# Adult Social Care and Health Directorate

# Infection Prevention and Control Policy



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	For Community Based Services and Hospital Teams Kent Adult Placement Scheme (Shared Lives)
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Related Documentation	Infection, Prevention, and control policy
Infectious-diseases-schools-and-other-childcare-settings	Public Health England In-house Services
Food Hygiene Policy & Procedures	Adult Social Care and Health
Policy & Guidance for the selection and Use of PPE (Gloves) (May 2007)	Adult Social Care and Health
Moving & Handling Policy	Adult Social Care and Health
First Aid guidance	
Blood Borne Viruses Guidance	Health and Safety A-Z guidance
Disposing of Discarded Needles and Syringes	
Control of Substances Hazardous to Health (COSHH)	
Personal Protective Equipment Guidance	
Health and social care act 2008 code of practice on the prevention and control of infections and related guidance	Dept of Health
Good Practice on the Delivery of Social Services for People Living with and Those Affected by HIV and AIDS	Adult Social Care and Health
Actions to contain carbapenemase-producing Enterobacterales (CPE) in non-acute and community settings	Public Health England
Overview of Adult Social Care Guidance on Coronavirus (Covid19)	Gov.uk

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#### 1. Introduction

Kent County Council (KCC) is required to assess, address, and minimise any risks to the health, safety and welfare of staff, service users, contractors and anyone else affected by our actions, which includes prevention of infection. The council also has a general public health obligation to prevent the spread of infectious diseases and conditions.

It is intended that this policy and guidance assist KCC with compliance with the Health and Social Care Act 2008 - practice on the prevention and control of infections.

Infection is always present somewhere in the community or health care setting. The objective of infection control is to prevent its transmission to new hosts and new environments. This is done by the application of effective measures to control and prevent the spreads of infection.

Before medical science developed, the supernatural forces of good and evil were held accountable for illness. Disease was associated with the Devil or thought to be a punishment from the gods, while good health was believed to demonstrate approval of the good spirits or of God. However, some sort of infection control was being practiced as long ago as 2000 BC. [Caddow1994]

# 2. Scope

This policy and guidelines are applicable to all KCC In House Provision staff.

# 3. Document Summary

This document covers the main roles and responsibilities for all KCC In-House Provision staff to work safely, prevent Infection and thereby reduce the risk of cross infection to themselves (endogenous) others (exogenous) and the environment.

This document outlines the system of monitoring and auditing.

Guidance and information is provided from DHSC, PHE & Health Protection Agency Prevention and control in care homes

It describes the role of the Kent Health Protection Unit (KHPU) and their essential involvement in the management, prevention and control of notifiable diseases. This document describes the structure of meetings and training requirements for staff

# 4. Purpose

The purpose of this policy is to provide all KCC In-House Provision staff (hereon in referred to as 'staff') with the necessary control measures and direction to practice

universal infection control precautions, comply with the health and social care act 2008 and its code of practice to reduce infections (<u>Health and Social Care Act 2008</u> - <u>practice on the prevention and control of infections</u>) and report any concerns they may have to their respective manager/s.

All staff have a responsibility under their employment contracts and job descriptions, to follow guidance and act in a responsible manner to prevent and control Infections. This will include practice as well as documentation, recording and reporting.

# 5. Roles and Responsibilities

#### 5.1 Managers are responsible for:

- 5.1.1 Being proactive to ascertain the infection status of all Service Users prior to admission or being part of KCC case load as far as possible.
- 5.1.2 Ensuring that all staff are aware of this policy and have received relevant induction/training and identifying ongoing training needs
- 5.1.3 Identifying a nominated link nurse or team leader in their team using the recognised audit and inspection tools to identify and evaluate risk.
- 5.1.4 Seeking support from the NHS Infection Prevention Control Team and / or KHPU as necessary.
- 5.1.5 Ensuring the provision and storage of clean and suitable laundry and adequate arrangements are in place for the removal and washing of soiled and contaminated items according to current guidelines to reduce cross infection.
- 5.1.6 Ensuring working action plans are in place together with nominated, designated staff to recognise and deal with maintenance safety documentation, replacement, cleaning and decontamination of equipment.
- 5.1.7 Ensuring safe and compliant disposal of clinical/hazardous waste.
- 5.1.8 Ensuring notification to Care Quality Commission (CQC) / HSE / KHPU / Infection Control Liaison Group / Senior Management Environmental Health of any notifiable diseases / or outbreaks occurring, as appropriate.
- 5.1.9 Include infection prevention & control as a standing agenda item at team meetings.
- 5.1.10 To work in conjunction with the agreed experts on aspects related to infectious disease contact, needle/sharp injury exposure and follow-up etc.
- 5.1.11 To undertake monitoring of their environment and practices in relation to infection prevention & control.

