

Are you without a place to call home?



Are you:

- 16 or 17 years old?
- Moving around, staying out all night or sleeping on a friend's sofa because you have nowhere else to stay?
- Sleeping outside or in community areas?



How you can get help

If you don't have a place to call home or want to remain living at home but are finding it difficult, our Children and Young People's Service are here to help you. We will help you look at possible housing options by supporting you to resolve any issues with family members so you can return home or if this is not suitable, we will help you look for alternative accommodation.

You can start by talking to someone you know and trust, such as your family and friends, a teacher or tutor, your social worker or any other professionals you may be working with. They may be able to help you get the support you need.

You can also contact the services below and ask them for their help to resolve issues with your family and help to find you somewhere to call home.

- **First Contact** - help, support and guidance or help in an emergency situation Call: 03000 267 979
- **Durham County Council Housing Solutions** - if you have not been in care housing solutions can offer housing advice.
Call: 03000 268 000 email: housingsolutions@durham.gov.uk
- **Shelter** - help, advice and support with housing
Urgent helpline: 08088 00 44 44
webchat service: https://england.shelter.org.uk/get_help/webchat
- **National Youth Advocacy Service (NYAS)** - An advocate can meet with you, inform you of your rights and focus on what you would like to happen.
Call: 08088081001
email: help@nyas.net more info: <https://www.nyas.net/>

