental Health Problems In Children And Young People Fostering

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This course explores the different mental health problems that are commonly found in children and young people. It describes the signs and symptoms of different mental health problems and explains why such problems develop. There is also a focus on improving understanding of self-harm in young people.

The main learning objectives of the course are as follows:

- To understand the common mental health problems experienced by children and young people, specifically depression and anxiety disorders
- To know the signs and symptoms associated with common mental health problems in childhood
- To understand the cause of some common mental health problems seen in children and young people
- To understand self-harming behaviour as a symptom of mental health problems
- To be aware of the causes of self-harming behaviour

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 216 Mental Health Suite Module 3-Less Common Mental Health Problems In Children And Young People Fostering

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This course explores different mental health problems that are less commonly found in children and young people. It describes the signs and symptoms of mental health problems such as psychosis and eating disorders. There is also a focus on substance misuse issues.

The main learning objectives of the course are as follows:

- To understand the less common mental health problems experienced by children and young people: more specifically suicide, eating disorders, psychosis, bipolar disorder, and attachment disorders

- To know the different signs and symptoms that are prevalent in less common mental health problems

- To be aware of the causes of some less common mental health problems, as well as examining the vulnerability factors in certain disorders

- To know the impact of alcohol and substance misuse problems on a young person's mental health

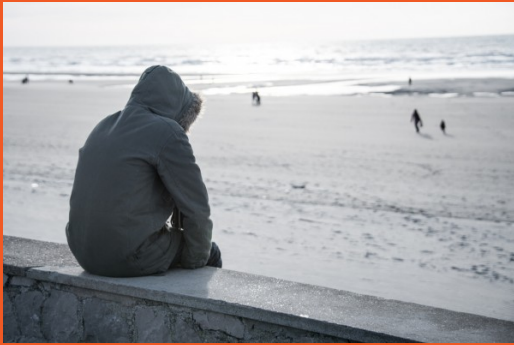
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 217 Mental Health Suite Module 4-Vulnerable Groups Of Children And Young People Fostering

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This course explores the different groups of children and young people that are more vulnerable to mental health problems. The reasons behind the development of mental health and relevant research and statistics are explained.

The main learning objectives of the course are as follows:

To draw conclusions about different groups of children and young people who are particularly vulnerable to the development of mental health problems, including looked after children, children with learning or physical disabilities, young carers, or young people involved in the Youth Justice System

To discuss specific vulnerability factors in relation to these particular groups

To explain causal factors related to the development of mental health problems in these groups

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



This course explores CAMHS; the issues with it and the impact this has on children and young people. Research into CAMHS is examined, as well as the suggestions that have been made to improve the service.

The main learning objectives of the course are as follows:

- To review the role of child and adolescent mental health services (CAMHS)

- To identify and discuss the problems faced by child and adolescent mental health services, including barriers to service provision, access to treatment, and waiting times, quality of treatment and transition between services for young people

- To examine the issues faced by inpatient services and crisis care provided for children and young people

- To analyse future directions in terms of service provision for children and young people

- To distinguish the main priorities outlined by the Children and Young People's Mental Health Taskforce

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 219 Mental Health Suite Module 6 - Risk And Protective Factors In The Development Of Mental Health Problems In Children And Young People Fostering

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This course explores the reasons why children and young people may develop mental health problems. The specific risk factors that lead to mental health issues are analysed and explained and protective factors are also discussed.

The main learning objectives of the course are as follows:

To distinguish numerous risk factors related to the development of mental health problems in children and young people, and how these can impact on the child

To interpret specific risk factors, including bullying, living in poverty, child sexual exploitation (CSE), domestic abuse, parental mental illness, and academic pressure

To evaluate relevant protective factors in the area of children and young people's mental health

To summarise the role of schools in acting as a protective factor with children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 220 Mental Health Suite Module 7-The Effect Of Social Media On The Mental Health Of Children And Young People Fostering

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This course provides an insight into the significance of social media use on young people and the impact it has on them. The potential online risks and harmful online information and websites are explained to help you look out for the young people in your care.

The main learning objectives of the course are as follows:

- To understand the emerging trends concerning the use of social media by children and young people
- To be aware of the potential online risks of harm to children and young people
- To understand cyberbullying and the impact on children and young people
- To understand harmful information and be aware of websites available for young people to access online

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 221 Mental Health Suite Module 8-Assessment And Treatment Of Childhood Mental Health Problems Fostering

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This module sets out to examine the various assessments and treatment approaches utilised when working with children and young people. A variety of approaches exist, and it is important to recognise how one approach does not fit all. Due to the idiosyncratic nature of mental health problems in young people, it is essential to aim to find an approach to treating a child or young person's mental health problem which is helpful for them personally.

The module also outlines the importance of outcome monitoring and children and young people providing feedback on the care they receive.

The main learning objectives of the course are as follows:

To review what is involved in carrying out mental health assessments of children and young people

To understand standardised assessment measures commonly used with children and young people. This includes the Strengths and Difficulties Questionnaire (SDQ) and the Revised Children's Anxiety and Depression Scale (RCASD)

To be aware of the various psychological treatments available for children and young people, specifically Cognitive Behavioural Therapy (CBT), Solution-Focused Therapy, Dialectical Behaviour Therapy (DBT), Play Therapy, Art Therapy, Eye Movement Desensitisation and Reprocessing (EMDR), and Family and Systematic Therapy. In addition, the use of medication with children will be acknowledged

To understand the Children and Young People's Improving Access to Psychological Therapies (CYP-IAPT) programme and the importance of outcome monitoring

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 222 Mental Health Suite Module 9-The Role Of Education In Supporting Children And Young People's Mental Health Fostering

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Given how half of mental health problems start before the age of 14, schools have a vital role to play in supporting children and young people. Schools can prevent mental health problems by raising awareness, reducing stigma, and by having good policies in place to prevent bullying and discrimination.

This module sets out to discuss the many ways schools can support children and young people experiencing mental health problems.

The main learning objectives of the course are as follows:

- To demonstrate the role of schools in supporting children and young people's mental health

- To analyse the role of schools in identifying children and young people experiencing mental distress

- To understand how schools can promote good mental health in young people by raising awareness, building skills in school staff, and working with parents

- To be aware of the Schools Link Pilot and the role of educational psychologists

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 223 Missing From Care Fostering

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This course provides a comprehensive look at the reasons behind and procedures for dealing with looked after children who go missing from care. The course helps identify reasons why children may run away and gives advice on the correct steps to take when a child in your care goes missing.

The main learning objectives of the course are as follows:

- To explore the reasons why a young person might run away
- To consider the risks involved with running away
- To gain an understanding of what to do when the young person returns
- To learn how to manage young people who go missing

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 224 Moving Forward With Delegated Authority Fostering

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This course gives participants a comprehensive overview of the legislative context of delegated authority and allows them to explore delegated authority from different perspectives. The training also gives an overview of delegated authority practice issues.

The main learning objectives of the course are as follows:

- To increase your understanding of delegated authority and the legislative context
- To consider the issues around the sharing and balance of responsibilities when delegating authority
- To consider implications for care planning and practice in your service
- To explore the practical implementation in everyday life

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 225 Multi-Agency Working Fostering

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The work of carers is, by its nature, a collaborative one; it encompasses many areas of life, including health, welfare, childcare, the police, education, legal work, and social work. It requires joint working and communication with professionals and people that have, at the core of their work, a vulnerable child.

This course explores multi-agency working in more detail and the strategies professionals can employ in their collaborative work.

The main learning objectives of the course are as follows:

- To know the importance of developing positive working relationships with other professionals
- To consider how working in partnership affects looked after children and their families
- To understand best practice in the role of carer
- To be aware of the importance of communicating with others constructively and positively

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 226 Multiple Sibling Placements In Foster Care Fostering

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Sibling relationships are emotionally powerful and critically important, not only in childhood but over the course of a lifetime.

Children learn social skills, particularly in sharing and managing conflict from negotiating with brothers and sisters.

In this course, learners will find out more about the importance of keeping siblings together in placements and the issues that can sometimes arise.

The main learning objectives of the course are as follows:

- To understand the importance of siblings
- To understand sibling relationships in abusive or neglectful families
- To know the benefits of placing siblings together
- To be aware of barriers to placing siblings together
- To know practices for keeping siblings together in placement
- To know what to do when siblings cannot live in the same home
- To understand the importance of maintaining ties between separated siblings
- To be aware of common sibling issues within the foster care

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 227 Nurturing Attachments Fostering

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Bonding with an infant is an important part of their development. They need to feel loved and nurtured by you as a parent/carer and you need to create that connection with them early on.

This course works to create an understanding of attachment theory, and to help identify each pattern of attachment. The course will also discuss therapeutic parenting and how to provide children with a secure base so as to increase feelings of security and to provide them with a home environment within which healing can occur.

The learning objectives are as follows:

- To understand the theory of attachment
- To be aware of therapeutic parenting
- To know how to provide a secure base for children
- To understand challenging behaviour
- To know how to use reflective practice

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 228 Observation Skills And Record Writing Fostering

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This course is a comprehensive guide for foster carers, to bolster the importance of observation and record writing skills whilst caring for children. The course looks at different observational techniques, gives reasons behind observing children, and what to subsequently do with the information gathered. This course also provides information on how to write accurate reports that are not overly complex, but instead easy to read.

The learning objectives are as follows:

- To understand the importance of observation and writing reports

- To understand the different methods of observation

- To learn how to write an accurate and readable report

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 229 Online Safety Fostering

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This course explores the different online activities that are commonly used by children and young people and explains the risks that they pose. There is also advice for how to ensure the online safety and privacy of the young people in your care.

The main learning objectives of the course are as follows:

- To be aware of online activities that are popular with young people
- To know the risks young people are exposed to online
- To understand behaviour that exposes young people to greater risk and know ways to talk to them about their choices
- To understand the impact of exposure to risk
- To know how abusers use the internet to reach young people
- To know ways of managing online privacy

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 230 Oppositional Defiant Disorder Fostering

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This course is aimed at carers and will help you to understand ODD in more detail, as well as describing how to support and manage young people with this disorder.

The main learning objectives of the course are as follows:

- To be able to describe the nature of defiant, oppositional, or non-compliant behaviour in children
- To understand the four-factor model of defiant behaviour
- To examine the relationship of ODD to other disorders
- To discuss strategies for managing children with ODD
- To recognise the impact on the parents/carers of children with ODD

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 231 Overcoming Loneliness Fostering

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Feeling lonely isn't in itself a mental health problem, but the two are strongly linked. Having a mental health problem can increase your chance of feeling lonely.

This course explores loneliness in more detail and strategies to overcome loneliness.

The main learning objectives of the course are as follows:

- To be aware of what loneliness is
- To understand who is affected by loneliness
- To learn the causes of loneliness
- To understand loneliness and health issues
- To know how to manage loneliness

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 232 Palliative And End Of Life Care For Infants, Children And Young People Fostering

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This course is about making sure a child or young person who has a life-limiting condition gets the best possible care. It applies to babies, children, and young people under 18 with life-limiting conditions. The course provides information and advice about care teams, care plan, and the support you and the young person should expect.

The learning objectives are as follows:

- To know what end of life care is
- To understand the role of the care team
- To be aware of the care plan
- To know what to expect in the last days of care
- To understand how you will be supported

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 233 Panel Training - Minute Taking Fostering

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This course is a guide to minute taking during panel meetings. The course identifies the main features of minute writing, as well as the need for good recording in foster panels. Additionally, the course will highlight the main tasks of a minute taker and what skills they should possess in order to write efficiently.

The learning objectives are as follows:

To understand the need for good recording in foster panels

To know who is the minute taker

To know the minutes of a foster panel

To be aware of the mechanics of minute writing

To understand what happens after the fostering panel is finished

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 234 Panel Training (Fostering)

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This course is a comprehensive guide to understanding the Panel and its processes for prospective foster carers. The course breaks down the role of each Panel member, explains their roles, and then takes a look at relevant legislation to the process. This course also references personal bias and its impact on our opinions, prejudices, and the ability to care for others.

The learning objectives are as follows:

To learn about roles and responsibilities

To examine how someone's own values and attitudes may affect their work on panels

To clarify the national legal framework for panels, and develop familiarity with the

Fostering Services Regulations 2011 and National Minimum Standards 2011

To consider how applicants experience panels

To understand how to develop effective working relationships

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 235 Panel Training For Panel Members Fostering

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This course is a comprehensive guide to understanding the purpose of a fostering panel and how they are used to protect some of society's most vulnerable children and young people. The course explains the responsibilities of a fostering panel, how one is established, and who is who on the panel. Furthermore, the course breaks down the steps of a fostering assessment, from the Initial Visit through to Reflective Practice.

The learning objectives are as follows:

To have an understanding of the underpinning legislation, guidance, and standards

To understand the fostering "task"

To know who is who in the fostering panel

To understand an assessment of a foster carer

To know what critical thinking and reflective practice are

To understand fostering panel meetings

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 236 Parent and Child Arrangements Fostering

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The course explores the developmental needs of children and the importance of attachment. Parent and child placement fostering is a specialist type of fostering, which entails a great deal of dedication and commitment.

The main learning objectives of the course are as follows:

- To assist foster carers in developing their skills and knowledge in working with mother and baby placements

- To consider the different needs of the baby and parent in placement

- To gain an appreciation of the difference in caring for a parent and baby placement

- To gain an understanding of the different requirements from local authorities depending on the needs of the parent and child

- To look at recording information on parent and child placements

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 237 Pathological Demand Avoidance Fostering

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**Pathological Demand Avoidance (PDA) is a complex Autism Spectrum Condition characterised by an anxiety-driven need to be in control. People with PDA need a different approach to the ones used with other Autism Spectrum conditions. This course will teach learners how PDA differs from other types of autism.**

**Most importantly, the course will teach effective strategies to ensure that those who work with people with PDA can support them to help them meet their potential and manage their behaviour.**

**The learning objectives are as follows:**

**To understand the meaning of Pathological Demand Avoidance (PDA)**

**To know the impact PDA has on a person and how they might be supported**

**To be aware of the key principles of positive behaviour management when working with those with PDA**

**To understand the effects that PDA has on lifelong learning and social opportunities and how to reduce the impact of this**

**This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.**

**Should you have 5 or more learners requiring this training please consider the face to face option we offer.**

**Should you wish to discuss your needs before making a booking, please go via our live chat.**

## 238 People Skills Fostering

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People skills are the ability to deal with, influence, and communicate effectively with other people.

What are the most important people skills, in your opinion? Why are they important?

In this course, learners will find out more about people skills, in particular, the following vital skills:

Communication

Listening Skills

Empathy

Conflict Resolution

Negotiation

Problem-solving

Decision Making

Assertiveness

Patience

Tolerance

Respect

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 239 Person-Centred Approaches Fostering

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This course is a guide to understanding the different child-centred models there are, what each of them encompass, and how to put them into practice. The course will also consider what the Common Third is and how it can be used to develop new skills whilst working to strengthen the relationship between child and carer.

