The colouring book of consent

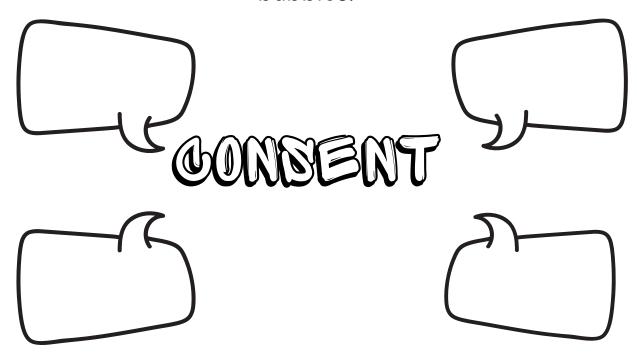


WHATIS CONSENT?

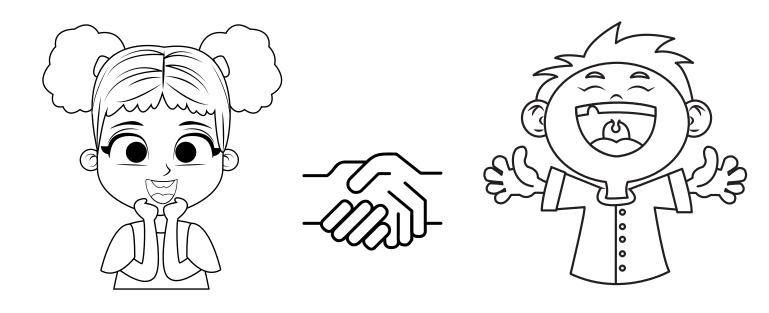




Write down what you think consent is in the speech bubbles.



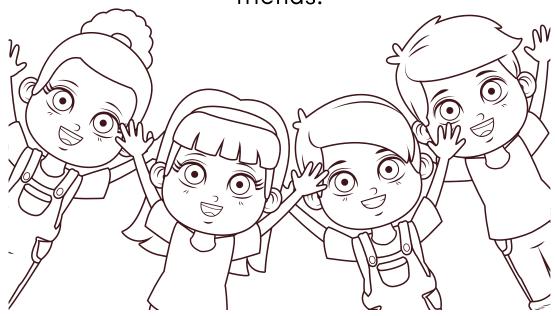




Consent is when you or someone else agrees by their own choice to do something.



An example of consent is your parents giving you permission to go on a school trip, or go to a friends.



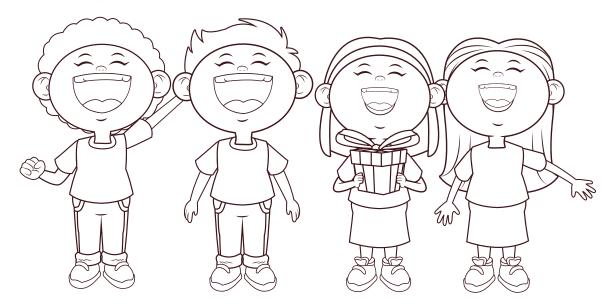


We need consent to touch someone else, and someone else needs consent to touch you, like holding hands, hugging and kissing.

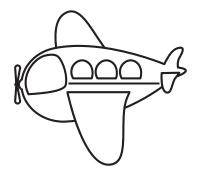




There are parts of your body that people are not allowed to touch. Can you colour the parts of the body you think are ok to touch with consent in green, and colour the parts of the body you think are not OK to touch in red.









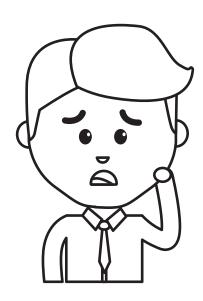


If someone tries to give you toys or gifts to try and persuade you to consent to something you don't want to do, its still OK to say no, even if they are being nice, no matter what age they are!



If someone asks you for consent about something, think about if you feel good or feel bad about it, if you feel bad you don't have to agree.







If you think someone has or is trying to get consent from you, that shouldn't be, or you do not feel comfortable with then its ok to tell an adult that you trust.

