**Hands game (Rose 2012)**

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**Note: -**

This is a simple, safe technique that is fun whilst not expecting too much from the child. The purpose of this technique is to build relationships, connect physically, reduce barriers, and reduce tension. Once this technique is familiar to a child it can be used again further in the process when you are curious about more serious matters: like/dislike about school, placement, friendships, mum, dad etc.

**Guidance: -**

1. All participants put their non-writing hand on the wallpaper, each person draws around the persons hand on their left.
2. When finished write the name of that person in their hand.
3. Decide on a topic between you: favourite food, TV programmes, hobbies etc.
4. Write the topic ideas in the fingers of your own hand.
5. Talk about the things you have in common.

* **Write the important comments the child says on the wallpaper.**
* **Take photos, print them, and stick them into the child’s life story book.**
* **End with a game to reconnect**

**Resources:**

* Wallpaper
* A variety of pens
* Portable printer
* Life Story book

**Hands game**