



Supporting Solutions

We want all young people and families to be happy, healthy and achieve their full potential. Sometimes families may need some extra help or support to ensure young people and families can develop in a healthy and positive way.



We work with young people aged 11 – 17 years and their families, where relationships between them are breaking down and they feel they can no longer live together, and children are at risk of becoming looked after. We also work with young people who have spent time away from their family home and would like support in returning.

We can offer support with things like:

- ✓ Family relationship issues
- ✓ Parenting
- ✓ Communication at home
- ✓ Emotional wellbeing
- ✓ Boundaries in the home
- ✓ Working with your wider family and friends to create a support network around you
- ✓ Time away from the family



We also work with community and voluntary groups who can help to support families in their community. We link up with services who might already be supporting your family and help you find new services that could make a positive difference in your life.

When we work with your family we will use a whole family approach. This means that we work alongside everyone in your family and consider what effect the difficulties are having on each family member. Supporting the whole family makes it more likely that positive change will take place for everyone.

Your Supporting Solutions contact is: