

**My Care Plan**

**Name: M What I like to be called: M D.O.B --/--/2010**

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| **What is important to me? (to be completed by child / young person – with support from Social Worker and / or carer – if this is the first Care Plan, this detail can be completed following first review).**   * My brothers and sisters. * Playing Rugby and supporting the Tigers * My foster family and the dog Bruno. |
| **My hopes for my future** (to be completed by child / young person – with support from Social Worker and or carer – wishes / hopes of what you want to achieve or see happen)   * Going camping in the holidays and go karting. * I would like to remain living with J and J. * I want to see my brother A and arranged days out with him. |
| **How I like to Communicate** (verbal, sign, pecs, storyboards to be completed by child/young person – with support from Social Worker and or carer – phone, What’s App, text messages, Facebook etc.)   * Verbally with support from my foster carers when social worker visits * With my foster carer to pass on messages to my social worker in between visits |

The long-term plan for me is

* Long term foster home - for as long as it is needed and can last until at least 18

My Care Plan below is for the next 6 months:

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| **Success Goals**  **(to be written by child /young person with support from Social Worker)** | **What do we need to do to meet this goal?** | **Who will do this?** | **By when?** |
| **Where I will live and how I will feel safe and secure:**  I will know I have reached this goal when I am permanently matched to remain living with J and J. | My social worker will need to go to matching panel with J and J. | Social Worker with J and J | By the January 2023 review meeting if possible. |
| **My health – body and mind**  I will know I have reached this goal when all my health needs continue to be met | Annual dentist/eye checks  Annual review health assessment  Assessment and Therapy to commence for sexualised behaviour work with DA-Brown | J and J will book and support you to attend the dentist and opticians.  Social Worker / DA-B and support from J and J. | Next dental check – -- 2023  Next eye test due – -- 2023  Next Health Assessment ---- 2022  With immediate effect. |
| **My learning and education**  I will know I have reached this goal when I continue to make progress with my learning at school. | Regular termly PEP meetings  to take place ensuring you  progress academically and  socially whilst receiving the  right level of support in school | Social Worker/J, J and school | Next PEP meeting – November 2022 |
| **My identity (what make me, ME?)**  I will know I have reached this goal when I understand more about my life history to date. | Everyone supporting you will help you to understand who you are and where you come from through discussing this with you and answering any questions you may have. Although you do not wish to talk about it currently.  Direct work may help you understand your life story will also benefit you in time. | J and J, Social Worker, school and anyone else supporting you.  Social Worker | Ongoing  Ongoing |
| **My family and social network**  I will know I have reached this goal when I am seeing all the family members who are important to me. | Stay in touch with your brother A and ensure that regular family time is arranged in line with your wishes and feelings. | Social Worker / J and J  A’s Foster Carers. | With immediate effect. |
| **How often will my Social Worker visit me?** | | Once every six weeks or more often if needed | |
| **Date Care Plan shared with me** | | Full plan not shared with you at this time. | |
| **My views on my Care Plan** | | M, you have shared your views during visits, including that you want to remain living with J and J on a permanent basis. | |
| **My carer’s views on my Care Plan** | | J and J are committed to caring for and supporting you long term. They therefore agree to be matched with you permanently. | |
| **My family’s views on my Care Plan** | | No taken at this time. | |
| **Date and name of Team Manager reviewing the Care Plan** | | K --2022  M, you are happy and settled in your foster home with J & J alongside your siblings E and V. You wish to remain with them long term and this is something adults would like to work towards to make sure you have a permanent home for the rest of your childhood. I’m aware from K (SW) how important it is for all of you to be able to see your brother A and hope that you are enjoying some time with him already. I like the Tigers theme running here (although this should be Saints really in Northampton you know) and it would be ace if you made it to the team M! | |
| **Date My Care Plan will be reviewed by my IRO** | | Next review meeting --2022 | |
| **Date My Care Plan was given to me, my parents, and my carers** | | Your plan was shared with your foster carers on the --/2022 | |

**Social Worker report / update assessment for Child in Care Review**

**(For first review, provide full details; for second and subsequent reviews, provide updates since last review**)

**Name of young person: M D.O.B. --/2010 Legal status: Care Order**

**Summary of why (name of child / young person) is in care** (for first review, provide detailed summary. For second and subsequent reviews, provide a very brief summary).



M you and your siblings were removed from your birth parents care after it came to light that you had all suffered from significant emotional and physical harm namely physical chastisement. Despite various assessments of your birth family, the Local Authority remained concerned about your parents’ ability to meet your physical and to a wider extent emotional need, whether together or apart. Your parents found it difficult to accept the level of harm that had been inflicted on you and your siblings and the traumatic impact this had on you or any of your siblings. Assessments of your wider family to ascertain if they could care and keep you and all or any other of your siblings safe also concluded negatively.   
  
A Care Order was granted on the --- 2021, which supports the Local Authority's care planning for you to remain in long term foster care.

