

# Resilience Mapping

|   |                      |                    |             |                           |  |
|---|----------------------|--------------------|-------------|---------------------------|--|
| <b>Name</b>   |                      | <b>DoB</b>         |             | <b>Date</b>               |  |
| <b>Form completed by:</b><br><i>(please indicate)</i> | <i>Social Worker</i> | <i>Link Worker</i> | <i>Team</i> | <i>Child/Young Person</i> |  |

|   |   |  |  |
|---|---|--|--|
| <b>Secure Base</b>  |   |  |  |
| <b>Stability of current placement</b><br>0 - breaking point<br>10 - no concerns | <b>Contact with birth family</b><br>0 - no contact/very problematic<br>10 - regular/very good | <b>Risk of going missing</b><br>0 - regular missing episodes<br>10 - no missing episodes |  |
|   |   |  |  |
| <b>Reasons:</b>   |   |  |  |

|  |  |  |  |
|--|--|--|--|
| <b>Education</b>   |  |  |  |
| <b>Level of attainment</b><br>0 - significantly below<br>10 - exceeding expectations | <b>Level of progress</b><br>0 - no progress<br>10 - excellent progress | <b>Level of attendance</b><br>0 - not attending<br>10 - excellent attendance | <b>How stable is current school placement</b><br>0 - Likely to breakdown<br>10 - Very good |
|  |  |  |  |
| <b>Reasons:</b>  |  |  |  |

|   |  |   |  |
|---|--|---|--|
| <b>Health</b>   |  |   |  |
| <b>Diet</b><br>0 - very poor/serious concerns<br>10 - very good/well balanced | <b>Exercise</b><br>0 - no exercise/concerns<br>10 - regular/very good                            | <b>Drug/Alcohol use</b><br>0 - high/regular substance use<br>10 - no evidence of substances |  |
|   |  |   |  |
| <b>Personal Hygiene</b><br>0 - very poor/serious concerns<br>10 - very good   | <b>Mental / Emotional Health</b><br>0 - very poor/serious concerns<br>10 - very good/no concerns |   |  |
|   |  |   |  |
| <b>Reasons:</b>   |  |   |  |

## Friendships

### Friendship groups

0 - no friends  
10 - lots of friends

### Nature of friendships

0 - serious concerns/very problematic  
10 - very positive

### Trusted friend

0 - no one special friend  
10 - one/several very close friends

Reasons:

## Hobbies & Interests

### Recognisable hobbies & interests

0 - no none stated  
10 - yes, identifiable and articulated

### Involved in school activities

0 - no involvement  
10 - fully engaged

### Involved in out of school activities

0 - no involvement  
10 - regular involvement

Reasons:

## Positive Values

### Honest

0 - prone to fabrication  
10 - very honest

### Commitment

0 - never starts/completes  
10 - Lasts the course

### Open-mindedness

0 - rigid/fixed thinking  
10 - fully open to new ideas

### Reliability

0 - very unreliable  
10 - reliable/dependable

Reasons:

## Social Competences

### Self-esteem

0 - complete lack of confidence  
10 - confident/happy in self

### Self-awareness

0 - introspective/oblivious of others  
10 - recognises strengths/weaknesses & can adapt

### Self-regulation

0 - total lack of control  
10 - fully able to control emotions etc

### Planning & decision making skills

0 - chaotic  
10 - decisive and in control of self

### Voice

0 - timid/constantly holds back  
10 - Confident/able to speak up

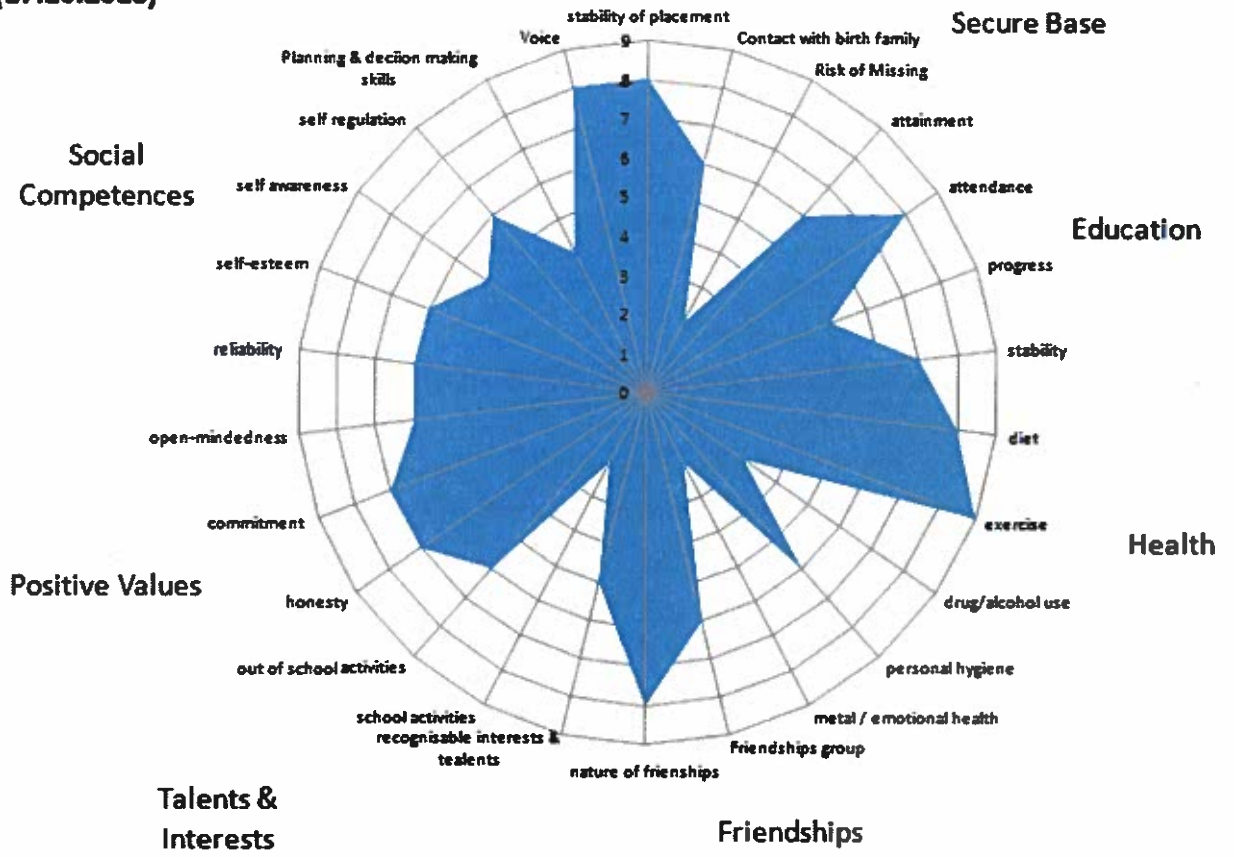
### Self care

0 - very poor - no real understanding  
10 - Excellent / able to care for self

Reasons:

Example:

**A.N. Other 14 Years old  
(17.10.2018)**



| Key Actions: | Desired Outcomes: | Review Date: |
|--------------|-------------------|--------------|
| 1.           |                   |              |
| 2.           |                   |              |
| 3.           |                   |              |
| 4.           |                   |              |
| 5.           |                   |              |

| Manager's Comments |
|--------------------|
|                    |