The learning objectives are as follows:

- To know what child-centred care is

- To understand the guidelines for the Working Together to Safeguard Children

- To be examine the different child-centred models and how to put them into practice

- To know what positive risk is

- To be aware of reflective practice

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 240 Personal Care - Appropriate Touch And Dignity Fostering

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This course is a comprehensive guide to learning about how to administer personal and intimate care as a foster carer. The course explains what personal care is and how it differs to intimate care. It also offers clear advice on what you should and should not be doing in your role as a foster carer. There is also advice on how to report any concerns and work with other agencies and partners involved in the child or young person's care.

The learning objectives are as follows:

- To know what personal care is
- To be aware of good practice guidelines
- To understand vulnerability to abuse
- To know how to work with others
- To be aware of relevant legislation and policies

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 241 Personal Protective Equipment (PPE) Fostering

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***Do you need to use personal protective equipment (PPE) in your job?*** This course has been designed for those who work specifically in health and social care. It will educate you on PPE, the need for PPE, and how to correctly use it, so you can keep yourself and others safe.

The learning objectives are as follows:

- To understand the reasons why PPE should be used

- To know the benefits of using PPE

- To be aware of how to correctly use PPE

- To know how to safely remove and dispose of PPE

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 242 Play Therapy Fostering

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Trauma is an emotional response to an intense event that threatens or causes harm. For many children, being in the child protection system becomes another traumatic event, leading to severely affecting their physical health, wellbeing, and attachments with their carers.

This course is a guide to understanding trauma and to teach effective ways of building trust in children. The course will also examine different styles of attachment and how play therapy can be used to strengthen a child's attachment.

The learning objectives are as follows:

- To understand the effects of trauma
- To know why some children find it so hard to trust
- To be aware of the role of play in building attachment
- To know of practical strategies that you can implement
- To know of possible playful interactions to use at home

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 243 Positive Behavioural Support Fostering

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This course is a comprehensive guide to positive behavioural support (PBS). PBS is a person-centred approach to people with a learning disability who may be at risk of displaying challenging behaviours. It is backed by evidence from behavioural science and provides support based on inclusion, choice, participation, and equality of opportunity.

The learning objectives are as follows:

- To know what positive behavioural support is
- To be aware of the behaviours that challenge
- To understand primary trauma and brain development
- To know about autism and learning disabilities
- To be aware of the social and physical contexts in which the behaviours occur
- To know how to plan and implement ways of supporting the person
- To be aware of different values and human rights
- To understand different behaviour strategies

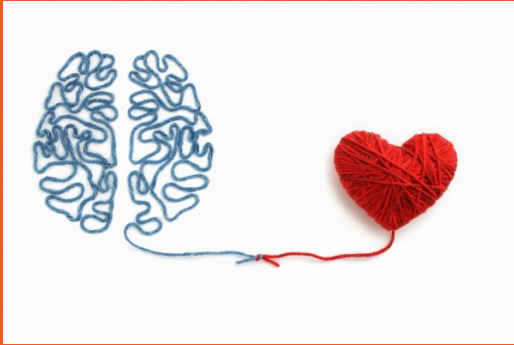
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 244 Positive Identity And Self-Esteem Fostering

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This course focuses on issues of identity and the promotion of positive self-worth within the care that carers provide.

The learning objectives are as follows:

To understand how identity is socially and historically constructed

To know how to support a child or young person in developing a positive identity

To understand the importance of meeting the needs of a young person's identity such as sexuality, gender, culture, religion, social class, and race

To learn how to raise a young person's self-esteem and build resilience

To be aware of how identity is viewed by young people and the impact of external and physiological changes

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 245 Positive Parenting Techniques Fostering

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**Positive parenting - sometimes called positive discipline, gentle guidance, or loving guidance - is simply guidance that keeps our kids on the right path, offered in a positive way that resists any temptation to be punitive. Studies show that positive parenting helps kids learn consideration and responsibility, and makes for happier kids and adults.**

**The main learning objectives of the course are as follows:**

- To identify parenting styles, including positive guidance techniques that help children develop positive self-concepts, self-management, and responsibility**
- To identify the different parenting types and styles**
- To list ways to foster a child's self-concept**
- To identify positive guidance techniques**
- To write an abstract and a personal analysis of child guidance articles**
- To apply positive guidance techniques to child-rearing problems and/or case studies**

**This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.**

**Should you have 5 or more learners requiring this training please consider the face to face option we offer.**

**Should you wish to discuss your needs before making a booking, please go via our live chat.**

## 246 Positive Risk-Taking Fostering

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Positive risk-taking is a part of our life and can also be important for our overall wellbeing, and yet, even more so when it comes to children. This course is a guide to understanding the benefits of allowing children to explore risk taking and will help you to consider your responses to children who choose to take certain risks, as well as explain why risk taking is essential to a child's development.

The learning objectives are as follows:

- To know how to raise “risk competent” children
- To learn why raising risk-taking children is essential for their development
- To understand the benefits for children who learn to take risks
- To know how to respond when a child chooses to take risks
- To learn how to consider a risks potential payoff versus its real danger

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 247 Post-16 Pathways Fostering

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Young people must stay in some form of education up to the age of 18. This course is a comprehensive guide to the different options young people have when they reach 16. The course explains the details and benefits of different post-16 pathways, including A-Levels, vocational qualifications, and apprenticeships.

The learning objectives are as follows:

To be aware of the different options for young people after age 16

To know about A-Levels, vocational qualifications, degrees, and apprenticeships

To understand the options for work and voluntary work

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 248 Preparation For Independence Fostering

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This course focuses on developing the knowledge and skills needed to help young adults live in the community successfully, and to recognise and assist young people in dealing with the challenges they may face when leaving care.

The main learning objectives of the course are as follows:

- To know what the standards say

- To learn about the Leaving Care Acts

- To understand the current situation

- To learn about effective planning

- To explore what we can do and what is within our power

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 249 Preventing Bullying Fostering

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This course provides an in-depth look at the different types of bullying and examples of each that can help you identify whether bullying is taking place. The course also examines the different policies, procedures, and laws concerning bullying so that you are informed when dealing with any issues of bullying.

The main learning objectives of the course are as follows:

- To work successfully at home and with your school in helping to eliminate looked-after-children-related bullying
- To understand the policies around bullying
- To be able to identify when looked-after children may be being bullied and how to help and support them
- To understand and identify different types of bullying
- To explore the impact of bullying on children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 250 Private Fostering Fostering

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Fostering is offering a child or young person - who can no longer be with their birth parent(s) - a loving, stable family environment in your own home for a period of time.

This course enables learners to understand private fostering in more detail.

The learning objectives are as follows:

- To know what private fostering is
- To be aware of the legislation and regulations that impact private fostering
- To know the obligations of a private foster carer to notify the local authority of the arrangement
- To understand the role and duties of local authorities with regards to private fostering
- To understand parental responsibility as a private foster carer
- To know what support is available to a private foster carer
- To know what to do if a private fostering arrangement comes to an end

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 251 Professional Mindfulness Fostering

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Mindfulness is the psychological process of bringing one's attention to experiences occurring in the present moment.

Mindfulness can be developed through the practice of meditation and other training. It can be used to relieve stress and develop wisdom, so it is useful to practise in both a personal and professional capacity.

In this course, learners can find out more about mindfulness and what it can offer.

The learning objectives are as follows:

To know what mindfulness is

To know what it can offer staff and carers

To know how an organisation can implement mindfulness

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 252 Professionalism In Foster Care Fostering

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Carers need to be treated professionally. Being a foster carer is a much more complex, professional role than being “just” a parent.

This course looks at the role of foster carers, the work they do, and how carers can develop themselves professionally.

The main learning objectives of the course are as follows:

- To know what a foster carer is
- To understand the role of a foster carer
- To understand professional boundaries
- To be aware of the support available for foster carers
- To understand how to develop an emotional professional toolkit
- To understand Continuing Professional Development (CPD)

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 253 Promoting Education Specialist Fostering

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To care for children to the best of your ability, it's important that you know the ins and outs of the education system - and specifically how it affects looked after children. This course will give an overview of the education system, as well as an outline of the crucial milestones that your child or young person will encounter.

The course will also discuss the issues the young person might face, as well the additional funding you have access to. It will also tackle the newly revised GCSE grading system.

The learning objectives for this course are as follows:

- To understand a framework of the education system in England
- To know the appropriate information on legislation
- To develop an awareness of the specific needs and difficulties that children and young people in care may face
- To understand how to promote educational achievement
- To develop an awareness of strategies to support children at home
- To be able to find further advice and guidance when required

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 254 Promoting Resilience Fostering



This course shows how resilience is linked to recovery from trauma, and how adults can help children and young people to develop resilience. This course is specific for delegates within fostering.

The main learning objectives of the course are as follows:

- To be able to define what is meant by resilience
- To look at resilience in relation to recovery from childhood trauma
- To examine resilience in the context of the child's various social networks
- To identify factors that contribute to resilience
- To plan ways of building on the child's strengths and increasing resilience

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 255 Prosocial And Anti-Social Behaviour Fostering

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Prosocial behaviour includes everyday acts of helping others. It includes acts that involve a personal cost to the helper. On the other hand, anti-social behaviour influences our reluctance to help.

This course aims to give an overview of prosocial behaviour and anti-social behaviour, the theories, and an analysis of human behaviour.

The learning objectives are as follows:

- To understand the principles of prosocial modelling
- To relate prosocial modelling to a cognitive behavioural approach
- To apply prosocial modelling to offender management

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 256 Protective Behaviours Fostering

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This course introduces the concept of Protective Behaviours and relevant programmes. The course explains how Protective Behaviours work and provides practical advice for how it can be used in practice with young people and children. How to use Protective Behaviours with children with special needs is also explored.

The main learning objectives of the course are as follows:

- To understand the content, themes, and core concepts of the Protective Behaviours Programme

- To be aware of simple strategies designed to increase young people's personal safety, problem-solving, and assertiveness skills

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 257 Psychoactive Substances Fostering

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Psychoactive substances are substances which produce the same or similar effects to drugs such as cocaine, ecstasy, or strong cannabis. They were formerly called “synthetic legal highs”.

In this course, learners can find out more about psychoactive substances, the effect on your health, and the issues for carers.

The learning objectives are as follows:

- To know what psychoactive substances are
- To understand the Psychoactive Substances Act 2016
- To know the penalties associated with psychoactive substances
- To be aware of how psychoactive substances affect your health
- To recognise the risks of taking psychoactive substances
- To recognise the physical and mental health risks
- To know the issues for health care professionals and carers

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 258 Psychosocial Risks In The Workplace (COVID-19) Fostering

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Due to the COVID-19 crisis, work arrangements and conditions are changing considerably, bringing new psychosocial challenges for the health and well-being of workers. This course will explain what psychosocial risks are and how they affect workers and what health and safety measures can be taken to prevent these risks. It will also cover some key areas where action may need to be taken and will suggest some actions.

The learning objectives for this course are as follows:

- To understand what psychosocial risks are and how they affect workers
- To understand how occupational safety and health (OSH) measures can be taken to prevent risks
- To understand some key areas for action in regards to workplace policies
- To understand what actions can be taken to prevent psychosocial risks for workers

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 259 Racism, Discrimination, And Intolerance Fostering

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This course is a comprehensive guide to understanding racism, discrimination, and intolerance. The course explains the definitions and differences between the terms and explains the relevant British legislation. The course also explores how these issues are an added vulnerability to many children and young people in care, and it offers advice and guidance on how you can manage such issues in your practice.

The learning objectives are as follows:

- To know the definitions of racism, discrimination, and intolerance
- To understand the legal framework for protection against discrimination
- To be aware of the situation in the UK with regards to tolerance and respect
- To understand added vulnerabilities of people who experience discrimination
- To know your role in protecting the children and young people you care for

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 260 Raising Awareness Of Asbestos Fostering

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Studies have linked more than a dozen different diseases to asbestos exposure. Many of these diseases, such as mesothelioma and lung cancer, have a confirmed relationship with asbestos.

This course aims to enable learners to understand asbestos and asbestos-related disorders in more detail.

The main learning objectives of the course are as follows:

- To know what asbestos is
- To be aware of asbestos-related disorders
- To know who is most at risk
- To be aware of the history of asbestos
- To know how to identify asbestos
- To be aware of the legislation
- To understand your responsibility
- To understand the process of asbestos removal
- To understand the process going forward

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 261 Raising Awareness Of Peer-on-Peer Abuse Fostering

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Children can abuse other children. This is generally referred to as peer-on-peer abuse (Department for Education 2018; Department of Health 2017).

In this course, learners will find out more about peer-on-peer abuse and the response from schools.

The learning objectives are as follows:

- To understand peer-on-peer abuse

- To know the different categories of peer-on-peer abuse

- To be aware of who is at risk of peer-on-peer abuse

- To understand the response from schools in line with *Keeping Children Safe in Education 2018*

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 262 Raising Awareness Of Trafficking And Modern Slavery Fostering

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The Human Trafficking and Modern Slavery course aims to provide learners with an initial overview of the issues of human trafficking and human slavery. The course will help learners develop greater knowledge of human trafficking and slavery. It will explore the issues facing individuals who have been trafficked, how to correctly identify and spot the signs of potential exploitation, and learn about what is available to support those who have been trafficked.

The main learning objectives of the course are as follows:

- To know what human trafficking is
- To be aware of the elements of trafficking
- To know the difference between human trafficking and people smuggling
- To know the different types of trafficking
- To be aware of relevant legislation
- To understand the concept of modern slavery
- To know the best practice for first contact with a trafficking victim
- To understand the National Referral Mechanism

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 263 Reablement Fostering

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Reablement services are for people with disabilities and those who are frail or recovering from an illness or injury. The aim is to help people regain the ability to perform their usual activities and maximise their independence like cooking meals, washing, and getting about, so they can do things for themselves again, stay independent, and live in their own home.

Through this course, learners will gain a better understanding of reablement to better help and advise the people in their care.

The learning objectives for this course are as follows:

To know what reablement is

To know who is eligible for this service

To know what it encompasses

To understand working with strengths

To know how long reablement takes

To be aware of what happens next

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 264 Recognising Risk Of Domestic Abuse And Violence - Young Person Male

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Domestic abuse and violence is a pattern of behaviour which is characterised by the exercise of control and the misuse of power by one person over another within an intimate relationship or a family. Domestic abuse knows no boundaries and occurs across society in different ages, gender, race, ethnicity, or religious groups regardless of sexual orientation, wealth, disability, or geography.

Domestic abuse affects men in the same way as it does women, but the barriers are different. If women still feel the 'stigma', it's even harder for a man to disclose abuse. He will often live with increased fear of losing his children if he tries to take action.

This course will look at domestic abuse and violence, as well as domestic abuse facing young men specifically. It will examine what domestic abuse is and the law surrounding it. It will also identify the characteristics of a healthy relationship and the warning signs for a possibly unhealthy one.

