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**MY CARE PLAN**

**Name: E What I like to be called: E or E (My friends call me this) D.O.B --/--/2008**

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| **What is important to me?** (to be completed by child / young person – with support from Social Worker and / or carer – if this is the first Care Plan, this detail can be completed following first review).   * My brothers and sisters. * Sport and playing Rugby * My foster family |
| **My hopes for my future** (to be completed by child / young person – with support from Social Worker and or carer – wishes / hopes of what you want to achieve or see happen)   * I would like to remain living with J and J. * I would like to play Rugby for the Wasps * I want to see my brother A and arranged days out with him. |
| **How I like to Communicate** (verbal, sign, pecs, storyboards to be completed by child/young person – with support from Social Worker and or carer – phone, What’s App, text messages, Facebook etc.)   * Verbally with support from my foster carers when social worker visits * With my foster carer to pass on messages to my social worker in between visits |

**The long-term plan for me is**

* Long term foster home - for as long as it is needed and can last until at least 18

**My Care Plan below is for the next 6 months:**

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| **Success Goals**  **(to be written by child /young person with support from Social Worker)** | **What do we need to do to meet this goal?** | **Who will do this?** | **By when?** |
| **Where I will live and how I will feel safe and secure:**  I will know I have reached this goal when I am permanently matched to remain living with J and J. | My social worker will need to go to matching panel with J and J. | Social Worker with J and J | By the January 2023 review meeting if possible. |
| **My health – body and mind**  I will know I have reached this goal when all my health needs continue to be met | Annual dentist/eye checks  Annual review health assessment | J and J will book and support you to attend the dentist and opticians.  Referred to local Health Services who will book and complete your health assessment with you | Next dental check –  Next eye test due –  Due now – awaiting Health Services in the area to book the appointment. |
| **My learning and education**  I will know I have reached this goal when I continue to make progress with my learning at school and pass all my GSCEs. | Regular termly PEP meetings  to take place ensuring you  progress academically and  socially whilst receiving the  right level of support in school | Social Worker/J, J and school | Next PEP meeting – November 2022 |
| **My identity (what make me, ME?)**  I will know I have reached this goal when I understand more about my life history to date. | Everyone supporting you will help you to understand who you are and where you come from through discussing this with you and answering any questions you may have. Although you do not wish to talk about it currently.  Direct work may help you understand your life story will also benefit you in time. | J and J, Social Worker, school and anyone else supporting you.  Social Worker | Ongoing  Ongoing |
| **My family and social network**  I will know I have reached this goal when I am seeing all the family members who are important to me. | Stay in touch with your brother A and ensure that regular family time is arranged in line with your wishes and feelings. | Social Worker / J and J  A’s Foster Carers. | With immediate effect. |
| **How often will my Social Worker visit me?** | | Once every six weeks or more often if needed | |
| **Date Care Plan shared with me** | | Full plan not shared with you at this time. | |
| **My views on my Care Plan** | | E, you have shared your views during visits, including that you want to remain living with J and J on a permanent basis. | |
| **My carer’s views on my Care Plan** | | J and J are committed to caring for and supporting you long term. They therefore agree to be matched with you permanently. | |
| **My family’s views on my Care Plan** | | No taken at this time. | |
| **Date and name of Team Manager reviewing the Care Plan** | | K --/--/22  E, you are happy and settled in your foster home with J & J alongside your siblings M and V. You wish to remain with them long term and this is something adults would like to work towards to make sure you have a permanent home for the rest of your childhood. I’m aware from K (SW) how important it is for all of you to be able to see your brother A and hope that you are enjoying some time with him already. I like the Wasps team running here (although this should be Saints really in Northampton you know) and it would be ace if you made it to the team E! | |
| **Date My Care Plan will be reviewed by my IRO** | | Next review meeting --/--/2022 | |
| **Date My Care Plan was given to me, my parents, and my carers** | | Your plan was shared with your foster carers on the --/--/2022 | |

Social Worker report / update assessment for Child in Care Review

(For first review, provide full details; for second and subsequent reviews, provide updates since last review)

