

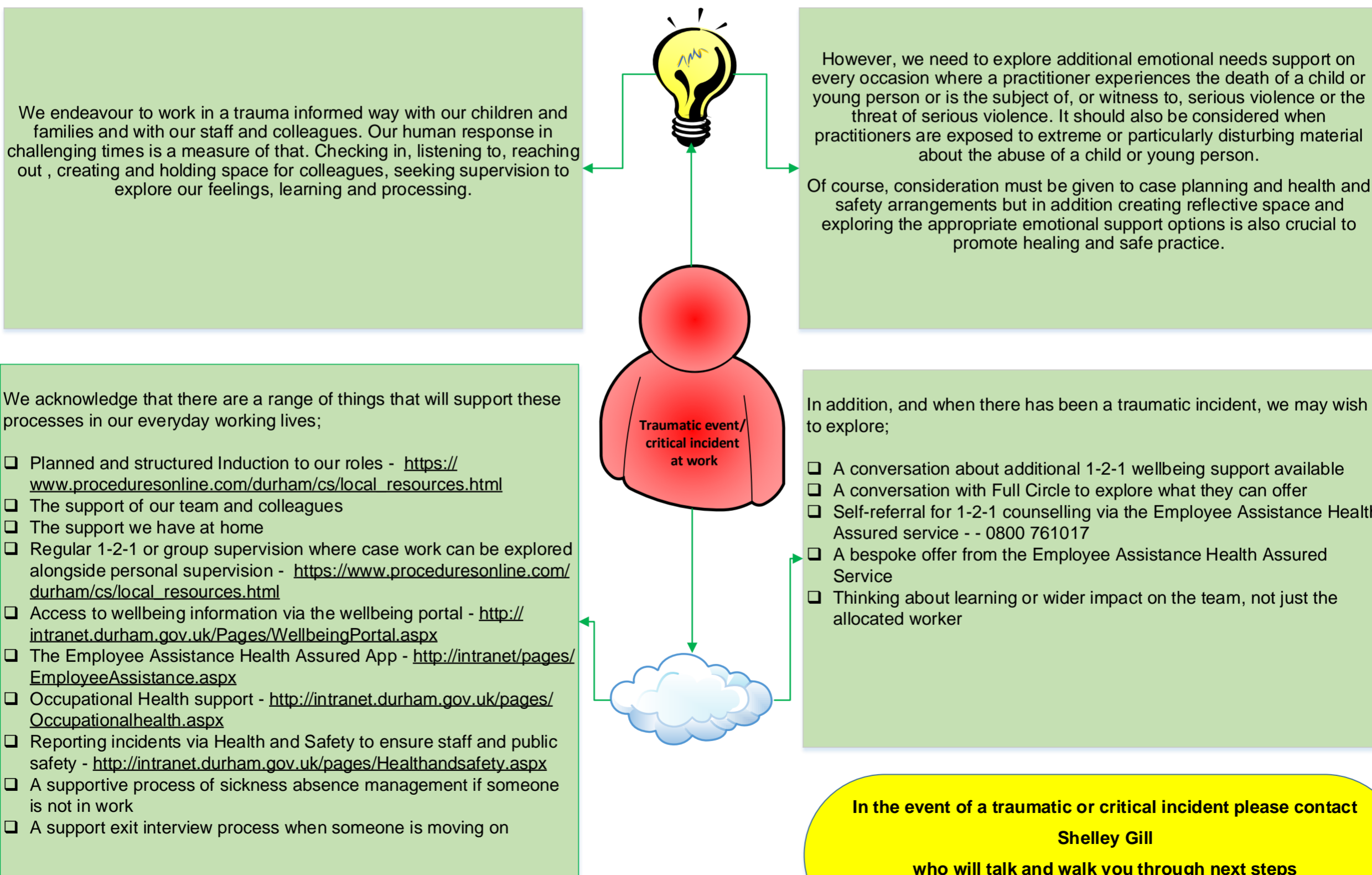
RESPONDING TO AND OFFERING SUPPORT FOR STAFF IN THE EVENT OF A TRAUMATIC EVENT/CRITICAL INCIDENT WHILST AT WORK

The work we do in our roles within Children and Young People's Services can be challenging and at times upsetting and unpredictable, We read, we respond to, we see, we experience upsetting things regularly and in most cases induction, supervision, groups supervision and opportunities for CPD will be enough to create reflective space for processing these topics and developing our practice.

However. Sometimes we are responding to deeply traumatic incidents, and we know this has an impact on us as workers, can impact on practice and have long lasting impact on us personally. We bring our whole selves to work and take our whole selves' home.

What we know is that everyone processes a traumatic event differently because we all experience them through our unique lens of prior experiences in our lives. We all have our natural networks within work and in our personal lives were we find support. Mostly that is enough.

What we know is that a timely response is important but there is also no time limit on healing. One size does not fit all and so a bespoke response exploring options works best.



In the event of a traumatic or critical incident please contact
Shelley Gill
who will talk and walk you through next steps
Contactable via MS Teams, email or on 07917651005