The learning objectives for this course are as follows:

- To understand what domestic abuse is and how it takes hold
- To understand domestic abuse in relation to the law
- To be aware of domestic abuse in the news
- To know the characteristics of healthy relationships
- To know the warning signs for unhealthy relationships
- To be aware of Bidman's categories of psychological torture
- To know the impact of domestic abuse on children
- To know what adults can do to help children in abusive homes
- To be aware of additional needs and vulnerabilities
- To know where to find effective support and resources
- To understand the Criminal Justice System and Civil Court System
- To know the importance of confidence and self-esteem
- To understand personal support and safety planning
- To know how to keep safe

**To be aware of Clare's Law and the domestic violence disclosure scheme**

**To be aware of stalking and harassment**

**To be aware of important national telephone numbers and references**

**As part of The Big Initiative, you're able to access free well-being online courses that have been created by leading practitioners. This online course is designed to provide you with support and knowledge on the subject. Please always reach out to a professional if you feel that you need further support.**

**A healthy, happy workforce is good for business. It reduces absences, increases productivity, and grows your bottom line. Bringing your best team to work is about teaching them healthy habits and lifestyle changes that they can make out of work, as well as in.**

**Our health and wellness experts have been making a difference in a wide variety of sectors for a number of years.**

**Please speak to a professional should you need further support after completing this online course.**

## 265 Recognising Risk Of Domestic Abuse And Violence Young Person - Female Victim - Intimate Partner Abuse

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Domestic abuse and violence is a pattern of behaviour which is characterised by the exercise of control and the misuse of power by one person over another within an intimate relationship or a family. Domestic abuse knows no boundaries and occurs across society in different ages, gender, race, ethnicity, or religious groups regardless of sexual orientation, wealth, disability, or geography.

This course will look at domestic abuse and violence, as well as the domestic abuse of young women specifically. It will examine what domestic abuse is and the law surrounding it. It will also identify the characteristics of a healthy relationship and the warning signs for a possibly unhealthy one.

The learning objectives for this course are as follows:

- To understand what domestic abuse is and how it takes hold
- To understand domestic abuse in relation to the law
- To be aware of domestic abuse in the news
- To know the characteristics of healthy relationships
- To know the warning signs for unhealthy relationships
- To be aware of Bidman's categories of psychological torture
- To know the impact of domestic abuse on children
- To know what adults can do to help children in abusive homes
- To be aware of additional needs and vulnerabilities
- To know where to find effective support and resources
- To understand the Criminal Justice System and Civil Court System



To know the importance of confidence and self-esteem

To understand personal support and safety planning

To know how to keep safe

To be aware of Clare's Law and the domestic violence disclosure scheme

To be aware of stalking and harassment

To be aware of important national telephone numbers and references

As part of The Big Initiative, you're able to access free well-being online courses that have been created by leading practitioners. This online course is designed to provide you with support and knowledge on the subject. Please always reach out to a professional if you feel that you need further support.

A healthy, happy workforce is good for business. It reduces absences, increases productivity, and grows your bottom line. Bringing your best team to work is about teaching them healthy habits and lifestyle changes that they can make out of work, as well as in.

Our health and wellness experts have been making a difference in a wide variety of sectors for a number of years.

Please speak to a professional should you need further support after completing this online course.

## 266 Reflective Practice And Managing Stress Fostering

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This course establishes the importance of reflective practice and managing stress. It aims to enable learners to understand stress, how adults learn, to consider their own learning style, and to recognise the importance of reflective and guided learning.

The learning objectives are as follows:

To understand reflective practice and managing stress

To know what reflective practice is

To understand learning and reflection

To be aware of different forms of reflection

To know the different types of stress

To be able to respond to the needs of carers

To know how carers can help themselves

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 267 Reflective Practice Fostering

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This course explains the meaning of reflective practice, why it should be used, and how to use it. The course also provides tips and strategies for how to adopt reflective practice in your work and explores the concepts that underpin this practice. It also provides an insight into how other professionals have adopted reflective practice and their experiences of it.

The main learning objectives of the course are as follows:

- To know what reflective practice is
- To learn how to use reflective practices
- To understand the importance of reflection
- To be aware of reflective practice strategies (including reflective journals)
- To learn from other professionals' experiences

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 268 Registered Manager Fostering

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This course will help anyone who is considering applying for the role of registered manager. The course itself is a guide to understanding what a registered manager is and why they are needed, whilst also outlining their key duties and responsibilities. Furthermore, the course explores the registration process and even some questions to expect in the fit person interview, thus ensuring the potential candidate is prepared.

The learning objectives are as follows:

- To know what a registered manager is and why are they needed
- To understand the duties and responsibilities of a registered manager
- To be aware of the qualifications and experience needed to be a registered manager
- To know what the registration process entails
- To be aware of the barriers to registration

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 269 Relationship Based Social Work Fostering

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This course is a guide to understanding relationship-based social work. The course will examine what social pedagogy is, the evidence for this type of work, and how it can be used to strengthen relationships with children and families. Furthermore, the course will also consider the strengths and challenges associated with relationship-based social work.

The learning objectives are as follows:

- To know what relationship-based social work is
- To understand what the ethical issues are with such an approach
- To be able to examine the evidence for this type of work
- To be aware of what their best practice evidence is
- To understand the strengths and challenges of relationship-based social work

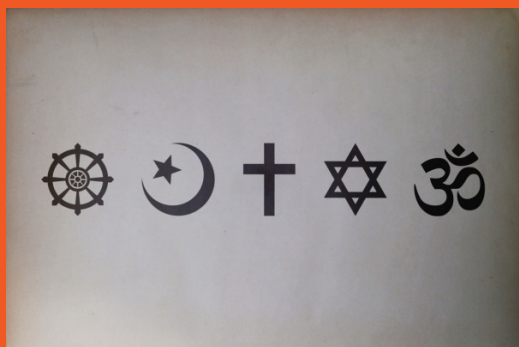
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

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Should you wish to discuss your needs before making a booking, please go via our live chat.

## 270 Religion And Culture Fostering

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Understanding different religions and cultures is as important as ever in our diverse society. This course helps explain key definitions concerned with religion and culture and goes into detail about different religions and their beliefs and practices. The course also provides advice and guidance on how to be sensitive to different cultures and religions and to ensure you are inclusive in your practice.

The main learning objectives of the course are as follows:

- To be aware of the importance of a wider understanding of religion and culture
- To understand the various definitions surrounding religion and culture
- To know how to become even more inclusive
- To identify key actions to improve your understanding of religion and culture
- To understand the impact of religion and culture on people's lives

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 271 Remand Fostering

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Remand carers should be trained and skilled in the variety of issues that relate to the supervision and care of young people involved in the Criminal Justice System.

The main learning objectives of the course are as follows:

To offer participants the opportunity to gain/develop their knowledge and understanding of the youth justice system and, in particular, how it relates to children and young people who are subject to remand

To develop carers' understanding of how young people become involved in the Criminal Justice System

To gain an insight into the court process and how court outcomes impact the young person and their carer

To gain knowledge relating to the purpose and function of Youth Offending Teams

To identify triggers to behaviours which may be challenging, and develop strategies to effectively manage such behaviours

To understand their role in supporting children and young people involved In the Criminal Justice System

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 272 Resilience For Our Staff Fostering

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For those who work within helping professions, resiliency is an essential tool to have. Having resiliency can help us cope whenever things don't work out. This course will explore what resiliency is and highlight the benefits of it - particularly within a working environment. The course will discuss the ways in which resilience can be built and promoted within teams, so as to create a stronger and more positive workplace. It will also define compassion fatigue, and how we can become affected by it.

The learning objectives are as follows:

- To understand resilience
- To understand resilience and wellbeing
- To know how to build resilience as a team
- To know the importance of emotional intelligence
- To be aware of compassion fatigue

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 273 Responding To The Hypersexualisation And Objectification Of Children Fostering

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Western 21st century life is saturated in sex - because “sex sells”, they tell us. Sex sells cars, yoghurt, shampoo, moisturiser, antiperspirants, noodles, and even car insurance. This course will take you through the studies and reports that set out the evidence for the hypersexualisation of society and how this is impacting boys and girls growing up in today’s sexualised world.

This course explores theories for why this is happening and how children are objectifying themselves from as early as just 7-years-old.

The main learning objectives of the course are as follows:

To understand how society, the media, and culture increase and encourage the hyper-sexualisation and objectification of children

To understand the theories, evidence, and experience of children who have been influenced by hyper-sexualisation and objectification

To understand the psychological impact of these processes and how it contributes to Child Sexual Exploitation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 274 Responsible Individual Fostering

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Foster care is a complex and at times very challenging profession and the responsible individual must lead in a manner that both inspires and validates good practice whilst being willing to challenge and eradicate poor practice.

This course is aimed at responsible individuals, those seeking to become responsible individuals and providers. The course is also useful for those responsible for selecting responsible individuals and for responsible individuals (RMs) to understand the responsible individual role.

The learning objectives for this course are as follows:

- To know why the role of the responsible individual is required
- To be able to identify a suitable responsible individual
- To know the responsible individual's duties towards managers, staff, children and foster carers
- To know which Quality Standards apply to the responsible individual
- To understand the role of the responsible individual in regard to safeguarding
- To understand the role of the responsible individual in regard to working with others

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 275 Restorative Justice Fostering

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Restorative justice enables victims to meet or communicate with their offender to explain the real impact of the crime. This is part of a wider field called restorative practice. Restorative practice can be used anywhere to prevent conflict, build relationships, and repair harm by enabling people to communicate effectively and positively. Restorative practice is increasingly being used in schools, children's services, workplaces, hospitals, communities, and the criminal justice system. Restorative practice can involve both a proactive approach to preventing harm and conflict, and activities that repair harm where conflicts have already arisen.

The main learning objectives of the course are as follows:

- To know the meaning of restorative justice and how it works
- To be aware of key principles and values
- To understand the history
- To explore the claims made about its capacity to reduce reoffending
- To know the benefits
- To understand restorative justice and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 276 Risk Assessing Sexualised Behaviours Fostering

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We all know that children pass through different stages of development as they grow and that their awareness and curiosity about sexual matters change as they pass from infancy into childhood and then through puberty to adolescence.

In this course, learners can find out more about age-appropriate and inappropriate sexualised behaviours.

The learning objectives are as follows:

- To understand sexualised behaviour and appropriate and inappropriate sexualised behaviours
- To know the risks to yourselves and the young person, and to know how to manage the young person
- To understand risk assessments and be able to recognise whether or not our individual practice is right
- To be aware of practical strategies
- To understand possible triggers to inappropriate behaviour

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 277 Risk Assessment Fostering

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In high-risk, crisis, or uncertain situations, outcomes for adults or young people are dependent on decisions taken by social workers.

Through this course, learners will gain a better understanding of risk assessment models to better help and advise the people in their care.

The learning objectives for this course are as follows:

- To be aware of some of the models around risk assessment

- To understand the importance of a 'healthy uncertainty' in relation to risk assessment work

- To know how reflexivity plays a role in risk assessment

- To understand the practice issues for risk assessment

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 278 Risk Assessment In Safeguarding Fostering

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This course is a comprehensive guide to understanding risk assessment in safeguarding. The course gives an insight into what Ofsted believe the purpose of risk assessments are in safeguarding children and young people, and explains the five stages of risk assessment that should be followed. The course also explores how some risk should be permitted, and the research behind why young people are more prone to take risks than adults.

The learning objectives are as follows:

- To know what risk assessment is
- To be aware of the five stages of risk assessment
- To understand that children take risks
- To know what risk aversion and being risk-sensible mean
- To understand dynamism and risk assessment

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 279 Root Cause Analysis And Disguised Compliance Social Workers Fostering



**This course explains the meaning and importance of Root Cause Analysis when working with young people and children. Disguised compliance and the associated problems are also explored, along with what it is needed to carry out effective risk assessments. The course also gives practical tips and Signs of Safety tools and methods that social workers can use in their practice.**

**The main learning objectives of the course are as follows:**

- To understand the underpinnings and concepts of root cause analysis
- To be aware of the tools that will assist in understanding the signs of disguised compliance and how to address this problem
- To understand the need to establish facts and real evidence as a risk assessment tool
- To know how to use signs of safety to evidence strengths, protective factors, and complicated issues that may give insight into hidden issues. This will assist with assessments and risk management

**Should you have 5 or more learners requiring this training please consider the face to face option we offer.**

**Should you wish to discuss your needs before making a booking, please go via our live chat.**

## 280 Safeguarding And Leadership Fostering

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This course has been designed for people who work with children and want to understand the importance of leadership in safeguarding. The course explains the role of the Designated Safeguarding Person and the leadership responsibilities everyone who works with children have. The course also goes through the basics of safeguarding, including the key laws to be aware of and the signs and symptoms of neglect, physical, emotional, and sexual abuse.

The learning objectives are as follows:

- To know what safeguarding means
- To understand the importance of leadership in safeguarding
- To be aware of relevant legislation
- To understand the history of safeguarding
- To know what the four domains of abuse are
- To understand what happens if a child makes a disclosure

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 281 Safeguarding Children Refresher Training Fostering

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This course has been designed for people who work with children who need refresher training on safeguarding. The course goes through the basics of safeguarding, including the key laws to be aware of and the signs and symptoms of neglect, physical, emotional, and sexual abuse. The course also examines what you should do in your role to support a child when they make a disclosure of abuse to you.

The learning objectives are as follows:

- To know what safeguarding is
- To understand the relevant legislation and history
- To be aware of the different domains of abuse
- To understand what to do when a child makes a disclosure
- To be aware of protective behaviours

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 282 Safeguarding In Recruitment Fostering

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This course will help you ensure that you follow all the correct safeguarding procedures when hiring new staff or volunteers that will work with children and young people. The course explains processes such as the DBS check, interviews, and references.

The learning objectives are as follows:

To know what safer recruitment is

To be aware of the law and procedures that underpin safeguarding

To understand safer recruitment step-by-step

To know what DBS (Disclosure and Barring Service) checks are and what they mean

To understand the importance of references

To be aware of other means of ensuring safer management of recruitment

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 283 Safeguarding Managers Fostering

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Safeguarding Managers ensure children and young people feel safe and are protected from significant harm, including neglect, abuse, and accidents.

In this course, learners can find out more about the role of the Safeguarding Managers, multi-agency working, and conflict resolution.

The learning objectives are as follows:

- To understand the role of the manager in safeguarding practice
- To be aware of messages from practice
- To be aware of research about effective safeguarding and the role of the manager
- To understand risk assessments and the management of risk
- To be familiar with multi-agency working to enhance safeguarding
- To understand the relevant national and local authority systems and guidance
- To be aware of some of the pitfalls in safeguarding practice
- To understand how to ensure the voice of the child is heard
- To be able to recognise and respond to resistance
- To understand conflict resolution
- To know how to work together effectively as managers in safeguarding children

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 284 Safeguarding Young People Fostering

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This course is aimed at individuals who work with children and young people to give a basic awareness of safeguarding and child protection issues. It will explain the key terms and why they are so important, the different kinds of abuse and how to spot them, the laws and legislation, and how to act if you suspect abuse.

The main learning objectives of the course are as follows:

- To know the different types of abuse

- To know the symptoms associated with abuse

- To know what to do if a child discloses that they are being, or have been, abused

- To understand the process of recording, reporting, and record-keeping

- To be able to recognise the signs of abuse

- To understand the duty of care for carers

- To understand the whistleblowing process

- To know the groups and agencies involved in the protection of the young person

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 285 Safer Recruitment Fostering

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This course is aimed at employers and people involved in the recruitment of staff for work with vulnerable children. It offers advice for best practice in recruitment and explores relevant legislation and requirements.

The main learning objectives of the course are as follows:

- To know the meaning of safer recruitment
- To understand safer recruitment policies and procedures for your organisation
- To be aware of recruitment preparation
- To understand how to select the right people to interview
- To be aware of good interviewing
- To know how to carry out thorough background checks
- To know how to respond to concerns identified through background checks and risk assessments

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 286 Secondary Trauma And Workplace Stress Fostering

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This course explains the meaning of secondary trauma and why it occurs, particularly for people that work with vulnerable children. The course also explores how secondary traumatic stress presents itself and how people that work with children can prevent and manage such stress.

The main learning objectives of the course are as follows:

- To recognise secondary trauma and why it can occur
- To understand secondary traumatic stress and how it manifests
- To explore strategies for preventing and treating secondary traumatic stress disorders
- To discuss strategies for promoting resilience
- To explore methods to ensure the wellbeing of everyone concerned is maintained

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 287 Secondary Trauma Fostering

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Secondary trauma occurs when we are exposed to difficult or disturbing accounts of other people's trauma, and therefore it is a significant issue for carers. This course explores the meaning of secondary trauma and other issues that arise from being a carer. It also identifies the signs that you may be suffering from secondary trauma or other issues, and provides tips to help you recover.

The main learning objectives of the course are as follows:

- To know the difference between compassion fatigue, burnout, secondary trauma, and vicarious trauma

- To understand the common risk factors and develop personal insight

- To understand the nature of empathy in the caring individual and the likely impact on cognitive, emotional, and behavioural responses when exposed to emotional pain

- To be aware of a variety of strategies for practising self-care and increasing personal resilience and wellbeing

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 288 Secure Attachment And Bonding Fostering

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Those with attachment disorders often provide the greatest challenges. Attachment issues affect behaviour, teaching and learning, relationship/social skills, and lifelong development.

This course aims to increase the understanding of Attachment Theory. It provides learners with an opportunity to explore techniques for support and intervention and to learn about the nature and characteristics of attachment disorders.

The main learning objectives of the course are as follows:

- To understand the key principles of attachment and bonding critical for healthy development

- To know how healthy attachment is facilitated

- To be aware of the various ways that neglect and abuse negatively influence attachment, exploring the consequent challenging behaviours

- To understand how carers can help children with attachment difficulties

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 289 Secure Base Training Fostering

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A secure base is at the heart of any successful caregiving environment, whether within the birth family, in foster care, residential care, or adoption. A secure base is provided through a relationship with one or more caregivers who offer a reliable base from which to explore and a safe haven for reassurance when there are difficulties. Thus a secure base promotes security, confidence, competence, and resilience.

Through this course, learners will gain a better understanding of the secure base model.

The learning objectives for this course are as follows:

- To understand the key principles of attachment and bonding critical for healthy development
- To understand how healthy attachment is facilitated
- To understand the various ways that neglect and abuse negatively influence attachment, and explore the consequent challenging behaviours
- To identify how carers can help children with attachment difficulties
- To explore the five dimensions of the secure base model

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 290 Sensory Integration Fostering

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This course is a comprehensive guide to understanding sensory integration, including what it means, disorders it is linked to, and how to help people who have a sensory processing disorder (SPD). This course breaks down the different SPDs, and provides techniques on how to help them develop further without upsetting or harming the person with an SPD. The course takes an in depth look at conditions that can coexist with an SPD, including Autism, Dyslexia, and Dyspraxia, along with an explanation of the manifestations of the sensory disorder.

The learning objectives are as follows:

- To learn about sensory integration

- To understand how information is processed

- To know how sensory integration is used

- To understand the impact of sensory integration impact on everyday life

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 291 Serious Youth Violence Fostering

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Serious youth violence is defined by the Assessment of Policing and Community Safety (the Home Office) as:

"Any offence of the most serious violence or weapon-enabled crime, where the victim is aged 1 to 19, i.e. murder, manslaughter, rape, wounding with intent, and causing grievous bodily harm".

In this course, learners can find out more about serious youth violence and how to help the young people in their care.

The learning objectives are as follows:

- To understand "serious youth violence"

- To know how seriously youth violence impacts on communities

- To be aware of the vulnerabilities and risk factors that can lead to criminal exploitation

- To be aware of the process of recruitment: targeting, experience, hooked, and trapped

- To know what common terminology is used in serious youth violence crimes

- To understand organised crime groups (OCG) and serious organised crime groups (SOCG)

- To be aware of statistics

- To know about contextual safeguarding and the importance of early intervention

- To understand the next steps to take

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 292 Sex And Relationships Fostering

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This course is a comprehensive guide to understanding the legislation surrounding sex and relationships for children and youths. This course also explains sexual abuse, what it means legally, and the signs that may indicate that someone is being abused. The course highlights sexual abuse statistics, breaks down prejudices regarding “who could be sexually abuse”, and marks the importance of having an open communication between a child and their guardian.

The learning objectives are as follows:

- To understand the importance of supporting the development of a young person's sexuality

- To develop a more resourceful and creative approach to addressing the questions and dilemmas young people have around sexuality and sexual health

- To learn about the complex issues that sexuality and sexual health bring, and understand them in the wider context of a young person's development

- To develop a greater understanding of the legal and policy framework surrounding sexuality and sexual health for young people in care

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 293 Sexual Abuse And Recognising Grooming Fostering

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A child is sexually abused when they are forced or persuaded to take part in sexual activities.

This doesn't have to be physical contact, and it can happen online. Sometimes, the child won't understand that what's happening to them is abuse.

They may not even understand that it's wrong, or they may be afraid to speak out.

Grooming is when someone builds an emotional connection with a child to gain their trust for the purposes of sexual abuse, sexual exploitation, or trafficking.

Children and young people can be groomed online or face-to-face, by a stranger or by someone they know - for example a family member, friend, or professional.

In this course, we will learn more about child sexual exploitation, grooming, and the impact.

The main learning objectives of the course are as follows:

- To understand the nature of child sexual abuse
- To be able to recognise the signs of sexual abuse
- To know what can make a child vulnerable
- To what child sexual exploitation is
- To understand grooming and its impact
- To be aware of the legal aspects of abuse and exploitation
- To understand how to work with disclosure
- To understand safeguarding and protective behaviours

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 294 Sexual Development And Sexual Abuse Fostering

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This course is a comprehensive guide to understanding sexual abuse and sexual development in children and young people. The course explains how children and young people sexually develop, exploring what it means to have a healthy sexual development. The course also explains what sexual abuse is, how to identify the different types of abuse, and what practical steps can be taken to respond to sexual abuse.

The learning objectives are as follows:

- To understand the normal sexual development of children and young people

- To recognise the importance of supporting a young person's sexual development and sexuality

- To know how to work with the complex issues that sexuality and sexual health bring, and understand them in the wider context of a young person's development

- To be able to identify the range of sexual behaviours from normal to very concerning

- To develop a greater understanding of the legal and policy framework surrounding sexuality and sexual health for young people in care

- To be able to identify the types of sexual abuse

- To be able to agree on strategies to respond to sexual behaviour in children

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 295 Sexual Health And Blood-Borne Virus Awareness Fostering

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This course takes an in-depth look at sexual health and blood-borne viruses. The course explores different sexual activities, the risks associated with them, and how risks can be reduced. The course also includes details about different sexual diseases and infections, their symptoms, and how they can be treated and prevented. There are tips and guidance on how to talk to young people about sexual health and related issues.

The main learning objectives of the course are as follows:

- To define sexual health
- To understand factors that may result in risky sexual activity
- To consider the various sexual activities and potential risks associated with them
- To identify the types of common sexually transmitted infections (STIs) and blood-borne viruses
- To understand what STIs are and the possible consequences associated with them
- To consider the different types of contraception available
- To develop engaging ways of working with young people around sexual health, sexuality, and relationships

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 296 Sexual Health Fostering

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This course provides an in-depth look into different sexual activities, common sexually transmitted infections (STIs), and types of contraception available. Learners will also understand the factors that can lead to sexual activity that results in STIs and how this can be dealt with and prevented.

The main learning objectives of the course are as follows:

- To know the definition of sexual health
- To understand factors that may result in risky sexual activity
- To be aware of the various sexual activities and potential risks associated with them
- To know the types of common sexually transmitted infections (STIs)
- To understand what STIs are and the possible consequences associated with them
- To know the different types of contraception available

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 297 Sexual Violence And Harassment Between Children And Young People Fostering

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This course provides a comprehensive look into sexual violence and harassment between children and young people. Key terms are defined and explained, and relevant legislation is explored. There is also practical advice and guidance for how reports of sexual violence and harassment should be responded to and dealt with.

The main learning objectives of the course are as follows:

- To understand the legal definitions of sexual violence and sexual harassment

- To know how to minimise the risk of it occurring and what to do when incidents occur or are alleged to have occurred

- To explore best practice and cross-reference other advice, statutory guidance, and the legal framework

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 298 Sexualised Behaviour Fostering

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This course outlines what healthy sexual development looks like and explains how to work effectively to promote healthy sexual development. The course also enables learners to build the confidence to understand and manage issues around sexual abuse.

The main learning objectives of the course are as follows:

- To understand what we mean by 'sexuality' and 'sexualised behaviour'
- To consider equality and value issues around sexuality, sexual orientation, and sexual behaviour
- To know the differences between 'normal', problematic, and harmful sexual behaviours
- To know how to spot and assess sexually inappropriate behaviour
- To know about relevant legislation, standards, and guidance around sexualised behaviour
- To understand the different pathways into sexualised behaviour
- To know how to take action and support children who exhibit, or are affected by, sexualised behaviour
- To understand the impact on staff and carers of working with sexualised behaviour

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 299 Sexuality And Adolescent Development Fostering

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Healthy sexual development involves biological, psychological, and socio-cultural processes. Like all aspects of adolescent development, sexual development occurs both within an individual and through interaction with the environment. The course provides information about the different experiences of adolescents and advice on how to communicate with them.

The main learning objectives of the course are as follows:

- To understand adolescent development
- To know the social influences on adolescents from an internal and external perspective
- To understand identity development
- To be able to recognise emotional distress in adolescence
- To know how adolescents want to be treated
- To know how to communicate with adolescents
- To understand sexuality and sexual orientation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 300 Social Media And Young People Fostering

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There are plenty of good things about social media — but there are also many potential dangers and things that you want young people to avoid. They don't always make the smartest choices when they post something, and sometimes this can lead to problems. So, it's important for parents and carers to teach young people how to use social media wisely.

The learning objectives are as follows:

- To understand what social media is
- To be aware of social media statistics
- To understand the different types of social media
- To know the benefits and dangers of social media
- To be aware of online predators and other dangers
- To know how social media can be used safely
- To be aware of how to stay informed

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 301 Social Media, Sexting And Selfies Fostering

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Social media is an ever-increasing part of young people's lives. It is necessary for parents, teachers, and others involved with children and young people to understand the misuse of social media platforms such as Facebook, Instagram, Twitter, and Snapchat and the potential risks of making, sharing, and receiving inappropriate 'selfies' and intimate videos as well as the dangers of sexting. This course is a comprehensive guide to understanding young people's use of the internet and social media and what you can do help.

The main learning objectives of the course are as follows:

- To understand how and why young people use the internet and social media

- To know the risks of using the internet unsafely

- To know how you can help children and young people be safe online

- To know what cyberbullying is and how you can get help

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 302 Social Stories Fostering

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People with an autistic spectrum condition find it difficult to make sense of the world around them.

This includes the behaviours and activities of those who inhabit their world.

This course aims to increase the understanding of Social Stories and how to write them.

The main learning objectives of the course are as follows:

- To know the meaning of social understanding

- To understand what social stories are and why we use them

- To learn how to write a social story

- To be aware of some examples of social stories

- To consider what to do if social stories do not work

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 303 Social, Emotional, And Behavioural Difficulties Fostering

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Many children and young people in care have social, emotional, and behavioural difficulties (SEBD), understanding what these are and how they impact children and young people is crucial for their development. This course explains what SEBDs are, how to understand problem behaviour, and what sort of profiles young people with SEBDs may fall into. This course will also provide you with practical steps to support children and young people with SEBDs.

The learning objectives are as follows:

- To understand social, emotional, and behavioural difficulties
- To know the 5Ps approach to understanding social, emotional, and behavioural difficulties
- To know the components of speech, language, and communication
- To be aware of the types of support available for young people
- To know how to manage social, emotional, and behavioural difficulties in challenging situations

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 304 Special Educational Needs Fostering

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This course is a comprehensive guide to understanding special educational needs (SEN) and how they are managed within the education system. The course explains different types of SEN, including sensory or physical needs, learning difficulties, and communication problems. The course also explores the legislation, policies, and steps schools and carers have to take to support children and particularly looked after children with SEN.

The learning objectives are as follows:

- To understand the different types of special educational needs
- To know how to recognise when a child has special educational needs
- To know how to identify strengths, weaknesses, and understanding
- To be aware of how to give SEN children the support they need to thrive
- To understand the importance of focusing on outcomes and aspirations, not targets and statements of need
- To know how to monitor and evaluate appropriately

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 305 Spirit Possession Fostering

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Young people are physically, sexually, and mentally abused due to the belief that they have been “possessed” or are “evil”. This abuse is often faith-based but is not confined to one faith, nationality, or ethnic community. While this abuse occurs, it is often “hidden in plain sight” and under-reported. This course has been designed for practitioners and carers to educate them on the theories, the signs a young person may have been/or is being abused, and the impact of such abuse on you, as a professional.

The learning objectives are as follows:

- To know the link between “spirit possession” and abuse
- To understand the types of abuse
- To know the “justifications” for abuse
- To be aware of the signs and indicators of abuse
- To understand how to protect young people and the actions to be taken
- To know how this impacts you as a professional

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 306 Staff Wellbeing In The Workplace Fostering

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The health and wellbeing of individuals is vital, both in and out of the workplace. According to research, on average 1 in 6 people experience depression, anxiety, or a similar “common mental disorder” every week. This course is a comprehensive guide to understanding what mental health and wellbeing mean, how to improve your wellbeing, and how people can be supported and protected in the workplace, including what adjustments employees can legally ask for in the workplace.

The learning objectives are as follows:

- To know what mental health and wellbeing mean

- To understand mental health in the workplace

- To know how to support a colleague

- To understand workplace stress

- To be aware of the five ways to wellbeing

- To know about mindfulness and relaxation

- To understand legal protection

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 307 Standard 1 - Principles In Fostering

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Standard 1 sets out what you are expected to know about the principles and values underpinning work with children and young people, and how you should put them into practice.

The main learning objectives of the course are as follows:

- To understand the first standard

- To be aware of the principles and values

- To understand equality, inclusion, and anti-discriminatory practice

- To be aware of person-centred approaches

- To know the importance of confidentiality and sharing information

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 308 Standard 2 - Your Role As A Foster Carer Fostering

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Standard 2 sets out what you are expected to know about your role and responsibilities as a carer in relation to the law, government policies, and other professionals working with children and young people.

The main learning objectives of the course are as follows:

- To know the second standard
- To understand your role as a carer
- To be aware of legislation, policies, and procedures
- To understand your relationships with parents and others
- To know the importance of team-working
- To be aware of the importance of being organised
- To understand the complaints procedure

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 309 Standard 3 - Health And Safety And Healthy Caring Fostering

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Standard 3 sets out what you are expected to know about healthy caring. This standard is about all the things you need to know to do your job as a foster carer safely and not to put yourself, your family, or the children and young people you look after in danger.