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| **Discussion Area** | **What is working well?** | **What are we worried about?** | **What needs to happen next? (By whom and when?)** |
| **Where I will live and how will I feel safe and secure**  *(My connections, how I feel and where my home will be)* | You have lived at home with J and J since July 2019 along with your brothers and sister.  Your foster carers are committed to you, and you are settled and well cared for. J and J are very experienced and have a good understanding of your needs. | The official process to match you with your foster carers long term needs to be completed | Matching panel will need to be booked and attended by your social worker and foster carers  . |
| **My health – body and mind**  *(My physical, emotional, and mental health - include dental and optician appointments)* | You are physically fit and healthy at present and have no health concerns.  On your last Dentist appointment in -- 2022 you were given a small filling.  When you attending the Opticians in -- 2022 you were diagnosed as being colour blind.  You are eating and sleeping well and have shared that you have no worries at the present time.  Funding has been approved for you M to undertake therapy and give you support to address your sexualised behaviours when you become upset angry or anxious. | You have experienced adverse childhood experiences and trauma.  M can struggle with his emotions and sometimes does not feel strong enough to share his wishes and feelings freely this results in sexualised behaviour being expressed. | Ongoing - Your emotional wellbeing needs to be monitored and support provided as required around your social, emotional and behavioural development so you develop good self-esteem and wellbeing.  It is therefore necessary that the adults and professionals support M in making sure that his welfare needs are taken into consideration when making decisions regarding his permanence  Ongoing - You will continue to be supported to attend all health appointments.  .  Chase referral to DA-B Support to be offered to M throughout this process by all professionals involved in M’s Care. |
| **My learning and education**  *(My aspirations, strengths and the support needed to achieve my goals - link to PEP actions)* | You are always well presented, and your attendance is superb at school.  You are very keen to do your best but have some up and down days depending on your mood.  You have made great progress at school well done M.  You have had an induction at Saints Foundation, and you are looking forward to attending saints one day a week from September 2022. Saints do some amazing activities and really help to prompt social and emotional development along with learning life skills. | There are no significant concerns regarding your education currently.  . | Termly PEP meetings need to be held to track your progress and ensure that any support you may need is in place.  Last PEP meeting--- 2022  Next PEP meeting – -- 2022.  Days of attendance at Saints to be confirmed by end of term (July 2022). M at School/ D at Saints |
| **My identity (what make me ME).**  I will know I have reached this goal when I understand more about my life history to date. | You are being supported to develop your own identity by J and J and in line with your wishes and feelings. Both J and J are fantastic advocates for you and your siblings.  Both J and J support you to celebrate Christmas, Easter & Birthdays. | Support for your emotional well-being may be needed as you transition into adulthood. | Life story work after official matching with J and J– Social Worker. |
| **My family and social network** (*who is important to me, who I see, want to see and when?)* | My brothers and sisters are important to me along with J, J and extended Family. | We are a little worried about re introducing family time with A as you were a little worried about this to start. We need to support you should you need this and consider your wishes and feelings. | Continue to offer support and help to you should you need it and keep family time reviewed regularly in line with your wishes and feelings, |

Direct work completed with child / young person since last review (e.g., words and pictures, life story work,)

You have a new social worker since your last review, and we have seen each other twice. Both times you were very polite and engaging and you were open and honest with me about your wishes and feelings and goals for the future. Thanks M

**Social Worker analysis (include worry statement, achievement goals and the impact of these, including how direct work has informed the plan)**

M you are fit and healthy, you are living in a safe, secure and stable foster family environment with carers who are committed to meeting your developmental needs while providing you with love and nurture, emotional warmth, guidance and boundaries throughout your minority. It is positive that you live with your brother E and sister V and that J and J are committed to caring for you all. You understand the reason why A is not living with you and have shown great maturity and understanding when dealing with this. Well, done mate.

You show commitment and passion when playing Rugby for your local team.

You have shared that you would like to remain with J and J permanently as this is you ‘forever home’ and you are so settled and relaxed within your home environment. You will be supported to see your brother A and we will arrange this family time ready for the school summer holidays. You should be so proud of how far you have come as I know we all are 😊 Well done M keep up the good work 😊

**Team Manager analysis / oversight**

Please refer to comments above in M’s Care Plan.

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| **Dates of any meetings** | |  | **Dates when child or young person has been seen** | |
| **Date** | **Meeting** | **Date** | **Seen alone?** |
| --2023 | Opticians | --2022 | First initial meeting and home visit. |
| --/2022 | Health Assessment | --2022 | Seen alone- school induction at Saints and McDonald’s |
| --2022 | PEP |  |  |
| -- 2022 | Next Review meeting |  |  |  |

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| **Court hearings** | |  |  | **Name** | **Date report completed / authorised** |
| Type of Hearing | Date |  | Social Worker | K | --2022 |
| None |  |  | Team Manager | K | --2022 |
|  |  |  | Shared with | **Name** | **Date** |
|  |  |  | Child / Young Person | M |  |
|  |  |  | Parents |  |  |
|  |  |  | Carer | J |  |
|  |  |  | IRO | R |  |

**Social Worker / Team Manager to review and update previous Children in Care decisions in supervision and make sure that they are updated at least 10 working days prior to the subsequent review.**