

### What have children and young people in Wandsworth said about FGCs?

*I was happy that my family was willing to support me. I felt heard and listened to by my family.*

*I liked the plan my family put together. I felt that they care about me and now I am receiving support from my aunt and uncle.'*



You can write your wishes here:

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**How to contact us:** For all enquires and questions or to speak to a member of the team please contact us via the team mailbox

[WandsworthLINKS@richmondandwandsworth.gov.uk](mailto:WandsworthLINKS@richmondandwandsworth.gov.uk)

**Talk to your worker about taking part in your FGC**

# Wandsworth L.I.N.K.S.

## Family Group Conferences (FGCs)

### Information for children

Family, friends, and professionals coming together to make a realistic and safe support plan for you and your family.



**What is an FGC?** Families can experience problems or difficulties and an FGC is a meeting for you and your family to meet and think how to make the situation better. This is done by drawing up a plan that's everyone is part of and agrees with.

**Who can be part of the FGC?** You, your mum, dad, step parents, grandparents, aunts, uncles, family friends and other people who support you. Your social worker will attend and sometimes other professionals who work with your family will take part too.

**Do I have to come?** No, however it is important for people at the meeting to know how you feel and what you wish for your future. It would be great if you can come and tell this to your family by yourself, or someone else can do it on your behalf, e.g., someone from your family, the FGC Coordinator, your worker or an Advocate.

**Who is the FGC Coordinator?** The FGC Coordinator is a professional who will talk to you about what the FGC is and why it is happening. They help to organise the meeting.

The FGC Coordinator is there for you to answer your questions.

If you decide to attend the FGC, the Coordinator will support you to present your views, wishes and worries to your family. The FGC Coordinator can also present your views, wishes, and worries at the meeting on your behalf.

After the meeting the FGC Coordinator, or someone from your family will share the plan with you.

**What happens at the FGC meeting?** It is in 3 parts:

**Part 1- Why are we here?**

When everyone comes together your social worker will outline why your family have been asked to have an FGC family meeting and what the worries are. Everyone can ask questions and when clear what to do, the social worker and the Coordinator will leave the room to let your family talk.

**Part 2 - Private Family Time**

Your family will work together to draw up a plan of support to make things better.

**Part 3 -Agreeing the Plan**

When your family have agreed the plan then they will ask your social worker and the FGC Coordinator to come back into the room. Together, everyone will look at the plan, and talk about how they will make it work, what support there will be, and agree who will do what. Everyone will get a copy of the plan.

**What will happen after the FGC?**

You family will be offered a Review meeting. This often happens 3-6 months after the FGC. The Review will look at the plan to celebrate what is going well and think about whether there are areas that need further work and support.