- 5.1.12 To follow up any concerns raised by staff.
- 5.1.13 To raise any concerns with the Landlord and/or host organisation regarding use of public buildings.
- 5.1.14 To raise any concerns with local infection prevention & control teams regarding work carried out in acute hospitals

#### 5.2 KHPU are responsible for:

- 5.2.1 giving advice about notifiable communicable disease issues
- 5.2.2 giving advice on how to manage outbreaks within KCC direct service provision, in conjunction with the appropriate Consultant Microbiologist and the Consultant in Communicable Disease Control at KHPU.

NB The advice of the KHPU must be followed and any difficulties with this should be referred to a Senior Manager/Head of Department.

# 5.3 Infection Control Link Nurse / Team Leader Champion

Each establishment, unit or service will have an infection control link nurse or identified team leader to act as 'champion', who will have the following responsibilities:

- 5.3.1 To facilitate introduction and implementation of new and existing infection prevention and control policies and undertaking monitoring / audits
- 5.3.2 In conjunction with the Infection Control Liaison Group and manager to act as a resource person for staff concerning infection control related problems (e.g. source information, policy, care of equipment)
- 5.3.3 To assist in the education of staff in the principles of infection control and provide induction to staff as necessary
- 5.3.4 To assist in the enforcement of hand hygiene principles
- 5.3.5 To control practices to prevent, reduce or control infections
- 5.3.6 To ensure accurate surveillance and records
- 5.3.7 To be knowledgeable and mindful regarding the purchase, introduction and use and maintenance of equipment and any changes in their area in relation to:
  - all staff being competent to use the equipment
  - following the manufactures instructions

- single use equipment
- care and maintenance
- decontamination and storage
- change of practices by staff
- documentation of any required checks and decontamination
- servicing
- decontaminate any equipment before being serviced
- 5.3.8 To work in conjunction with the agreed experts on aspects related to infectious disease contact, needle/sharp injury exposure and follow-up etc
- 5.3.9 To undertake monitoring of their environment and practices in relation to infection control
- 5.3.10 To follow up any concerns raised by staff
- 5.3.11 To raise any concerns with the Landlord and/or host organisation regarding use of public buildings
- 5.3.12 To raise any concerns with local infection control teams regarding work carried out in acute hospitals.

#### 5.4 Staff are responsible for:

- 5.4.1 Carrying out their duties in accordance with the training and advice provided to them
- 5.4.2 Wearing appropriate Personal Protective Equipment (PPE) in accordance with instructions on its appropriate use
- 5.4.3 Reporting any concerns on infection control to their line manager and
- 5.4.4 Recording in the Individuals file
- 5.4.5 Reporting any concerns of contaminated equipment, which should be either deep cleaned or replaced
- 5.4.6 Ensuring they are competent and accountable to deliver all Infection prevention and control procedures.

# 6. Meeting structure, membership and relationships

- 6.1 KCC hold quarterly Health and Safety strategy meeting which review relevant policies, procedures and practice.
- 6.2 Infection prevention and control is on the agenda for these meeting.

- 6.3 The group is chaired by the head of service provision (In-house) and meetings are recorded.
- 6.4 Members of the group include:
  - Representatives from all In-house provision
  - Health and Safety Advisors
  - Health and pharmacy
  - Strategic and Corporate services
  - Learning and Development
  - Policy team
- 6.5 In addition to the members of the meeting, advise can also be sought from the Director of Public Health England
- 6.6 The Infection Control Liaison Group's main roles are:
  - To advise and support Managers
  - To ensure that current legislation and guidance is incorporated into best practice in KCC services.