The main learning objectives of the course are as follows:

- To understand the third standard
- To be aware of legislation, policies, and procedures
- To understand the importance of accommodation
- To be aware of healthy care and medication
- To understand personal safety and security
- To know the risk assessment process

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 310 Standard 4 - Positive Communication Fostering

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Standard 4 sets out what you are expected to know about positive communication. This standard is about developing your communication skills for working with children, young people, and their families, as well as with other professionals in your fostering service and other organisations.

The main learning objectives of the course are as follows:

- To understand the fourth standard

- To know how to encourage communication

- To understand communication (particularly with parents, families, friends, and other organisations)

- To know the principles of good record-keeping

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 311 Standard 5 - Understanding Child Development Fostering

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Standard 5 sets out what you are expected to know about the development of young people. This standard sets out what you need to know about the development, behaviour, and special needs of the children and young people you look after.

The main learning objectives of the course are as follows:

To understand the fifth standard

To be aware of attachment and the stages of development

To understand resilience

To know about transitions

To understand how to support play, activities, and learning

To know how to support educational potential

To be aware of contexts

To know how to promote positive sexual health and sexual identity

To understand how to support disabled children and children with special educational needs

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 312 Standard 6 - Protecting Children Fostering

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Standard 6 sets out what you need to know and do to keep children and young people safe and protect them from harm. The main learning objectives of the course are as follows:

To understand the sixth standard

To be aware of legislation, policies, and procedures

To know how to keep children and young people safe

To know how to recognise and respond to abuse

To understand working with other agencies

To understand whistleblowing

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 313 Standard 7 - Develop Yourself Fostering

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Standard 7 sets out what carers need to know about personal development. This standard is to help you make the most of the support and development opportunities that are available to you.

The learning objectives are as follows:

To understand the seventh standard

To be aware of your role and approval as a foster carer

To know the impact of fostering on your children and extended family

To be able to use support and supervision to develop your role

To know how to meet learning needs as part of your continuing professional development (CPD)

To understand your career progression

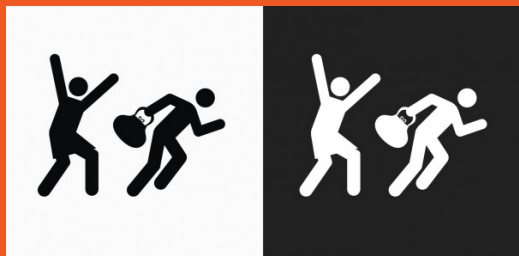
This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 314 Stealing Fostering

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Stealing is taking something that doesn't belong to you.

Many children go through a stage of telling tales or mistruths and often taking things that are not theirs.

This is part of child development and children working out right from wrong.

This can happen at different ages for different children.

This course will explore stealing in relation to children and young people in more detail.

The main learning objectives of the course are as follows:

- To know what stealing is
- To know why children steal
- To understand the motives for stealing
- To know the characteristics of a child who steals frequently
- To look specifically at children in care
- To know what you can do
- To know how to help a child develop conscience skills

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 315 Stigma Around STDS Fostering

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This course is concerned with the stigma around sexually transmitted diseases (STDs) and why it is important for it to be removed. STDs are common and it is essential that their prevention, effects, and treatment are openly discussed. The course also includes information about different STDs, including their symptoms and treatment.

The learning objectives are as follows:

- To be aware of the stigma around sexually transmitted diseases (STDs)
- To know about different STDs
- To understand the thoughts and feelings associated with being diagnosed with an STD
- To be aware of how people can get tested for STDs
- To understand how STDs impact relationships
- To know how we can combat stigma

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 316 Strength Based Approach Fostering

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This course is a comprehensive guide to understanding Strengths-Based Approaches and how to utilise them when caring for a child or young person. The course takes a look at the importance of things like encouragement and compliments to a person's confidence and mental health, and ultimately, their ability to complete tasks and handle situations. The course also takes an in-depth look at models including Multiple Intelligences, The Common Third, and The Learning Zone.

The learning objectives are as follows:

To understand what a Strength-Based Approach is

To learn about Solutions-Focused Behavioural Therapy

To know how to utilise a Strength-Based Approach when helping or caring for a child or young person

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 317 Stress Management Fostering

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Stress for carers is a significant issue. Stress is the feeling of being under too much mental or emotional pressure. Pressure turns into stress when you feel unable to cope. People have different ways of reacting to stress, so a situation that feels stressful to one person may be motivating to someone else. This course focuses on stress specific to carers and provides understanding of the issues and strategies to combat stress for carers.

The main learning objectives of the course are as follows:

- To gain an understanding of stress and its effects
- To identify the signs and symptoms of stress
- To recognise the circumstances and situations that cause you stress
- To gain a clear understanding of useful stress management strategies
- To understand the various changes that can affect our stress levels
- To develop a manageable plan for effectively responding to stress

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please go via our live chat.

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 318 Substance Misuse Risks Fostering

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This course will equip carers and staff with knowledge about substances to ensure that they know how to work with and support young people effectively.

The main learning objectives of the course are as follows:

To understand the different levels of drinking and what problem drinking is

To recognise how alcohol works on the body

To understand blood alcohol content and how to calculate alcohol units

To be aware of the potential health and social implications

To understand the treatment options available

To know about myths and facts

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 319 Supervising Challenging Carers Fostering

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This course is a comprehensive guide to understanding how to supervise, manage, and handle challenging foster carers. The course takes a look at management skills and different management styles to enhance your understanding of your personal and professional abilities. This course also gives examples of challenging carers and offers different routes and management techniques that you could use to help improve the situation.

The learning objectives are as follows:

- To be aware of how to effectively challenge foster carers' decisions and actions

- To understand policies that relate to dealing with carer issues

- To be aware of the role of panel when a concern comes in

- To learn how to build effective relationships with carers

- To learn how to manage a working relationship

- To know how to manage foster carers' expectations

- To understand how to communicate fostering expectations

- To consider supervisory styles and techniques

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 320 Supervising Foster Care Staff Fostering

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The research underpinning this course has reaffirmed the importance of relationships within supervision and of developing an effective style of supervision. This course is a comprehensive guide to understanding how social work supervision works and the various components it is made up of. The course will also highlight the role of foster care staff, and how to supervise them effectively.

The learning objectives are as follows:

- To understand what social work supervision is and the variety of components it is made up of

- To know what a task assistance will look like in supervision

- To be aware of the role of the foster care staff

- To understand the importance of critical thinking and reflection in supervision

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 321 Supporting A Child Of A Different Ethnicity Fostering

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At some point in your work, you may look after a young person of a different ethnicity, nationality, or religion. It is very important to understand your commonalities and differences to provide better care for the young person. Some cultures have specific rules for worship, dress, and food. In this course, you can find out more about how to address young people's needs.

The learning objectives are as follows:

To understand and explain the terminology used by young people when talking about their ethnicity

To know how to deal with racism

To know how to help a young person develop a positive racial identity

To know how to create a positive environment

To know how to find commonality and acknowledge positive differences

To be aware of practical advice

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 322 Supporting Adults At Risk Of Domestic Abuse And Violence - Inter Family Fostering

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**Domestic abuse and violence is a pattern of behaviour which is characterised by the exercise of control and the misuse of power by one person over another within an intimate relationship or a family. It may include violence by a son, daughter, or any other person who has a close or blood relationship with the victim or who has lived in the same home as them at some point.**

**In this course, we will learn more about how to help those affected by inter-family domestic abuse and violence.**

**The main learning objectives of the course are as follows:**

- To know what domestic abuse is and how it takes hold**
- To understand domestic abuse in relation to the law**
- To be aware of domestic abuse in the news**
- To know the characteristics of healthy relationships**
- To know the warning signs for unhealthy relationships**
- To be aware of Bidman's categories of psychological torture**
- To know the impact of domestic abuse on children**
- To know what adults can do to help children in abusive homes**
- To be aware of additional needs and vulnerabilities**
- To know where to find effective support and resources**
- To understand the Criminal Justice System and Civil Court System**
- To know the importance of confidence and self-esteem**
- To understand personal support and safety planning**
- To know how to keep safe**
- To be aware of Clare's Law and the domestic violence disclosure scheme**
- To be aware of stalking and harassment**
- To be aware of important national telephone numbers and references**

**This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations**



## 323 Supporting Adults At Risk Of Domestic Abuse And Violence - Male Victim Fostering

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Domestic abuse and violence is a pattern of behaviour which is characterised by the exercise of control and the misuse of power by one person over another within an intimate relationship or a family. Domestic abuse knows no boundaries and occurs across society in different ages, gender, race, ethnicity, or religious groups regardless of sexual orientation, wealth, disability, or geography.

Domestic abuse affects men in the same way as it does women, but the barriers are different. If women still feel the “stigma”, it’s even harder for a man to disclose abuse.

He will often live with increased fear of losing his children if he tries to take action.

This course will look at domestic abuse and violence, as well as domestic abuse facing men specifically. It will examine what domestic abuse is and the law surrounding it. It will also identify the characteristics of a healthy relationship and the warning signs for a possibly unhealthy one.

The learning objectives for this course are as follows:

- To understand what domestic abuse is, and how it takes hold
- To understand domestic abuse in relation to the law
- To know the characteristics of healthy relationships
- To know the warning signs for unhealthy relationships
- To be aware of Bidman’s categories of psychological torture
- To know the impact of domestic abuse on children
- To know what adults can do to help children in abusive homes
- To be aware of additional needs and vulnerabilities
- To understand the Criminal Justice System and Civil Court System
- To know where to find effective support and resources
- To understand personal support and safety planning
- To know the importance of confidence and self-esteem
- To know how to keep safe
- To understand stalking and harassment

**To be aware of Clare's Law and the Domestic Violence Disclosure Scheme**

**To know important national telephone numbers and websites**

**This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.**

**Should you have 5 or more learners requiring this training please consider the face to face option we offer.**

**Should you wish to discuss your needs before making a booking, please go via our live chat.**

## 324 Supporting Adults At Risk Of Domestic Abuse And Violence Female Victim Intimate Partner Abuse Fostering

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Domestic abuse and violence is a pattern of behaviour which is characterised by the exercise of control and the misuse of power by one person over another within an intimate relationship or a family. Domestic abuse knows no boundaries and occurs across society in different ages, gender, race, ethnicity, or religious groups regardless of sexual orientation, wealth, disability, or geography.

This course will look at domestic abuse and violence. It will examine what domestic abuse is and the law surrounding it. It will also identify the characteristics of a healthy relationship and the warning signs for a possibly unhealthy one.

The learning objectives for this course are as follows:

- To understand what domestic abuse is and how it takes hold
- To understand domestic abuse in relation to the law
- To be aware of domestic abuse in the news
- To know the characteristics of healthy relationships
- To know the warning signs for unhealthy relationships
- To be aware of Bidman's categories of psychological torture
- To know the impact of domestic abuse on children
- To know what adults can do to help children in abusive homes
- To be aware of additional needs and vulnerabilities
- To know where to find effective support and resources
- To understand the Criminal Justice System and Civil Court System
- To know the importance of confidence and self-esteem
- To understand personal support and safety planning
- To know how to keep safe
- To be aware of Clare's Law and the domestic violence disclosure scheme
- To be aware of stalking and harassment



## 325 Supporting Adults At Risk Of Domestic Abuse And Violence LGBTQ Fostering

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Domestic abuse and violence is a pattern of behaviour which is characterised by the exercise of control and the misuse of power by one person over another within an intimate relationship or a family. Domestic abuse knows no boundaries and occurs across society in different ages, gender, race, ethnicity, or religious groups regardless of sexual orientation, wealth, disability, or geography.

This course will look at domestic abuse and violence, as well as LGBTQ domestic abuse specifically. It will examine what domestic abuse is and the law surrounding it. It will also identify the characteristics of a healthy relationship and the warning signs for a possibly unhealthy one.

The learning objectives for this course are as follows:

- To understand what domestic abuse is and how it takes hold
- To urge LGBT domestic abuse victim to speak out
- To be aware of domestic abuse in the news
- To be aware of domestic abuse statistics
- To understand additional barriers that the LGBTQ community may face
- To know the characteristics of healthy relationships
- To know the warning signs for unhealthy relationships
- To be aware of Bidman's categories of psychological torture
- To know the impact of domestic abuse on children
- To know what adults can do to help children in abusive homes
- To be aware of additional needs and vulnerabilities
- To know where to find effective support and resources
- To understand the Criminal Justice System and Civil Court System
- To know the importance of confidence and self-esteem
- To understand personal support and safety planning



To know how to keep safe

To be aware of Clare's Law and the domestic violence disclosure scheme

To be aware of stalking and harassment

To be aware of important national telephone numbers and references

As part of The Big Initiative, you're able to access free well-being online courses that have been created by leading practitioners. This online course is designed to provide you with support and knowledge on the subject. Please always reach out to a professional if you feel that you need further support.

A healthy, happy workforce is good for business. It reduces absences, increases productivity, and grows your bottom line. Bringing your best team to work is about teaching them healthy habits and lifestyle changes that they can make out of work, as well as in.

Our health and wellness experts have been making a difference in a wide variety of sectors for a number of years.

Please speak to a professional should you need further support after completing this online course.

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 326 Supporting Boys And Young Men Affected By Child Sexual Exploitation And Abuse Fostering

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Statistics consistently report that boys are less likely to be sexually exploited, but is this really the case? This course takes a critical view of gender roles and stereotypes of boys and young men which lead professionals to miss children, delay protection, or assume that the boys are gang members rather than being sexually exploited.

This course will also explore the impact sexual abuse has on boys and young men and will discuss the evidence for techniques to support boys and young men after sexual exploitation.

The main learning objectives of the course are as follows:

- To understand the way gender roles are affecting the identification and response to exploitation

- To understand the specific impact on boys and young men

- To be aware of the stereotypes and bias in male abuse victims

- To know the techniques to support boys and young men affected by exploitation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 327 Supporting Children Through The Criminal Justice System After CSE Fostering

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This course walks professionals through the investigation and prosecution process from disclosure to sentencing in a child sexual exploitation case. This course uses real experiences from children who were sexually exploited and then reported their abuse or went to court to give evidence against their abusers.

The course will provide advice and information about best practice, victim and witness charter, and how to ensure that children have their voices heard and their mental health and wellbeing protected throughout this distressing process. It will give professionals a unique view from the perspective of children.

The learning objectives are as follows:

- To understand the process of a child sex offence investigation and prosecution
- To know the rights of the child and other witnesses in a child sex offence investigation
- To be aware of some of the experiences of children who have been sexually exploited and been to court
- To improve your knowledge of best practice and how to advocate on behalf of the child

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 328 Supporting Children Whose Parents Have Addictions Fostering

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This course is a short guide developed to help people understand the impacts of substance abuse, including alcohol and opiates, on the development of a child in the womb and post-pregnancy. The course looks at the statistics surrounding foetal growth, and how substance abuse is part of cultures across the world. The course also looks at parenting practices and how substance abuse can have a lasting effect on parenting skills and abilities.