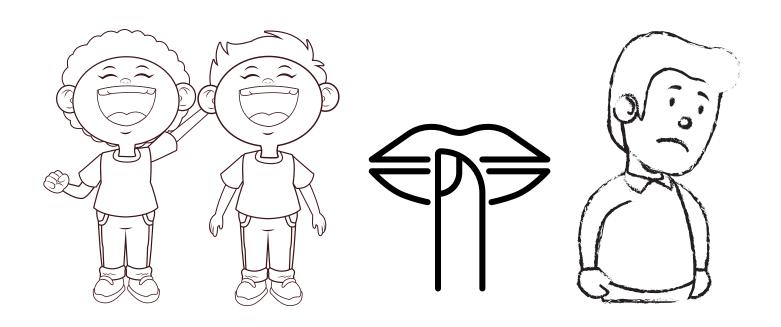






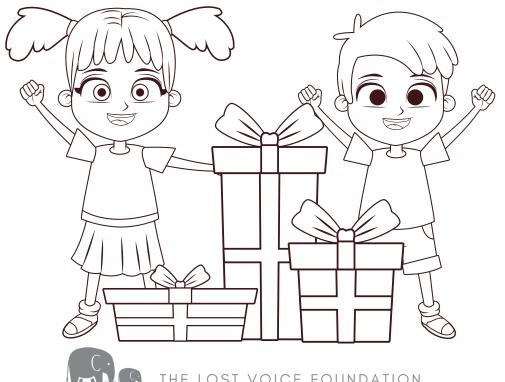


There are good secrets and bad secrets

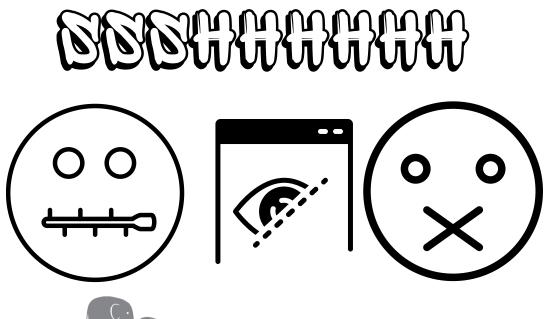




Keeping a good secret is ok, like not telling your friend about her suprise birthday party!



But if someone wants you to keep a secret forever, its probably not ok and a bad secret. You should probably tell somebody.



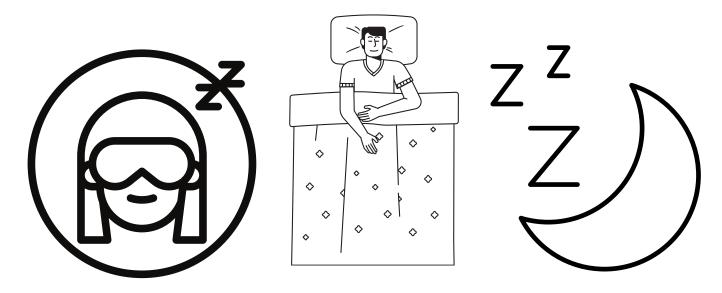
If someone wants you to keep a secret about your body, that is not ok and you really need to tell someone. You will not be in any trouble.

NEVER KEEP A BODY SECRET



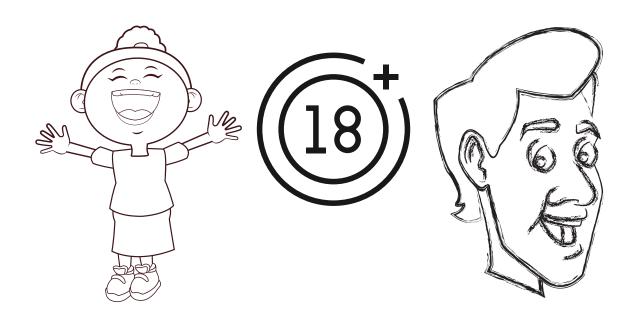


There are times when a person cannot chose what they want to do and give consent, like when someone is asleep, it is never ok to do anything to anyone, or anyone do anything to you while you are asleep.



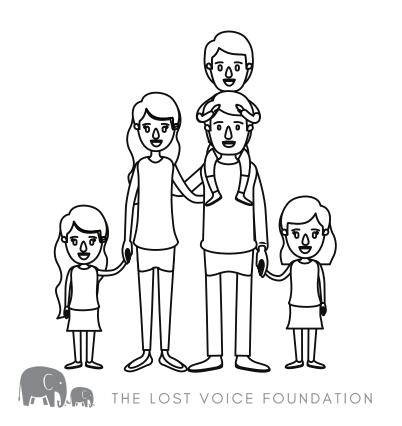


And sometimes you can be too young to consent to certain things, and need to be a lot older.





If you are unsure if you want to give consent, it's always OK to say no and go and check with you're family or someone that you trust.



If you are not sure who to talk to then you can call the childline and they will listen and try to help.



0200 999



Remember to tell all of your friends about