# 7. Infection prevention and Control procedure and guidelines

- 7.1 The specific guidelines for reducing and managing infection are provided <u>Infection Prevention and Control in Care homes information and resources</u>
- 7.2 All services must have access to the appropriate guidelines and documentation. Copies are available on KNET
- 7.3 Each Manager must maintain an Infection Prevention & Control folder accessible to all staff. Staff will have access to a copy of <u>Prevention and control of infection</u> in care homes an information resource.
- 7.4 The folder will contain the Guidelines for Infection Prevention and Control in the Community. It will also contain the policy and relevant risk assessments relating to Infection Prevention and Control.
- 7.5 Each Manager should maintain the following:
  - Reports on types of infections that may be encountered within the service
  - Hand washing procedures and supply of anti-bacterial hand gel, liquid soap and paper towels (for domiciliary services).
  - Standard Infection Control Precautions
  - The location of The Infection Prevention & Control Folder
  - Record of monitoring and maintenance checks and actions
  - Routine audits including Environmental & Decontamination audits.
- 7.6 People who visit the service will ensure they follow the local visitors' protocol for the specific service, which will include measures such as:

- Visitors, contractors, and other professionals who attend the service are required to sign in and out. This may be via a signing in registered or digital system (e.g. QR code).
- They will adhere to any social distancing guideline, as instructed by the service and follow PPE advice.
- The service will refuse entry should a person refuse to follow the protocol.

# 8. Risk Management

- 8.1 It is not always possible to identify people who may be infectious to others; therefore, standard Infection Control Precautions must be complied with to prevent the Cross (spread) infection.
- 8.2 Standard Infection Control Precautions will be used at all times and includes good hand hygiene principles, social distancing as far as practical and possible and use of appropriate PPE when required. Standard Infection Control Precautions are described in <a href="National hand hygiene and PPE resources">National hand hygiene and PPE resources</a> and the summary for staff in the <a href="Infection Prevention and Control in Care homes">Information and resources</a>
- 8.3 When undertaking a comprehensive needs assessment of an Individual their potential sources and risk of cross infection e.g. broken skin needs to be considered as part of their physical health assessment.
- 8.4 Once the Individuals infection status has been identified it must be recorded on their support plan. The support must be written in a way that provides sufficient information to people and services that need to know and identifies the actions that are taking place to minimise infection outbreaks.
- 8.5 Staff need to consider how the Individuals infection status is communicated, i.e. in a sensitive and legal way (Mental Capacity Act), to them and their carers / relatives. Any known infection should be recorded in the Individuals Record in accordance with General Data Protection Regulations (GDPR).
- 8.6 To reduce the risk of infection, staff involved in invasive procedures e.g. wound management and the administration of intravenous or intra-muscular injections, must follow evidence-based guidelines. If unsure, they should seek advice from their manager, the KHPU or their community nursing teams.
- 8.7 Employees will be offered vaccinations against recognised diseases in accordance with the Blood Borne Viruses guidance and any further advice given by the KHPU is respect of seasonal or other diseases

#### 8.8 Work in acute and community hospital settings

8.8.1 Staff and managers should also consider the following advice when visiting Individuals in the private and voluntary sector.

- 8.8.2 As part of the Social Care role they may be required to meet with Individual/patients on the wards.
- 8.8.3 At all times precautions must be taken in adherence to the Infection Control requirements of the respective hospital. Generally, this will entail good hand washing, social distancing and possible use of PPE in accordance with Universal Precautions.
- 8.8.4 Generally, computer laptops/tablets may be taken on to the wards, however, it is recommended that these should be decontaminated on leaving each ward by wiping the key board and stylus pen with a disinfectant wipe.
- 8.8.5 There will be occasions when wards will be 'closed' to admissions due to an outbreak of infection. Generally, visitors and staff are discouraged from entering closed wards unless it is essential to do so. Further advice should be sought from the hospital infection control team/nurses in respect of taking additional necessary precautions as required for those wishing to continue the service by entering a closed ward.
- 8.8.6 Information should be provided to those entering "closed" wards by the hospital teams as follows:
  - The reason for closure
  - Whether there is particular risk to certain individuals entering the ward, e.g. asthmatics
  - Whether our Individuals are symptomatic or asymptomatic
  - What control measures are in place and what additional Personal Protective Equipment is required. This may include plastic aprons, tabards, gloves, goggles, and masks.
  - What documents / equipment is allowed on to the closed ward
- 8.8.7 All visitors to a closed ward should always adhere to the instructions issued by the Infection Control Team/Nurses of the organisation
- 8.8.8 An individual risk assessment should be undertaken based on the advice given by the hospital teams which will determine how the service may continue to be provided. Risk assessments may also be required for staff members. If a member of staff has had a risk assessment completed by their manager that recommends not entering a closed ward this should be documented in staff records
- 8.8.9 Once Individuals / patients are asymptomatic the ward remains closed for a period of 72 hours. The hospital should inform Adult Social Care teams when all patients are clear of infection. We should use the 72-hour closure period to activate the discharge plan, aiming for discharge where appropriate, as soon as the ward is open.
- 8.9 KCC staff advice is provided in the Kent scheme Terms and Conditions as follows:

#### Infectious Diseases

An Employee who, under medical advice, is prevented from attending the workplace because of contact with an infectious disease will be entitled to receive normal pay. Any period of absence will not be counted against the sick leave entitlement.