The learning objectives are as follows:

- To understand the safeguarding aspects of parental substance abuse

- To be aware of how parental substance misuse can affect the child's attachments and development, both during pregnancy and after birth

- To be able to identify the ways substance use impacts negatively on consistent and stable parenting

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 329 Supporting Employees Returning To Work Fostering

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The COVID-19 pandemic has completely changed the working environment for many people. As the pandemic begins to wind down, workers will begin to return to their workplace and their normal way of working. This change could have a strain on their mental health. This course will give employers and managers tools to understand what mental health is and to support their employees with their health and wellbeing in their return to work. It will also provide guidance on how to plan an effective return to work.

The learning objectives for this course are as follows:

- To understand what mental health is
- To be aware of statistics pertaining to mental health
- To understand how COVID-19 has affected workers' mental health
- To understand employers' responsibilities and duty of care
- To understand how to effectively plan a return to work

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 330 Sustained Shared Thinking Fostering

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This course is a guide to understanding sustained shared thinking. The course explains what sustained shared thinking is, where and how it can happen, and how it can be applied to your work with children and young people. The course will explore how creative and critical thinking can be used to solve problems, especially focusing on the idea of provocations, and how they can be used to tackle problems.

The learning objectives are as follows:

- To understand the meaning of sustained shared thinking
- To learn how to implement the practice of sustained shared thinking
- To understand the importance of encouraging sustained shared thinking, as a practitioner
- To understand that allowing children to do things for themselves allows them to learn and grow more

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 331 Teenage Pregnancy Fostering

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This course explains teenage pregnancy and the risks that are associated with having a child as a teenager. The course also gives practical advice for carers of teenagers mothers, including key matters to discuss with the teenage mother and useful contacts and support for them.

The main learning objectives of the course are as follows:

- To understand teenage pregnancy

- To know the risks associated with pregnancy

- To know how to identify whether you are pregnant

- To understand the ways to support a new mum in different settings

- To know the support links in the community

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 332 The Coronavirus Pandemic And Its Impact On Mental Health Fostering

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This course has been designed to look at the impact of COVID-19 on mental health in adults, young people, and children.

It will look at how the coronavirus has impacted on individuals both physically and emotionally and especially those with existing mental health issues. It will look at how the virus has driven mental health issues and examine the most important factors that impacted on individuals.

It will also allow participants to make judgements about successful coping strategies and how people have accessed services and the support they need.

The course objectives are as follows:

To understand COVID-19 and the impact it has on wellbeing

To be aware of how the coronavirus has affected our mental health

To know what is driving poor mental health during the pandemic

To be aware of how have people been coping

To know how people been able to access the support they need

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



### 333 The Effects Of Pornography Fostering

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This course describes how pornography has developed over time and the huge influence it has in modern society. The course will explore why people use pornography and how it impacts on behaviour and sexual relationships. Research surrounding pornography and its influence over adolescents, and particularly young men, are also discussed.

The main learning objectives of the course are as follows:

To know the history of pornography

To understand the difference between erotica and pornography

To be aware of why people use erotica and pornography

To know the prevalence of pornography

To understand the effects of pornography on behaviour and sexual relationships

To be aware of education and pornography

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 334 The Impact Of COVID-19 On Young People And The Youth Sector Fostering

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This course will examine the impact of COVID-19 on the youth sector and young people. It will explore what COVID-19 is and how it has affected young people's mental and physical health. It will also look at how COVID-19 has also seriously impaired the organisation and funding of the youth work sector and its ability to reach young people in a time of need.

The course will conclude with understanding how youth organisations are gearing up to this situation by offering virtual services and working in a more flexible fashion.

The learning objectives are as follows:

- To understand COVID-19

- To explore the impact on young people

- The understand the impact on the youth work sector

- To look at wellbeing and the needs of young people

- To explore the future for the youth sector

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 335 The Impact Of Trauma On Sensory Processing Fostering

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For most children, sensory processing develops in the course of ordinary childhood activities. Motor planning ability is a natural outcome of this process, as is the ability to adapt to incoming sensations.

For some children, sensory integration does not develop as efficiently as it should.

In this course, you can find out more about the senses, the impact of trauma, and how to address the needs of children with sensory processing difficulties.

The learning objectives are as follows:

- To understand the importance of our senses - what they are and why we need them

- To know what sensory processing is

- To know the key stages of physical development

- To know what trauma is

- To be aware of the impacts of missed development on a child

- To know how you can help a child with their sensory processing

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 336 The Prevent Duty Fostering

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It is important to understand what the radicalisation process looks like in order for families, friends, and communities to help prevent acts of violent extremism. This course aims to provide an understanding of what causes people to be vulnerable to radicalisation or influenced by extremism, some skills to help recognise those potentially vulnerable to radicalisation, and information on what to do if you are concerned about individuals (the Prevent Duty).

The main learning objectives of the course are as follows:

- To know what radicalisation is
- To know what violent extremism is
- To understand the radicalisation process
- To understand radicalisation and the internet
- To learn about the 'Prevent' strand of the government's CONTEST strategy

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 337 The Role of a Foster Carer Fostering

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This course enables carers to develop the knowledge and skills they need to take on their role with confidence. It will help staff reflect on the challenges they face and will demonstrate how to stay grounded and maintain the passion they came in with.

The main learning objectives of the course are as follows:

- To understand the role of the foster carer
- To explore your duty of care for people you look after
- To learn about legislation, policies, and procedures
- To understand the importance of working as part of the foster care team
- To recognise the day-to-day challenges and the 'burnout' effect
- To explore strategies to maintain the values and ethos required to carry out the role effectively
- To understand the processes for complaints and compliments

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 338 The Role Of The Panel Fostering

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This course takes an in-depth look at the fostering panel. The course explores the roles and responsibilities of the panel and the different members of the panel and their individual duties. The course also takes into consideration the different regulations and laws that the panel has to abide by.

The main learning objectives of the course are as follows:

- To explore roles and responsibilities

- To examine how their own values and attitudes may affect their work on panels

- To clarify the national legal framework for panels, and develop familiarity with the Fostering Services Regulations 2011 and National Minimum Standards 2011

- To consider how applicants experience panels

- To develop an effective working relationship

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 339 The Role Of The Supervising Social Worker Fostering

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This course is a guide to understanding the roles and responsibilities of the Supervising Social Worker (SSW). The course will consider what the SSW needs in order to maintain effective supervision and highlight what carers expect from SSWs. The course will also highlight some of the struggles faced between SSWs and foster carers.

The learning objectives are as follows:

To know what the standards, guidance, and regulations say

To understand the duties of the Supervising Social Worker (SSW)

To know the SSW's role and responsibility

To understand the interface between social work and foster care

To be aware of the challenges faced by both supervising social workers and foster carers

To know what support supervising social workers need to be effective in their role

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 340 The Systemic Approach Fostering

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The “Systemic Approach” is where the system fits families rather than making families fit into the system. Systemic practice is a way of working which emphasises people’s relationships as key to understanding their experiences. Understanding the complex context of families can help people to change patterns of thinking.

This course will begin with a detailed look at what the systemic approach is. It will then examine a few different models of communication before looking at the process of creating chronologies, genograms, and ecomaps.

The learning objectives for this course are as follows:

- To understand what the systemic approach is
- To know the models of communication
- To understand attachment and insecure attachment
- To understand the systemic approach in practice - chronologies, genograms and ecomaps
- To understand the systemic practice and education

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 341 The Virtual School Fostering

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The Virtual School is not a teaching institution. It is a model used to provide services and support for the education of children in care and a constructive challenge to those providing the services. This course is a comprehensive guide to the role and duties of the virtual school and the Education, Health, and Care plan.

The learning objectives are as follows:

To know the educational help available to looked after children

To be aware of the virtual school

To know how a virtual school works

To understand special educational needs

To know the meaning of the Education, Health, and Care Plan

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 342 The Workplace Post-COVID-19 Fostering

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As a result of the Coronavirus disease and the pandemic, workplaces have undergone strict changes to ensure the safety and welfare of employees. When returning to work, it is important that employers create updated expectations of employee behaviour. This course is a guide to promoting adaptive workplaces that will keep employees safe for their return to work.

The learning objectives are as follows:

- To be aware of the changes that need to be made in the workplace to keep employers and employees protected from further spread of coronavirus
- To understand what to do when an employee has tested positive for coronavirus
- To know what an employer can do to prepare for a future pandemic

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 343 Therapeutic Approaches To Caring For Children And Young People Fostering

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Children who have experienced developmental trauma often miss out on important early experiences that influence their development as well as their ability to regulate emotions.

This trauma and attachment-informed course will cover the link between attachment security and emotional regulation, the effect of developmental trauma on the brain, the key challenges of caring for children who have experienced developmental trauma, and how a therapeutic approach can help children feel safe so that they can begin to heal.

The learning objectives are as follows:

- To understand the key principles and purpose of the attachment relationship

- To explore the link between attachment security and emotional regulation

- To understand the impact of developmental trauma on the brain

- To identify the challenges of caring for children who have experienced developmental trauma

- To explore the concept of intersubjectivity

- To understand how using playfulness, acceptance, curiosity, and empathy can help children make sense of and manage their emotions

- To gain an understanding of a therapeutic approach in practice

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 344 Therapeutic Care - Social Pedagogy Fostering

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This course will show foster carers how to enable a therapeutic setting to work towards an ideal of social pedagogy.

The main learning objectives of the course are as follows:

- To focus on what 'therapeutic' is
- To focus on what the therapeutic effects of all types of fostering can be
- To define some of the therapeutic needs children can have
- To identify the best types of professional fostering practice in meeting a child's therapeutic needs
- To explore the meanings of key related phrases 'therapeutic needs', 'therapeutic parenting', and 'therapeutic care'

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 345 Therapeutic Care Fostering

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Therapeutic care is a placement where a child or young person has undergone significant neglect or trauma and would benefit greatly from a supportive foundation. Here, they can build a trusting relationship with carers while they receive therapy to help them to overcome a traumatic experience or period in their lives.

The learning objectives are as follows:

- To know what therapeutic care is
- To know how to establish a therapeutic relationship
- To understand young people's behaviours
- To know where behaviours come from
- To be aware of choice and consequences for young people
- To recognise the importance of body language

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 346 Tics And Tourettes Syndrome In Children And Young People Fostering

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This course is a comprehensive guide to understanding tics and Tourette's syndrome. The course explains what both conditions are and how they differ. The different tics that can exist, such as simple motor tics or complex vocal tics are explored, as well as the potential causes, including genetics. There is also some useful guidance on other conditions associated with tics and Tourette's, such as attention-deficit hyperactivity disorder and obsessive-compulsive disorder.

The learning objectives are as follows:

- To know what tics and Tourette syndrome are
- To be aware of the different types of tics
- To understand the potential causes of tics
- To know about the other conditions associated with tics
- To be aware of the different treatments available

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 347 Tourette Syndrome - A Guide For Children And Young People Fostering

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This course is a guide to understanding what Tourette Syndrome (TS) is. The course will explain what tics are, as well as highlight other conditions often associated with TS. Additionally, the course will examine the impact TS has upon a child/young person's life and the treatments available to them.

The learning objectives are as follows:

- To learn what Tourette syndrome (TS) is

- To know what tics are

- To understand how it might affect various aspects of a child/young person's life

- To be aware of treatments available to those with TS

- To know how to support a child/young person living with TS

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 348 Toxic Quad Fostering

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This course is designed to increase the understanding of and professional responses to parental substance misuse, domestic abuse, parental mental health issues, and parental learning disabilities/difficulties, their potential impact on parenting capacity and on children's health, development, and wellbeing.

The main learning objectives of the course are as follows:

- To raise awareness and understanding of parental risk factors (Toxic Quad) and how they can impact upon parenting

- To explore the potential impact of the Toxic Quad on children's health, development, and wellbeing

- To raise awareness of roles and responsibilities and how this links to legislation such as Working Together to Safeguarding Children 2018

- To raise awareness of these factors in relation to Serious Case Reviews

- To learn strategies to support and empower and to understand the 'Signs of Safety'

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 349 Toxic Trio Fostering

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Research shows that the environment in which a child lives is crucial to his or her health, safety, and well-being.

Toxic Trio has been used to describe the issues of domestic abuse, mental ill-health, and substance misuse which have been identified as common features of families where harm to children has occurred. They are viewed as indicators of increased risk of harm to children and young people.

The course will help carers to understand the elements of the Toxic Trio in more detail.

The learning objectives are as follows:

- To understand the extent of the impact of the 'Toxic Trio' on children

- To explore our own attitudes to domestic abuse, substance misuse, and mental health

- To discuss the relationship between domestic abuse, substance misuse, and mental health

- To discuss the impact of these factors on parenting

- To know the possible interventions that might help families where one or more of these three factors are present

- To reflect on own role in responding to toxic trio issues

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 350 Transgender Diversity Awareness Fostering

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This course aims to provide a basic awareness of transgender diversity. Throughout the course, you will gain an understanding of the term transgender and explore key terminology, including pronouns. You will learn about the Equality Act, ways in which you can create inclusivity within your setting and explore possible difficulties faced by gender variant children, as well as organisations that can support transgender children and their families.

The learning objectives for this course are as follows:

- To be aware of the trans and non-binary community
- To understand what transitioning is
- To understand being transgender and non-binary
- To understand different gender identities
- To understand gender dysphoria and euphoria
- To be aware of the issues faced by transgender children
- To be aware of important statistics
- To understand what transphobia is

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 351 Transitions And Vulnerability Fostering

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This course provides foster carers with the understanding and tools to enable children and young people to build resilience and make successful transitions. The course also explores guidance, policies, and legislation concerned with transitions for young people in care.

The main learning objectives of the course are as follows:

- To gain an understanding of the importance of assisting a child through transition
- To recognise the impact that transition can have on vulnerable children and young people
- To explore the implications/issues that arise from moving a child on
- To identify how to build resilience in children to support them through transition
- To identify the features of a successful transition and how to plan for this
- To review legislation regarding young people aged 16 and above and the Children (Leaving Care) Act
- To look at life story work and its relevance to your role

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 352 Trauma Fostering

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Trauma is the response to a deeply distressing or disturbing event that overwhelms an individual's ability to cope, causes feelings of helplessness, diminishes their sense of self, and their ability to feel the full range of emotions and experiences. This course is a comprehensive guide to understanding trauma in children and young people. It will explore the ways in which trauma and toxic stress can affect the development of the brain, but will also consider how a carer can help a child to work through their trauma and feel safe.

The learning objectives are as follows:

To understand what trauma is

To understand how the brain is affected by trauma

To know the factors that affect early brain development

To be aware of the impact of traumatic stress in childhood

To know the most beneficial ways to work with trauma at a pace that is comfortable for the child

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 353 Trauma Responses And Behaviours Of Children Who Have Experienced Sexual Violence Fostering

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Child sexual exploitation, as a form of child sexual abuse - causes trauma. When children are harmed and forced into situations of extreme stress, it is likely and rational for them to have a range of extreme reactions. This module takes a trauma-informed, anti-diagnosis approach to the way children are understood after a period of sexual trauma. Professionals will learn about common trauma responses during a sexual offence, after, and during recovery - before moving on to explore common coping mechanisms in children. Coping mechanisms after sexual trauma can often appear maladaptive or can be misunderstood as behavioural problems; this module will provide evidence-based advice and information on how to support children showing signs of sexual trauma.