**Name of young person:** **D.O.B.** **Legal status:**

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| Discussion Area | What is working well?  Summary of why (name of child / young person) is in care (for first review, provide detailed summary. For second and subsequent reviews, provide a very brief summary).    E you and your younger siblings were removed from your birth parents care after it came to light that you had all suffered from significant emotional and physical harm namely physical chastisement. Despite various assessments of your birth family, the Local Authority remained concerned about your parents’ ability to meet your physical and to a wider extent emotional need, whether together or apart. Your parents found it difficult to accept the level of harm that had been inflicted on you and your siblings and the traumatic impact this had on you or any of your siblings. Assessments of your wider family to ascertain if they could care and keep you and all or any other of your siblings safe also concluded negatively. A Care Order was granted on the -- 2021, which supports the Local Authority's care planning for you to remain in long term foster care. | What are we worried about? | What needs to happen next? (By whom and when?) |
| **Where I will live and how will I feel safe and secure**  *(My connections, how I feel and where my home will be)* | You have lived at home with J and J since July 2019 along with your brothers and sister.  Your foster carers are committed to you, and you are settled and well cared for. J and J are very experienced and have a good understanding of your needs. | The official process to match you with your foster carers long term needs to be completed | Matching panel will need to be booked and attended by your social worker and foster carers  . |
| **My health – body and mind**  *(My physical, emotional, and mental health - include dental and optician appointments)* | You are physically fit and healthy at present and have no health concerns.  You are eating and sleeping well and have shared that you have no worries at the present time. | You have experienced adverse childhood experiences and trauma. | Ongoing - Your emotional wellbeing needs to be monitored and support provided as required around your social, emotional and behavioural development so you develop good self-esteem and wellbeing.  SDQ to be completed by Foster Carers.  Ongoing - You will continue to be supported to attend all health appointments. |
| **My learning and education**  *(My aspirations, strengths and the support needed to achieve my goals - link to PEP actions)* | You are always well presented, and your attendance is superb at school.  You are very keen to do your best and aspire to go to Rugby College which you can apply for next year. You have your heart and mind set on doing well when you take your GSCES and have a clear vision of your future, this is amazing E.  You have made amazing progress at school E, and this is down to your hard work and determination and J and J’s consistent approach with supporting you.  You have a good friendship group at school.  You have had an induction at Saints Foundation, and you are looking forward to attending saints one day a week from September 2022. Saints do some amazing activities and really help to prompt social and emotional development along with learning life skills. | There are no significant concerns regarding your education currently.  There has been one friendship breakdown with another young person who was giving verbal threats to you and M however school have intervened, and it is hoped that this has now come to an end  . | Termly PEP meetings need to be held to track your progress and ensure that any support you may need is in place.  Last PEP meeting---- 2022  Next PEP meeting --- 2022.  Days of attendance to be confirmed by end of term (July 2022). M at School/ D at Saints |
| **My identity (what make me ME).**  I will know I have reached this goal when I understand more about my life history to date. | You are being supported to develop your own identity by J and J and in line with your wishes and feelings. Both J and J are fantastic advocates for you and your siblings.  Both J and J support you to celebrate Christmas, Easter & Birthdays. | Support for your emotional well-being may be needed as you transition into adulthood. | Life story work after official matching with J and J– Social Worker. |
| **My family and social network** (*who is important to me, who I see, want to see and when?)* | My brothers and sisters are important to me along with J, Jhn and extended Family. | We are a little worried about re introducing family time with A as you were a little worried about this to start. We need to support you should you need this and consider your wishes and feelings. | Social Worker to continue to review family time in line with your wishes and feelings. |

**Direct work completed with child / young person since last review (e.g., words and pictures, life story work,)**

You have a new social worker since your last review, and we have seen each other twice. Both time you were very polite and engaging and you were open and honest with me about your wishes and feelings and goals for the future. Thanks E

**Social Worker analysis (include worry statement, achievement goals and the impact of these, including how direct work has informed the plan)**

E you are fit and healthy, you are living in a safe, secure and stable foster family environment with carers who are committed to meeting your developmental needs while providing you with love and nurture, emotional warmth, guidance and boundaries throughout your minority. It is positive that you live with your brother M and sister V and that J and J are committed to caring for you all. You understand the reason why A is not living with you and have shown great maturity and understanding when dealing with this. Well, done mate.

You show commitment and passion when Rugby for your local team. And have gone onto great friendships inside and outside of school and of course on the Rugby pitch, this will strengthen your sense of belonging and self-esteem. Your confident about your ability to do well at school and want to put 100% effort in to achieve your dream of attending college and playing for the Wasps.

You have shared that you would like to remain with J and J permanently as this is you ‘forever home’ and you are so settled and relaxed within your home environment. You will be supported to see your brother A and we will arrange this family time ready for the school summer holidays. You should be so proud of how far you have come as I know we all are 😊 Well done E.

Team Manager analysis / oversight

Please refer to comments on E’s care plan above

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| **Dates of any meetings** | |  | **Dates when child or young person has been seen** | |
| **Date** | **Meeting** | **Date** | **Seen alone?** |
| ----2022 | Opticians | -----2022 | First initial meeting and home visit. |
| ----/2022 | Health Assessment | -----2022 | Seen alone- school induction at Saints and McDonald’s |
| ---- 2022 | PEP |  |  |
| ----2022 | Next Review meeting |  |  |  |

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| **Court hearings** | |  |  | **Name** | **Date report completed / authorised** |
| Type of Hearing | Date |  | Social Worker | K | --/2022 |
| None |  |  | Team Manager | K | --/2022 |
|  |  |  | Shared with | **Name** | **Date** |
|  |  |  | Child / Young Person | E |  |
|  |  |  | Parents |  |  |
|  |  |  | Carer | J |  |
|  |  |  | IRO | R |  |

**Social Worker / Team Manager to review and update previous Children in Care decisions in supervision and make sure that they are updated at least 10 working days prior to the subsequent review.**