

Scaling Questions Log

Question To:	Scaling question	Date completed & reflection
<p>Sample Question</p> <p>Initial question to Parent/Carer</p>	<p>On a scale of 0 to 10, where 10 is you have no concerns as since the referral came in, things at home, and in particular (referral concerns), has got better and you no longer need our support and 0 is things at home are so bad for you because of (referral concerns) that you don't know how you are going to cope without help and support.</p> <p>What number would you give yourself on the scale today?</p> <p>Tell me 2 or 3 reasons why it makes you as high as a (number chosen)?</p> <p>What needs to happen to make you a little bit higher on the scale?</p>	<p>Tip: separate scaling question for each referring concern.</p>
<p>Sample Question</p> <p>Initial question to Referring Child</p>	<p>On a scale of 0 to 10 where 10 is since we were contacted to help your family, you feel at things home are ok because (referral concern) has got better and you think your family no longer need our help and 0 is where things at home are so bad for you because of (referral concerns) that you (or your family) are so worried that you don't know how things are going to get any better?</p> <p>What number would you give yourself on the scale today?</p> <p>Tell me 2 or 3 reasons why it makes you as high as a (number chosen)</p> <p>What needs to happen to make you a little bit higher on the scale?</p>	
<p>Sample Question</p> <p>Question to Initial Team around the Family (TAF)</p>	<p>On a scale of 0 to 10 where 10 is since we organised the TAF to help the family, you feel that things at home are ok because (referral concern) has got better and you think the family no longer need our help and 0 is where things at home are so bad for the family because of (referral concerns) that you are worried that things will not get better without help and support.</p> <p>What number would you give on the scale today?</p> <p>Tell us 2 or 3 reasons why it makes you as high as a (number chosen)</p> <p>What needs to happen to make you a little bit higher on the scale?</p>	

Signs of Wellbeing – Case Tool

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