The main learning objectives of the course are as follows:

- To understand the experiences of sexual trauma in children of different ages

- To increase understanding of common trauma responses during a sexual offence, after, and during recovery

- To explore common coping mechanisms after CSE/A

- To increase knowledge of supportive strategies and techniques for children affected by panic, crisis, anxiety, and dissociation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please go via our live chat.

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 354 Unaccompanied Asylum-Seeking Children - Albania Fostering

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This course explains the reasons why children end up in the UK unaccompanied and their legal status once they enter the UK. There is also guidance on relevant legislation and what the role of the carer should be with unaccompanied children. The second half of the course provides useful information about culture, society, and religion in Albania that will help if you are caring for a child from Albania.

The main learning objectives of the course are as follows:

- To know what an unaccompanied asylum-seeking child is
- To know why children come to the UK unaccompanied
- To know the legal status of unaccompanied asylum-seeking children
- To understand the needs of asylum-seeking children
- To understand the role of the carer
- To understand Albania

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 355 Unaccompanied Asylum-Seeking Children - Syria Fostering

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An unaccompanied asylum-seeking child (UASC) is a child or young person first, a child in care in second, and an unaccompanied asylum seeker third. Their welfare and best interest should be the priority for everyone involved in their lives. This course looks particularly at minors from Syria so as to create a deeper understanding as to what life might have been like before arriving in the UK, as well as highlighting the dangers of exploitation asylum-seeking children might face.

The learning objectives are as follows:

- To understand the meaning of Unaccompanied Asylum Seeking Children (UASC)

- To know why children come to the UK unaccompanied

- To be aware of the legal status of UASC

- To understand the needs of asylum-seeking children

- To know the role of the foster carer

- To know more information about Syria

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 356 Unaccompanied Asylum-Seeking Children - Egypt Fostering

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An unaccompanied asylum-seeking child (UASC) is a child or young person first, a child in care in second, and an unaccompanied asylum seeker third.

Their welfare and best interest should be the priority for everyone involved in their lives.

This course looks particularly at minors from Egypt.

The learning objectives are as follows:

- To know what an unaccompanied asylum-seeking child is
- To know why children come to the UK unaccompanied
- To know the legal status of unaccompanied asylum-seeking children
- To understand the needs of asylum-seeking children
- To understand the role of the carer
- To understand Egypt

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 357 Unaccompanied Asylum-Seeking Children - Eritrea Fostering

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An unaccompanied asylum-seeking child (UASC) is a child or young person first, a child in care in second, and an unaccompanied asylum seeker third.

Their welfare and best interest should be the priority for everyone involved in their lives.

This course looks particularly at minors from Eritrea.

The learning objectives are as follows:

- To know what an unaccompanied asylum-seeking child is

- To know why children come to the UK unaccompanied

- To know the legal status of unaccompanied asylum-seeking children

- To understand the needs of asylum-seeking children

- To understand the role of the carer

- To understand Eritrea

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 358 Unaccompanied Asylum-Seeking Children - Ethiopia Fostering

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An unaccompanied asylum-seeking child (UASC) is a child or young person first, a child in care in second, and an unaccompanied asylum seeker third.

Their welfare and best interest should be the priority for everyone involved in their lives.

This course looks particularly at minors from Ethiopia.

The learning objectives are as follows:

- To know what an unaccompanied asylum-seeking child is
- To know why children come to the UK unaccompanied
- To know the legal status of unaccompanied asylum-seeking children
- To understand the needs of asylum-seeking children
- To understand the role of the carer
- To understand Ethiopia

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 359 Unaccompanied Asylum-Seeking Children - Iran Fostering

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An unaccompanied asylum-seeking child (UASC) is a child or young person first, a child in care in second, and an unaccompanied asylum seeker third.

Their welfare and best interest should be the priority for everyone involved in their lives.

This course looks particularly at minors from Iran.

The learning objectives are as follows:

- To know what an unaccompanied asylum-seeking child is
- To know why children come to the UK unaccompanied
- To know the legal status of unaccompanied asylum-seeking children
- To understand the needs of asylum-seeking children
- To understand the role of the carer
- To understand Iran

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 360 Unaccompanied Asylum-Seeking Children - Sudan Fostering

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An unaccompanied asylum-seeking child (UASC) is a child or young person first, a child in care in second, and an unaccompanied asylum seeker third.

Their welfare and best interest should be the priority for everyone involved in their lives.

This course looks particularly at minors from Sudan.

The learning objectives are as follows:

- To understand the meaning of Unaccompanied Asylum-Seeking Children (UASC)

- To know why children come to the UK unaccompanied

- To be aware of the legal status of UASC

- To understand the needs of asylum-seeking children

- To know the role of the foster carer

- To know more information about Sudan

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 361 Unaccompanied Asylum-Seeking Children (UASC): Afghanistan Fostering

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This course explains the reasons why children end up in the UK unaccompanied and their legal status once they enter the UK. There is also guidance on relevant legislation and what the role of the carer should be with unaccompanied children. The second half of the course provides useful information about culture, society, and religion in Afghanistan that will help if you are caring for a child from Afghanistan.

The main learning objectives of the course are as follows:

- To know what an unaccompanied asylum-seeking child is
- To know why children come to the UK unaccompanied
- To know the legal status of unaccompanied asylum-seeking children
- To understand the needs of asylum-seeking children
- To understand the role of the carer
- To understand Afghanistan

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 362 Unaccompanied Asylum-Seeking Children (UASC): Iraq Fostering

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An unaccompanied asylum-seeking child (UASC) is a child or young person first, a child in care in second, and an unaccompanied asylum seeker third.

Their welfare and best interest should be the priority for everyone involved in their lives.

This course looks particularly at minors from Iraq.

The learning objectives are as follows:

- To understand the meaning of Unaccompanied Asylum Seeking Children (UASC)

- To know why children come to the UK unaccompanied

- To be aware of the legal status of UASC

- To understand the needs of asylum-seeking children

- To know the role of the carer

- To know more information about Iraq

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 363 Unaccompanied Asylum-Seeking Children Vietnam Fostering

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An unaccompanied asylum-seeking child (UASC) is a child or young person first, a child in care in second, and an unaccompanied asylum seeker third. Their welfare and best interest should be the priority for everyone involved in their lives.

This course looks particularly at minors from Vietnam.

The learning objectives are as follows:

- To know what an unaccompanied asylum-seeking child is
- To know why children come to the UK unaccompanied
- To know the legal status of unaccompanied asylum-seeking children
- To understand the needs of asylum-seeking children
- To understand the role of the carer
- To understand Vietnam

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 364 Unconscious Bias Fostering

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At some point in our lives, we will make decisions based upon our experiences and instincts. However, it is important that we do not allow our judgements to be clouded by our unconscious biases, especially when working with young, vulnerable children. This course is a guide to understanding unconscious biases and the impacts it can have on people and society as a whole.

The learning objectives are as follows:

- To understand what unconscious bias is

- To be aware of where these biases come from and understand why we have them

- To know of the main types of unconscious bias

- To understand stereotypes and how we use them to make assumptions about others

- To be aware of the impact of unconscious bias on others

- To know how to implement strategies which will help to challenge children's biases

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 365 Understand Schools Responsibilities On Search, Screen And Confiscate Fostering

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Schools have a responsibility under health and safety legislation to minimise risks to pupils, staff, and visitors, and they have statutory powers to make rules about pupil behaviour to facilitate this.

Both searching and screening contribute to the safety of the school by enabling staff to identify and remove prohibited items such as weapons and alcohol.

Schools in England have powers to search and screen pupils and confiscate prohibited items.

This course will help carers to understand search, screen and confiscate in more detail.

The main learning objectives of the course are as follows:

- To know what a prohibited item is
- To understand the screening and searching process
- To understand the requirements and rules schools have to follow when screening and searching pupils
- To know how to deal with complaints

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 366 Understanding And Responding To Children Who Show Harmful Sexual Behaviours Fostering

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This course explores the harmful sexual behaviours shown by children from a very young age (3-5 years old) all the way through to 17 years old. When it comes to Harmful Sexual Behaviours (HSB), there are a number of myths and misconceptions to deconstruct; the most prevalent being that children who show these behaviours are simply copying the behaviour of abusive adults who have victimised them.

This course uses the latest and most comprehensive research and literature to ensure that professionals understand the reasons why children may show HSB, how to identify and respond to HSB, and to explore the programmes and support available for children showing HSB.

The main learning objectives of the course are as follows:

- To understand what is meant by harmful sexual behaviours and why some children display them
- To explore the reasons why some children show harmful sexual behaviours
- To understand the harmful sexual behaviours perpetrated by children against other children online and offline
- To explore the common responses to harmful sexual behaviours in the UK

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please go via our live chat.

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 367 Understanding Attachment Foundation Fostering

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Development trauma is known as the impact of children's experiences of frightening or unavailable care early in life, including, abuse, neglect, the exposure to frightening environments, and the lack of a stable home. This course focuses on the many aspects of trauma and attachment, providing information and good practice strategies for caring for and working with children who have experienced trauma and unstable attachments early on in life.

The learning objectives are as follows:

- To understand the challenges of caring for developmentally traumatised children
- To be aware of therapeutic parenting
- To know the importance of supporting yourself, as a carer

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 368 Understanding Children And Young Peoples Mental Health Fostering

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This course is a comprehensive guide to understanding mental health problems that children and young people experience. The course explains the issues and backgrounds that make some children more vulnerable to mental health issues, and goes into detail about different mental health issues, including OCD, anxiety, and depression. The course also explores the different assessments and interventions that are available for young people.

The learning objectives are as follows:

- To understand the meaning of mental health
- To be aware of the experiences of looked after children and at risk adolescents
- To know the risk and resilience factors
- To understand the reasons for mental illness
- To be aware of assessments and interventions for children and adolescents
- To know how to promote positive mental health

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 369 Understanding Children's Play Fostering

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Play is essential for children. Children learn mostly through play. By exploring, tasting, and manipulating, children process new information and construct their own sense of order.

In this course, learners will find out more about play therapy, the theories behind it, and how to facilitate play.

The main learning objectives of the course are as follows:

- To understand the meaning of play
- To know the various types of play
- To be aware of why playtime has declined
- To know how we can support children's play

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 370 Understanding Depression And Suicide Fostering

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This course has been specifically designed to increase your understanding of depression and what might push a young person to suicide. It will look at the causes of depression and possible methods to manage the condition.

The learning objectives are as follows:

- To learn the meaning of depression
- To know the clinical features and signs of depression
- To understand what causes depression
- To know how to manage depression
- To learn about suicide and young people
- To be aware of how you can help

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 371 Understanding Dyslexia And Dyspraxia Fostering

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*Do you know what the conditions Dyslexia, Dyspraxia, Dyscalculia, and ADHD/ADD are?*

*What do they have in common? What are the differences between the four?*

You can find out more in this course on specific learning disabilities.

The learning objectives are as follows:

To understand Dyslexia, Dyspraxia, Dyscalculia, and ADHD/ADD

To know what causes dyslexia

To be able to recognise the signs and symptoms of dyslexia within different age groups

To know how we can help children with dyslexia

To know what causes dyspraxia

To be able to recognise the signs and symptoms of dyspraxia

To know how we can help children with dyspraxia

To be aware of positive outcomes for individuals with dyslexia and/or dyspraxia

To understand the concept of a 'Graduated Response to Need' in line with current statutory requirements

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 372 Understanding HIV And AIDS Fostering

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This course is designed to increase understanding and knowledge of HIV/AIDS, and it will enable learners to identify the signs and symptoms of HIV and the methods of supporting young people through this. Additionally, this course will highlight the ways in which HIV can be transmitted from person to person, as well as creating an awareness for preventing the spread of it.

The main learning objectives of the course are as follows:

- To know what the Training, Support and Development Standards say

- To understand HIV (the human immunodeficiency virus) and AIDS (acquired immunodeficiency syndrome)

- To be aware of prevention

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

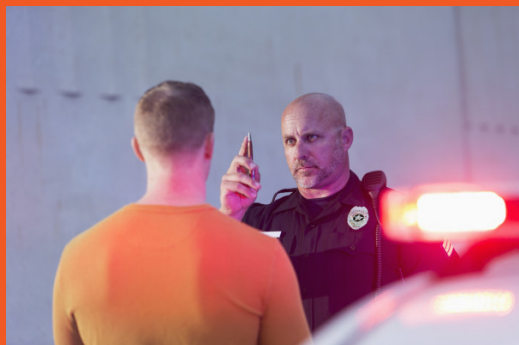
Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 373 Understanding Offending Behaviour Fostering

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A child's upbringing will affect their likelihood to offend as they grow up, making them more susceptible to gang culture and committing crime. This course will teach you about how a young person may fall into the "Crime Cycle", and how social exclusion can exacerbate this. The course will also teach you about restorative justice, outlining the practical steps of rehabilitation that fall under this idea. The course will lastly show you how you can be an agent of change.

The learning objectives are as follows:

- To understand the "Crime Cycle"

- To understand the profiling of young people

- To be aware of the impact being in care can have on the likelihood of offending

- To know how carers can be agents for change

- To understand the restorative approach and rehabilitation

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 374 Understanding Risk And Vulnerability In CSE Fostering

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This course is a critical exploration of the way risk is perceived, employed, and assessed in child sexual exploitation - and the way vulnerability is being understood in children of all ages.

For professionals who work with children thought to be 'at risk' of, or experiencing, child sexual exploitation, this course looks at the evidence for so-called 'risk-taking behaviours' and childhood vulnerabilities versus the evidence we have from wide empirical studies. What can we learn when we really put risk and vulnerability under the microscope and how can we support young people to take positive risks?

The main learning objectives of the course are as follows:

- To understand the critique of using language such as "risk" and "vulnerability" in CSE
- To be aware of the use of language and the concepts of risk and vulnerabilities as "leading to" CSE
- To understand why there should be a perception and language change in risk and vulnerability
- To know why age-appropriate child behaviours and developments should not be problematised as risks or vulnerabilities

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 375 Understanding Your Role - For Health And Social Care Fostering

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Are you new to health and social care?

This course will provide an introduction to your duties and responsibilities, the standards, and the importance of working with others.

The learning objectives are as follows:

- To know your main duties and responsibilities
- To know the standards and codes of conduct that impact on your role
- To know what is meant by 'agreed ways of working'
- To understand how your previous experiences, attitudes, and beliefs may affect the way you work
- To understand the values, aims, and objectives
- To understand the importance of employment legislation and the importance of reporting errors
- To know what whistleblowing is
- To understand the importance of working with others

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 376 Understanding, Challenging, And Deconstructing Victim Blaming And Self-Blame Fostering

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This course takes a comprehensive look at the culture of victim-blaming in instances of sexual offence. The course is designed to challenge people's preconceptions of victims of sexual abuse, rape, and other sexual offences..

The learning objectives are as follows:

- To learn what victim-blaming is
- To explore the roots of victim-blaming in sexual offences
- To increase knowledge of victim-blaming behaviours and attitudes
- To understand the impact on the victim including self-blame and re-victimisation
- To learn how to challenge common victim-blaming narratives

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 377 Using Basic Theraplay Techniques Fostering

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Play Therapy is a form of counselling or therapy that utilises play to help children communicate their psychosocial challenges. This course introduces the concept of “Theraplay”, its history, and its use in counselling children. The course also explains traditional play therapy and how it developed, allowing a comparison between it and the newer “Theraplay”.