In the event, that the individual falls ill because of the infectious disease then they would be entitled to sick pay and the absence will be counted against the sick leave entitlement.

During a pandemic, the council will follow National Public Health advice.

# 9. Reporting an infection

- 9.1 Certain infections / diseases must be notified to the KHPU, the Health and Safety department and the Head of Service.
- 9.2 Notifiable Diseases and how to report
- 9.3 A discussion must take place with the KHPU who may provide an action plan which you must adhere to. This will describe what actions you are required to take to manage and prevent cross infection.
- 9.4 The KHPU will advise on any further reporting required. They can also provide copy of letters for onward communication within the service. Any documented reports will be copied to the Care Quality Commission (CQC) and the Senior Service Manager.
- 9.5 If the service is registered with the Care Quality Commission a notification may be required. Notification finder

#### 10. Outbreaks

- 10.1 Definition of an outbreak:
  - An outbreak can be defined as two or more cases of infection occurring around the same time, in residents and/or their carers, or an increase in the number of cases normally observed.
  - Two or more related cases of the same infection, a sudden appearance of increasing incidence of one type of infection.
  - A sudden appearance of a number of cases with similar symptoms of infection, either in clients, resident's patients or staff. An outbreak is an incident in which two or more people, thought to have a common exposure, experience a similar illness or proven infection (at least one of them having been ill). (HPA Definition from intranet)

 Once a possible outbreak has been recognised it must be immediately reported to the manager, GP and KHPU

# 11. Training

- 11.1 All staff who join KCC will receive an induction that will include training on Infection Prevention and control.
- 11.2 Training will include:
  - Workplace induction
  - Care certificate workbook, if required for the role
  - Delta eLearning course <u>Infection Prevention and Control</u>
  - Face to face training where required Infection Control.
- 11.3 An Infection Control nurse may attend the service and complete face to face training with the team.
- 11.4 Annually staff will complete a hand hygiene course, this will include the use of an infrared hand inspection unit.

# 12. Monitoring

- 12.1 Monitoring is necessary to ensure management systems are in place and to ensure staff are complying with defined hygiene practices.
- 12.2 Each service will carry out a monthly audit and an Infection control audit on an annual basis. Services will hold their own service specific risk assessment.
- 12.3 Each service should consider their precise duties and monitor practice standards accordingly, this may include cleaning schedules.
- 12.4 These check lists can be used to design a monitoring form to meet specific service needs.
- 12.5 The Care Quality Commission will also carry out inspections on services, this could be in the form of a themed inspection relating to infection prevention and control. CQC Infection prevention and control in care homes

# 13. Policy Review

- 13.1 Review of the policy and guidance should be carried out at 2 yearly intervals.
- 13.2 Date of next review: November 2022

# A. Glossary of Terms and Abbreviations

CCG TL	Clinical Commissioning Group Team Leader
CQC	Care Quality Commission
GP	General Practitioner
H&S	Health and Safety
HSE	Health and Safety Executive
ASCH	Adult Social Care and Health
KHPU	Kent Health Protection Unit KCHT website

### B. Diseases notifiable to the KHPU

Notifiable Diseases and how to report

# C. Summary of Actions when Dealing with a Pandemic (e.g. Covid19)

- C.1 The novel coronavirus (covid-19) of 2020 required urgent and stringent infection and prevention control measures to be adopted, not just in care settings but throughout society as a whole.
- C.2 The measures indicated in this policy provide sound advice to follow in the event of pandemics such as Covid-19, but this appendix also offers a summary of appropriate actions to take to ensure the spread of such viruses or diseases is restricted as far as possible.
- C.3 Each care centre and/or In-House service should have its own specific risk assessments that have regard to:
  - Any specific premises issues that require action. This will include 'Covid-secure' measures that cover aspects such as increased use of screens, signage to promote the use of masks/PPE and social distancing, hand hygiene and increased cleaning frequency.
  - Staff working with potentially Covid-19 positive Individuals and the appropriate use of mandated <a href="PPE Covid19">PPE Covid19</a>.
  - KCC's own demographic risk assessment for staff to reduce the risk of harm to staff, their loved ones, individuals and colleagues.
  - The appropriate level of Covid-19 testing. This will be based on a government stipulated frequency for individuals and staff and will also include antigen and antibody tests. <u>Coronavirus Testing in Care homes</u>

