**All about me:- Mum**

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**Note: -**

You may know mum and will be able to contribute to what is written down about her. Showing curiosity may help the child remember things about mum and will help identify any unanswered questions. However, if talking about mum is too difficult at this time, go with how the child is feeling and have a back up plan, play a game: Dobble, Uno, cards etc. Don’t ignore difficult conversation, the beauty of the wallpaper means you can go back and address it in the following session. While you are unrolling it recognises out loud that you noticed how difficult it was and ‘wonder’ why.

**Guidance: -**

1. The aim is to provide the child with the opportunity to talk about mum and to be listened to.
2. I have found the most popular way is for the child to draw a picture of mum. As they are drawing and colouring in be curious about her clothes, eyes, hair, likes, dislikes etc.
3. If drawing a picture is too hard, you can discuss mum by playing the box or hand game.

**Resources:**

* Wallpaper
* A variety of pens
* Portable printer
* Life Story book
* **Write the important comments the child says on the wallpaper.**
* **Take photos, print them, and stick them into the child’s life story book.**
* **End with a game to reconnect**