The main learning objectives of the course are as follows:

- To understand what play therapy is

- To know how play therapy developed

- To understand what “Theraplay” is and how it differs from traditional play therapy

- To be aware of the benefits of “Theraplay”

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 378 Using The National Referral Mechanism With Children Affected By CSE Fostering

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This course will explain how the National Referral Mechanism can be used to access rights, funds, and protection for children who have been trafficked during sexual exploitation or modern slavery. Professionals will understand the advantages and disadvantages of using this referral process with children they work with. Tips for how to fill in an NRM form are also provided.

The main learning objectives of the course are as follows:

- To know about the National Referral Mechanism
- To understand the usage, advantages, and disadvantages
- To look at the necessary forms

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 379 Valuing Differences Fostering

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No two people are the same, and that is the beauty of life. It is important to challenge discrimination and prejudice to improve your life and the lives of those around you. This course has been designed to educate carers and professionals on equality and diversity in terms of the protected characteristics under the Equality Act 2010, religion, organisations, disabilities, gender identity, and sexuality. It outlines the types of discrimination and suggests ways to challenge them, particularly regarding the young people in your care.

The learning objectives are as follows:

- To understand the terms, ethnicity, culture, disability, race, and religion
- To be aware of the protected characteristics and the Equality Act 2010
- To understand religion and spirituality
- To know the importance of the cultural web and how this impacts on others in an organisation
- To understand disability, gender identity, and sexuality
- To know how to challenge discrimination in a way that promotes change

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 380 Valuing Yourself As A Carer Fostering

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As a caregiver, it is vital that you take care of yourself. Studies confirm that caregivers play host to a high level of compassion fatigue and secondary trauma.

This course will educate carers on the importance of valuing and taking care of themselves.

The learning objectives are as follows:

To know your worth in the life of a child

To know your worth as a professional and what you can contribute

To know when to take time out for yourself

To know where to get support

To know how to expand on your role

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 381 Vicarious Traumatization Fostering

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Vicarious trauma can be harmful to us, as well as to our loved ones, colleagues, and the people under our care.

This course will outline the critical points about vicarious trauma.

The learning objectives are as follows:

To be able to define vicarious trauma according to the research and identify at least three factors that may contribute to vicarious trauma in those who serve torture survivors

To be able to define vicarious resilience according to the research and identify at least three factors that empower and promote the well-being of trauma professionals

To be able to describe key components of a self-care plan

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 382 Violent Homes And Animal Welfare Fostering

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This course has been designed for professionals who work with children and families. The course explains how animal abuse can be an indicator of domestic violence and other forms of abuse. The course also discusses the animal welfare legislation that exists and how being conscious of animal abuse can shape and inform your practice.

The learning objectives are as follows:

- To be aware of the prevalence of animal abuse

- To understand the different types and categories of abuse, including animal abuse

- To be aware of the possible indicators of abuse

- To know the duties animal welfare legislation places on animal owners

- To understand how being aware of animal abuse can inform your day-to-day practice

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 383 Vulnerable Children Having Vulnerable Children Fostering

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This course focuses on identifying who teenage parents predominantly are and the problems that they face as teenagers with children. It also provides helpful information about the help available to teenage parents (including funding) and the research that has been carried out about teenage parenting.

The main learning objectives of the course are as follows:

- To know who teenage parents are
- To understand the problems teenage parents face
- To be aware of the help available for young parents
- To be aware of the research concerning teenage parenting

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 384 Warner Interviews Fostering

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The Warner interviewing principles are safer ways to conduct the recruitment process in the care industry. This course will teach you the methods of the Warner interviewing principles, from what questions to ask potential candidates, ways that you can prepare candidates before the interview, and what steps to take after the interview. This course will also explain what qualities the interviewer should have to conduct the Warner interview correctly.

The learning objectives are as follows:

- To be able to explore issues relating to Warner interviews

- To be able to demonstrate a thorough understanding of Warner interviewing

- To know how to apply work-based skills demonstrated through Warner interviewing techniques

- To know how to utilise Warner interviewing techniques in applicant interviews

- To understand the application of Warner interviewing and recording of this

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 385 Welcoming And Transferring A Child's Care Fostering

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This course focuses on how to manage and prepare for a child or young person's placement and the end of placements. Practical and useful tips are given to help ensure that the child and young person's care runs as smoothly as possible. Furthermore, research and theories such as reflective practice are also explored.

The main learning objectives of the course are as follows:

- To know how to prepare for a child or young person to stay

- To understand the end of the placement

- To understand safer caring and positive risk

- To consider the impact of some common transitions on children and young people

- To explore how carers and their families can help children and young people to manage periods of change

- To understand the carer's role in preparing children and young people of all ages for satisfying and successful adult lives

- To know the importance of reflective practice

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 386 Wellbeing And Mental Health During COVID-19 Fostering

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This course introduces practical advice to safeguard participants and young people's wellbeing during this current pandemic and the importance of self-care.

It will look at ways that help to plan and make routines and look at means of improving wellbeing with practical strategies and sensible steps that improve both physical and mental health.

This will include making wellbeing plans and exploring concepts that young people should include in a plan.

The learning objectives are as follows:

- To know what COVID-19 is and the impact it has on wellbeing
- To be aware of the importance of looking after yourself
- To understand the importance of making plans and having a routine
- To be aware of the ways to look after your wellbeing
- To know how to make wellbeing plans

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 387 When I'm Ready Fostering

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This course is a comprehensive guide to the “When I’m Ready” arrangements that were introduced in Wales. The course explains how the “When I’m Ready” arrangements work and what is expected of young people and foster carers if they choose to follow the “When I’m Ready” programme.

The learning objectives are as follows:

To know what “When I’m Ready” is

To understand how “When I’m Ready” is arranged

To be aware of the ways young people and carers are supported

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 388 Whistleblowing Fostering

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This course provides a comprehensive look at whistleblowing; its meaning, relevant procedures and laws; and advice on how to raise a concern. The course explores the different organisations that assist in whistleblowing in the care sector and provides advice on the right steps to take when whistleblowing.

The main learning objectives of the course are as follows:

- To know what whistleblowing is
- To understand whistleblowing policy and procedures
- To know how to raise a concern
- To understand whistleblowing and the law
- To be aware of barriers to whistleblowing
- To look at a case study

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 389 Working As Part Of A Team Fostering

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To understand how a team operates, it is necessary to look at the roles of the individual members of the group - how people behave, contribute, and relate with others.

*What are the different roles you can take on as part of a team?*

In this course, learners can find out more about the nuances of teamwork and team skills.

The learning objectives are as follows:

- To understand the different roles within teamwork

- To understand key team skills

- To understand how a shared purpose supports the management of change and team development

- To be aware of the techniques used for successful team development

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 390 Working In A Person-Centred Way Fostering

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Every person within your care is a unique person with their own wants and needs. In this course, you can find out more about person-centred care in practice.

The learning objectives are as follows:

- To know what person-centred care is
- To understand The Care Act and person-centred care
- To know person-centred values in practice
- To know the 6 Cs
- To know the key features of person-centred planning
- To know how to work in a person-centred way
- To understand risk enablement

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 391 Working In Partnership Fostering

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It is important to work in partnership to safeguard children and young people, share information between agencies, avoid duplication, and ensure cost-effectiveness. This course provides useful information on how to work in partnerships that are effective and help the young people and children in your care.

The main learning objectives of the course are as follows:

- To know the importance of developing positive working relationships with other professionals

- To consider how working in partnership affects looked after children and their families

- To know best standards of practice in your role

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 392 Working With Birth Parents Within Fostering And Adoption Fostering

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It's inevitable that in your role as a foster carer, you'll have to work in close proximity with birth parents. This is often a calm and agreeable situation for both parties. But sometimes it can be tenser. To help you in your role, this course will cover the basics of working with birth parents.

The course will provide an overview of the key legislation (The Children's Act 1989) and will define exactly what parental responsibility and delegate authority both are. It will discuss permanency planning and the various options; it will help you to manage contact effectively, and it will help you work together with birth parents.

The learning objectives for this course are as follows:

- To understand The Children's Act 1989
- To know what parental responsibility is
- To know what delegated authority is
- To understand permanency planning
- To understand managing contact with the birth family
- To understand working with birth parents

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 393 Working With Disabled Children Fostering

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This course enables carers to address issues associated with working with disabled children and develop the basic knowledge and skills to work effectively with a diverse range of children and young people.

The learning objectives for this course are as follows:

- To understand the social model of disability in relation to working with disabled children and young people

- To understand the needs of disabled children and young people

- To be aware of the added vulnerability that some disabled children and young people may face

- To understand the discrimination of disabled young people in peer groups as well as in wider society

- To explore strategies to ensure disabled children are able to achieve their full potential

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 394 Working With Hostile Families Fostering

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*How does a hostile family environment have an impact on children and young people, both mentally and physically?*

When working with a potentially hostile family, you need to remember a few points when it comes to the children and young people.

In this course, you can find out more about engaging with hostile families and some practical strategies for managing the work.

The learning objectives are as follows:

To understand the variety of ways in which families can fail to engage and cooperate, and explore some of the causes

To have an increased awareness of helpful strategies

To be clear about maintaining professional boundaries and keeping themselves safe

To be clear about the need to effectively assess risk factors affecting children who are being cared for by uncooperative adults

To understand the importance of multi-agency practice

To be aware of some practical strategies for managing the work

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 395 Working With Traumatised Children Fostering

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Traumatised children and young people have had severely distressing experiences. Children who have experienced trauma will often display a range of behaviours that take time to attune to, observe, and even tolerate.

This course will cover how the brain of a child is affected by trauma and the best ways to work with traumatised children.

The learning objectives for this course are as follows:

- To understand what trauma is
- To understand how the brain is affected by trauma
- To know how behaviours in relation to trauma manifest
- To understand what trauma looks like and signals to watch out for and be mindful of
- To know the most beneficial ways to work with trauma, at a pace that is comfortable for the child

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 396 Working With Travelling Families Fostering

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This course aims to provide carers with essential information and outline best practice for working with young people and families from the Gypsy, Roma, and Traveller communities.

The main learning objectives of the course are as follows:

- To know who Travellers are

- To be aware of the Race Relations Act

- To understand the reasons why Travellers are disadvantaged

- To know what needs to happen to break down barriers

- To be aware of the Traveller Education Support Services

- To recognise reasons why Traveller parents are reluctant to send their children to school

- To know what makes an 'inclusive' school

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Upon booking this course, we will discuss the learning objectives and outcomes you wish to achieve based on the young people in your care.

We also have an advanced version, which is specifically for designated individuals or seniors.

Should you wish to discuss your needs before making a booking, please go via our live chat.

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.



## 397 Workplace Wellbeing Fostering

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Implementing a wellbeing strategy can help to improve the workplace and bring benefits to both businesses and employees.

From an organisational management angle, wellbeing is a major factor in quality, performance, productivity, and, therefore, business effectiveness and profit.

Where a person's wellbeing reduces, so typically does their performance and effectiveness.

The aim of this course is to enable learners to become familiar with health and wellbeing from a professional perspective.

The learning objectives are as follows:

- To gain an understanding of health and wellbeing
- To know the types of ill health
- To understand social wellbeing
- To understand mental health
- To understand wellbeing in a career and workplace
- To understand physical wellbeing
- To know the importance of a healthy lifestyle

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 398 Young Carers Fostering

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There are more than 800,000 young carers in the UK.

The official definition of a young carer is “...a person under 18 who provides or intends to provide care for another person (of any age, except where that care is provided for payment, pursuant to a contract or as voluntary work)”.

In this course, you can find out more about how to address the needs of young carers.

The learning objectives are as follows:

- To know who young carers are

- To know why so many young carers are hidden

- To understand the roles and responsibilities that young carers face

- To understand the impact on their social, physical, and emotional development

- To be aware of the legislation and rights affecting young carers

- To know how schools can support young carers

- To be aware of what other support is available for young carers and their families

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 399 Young People & Gambling Fostering

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Gambling can be dangerous at any age, but the research suggests that The younger a person is when a problem develops, the more harm that will appear in later life. This course will look at the law around gambling and the signs that gambling may be becoming a problem.

Based on the 2018 Report from the Gambling Commission, this course will help young people to look at issues that affect them in regard to gambling.

The learning objectives for this course are as follows:

- To know the law around gambling and young people

- To be aware of young people's participation

- To understand problem gambling

- To know where to get help

- To understand adult approaches

- To be aware of treatment options

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 400 Young People Development Fostering

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This course examines the stages of child development. The course will consider a variety of theories regarding children's growth and development, as well as factors that can have an impact on this. Furthermore, the course will discuss the importance of play for children and how it can help children to engage and interact with the world around them.

The learning objectives are as follows:

- To be aware of the different stages of child development

- To understand the important developmental theories that impact on children and young people

- To understand how children of all ages form attachments and how these affect their ongoing development

- To know how play, hobbies, and interests are important for children and young people's learning and development

- To understand the contribution that family, caring, and social networks make to the development of children and young people

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 401 Young People On Remand Fostering

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This course provides a comprehensive look at all the systems and procedures surrounding young people on remand. The Youth Justice system and Remand Fostering are explored, and the different processes in court and court outcomes are explained. There is also practical advice for your work with young people, including how to support them if they are involved in the Criminal Justice system.

The main learning objectives of the course are as follows:

- To understand the Youth Justice system and how it relates to children and young people who are subject to Remand Fostering
- To understand how young people become involved in the criminal justice system
- To be aware of the court process and how court outcomes impact the young person and their carer
- To know the purpose and function of Youth Offending Teams
- To be able to identify triggers to behaviours which may be challenging and develop strategies to manage such behaviours effectively
- To understand how to support children and young people involved in the Criminal Justice system

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 402 Young People Trafficking Fostering

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Human trafficking is the movement of people by means such as force, fraud, coercion, or deception, with the aim of exploiting them. It is a form of modern slavery. Over the past few years, there has been an increase in the cases of human trafficking. This course is a guide to understanding what human trafficking is. The course will identify the various types of trafficking and create an awareness of modern slavery. Furthermore, the course offers guidance on what to do if you think you have initial contact with a suspected Human Trafficking victim.

The learning objectives are as follows:

- To know what human trafficking is
- To be aware of the elements of trafficking
- To know the difference between human trafficking and people smuggling
- To understand the different types of trafficking
- To be aware of relevant legislation
- To understand the concept of modern slavery
- To know the best practice for first contact with a trafficking victim
- To understand the National Referral Mechanism (NRM)

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

## 403 Youth Justice System Fostering

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This course explains the procedures followed within the youth justice system, the risk factors, and the ways to support young people in order to help prevent re-offending.

The main learning objectives of the course are as follows:

- To understand the Youth Justice system in relation to Remand Fostering

- To gain an insight into the court process and how outcomes impact the young person and their carer

- To know strategies to effectively manage young people's behaviours

This course meets the Training, Support, and Development Standards as outlined in The Fostering Services (England) Regulations 2011.

Should you have 5 or more learners requiring this training please consider the face to face option we offer.

Should you wish to discuss your needs before making a booking, please go via our live chat.