- Where premises have visitors, a specific visitors protocol will be adopted that
  includes a dynamic risk assessment that will reflect the changing status of
  virus prevalence and therefore enable adjustments to be made to continue
  visits to happen where possible and practical, but also to restrict these visits if
  not safe. This protocol will include various measures such as:
  - Safe, exclusive areas for visits
  - Wellbeing questions for visitors prior to visit being allowed
  - Staff 'chaperoning' to ensure the visit is conducted safely and social distancing measures are observed
  - o PPE can be provided
- Contractor visits during such a pandemic must be monitored to ensure contractors (and their operatives) all follow appropriate guidance concerning social distancing, hand hygiene, use of any required PPE, leaving contact details for track and trace.
- All staff are expected to follow national guidelines in terms of <u>Social</u>
   <u>Distancing</u>, any self-isolation measures as well as instruction on self-isolation
   (or quarantine) when required to do so.
- Staff must advise their manager in the event they are unavailable for work because of a positive Covid-19 test result, or they feel symptomatic, or are required to self-isolate as a result of close contact with a Covid-positive person
- It will be KCC policy that all new admissions to any of our residential settings
  will only be admitted subject to a negative test result, unless otherwise agreed
  by the Nominated Individual and as part of other specific measures within the
  designated settings arrangements. These settings will have specific,
  enhanced safety measures to protect staff and service users and are
  designed to support the NHS and best use of available beds.
- New admissions must also agree to isolation within their room for 14 days from their admission. Should government guidelines change, we will amend this time period.
- In the event of a Covid-19 outbreak (two or more people), the Registered Manager (or equivalent) or their deputy, must contact PHE immediately (in line with instruction elsewhere in this policy) as well as the Community Pathways Team as its almost certain that the premises will be closed to any further admissions for 28 days. Current individuals should be able to remain.
- Managers of residential premises must adhere to the government stipulated testing timelines for staff and individuals. The frequency of these tests does change so Managers will be expected to keep up to date with any changing guidance, <u>Coronavirus Testing in Care homes</u>.
- As far as is practical, managers should try to 'cohort' staff when dealing with

any Covid-positive residents or service users, to reduce the risks of potential cross-contamination in other parts of that service.

- This should include staff groups avoiding mixing during breaks
- Staff should change into work clothes at work and their own clothes upon leaving work, and work clothes should be placed in two plastic bags and sealed prior to (standard) washing. Where possible units should have a donning and doffing area <u>Guidance video</u>.
- Staff should ideally use their own transport to and from work wherever possible, but if they need to use public transport, PPE should be used.
- The use of agency staff to support operations during such a pandemic should ensure that such staff work exclusively at one centre only to reduce the risk of cross-contamination.
- Managers must ensure cleaning staff (employed or contracted) maintain high standards, always use PPE, and follow the guidance that applies to other staff. If cleaning an area where there is suspected Covid, staff must follow the appropriate PHE/NHSE guidance, including:
  - Closing off any room pending cleaning
  - Use of appropriate disinfectant at stipulated dilutions
  - o Follow a clear process for cleaning all surfaces
  - Ventilating a room
  - Ideally complete such tasks as the last work for the day to enable staff to change and then go home, thereby reducing the risks of cross contamination into other areas.
  - If a deep clean is required by specialist contractors, (e.g. 'fogging') this can be specifically arranged: Managers should ensure such contractors are qualified and provide an appropriate risk assessment for their working methods.
  - Some parts of our premises are in use by different agencies. Where KCC is the owner/landlord, all staff using the premises must adhere to KCC's infection control policies and procedures and copies of the relevant procedures will be shared with other staff as required. Where KCC staff are working in other agencies premises, they must follow that agencies pandemic infection and control measures, or KCC's staff measures, whichever is the more rigorous.
- C.4 Guidance concerning a pandemic can change frequently so it is vital all staff stay as up to date as possible, via use of KNet; instruction from management, PHE, KHPU etc.

# D. Infection Control Audit Tool (for annual completion)



# E. Standard Infection Control Precautions - Hand Hygiene

NHS Hand washing guidance

# F. Management of Needlestick 'blood borne' Virus Exposure

Blood borne viruses in the workplace

# H. Monthly Infection Prevention & Control Audits/Inspection

