



My Activity Passport

Start date

Name

End date

Activity

		✓	Date
1.	Go on a 5-mile hike		
2.	Fly a kite		
3.	Make some biscuits		
4.	Borrow a book from a library		
5.	Create a comic strip		
6.	Build a den outdoors		
7.	Play a board game		
8.	Learn a poem by heart		
9.	Take a trip to the seaside or walk alongside a river / canal		
10.	Bake a cake from scratch		
11.	Make a short film		
12.	Start a vegetable patch / garden / window box		
13.	Cycle to a local landmark		
14.	Eat 5 things you've not tried before		
15.	Learn a new game / sport / instrument		
16.	Cook outdoors		
17.	Learn to play a game of cards		
18.	Visit an art gallery		
19.	Stay overnight in a hotel		
20.	Learn a magic trick		
21.	Watch a play or a dance performance		
22.	Walk through a forest		
23.	Visit a museum		
24.	Skim stones		
25.	Swim outside		
26.	Learn to sew on a button		
27.	Take part in a treasure hunt		
28.	Go orienteering		
29.	Walk to the top of a hill / mountain		
30.	Plan and cook a meal by yourself		
31.	Take part in a park run		
32.	Take a trip on a train		
33.	Visit a local charity and find out how you can support them		
34.	Sleep under canvas		
35.	See the sun set		
36.	See the sun rise		
37.	Go on a picnic		
38.	Visit a new city		
39.	Have a meal in a restaurant		
40.	Go out to sea in a boat		
41.	Visit a Farm and meet the animals.		
42.	Explore a Castle		
43.	Visit a Wildlife Park		
44.	Go to a Circus		
45.	Feed the ducks		