**All about me:-**

**Home - where I have lived**

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**Note: -**

So often when a child has experienced multiple moves the memories of where they have lived fade or blur. Help the child to explore this, possibly by creating a timeline. If the child is remembering memories and stories, capture them by writing them down.

**Guidance: -**

1. Ask the child to draw the first house they can remember, support the child to do this if needed.
2. Be curious about who has lived with them, if talking about a foster placement think about what they saw when they walked in the front door, what was their bedroom like, the colour of the walls, any memories/stories, did it have a garden etc.

**Resources:**

* Wallpaper
* A variety of pens
* Portable printer
* Life Story book
* **Write the important comments the child says on the wallpaper.**
* **Take photos, print them, and stick them into the child’s life story book.**
* **End with a game to reconnect**