

My Care Plan

**Name: V What I like to be called: V D.O.B --2016**

|  |
| --- |
| **What is important to me?** (to be completed by child / young person – with support from Social Worker and / or carer – if this is the first Care Plan, this detail can be completed following first review).   * My dog B and my family J and J |
| **My hopes for my future** (to be completed by child / young person – with support from Social Worker and or carer – wishes / hopes of what you want to achieve or see happen) |
| **How I like to Communicate** (verbal, sign, pecs, storyboards to be completed by child/young person – with support from Social Worker and or carer – phone, What’s App, text messages, Facebook etc.)   * Verbally with support from my foster carers when social worker visits |

The long-term plan for me is

* Long term foster home - for as long as it is needed and can last until at least 18

My Care Plan below is for the next 6 months:

|  |  |  |  |
| --- | --- | --- | --- |
| **Success Goals**  **(to be written by child /young person with support from Social Worker)** | **What do we need to do to meet this goal?** | **Who will do this?** | **By when?** |
| **Where I will live and how I will feel safe and secure:**  I will know I have reached this goal when I am permanently matched to remain living with J and J . | My social worker will need to go to matching panel with J and J . | Social Worker with J and J | By the -- 2023 review meeting if possible. |
| **My health – body and mind**  I will know I have reached this goal when all my health needs continue to be met | Annual dentist/eye checks  Annual review health assessment | J and J will book and support you to attend the dentist and opticians.  Referred to local Health Services who will book and complete your health assessment with you | Next dental check – January 2023 (Unless needed)  Next eye test due – August 2024 (Unless needed )  Next HA – November 2022 |
| **My learning and education**  I will know I have reached this goal when I continue to make progress with my learning at school. | Regular termly PEP meetings  to take place ensuring you  progress academically and  socially whilst receiving the  right level of support in school | Social Worker/J J and school | Next PEP meeting – November 2022 |
| **My identity (what make me, ME?)**  I will know I have reached this goal when I understand more about my life history to date. | Everyone supporting you will help you to understand when appropriate who you are and where you come from through discussing this with you and answering any questions you may have as you get a little older.  Direct work may help you understand your life story will also benefit you in time. | J and J , Social Worker, school and anyone else supporting you.  Social Worker | Ongoing  Ongoing |
| **My family and social network**  I will know I have reached this goal when I am seeing all the family members who are important to me. | You have shared that you would like to see your brother A. We will and ensure that regular family time is arranged in line with your wishes and feelings. | Social Worker / J and J  A’s Foster Carers. | School summer holidays. |
| **How often will my Social Worker visit me?** | | Once every six weeks or more often if needed | |
| **Date Care Plan shared with me** | | Full plan not shared with you at this time. | |
| **My views on my Care Plan** | | View not taken at this time. | |
| **My carer’s views on my Care Plan** | | J and J are committed to caring for and supporting you long term. They therefore agree to be matched with you permanently. | |
| **My family’s views on my Care Plan** | | No taken at this time. | |
| **Date and name of Team Manager reviewing the Care Plan** | | K | |
| **Date My Care Plan will be reviewed by my IRO** | | Next review meeting --/2022 | |
| **Date My Care Plan was given to me, my parents, and my carers** | | Your plan was shared with your foster carers on the ---/2022 | |

Social Worker report / update assessment for Child in Care Review

(For first review, provide full details; for second and subsequent reviews, provide updates since last review)

Name of young person: V D.O.B. Legal status: Care Order

Summary of why (name of child / young person) is in care (for first review, provide detailed summary. For second and subsequent reviews, provide a very brief summary).



V you and your older siblings were removed from your birth parents care after it came to light that you had all suffered from significant emotional and physical harm namely physical chastisement. Despite various assessments of your birth family, the Local Authority remained concerned about your parents’ ability to meet your physical and to a wider extent emotional need, whether together or apart. Your parents found it difficult to accept the level of harm that had been inflicted on you and your siblings and the traumatic impact this had on you or any of your siblings. Assessments of your wider family to ascertain if they could care and keep you and all or any other of your siblings safe also concluded negatively.   
  
A Care Order was granted on the --- 2021, which supports the Local Authority's care planning for you to remain in long term foster care.

|  |  |  |  |
| --- | --- | --- | --- |
| Discussion Area | What is working well? | What are we worried about? | What needs to happen next? (By whom and when?) |
| **Where I will live and how will I feel safe and secure**  *(My connections, how I feel and where my home will be)* | You have lived at home with J and J since July 2019 along with your older brother.  Your foster carers are committed to you, and you are settled and well cared for. J and J are very experienced and have a good understanding of your needs. | The official process to match you with your foster carers long term needs to be completed | Matching panel will need to be booked and attended by your social worker and foster carers  . |
| **My health – body and mind**  *(My physical, emotional, and mental health - include dental and optician appointments)* | You are fit and healthy at present and have no health concerns.  You are eating and sleeping well. | You have experienced adverse childhood experiences and trauma. | Ongoing - Your emotional wellbeing needs to be monitored and support provided as required around your social, emotional and behavioural development so you develop good self-esteem and wellbeing. |
| **My learning and education**  *(My aspirations, strengths and the support needed to achieve my goals - link to PEP actions)* | You are always well presented at school, and your attendance is excellent  You are very keen to do your best and are looking forward to going into your new class with your new teacher in September 2022. You have had a transition day which you were a little nervous about. | There are no significant concerns regarding your education currently.  J and J / school to support your transition into your nest class.  . | Termly PEP meetings need to be held to track your progress and ensure that any support you may need is in place.  Last PEP meeting-June 2022  Next PEP meeting – November 2022. |
| **My identity (what make me ME).**  I will know I have reached this goal when I understand more about my life history to date. | You are being supported to develop your own identity by J and J and in line with your wishes and feelings. Both J and J are fantastic advocates for you and your siblings.  Both J and J support you to celebrate Christmas, Easter & Birthdays. | Support for your emotional well-being may be needed as you transition through childhood. | Life story work after official matching with J and J – Social Worker. |
| **My family and social network** (*who is important to me, who I see, want to see and when?)* | My brothers are important to me along with J J and extended Family. | We are a little worried about re introducing family time with A as you were a little worried about this to start. We need to support you should you need this and consider your wishes and feelings. | J and J to support you and discuss any concerns with the social worker. |

Direct work completed with child / young person since last review (e.g., words and pictures, life story work,)

You have a new social worker since your last review. You were vey chatty and excited when we first met and you were very keen to share your thoughts about school with me 😊

Social Worker analysis (include worry statement, achievement goals and the impact of these, including how direct work has informed the plan)

V you are fit and healthy, you are living in a safe, secure and stable foster family environment with carers who are committed to meeting your developmental needs while providing you with love and nurture, emotional warmth, guidance and boundaries throughout your minority. It is positive that you live with your older brothers M , E and that J and J are committed to caring for you all. Life story work will be important in your life as you can struggle to understand why A is not living with you. You will be supported to see your brother A and we will arrange this family time ready for the school summer holidays.

You appear very happy and within your home environment which is great to see 😊

Team Manager analysis / oversight

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Dates of any meetings** | |  | **Dates when child or young person has been seen** | |
| **Date** | **Meeting** | **Date** | **Seen alone?** |
| --2022 | Opticians | --/2022 | First initial meeting and home visit. |
| --2022 | Health Assessment |  |  |
| --2022 | PEP |  |  |
| -- 2022 | Next Review meeting |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Court hearings** | |  |  | **Name** | **Date report completed / authorised** |
| Type of Hearing | Date |  | Social Worker | K | --/2022 |
| None |  |  | Team Manager | K |  |
|  |  |  | Shared with | **Name** | **Date** |
|  |  |  | Child / Young Person | V |  |
|  |  |  | Parents |  |  |
|  |  |  | Carer | J |  |
|  |  |  | IRO | R |  |

**Social Worker / Team Manager to review and update previous Children in Care decisions in supervision and make sure that they are updated at least 10 working days prior to the subsequent review.**